

Roche Products (Ireland) Ltd.  
3004 Lake Drive  
Citywest  
Naas Road  
Dublin 24  
Ireland

21<sup>st</sup> March 2017

**HERCEPTIN (Trastuzumab): Reminder of importance of cardiac monitoring guidance during trastuzumab therapy to reduce the frequency and severity of left ventricular dysfunction and congestive heart failure (CHF).**

Dear Healthcare Professional,

Roche Products (Ireland) Limited in agreement with the European Medicines Agency and the Health Products Regulatory Authority (HPRA) would like to highlight the importance of the information available in the Herceptin (trastuzumab) EU SmPC with respect to cardiac monitoring.

**Summary:**

The objective of this DHPC is to highlight the importance of the trastuzumab cardiac monitoring information & treatment algorithm as stated in the Herceptin (trastuzumab) EU SmPC, in order to ensure appropriate management of left ventricular dysfunction and congestive heart failure (CHF).

Key messages for prescribing oncologists and gynaeco-oncologists are highlighted below:

- Cardiac assessments, as performed at baseline, should be repeated every 3 months during trastuzumab treatment.
- Please adhere to the stopping rules as detailed in the Herceptin (trastuzumab) EU SmPC Section 4.2: Posology and method of administration, including cases when LVEF percentage drops  $\geq 10$  percent points from baseline AND to below 50%, trastuzumab treatment should be suspended and a repeat LVEF assessment performed within approximately 3 weeks.
- Trastuzumab and anthracyclines should not be given concurrently in combination in the metastatic breast cancer (MBC) setting and in the adjuvant breast cancer treatment setting. Refer to Herceptin EU SmPC Section 4.4: Special warnings and precautions for use.
- Continue monitoring every 6 months following discontinuation of trastuzumab treatment until 24 months from the last administration of trastuzumab. In patients who receive anthracycline-containing chemotherapy, further monitoring is recommended, and should occur yearly up to 5 years from the last administration of trastuzumab, or longer if a continuous decrease of LVEF is observed.

**Roche Products  
(Ireland) Limited**

3004 Lake Drive  
Citywest  
Naas Road  
Dublin 24  
Ireland  
(Registered Office)

Tel: 353-1-469 0700  
Fax: 353-1-469 0790  
353-1-469 0791

Registered in Ireland  
No. 214337

*Directors:*

P-A. Delley (Swiss), L. Dirckx (Belgian), G. Cahill, B. Kraehenmann (Swiss), O. Abimbola (Company Secretary)

- If symptomatic cardiac failure develops during trastuzumab therapy, it should be treated with standard medicinal products for CHF. Most patients who developed CHF or asymptomatic cardiac dysfunction in pivotal trials improved with standard CHF treatment consisting of an angiotensin-converting enzyme (ACE) inhibitor or angiotensin receptor blocker (ARB) and a beta-blocker.
- LVEF measurement continues to be the required method to monitor cardiac function; biomarkers may be a supportive tool for patients specifically at risk to experience CHF but cannot replace LVEF assessment by ECHO or MUGA.
- Prescribing physicians should highlight to other physicians responsible for the follow-up of a trastuzumab treatment patient that it is important to continue regular cardiac monitoring as per the Herceptin (trastuzumab) EU SmPC.

### **Background for this Cardiac Monitoring Reminder**

Although there are no new cardiac safety risk signals with trastuzumab therapy, results from surveys have shown that adherence to cardiac monitoring could be improved to reduce the frequency and severity of left ventricular dysfunction and CHF in patients treated with trastuzumab therapy.

Cardiac risk of trastuzumab therapy has been shown to be reversible in some patients upon discontinuation of trastuzumab treatment, underscoring the importance of monitoring LVEF function of patients during trastuzumab treatment and after trastuzumab treatment discontinuation.

### **Further Information**

#### **Therapeutic Indications**

As per the currently approved Herceptin (trastuzumab) EU SmPC, Herceptin should only be used in patients with metastatic or early breast cancer and metastatic gastric cancer whose tumours have either HER2 overexpression or HER2 gene amplification as determined by an accurate and validated assay.

### **Call for Reporting**

F. Hoffmann-La Roche would like to remind physicians about the importance of reporting suspected adverse reactions following the use of Herceptin (Roche-trastuzumab), in order to facilitate continuous monitoring of the benefit/risk balance of the product. Healthcare professionals are asked to report any suspected adverse reactions via the national spontaneous reporting system: HPRA Pharmacovigilance, Earlsfort Terrace, IRL-Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517. Website: [www.hpra.ie](http://www.hpra.ie); Email: [medsafety@hpra.ie](mailto:medsafety@hpra.ie).

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Adverse events should also be reported to the Drug Surveillance Centre in Roche Products (Ireland) Limited by mail, telephone (01-4690700), fax (01-4690793) or email (ireland.drug\_surveillance\_centre@roche.com).

### **Company contact point**

Should you have any questions regarding the use of Herceptin, please feel free to contact us at:

Roche Medical Information by mail, telephone (01-4690700), fax (01-4690791) or email (ireland.druginfo@roche.com).

Full prescribing information for Herceptin is enclosed and is also available via:

- [www.medicines.ie](http://www.medicines.ie)
- [www.ema.europa.eu](http://www.ema.europa.eu)
- [www.hpra.ie](http://www.hpra.ie)

Please distribute this communication further within your team.

### **Annexes**

1. Herceptin 150 mg powder for concentrate for solution for infusion.
2. Herceptin 600 mg solution for injection in vial

Yours sincerely,

**Dr. Michal Starnawski**  
**Medical Director**  
**Roche Products (Ireland) Limited**

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