

## **Package leaflet: Information for the user**

### **Prucalopride Aristo 1 mg film coated tablets Prucalopride Aristo 2 mg film coated tablets**

prucalopride

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### **What is in this leaflet**

1. What Prucalopride Aristo is and what it is used for
2. What you need to know before you take Prucalopride Aristo
3. How to take Prucalopride Aristo
4. Possible side effects
5. How to store Prucalopride Aristo
6. Contents of the pack and other information

#### **1. What Prucalopride Aristo is and what it is used for**

Prucalopride Aristo contains the active substance prucalopride.

Prucalopride Aristo belongs to a group of gut motility enhancing medicines (gastrointestinal prokinetics). It acts on the muscle wall of the gut, helping to restore the normal functioning of the bowel. Prucalopride Aristo is used for the treatment of chronic constipation in adults in whom laxatives do not work well enough.

Not for use in children and adolescents younger than 18 years.

#### **2. What you need to know before you take Prucalopride Aristo**

##### **Do not take Prucalopride Aristo:**

- if you are allergic to prucalopride or any of the other ingredients of this medicine (listed in section 6).
- if you are on renal dialysis,
- if you suffer from perforation or obstruction of the gut wall, severe inflammation of the intestinal tract, such as Crohn's disease, ulcerative colitis or toxic megacolon/megarectum.

##### **Warnings and precautions**

Talk to your doctor or pharmacist before taking Prucalopride Aristo.

Take special care with Prucalopride Aristo and tell your doctor if you:

- suffer from severe kidney disease,
- suffer from severe liver disease,
- are currently under supervision by a doctor for a serious medical problem such as lung or heart disease, nervous system or mental health problems, cancer, AIDS or a hormonal disorder.

If you have very bad diarrhoea, the contraceptive pill may not work properly and the use of an extra method of contraception is recommended. See the instructions in the patient leaflet of the contraceptive pill you are taking.

#### **Other medicines and Prucalopride Aristo**

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

#### **Prucalopride Aristo with food and drink**

Prucalopride can be taken with or without food and drinks, at any time of the day.

#### **Pregnancy, breast-feeding and fertility**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Prucalopride Aristo is not recommended for use during pregnancy.

- Tell your doctor if you are pregnant or planning to become pregnant.
- Use a reliable method of contraception while you're taking Prucalopride Aristo, to prevent pregnancy.
- If you do become pregnant during treatment with Prucalopride Aristo, tell your doctor.

When breast-feeding, prucalopride can pass into breast milk. Breast-feeding is not recommended during treatment with Prucalopride Aristo. Talk to your doctor about this.

Ask your doctor for advice before taking any medicine.

#### **Driving and using machines**

Prucalopride Aristo is unlikely to affect your ability to drive or use machines. However, sometimes Prucalopride Aristo may cause dizziness and tiredness, especially on the first day of treatment, and this may have an effect on driving and use of machines.

#### **Prucalopride Aristo contains Lactose**

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

### **3. How to take Prucalopride Aristo**

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure. Take Prucalopride Aristo every day for as long as your doctor prescribes it.

The doctor may want to reassess your condition and the benefit of continued treatment after the first 4 weeks and thereafter at regular intervals.

The usual dose of Prucalopride Aristo for most patients is one 2 mg tablet once a day.

If you are older than 65 years or have severe liver disease, the starting dose is one 1 mg tablet once a day, which your doctor may increase to 2 mg once a day if needed.

Your doctor may also recommend a lower dose of one 1 mg tablet daily if you have severe kidney disease.

Taking a higher dose than recommended will not make the product work better.

Prucalopride Aristo is only for adults and should not be taken by children and adolescents up to 18 years.

**If you take more Prucalopride Aristo than you should**

It is important to keep to the dose as prescribed by your doctor. If you have taken more Prucalopride Aristo than you should, it is possible that you will get diarrhoea, headache and/or nausea. In case of diarrhoea, make sure that you drink enough water.

**If you forget to take Prucalopride Aristo**

Do not take a double dose to make up for a forgotten tablet. Just take your next dose at the usual time.

**If you stop taking Prucalopride Aristo**

If you stop taking Prucalopride, your constipation symptoms may come back again.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

**4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

The side effects mostly occur at the start of treatment and usually disappear within a few days with continued treatment.

The following side effects have been reported very commonly (may affect more than 1 in 10 people): headache, feeling sick, diarrhoea and abdominal pain.

The following side effects have been reported commonly (may affect up to 1 in 10 people): decreased appetite, dizziness, vomiting, disturbed digestion (dyspepsia), windiness, abnormal bowel sounds, tiredness.

The following uncommon side effects have also been seen (may affect up to 1 in 100 people): tremors, pounding heart, rectal bleeding, increase in frequency of passing urine (pollakiuria), fever and feeling unwell. If pounding heart occurs, please tell your doctor.

**Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, website: [www.hpra.ie](http://www.hpra.ie). By reporting side effects you can help provide more information on the safety of this medicine.

**5. How to store Prucalopride Aristo**

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton and blister after EXP. The expiry date refers to the last day of that month.

This medicinal product does not require any special storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

**6. Contents of the pack and other information****What Prucalopride Aristo contains**

- The active substance is prucalopride.  
Each tablet contains prucalopride succinate equivalent to 1 mg prucalopride.  
Each tablet contains prucalopride succinate equivalent to 2 mg prucalopride.
- The other ingredients are  
*Tablet core:*  
Microcrystalline cellulose (E460), Colloidal silicon dioxide (E551), Lactose monohydrate (see section 2), Magnesium stearate (E572)  
  
*Tablet coating:*  
1 mg: Hypromellose (E464), Titanium dioxide (E171), Lactose monohydrate, Macrogol (E1521), Triacetin (E1518)  
2 mg: Hypromellose (E464), Titanium dioxide (E171), Lactose monohydrate, Macrogol (E1521), Triacetin (E1518), Iron oxide red (E172), Iron oxide yellow (E172), Indigo carmine aluminium lake (E132)

### **What Prucalopride Aristo looks like and contents of the pack**

#### *Prucalopride Aristo 1 mg film coated tablets*

White to off-white, 8.2 mm diameter, round film-coated tablets debossed with ‘S30’ on one side and plain on the other side.

#### *Prucalopride Aristo 2 mg film coated tablets*

Pink, 8.6 mm diameter, round film-coated tablets debossed with ‘S31’ on one side and plain on the other side.

Prucalopride Aristo film coated tablets are available in Aluminium/aluminium perforated unit dose blisters (calendar marked) containing 7 tablets. Each pack contains 7 x 1, 14 x 1, 28 x 1 or 84 x 1 film-coated tablet.

Not all pack sizes may be marketed.

### **Marketing Authorisation Holder and Manufacturer**

Aristo Pharma GmbH  
Wallenroder Straße 8-10  
13435 Berlin  
Germany

### **Manufacturer**

apis labor GmbH  
Resslstraße 9  
9065 Ebenthal in Kärnten  
Austria

### **This medicinal product is authorised in the Member States of the EEA under the following names:**

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| Belgium: | Prucalopride Koanaa Healthcare 1 mg filmomhulde tabletten<br>Prucalopride Koanaa Healthcare 2 mg filmomhulde tabletten |
| Ireland: | Prucalopride Aristo 1 mg film-coated tablets<br>Prucalopride Aristo 2 mg film-coated tablets                           |
| Germany: | Prucaloprid Aristo 1 mg Filmtabletten<br>Prucaloprid Aristo 2 mg Filmtabletten   |
| Sweden   | Prucaloprid Evolan 1 mg filmdragerade tablett  |

Prukaloamid Evolan 2 mg filmdragerade tabletter

**This leaflet was last revised in 11/2022.**