

## Package leaflet: Information for the user

### Xylocaine 10 mg/delivered dose Mucosal Spray lidocaine

**Read all of this leaflet carefully before this medicine is given to you because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, nurse, dentist or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor, nurse, dentist or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### **What is in this leaflet:**

1. What Xylocaine Spray is and what it is used for
2. What you need to know before Xylocaine Spray is given to you
3. How Xylocaine Spray is given to you
4. Possible side effects
5. How to store Xylocaine Spray
6. Contents of the pack and other information

#### **1. What Xylocaine Spray is and what it is used for**

The name of your medicine is 'Xylocaine 10 mg/delivered dose Mucosal Spray'. In this leaflet, it is referred to as 'Xylocaine Spray'.

Xylocaine Spray contains a medicine called lidocaine. This belongs to a group of medicines called local anaesthetics.

Xylocaine Spray is used to numb (anaesthetise) parts of the body. It is used as a pain relief during:

- Medical examinations and operations of the nose and throat.
- Childbirth, and after the birth if stitches are needed.
- Treatment at the dentist.

#### **2. What you need to know before Xylocaine Spray is given to you**

##### **Do not use Xylocaine Spray:**

- if you are allergic to lidocaine or any of the other ingredients of this medicine (listed in section 6).
- if you are allergic to any other local anaesthetics of the same class (such as prilocaine or bupivacaine).

##### **Warnings and precautions**

Talk to your doctor, nurse, dentist or pharmacist before Xylocaine Spray is given to you:

- if you have any cuts, sores or ulcers in your throat, mouth or nose.
- if you have a chest infection.
- if you have epilepsy.
- if you have heart problems such as a slow heartbeat.
- if you have very low blood pressure.
- if you have liver or kidney problems.
- if you have ever been told that you have a rare disease of the blood pigment called 'porphyria' or anyone in your family has it.

If you are not sure if any of the above apply to you, talk to your doctor, nurse, dentist or pharmacist before having Xylocaine Spray.

### **Other medicines and Xylocaine Spray**

Tell your doctor or dentist if you are taking, have recently taken or might take any other medicines. This includes medicines that you buy without a prescription and herbal medicines. This is because Xylocaine Spray can affect the way some medicines work and some medicines can have an effect on Xylocaine Spray.

In particular, tell your doctor or dentist if you are taking or using any of the following medicines:

- Medicines used to treat an uneven heartbeat (arrhythmia) such as mexiletine.
- Other medicines that contain lidocaine.

### **Pregnancy, breast-feeding and fertility**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or dentist for advice before you are given this medicine.

### **Driving and using machines**

- Xylocaine Spray may affect your ability to drive or use tools or machines. This depends on where in the body Xylocaine Spray is used and how much is used.
- Your doctor or dentist will tell you when it is safe for you to do these activities.

### **Xylocaine Spray contains ethanol**

- This medicinal product contains small amounts of ethanol (alcohol), less than 100 mg per spray.

### **Xylocaine Spray contains propylene glycol**

This medicine contains 1 mg propylene glycol in each delivered dose. If your baby is less than 4 weeks old, talk to your doctor or pharmacist before giving them this medicine, in particular if the baby is given other medicines that contain propylene glycol or alcohol.

## **3. How Xylocaine Spray is given to you**

- Xylocaine Spray will usually be given to you by a doctor or dentist. The dose that your doctor or dentist gives you will depend on the type of pain relief that you need. It will also depend on your age and physical condition.
- If you are given Xylocaine Spray to take home, you must use the dose recommended by your doctor or dentist. Always use Xylocaine Spray exactly as your doctor or dentist has told you. Check with your doctor or pharmacist if you are not sure.

### **Dose**

- You should use as few sprays as possible.
- Do not use more than 20 sprays (adults).
- Do not use more than 3mg/kg (children under the age of 12 years).

### **Method of administration:**

- Nozzles are single use only. The nozzles should be disposed of immediately after use.
- Do not get the spray in your eyes.
- The spray nozzle is bent so that it works properly. Do not try to shorten the nozzle or change its shape as this will affect how it works.

### **How to use Xylocaine Spray in the mouth and throat**

- When Xylocaine Spray is used in the mouth and throat it causes a loss of feeling. This could result in food or liquid going down the wrong way. Also, this may make it difficult to swallow or cause some people to accidentally bite their tongue or cheek.
- Xylocaine Spray should be used with care in the elderly, in people who are in poor general health and in children.

### **If you use more Xylocaine Spray than you should**

If you think you have used more Xylocaine Spray than you should, talk to your doctor or dentist immediately.

The first symptoms of being given too much Xylocaine spray are usually problems with

- hearing and sight,
- numbness around the mouth, numbness of the tongue
- dizziness or light-headedness,
- tingling,
- muscular stiffness, muscular twitching, fits (convulsions),
- low blood pressure,
- slow or irregular heartbeat.

These symptoms may precede cardiac arrest, breathing arrest or severe fits. If you experience any of these symptoms or think you may have received too much Xylocaine spray, tell your doctor or healthcare personnel immediately. In case of acute toxicity, appropriate corrective actions will be taken immediately by the healthcare personnel. If you have any further questions about the use of this product, ask your doctor or pharmacist.

#### **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

##### **Severe allergic reactions (rare, may affect up to 1 in 1,000 people):**

If you have a severe allergic reaction, **tell your doctor immediately**. The signs may include sudden onset of:

- Swelling of your face, lips, tongue or throat. This may make it difficult to swallow.
- Severe or sudden swelling of your hands, feet and ankles.
- Difficulty breathing.
- Severe itching of the skin (with raised lumps).

##### **Other possible side effects:**

- Irritation where Xylocaine Spray has been used.
- Feeling nervous.
- Feeling dizzy.
- Feeling sleepy.
- Loss of consciousness.
- Sore throat.
- Hoarse voice or loss of voice.
- Low blood pressure. This might make you feel dizzy or light-headed.
- Fits (seizures).
- Difficulty breathing or slow breathing.
- Slow heart beat.
- Stopped breathing or a stopped heart beat.

##### **Reporting of side effects**

If you get any side effects, talk to your doctor, nurse, dentist or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly (see details below). By reporting side effects you can help provide more information on the safety of this medicine.

##### **Ireland**

HPRAs Pharmacovigilance

Website: [www.hpra.ie](http://www.hpra.ie)

##### **Malta**

ADR Reporting Website:

[www.medicinesauthority.gov.mt/adrportal](http://www.medicinesauthority.gov.mt/adrportal)

## **5. How to store Xylocaine Spray**

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date which is stated on the bottle and the carton after EXP. The expiry date refers to the last day of that month.
- Do not store above 25°C. At temperatures below 8°C the spray solution may start to go solid. This will dissolve when the spray solution is warmed up gently to room temperature.
- The nozzles should not be re-used and should be disposed of immediately after use.
- Your doctor/dentist or the hospital will normally store Xylocaine Spray. The staff are responsible for the storing, using and disposing of the spray in the correct way.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. Contents of the pack and other information**

### **What Xylocaine Spray contains**

The active substance is lidocaine. Each dose of spray contains 10 mg of lidocaine.

The other ingredients are ethanol, levomenthol, macrogol 400, essence of banana (containing propylene glycol), saccharin and purified water.

### **What Xylocaine Spray looks like and contents of the pack**

Xylocaine Spray is a pump spray. It comes in a 50 ml bottle. Each bottle contains about 500 sprays. Each pack contains a single use CE-marked medical device (nozzle).

### **Marketing Authorisation Holder and Manufacturer**

The Marketing Authorisation for Xylocaine Spray in Ireland and Malta is held by:  
Aspen Pharma Trading Limited, 3016 Lake Drive, Citywest Business Campus, Dublin 24, Ireland.  
IE Tel: +353 (0)1 6308400  
MT Tel: +356 21497982

Xylocaine Spray is manufactured by

AstraZeneca UK Limited, Silk Road Business Park, Macclesfield, Cheshire, SK10 2NA, UK.

Or

AstraZeneca AB, Forskargatan 18, SE-151 85 Södertälje, Sweden.

Or

Aspen Bad Oldesloe GmbH, 32-36 Industriestrasse, 23843 Bad Oldesloe, Germany.

**This leaflet was last revised in August 2023.**