

Information on Medical Termination of Pregnancy

You have chosen the medical termination of pregnancy (ToP) method. This leaflet aims to give you some information about the steps of the treatment and point out important issues you should consider.

Before you start medications

- Please read the mifepristone and misoprostol patient information leaflets (PIL)
- Inform your doctor about the following:
 - if you have liver or kidney disease
 - if you suffer from anaemia or malnutrition
 - if you have cardiovascular disease (heart or circulatory disease)
 - if you are at increased risk of cardiovascular disease. Risk factors include being aged over 35 years and a cigarette smoker or having high blood pressure, high blood cholesterol levels or diabetes
 - if you have had a previous caesarean section or surgery of the womb

In any case you feel uncomfortable, you are worried or if you have further questions, don't hesitate to contact your doctor. A safety card is available below on which your doctor should have noted all relevant contact details and where to go in the event of any problems emerging.

How to take MisoOne®:

- MisoOne® must be taken 36-48 hours after taking 600mg mifepristone
- Take one MisoOne® 400mcg tablet orally

What will you experience during the ToP:

- Medical ToP induces uterine contractions. You may experience pain, feel tired, have nausea, vomiting and diarrhoea, so, it is preferable to remain comfortable and to have somebody with you. Do not hesitate to take the analgesics that your doctor prescribed to you.
- ToP appears with bleeding that can be heavier than menstrual bleeding, contains blood clots and a gelatinous white ball is sometimes visible. Bleeding can happen very quickly after MisoOne® intake, but it may also happen later

- The embryo may be expelled within a few hours after taking MisoOne® or during the next few days.
- Bleeding lasts for an average of 12 days after taking the first drug, mifepristone. **Bleeding is not in any way a proof of complete expulsion.**

- After a ToP, fertility resumes immediately. **You must speak about the best contraceptive method for you with the doctor and start it the same day as the termination of pregnancy is confirmed.**

Contact your doctor immediately in case:

- You **vomit** within 30 minutes following MisoOne® intake. Your physician will determine whether another drug dose is necessary.
- You have **abnormal bleeding** in terms of duration and amount of blood (more than 12 days and/or need more than 2 sanitary pads per hour for 2 hours).
- You have severe abdominal **pain** that persists despite taking analgesics
- You have a **fever** or if you are feeling cold and shivering

During the follow-up visit your doctor will check if the expulsion is complete. If the ToP fails there is an increased risk of birth defects:

- If you decide to continue with the termination of the pregnancy a new procedure will be used. Your doctor will advise you of the options.
- In case you choose to carry pregnancy to term, make sure to have a special follow-up with careful pre-natal monitoring and repeated ultrasound examinations in a specialised clinic.

SAFETY CARD

IF AT ANY TIME you are worried or if the following occurs:

- **fever** lasting longer than 24 hours
- **pain** that persists despite taking analgesics
- significant and persistent **blood loss**
(use of more than 2 sanitary pads per hour for 2 hours)
- **faintness**
- **If you have any other questions**

Please contact your doctor or go to the prescribing centre:





For the follow-up visit please come to the office

on ___/___/___ at ___h___