

## **Package leaflet: Information for the patient**

### **Solifenacin succinate Aristo 5 mg film-coated tablets Solifenacin succinate Aristo 10 mg film-coated tablets**

Solifenacin succinate

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### **What is in this leaflet**

1. What Solifenacin succinate Aristo is and what it is used for
2. What you need to know before you take Solifenacin succinate Aristo
3. How to take Solifenacin succinate Aristo
4. Possible side effects
5. How to store Solifenacin succinate Aristo
6. Contents of the pack and other information

#### **1. What Solifenacin succinate Aristo is and what it is used for**

The active substance of Solifenacin succinate Aristo belongs to the group of anticholinergics. These medicines are used to reduce the activity of an overactive bladder. This enables you to wait longer before having to go to the bathroom and increases the amount of urine that can be held by your bladder.

Solifenacin succinate Aristo is used to treat the symptoms of a condition called overactive bladder. These symptoms include: having a strong, sudden urge to urinate without prior warning, having to urinate frequently or wetting yourself because you could not get to the bathroom in time.

#### **2. What you need to know before you take Solifenacin succinate Aristo**

##### **Do not take Solifenacin succinate Aristo:**

- if you are allergic to solifenacin or any of the other ingredients of this medicine (listed in section 6)
- if you have an inability to pass water or to empty your bladder completely (urinary retention)
- if you have a severe stomach or bowel condition (including toxic megacolon, a complication associated with ulcerative colitis)
- if you suffer from the muscle disease called myasthenia gravis, which can cause an extreme weakness of certain muscles
- if you suffer from increased pressure in the eyes, with gradual loss of eye sight (glaucoma)
- if you are undergoing kidney dialysis
- if you have severe liver disease
- if you suffer from severe kidney disease or moderate liver disease AND at the same time are being treated with medicines that may decrease the removal of Solifenacin succinate Aristo from

the body (for example, ketoconazole). Your doctor or pharmacist will have informed you if this is the case.

Inform your doctor if you have or ever had any of the above mentioned conditions before treatment with Solifenacin succinate Aristo starts.

### **Warnings and precautions**

Talk to your doctor or pharmacist before taking Solifenacin succinate Aristo

- if you have trouble emptying your bladder (= bladder obstruction) or have difficulty in passing urine (e.g. a thin urine flow). Risk of accumulation of urine in the bladder (urinary retention) is much higher.
- if you have some obstruction of the digestive system (constipation).
- if you are at risk of your digestive system slowing down (stomach and bowel movements). Your doctor will have informed you if this is the case.
- if you suffer from severe kidney disease.
- if you have moderate liver disease.
- if you have a stomach tear (hiatus hernia) or heartburn.
- if you have a nervous disorder (autonomic neuropathy).

Inform your doctor if you have or ever had any of the above mentioned conditions before treatment with Solifenacin succinate Aristo starts.

Before starting Solifenacin succinate Aristo, your doctor will assess whether there are other causes for your need to pass urine frequently (for example heart failure (insufficient pumping power of the heart) or kidney disease). If you have a urinary tract infection, your doctor will prescribe you an antibiotic (a treatment against particular bacterial infections).

### **Children and adolescents**

**Solifenacin succinate Aristo is not to be used in children or adolescents under 18 years.**

### **Other medicines and Solifenacin succinate Aristo**

Tell your doctor or pharmacist if you are taking/using, have recently taken/used or might take/use any other medicines.

It is especially important to inform your doctor if you are taking:

- other anticholinergic medicines, effects and side effects of both medications can be enhanced.
- cholinergics as they can reduce the effect of Solifenacin succinate Aristo.
- medicines, like metoclopramide and cisapride, which make the digestive system work faster. Solifenacin succinate Aristo can reduce their effect.
- medicines, like ketoconazole, ritonavir, nelfinavir, itraconazole, verapamil and diltiazem, which decrease the rate at which Solifenacin succinate Aristo is broken down by the body
- medicines like rifampicin, phenytoin and carbamazepine, as they may increase the rate at which Solifenacin succinate Aristo is broken down by the body.
- medicines such as bisphosphonates, that can cause or exacerbate inflammation of the gullet (oesophagitis).

### **Solifenacin succinate Aristo with food and drink**

Solifenacin succinate Aristo can be taken with or without food, depending on your preferences.

### **Pregnancy and breast-feeding**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

You should not use Solifenacin succinate Aristo if you are pregnant unless clearly necessary.

Do not use Solifenacin succinate Aristo if you are breast-feeding as solifenacin may get into your breast milk.

### **Driving and using machines**

Solifenacin succinate Aristo may cause blurred vision and sometimes sleepiness or tiredness. If you suffer from any of these side effects, do not drive or operate machinery.

### **Solifenacin succinate Aristo contains lactose**

Each Solifenacin succinate Aristo 5 mg film-coated tablet contains 105 mg lactose.

Each Solifenacin succinate Aristo 10 mg film-coated tablet contains 209 mg lactose.

If you know that you have an intolerance to some sugars, contact your doctor before taking Solifenacin succinate Aristo.

## **3. How to take Solifenacin succinate Aristo**

Always take this medicine exactly as described in this leaflet or as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

You should swallow the tablet with some liquid. Do not chew the tablet. It can be taken with or without food, according to your preference.

The usual dose is 5 mg per day, unless your doctor told you to take 10 mg per day.

Solifenacin succinate Aristo 10 mg film-coated tablets can be divided into equal doses.

### **If you take more Solifenacin succinate Aristo than you should**

If you have taken too much Solifenacin succinate Aristo or if a child has accidentally taken Solifenacin succinate Aristo, contact your doctor or pharmacist immediately.

Symptoms of overdose may include: headache, dry mouth, dizziness, drowsiness and blurred vision, perceiving things that are not there (hallucinations), over-excitability, seizures (convulsions), difficulty breathing, elevated heart rate (tachycardia), accumulation of urine in the bladder (urinary retention) and dilated pupils (mydriasis).

### **If you forget to take Solifenacin succinate Aristo**

If you forget to take a dose at the usual time, take it as soon as you remember, unless it is time to take your next dose. Never take more than one dose per day. If you are in doubt, always consult your doctor or pharmacist.

### **If you stop taking Solifenacin succinate Aristo**

If you stop taking Solifenacin succinate Aristo, your symptoms of overactive bladder may return or worsen. Always consult your doctor, if you are considering stopping the treatment.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

## **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If you experience an allergic attack, or a severe skin reaction (e.g. blistering and peeling of the skin), you must inform your doctor or pharmacist immediately.

Angioedema (skin allergy that results in the swelling that occurs in the tissue just below the surface of the skin) with airway obstruction (difficulty in breathing) has been reported in some patients on solifenacin succinate. **If angioedema occurs**, solifenacin succinate should be discontinued immediately and appropriate therapy and/or measures should be taken.

Solifenacin succinate Aristo may cause the following other side effects:

**Very common** (may affect more than 1 in 10 people)

- dry mouth

**Common** (may affect up to 1 in 10 people)

- blurred vision
- constipation, nausea, indigestion with symptoms such as abdominal fullness, abdominal pain, burping, nausea, and heartburn (dyspepsia), stomach discomfort

**Uncommon** (may affect up to 1 in 100 people)

- urinary tract infection, bladder infection
- sleepiness
- impaired sense of taste (dysgeusia)
- dry (irritated) eyes
- dry nasal passages
- reflux disease (gastro-oesophageal reflux)
- dry throat
- dry skin
- difficulty in passing urine
- tiredness
- accumulation of fluid in the lower legs (oedema)

**Rare** (may affect up to 1 in 1,000 people)

- lodging of a large amount of hardened stool in the large intestine (faecal impaction)
- build up of urine in the bladder due to inability to empty the bladder (urinary retention)
- dizziness, headache
- vomiting
- itching, rash

**Very rare** (may affect up to 1 in 10,000 people)

- hallucinations, confusion
- allergic rash

**Not known** (frequency cannot be estimated from the available data)

- decreased appetite, high levels of blood potassium which can cause abnormal heart rhythm
- increased pressure in the eyes
- changes in the electrical activity of the heart (ECG), irregular heartbeat, feeling your heartbeat, faster heart beat
- voice disorder
- liver disorder
- muscle weakness
- renal disorder

### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, website: [www.hpra.ie](http://www.hpra.ie) . By reporting side effects, you can help provide more information on the safety of this medicine.

## **5. How to store Solifenacin succinate Aristo**

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton or label after EXP. The expiry date refers to the last day of that month.

There are no special precautions for storage.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. Contents of the pack and other information**

### **What Solifenacin succinate Aristo contains**

The active substance is solifenacin succinate.

Each Solifenacin succinate Aristo 5 mg tablet contains 5 mg solifenacin succinate.

Each Solifenacin succinate Aristo 10 mg tablet contains 10 mg solifenacin succinate.

The other ingredients are pregelatinised maize starch, lactose, hypromellose (E464), magnesium stearate, silica, macrogol, talc, titanium dioxide (E171) and iron oxide (E172).

### **What Solifenacin succinate Aristo looks like and contents of the pack**

Solifenacin succinate Aristo 5 mg are round and light pink film-coated tablets.

Solifenacin succinate Aristo 10 mg are round and light pink film-coated tablets with a breaking notch.

Solifenacin succinate Aristo 5 mg film-coated tablets are supplied in packs containing 10, 30, 50, 90 or 100 film-coated tablets.

Solifenacin succinate Aristo 10 mg film-coated tablets are supplied in packs containing 20, 30, 50, 90 or 100 film-coated tablets.

Not all pack sizes may be marketed.

### **Marketing Authorisation Holder and Manufacturer**

Aristo Pharma GmbH  
Wallenroder Straße 8-10  
13435 Berlin  
Germany

### **Manufacturer**

Laboratorios Medicamentos Internacionales S.A.  
Calle Solana, 26  
28850 Torrejón De Ardoz (Madrid)  
Spain

### **This medicinal product is authorised in the Member States of the EEA under the following names:**

Austria: Solifenacin Aristo 5 mg/10 mg Filmtabletten

Czech Republic: Solifenacin Aristo

Denmark: Solifenacin Aristo

Germany: Solifenacin Aristo 5 mg/10 mg Filmtabletten

Ireland: Solifenacin succinate Aristo 5 mg film-coated tablets

Italy: Solifenacina Aristo

Norway: Solifenacin Aristo

Poland: Belaristo

Portugal: Solifenacina Aristo

Romania: Solifenacin Aristo 5 mg / 10 mg comprimate filmate

Slovakia: Aristissa

Spain: Solifenacina Aristo 5 mg/10 mg comprimidos recubiertos con película

Sweden: Solifenacin Aristo

The Netherlands: Solifenacinesuccinaat Aristo 5 mg/10 mg filmomhulde tabletten  
United Kingdom: Solifenacin succinate Aristo 5 mg/10 mg film-coated tablets

**This leaflet was last revised in 03/2023.**