Nizoral®
20mg/g Cream
ketoconazole

Read all of this leaflet carefully because it contains important information for you.
This medicine is available without prescription. However you still need to use Nizoral Cream carefully to get the best results from it.
Keep this leaflet. You may need to read it again.
Ask your pharmacist if you need more information or advice.
You must contact a doctor if your symptoms worsen or do not improve.
If any of the side effects get serious or if you notice any side effects not listed in this leaflet, please contact your doctor or pharmacist.

1. What Nizoral Cream is and what it is used for
Nizoral Cream is used to treat fungal infections of the skin which may appear on the hands, feet, genital area, trunk, groin, scalp, face, chest or back. These can be caused by a variety of fungi or yeasts and Nizoral Cream works by destroying the fungus that causes the infection.

2. Before you use Nizoral Cream
This product is suitable for most adults, but a few people should not use it. If you are in any doubt, talk to your doctor or pharmacist.

Do not use this product...
- If you have ever had an allergic (hypo)reaction to any of the ingredients. If this applies to you, get advice from a doctor or pharmacist without using Nizoral Cream.

Pregnancy and breast-feeding
- You can use Nizoral Cream if you are pregnant, think you might be pregnant or are breast-feeding.

Take special care with Nizoral Cream
- If you have been regularly using a lotion or cream, which contains a steroid (such as betamethasone or hydrocortisone) to control your skin infection, you should wait for two weeks before starting treatment with Nizoral Cream. This will stop your condition flaring up while Nizoral Cream starts to work. If you have any questions about stopping your steroid lotion or cream, speak to your doctor or pharmacist.

Driving and using machines
Using Nizoral Cream will not affect your ability to drive or use machines.

3. How to use Nizoral Cream
Each tube of Nizoral Cream is sealed.
Nizoral Cream should be used once or twice a day for 1 to 6 weeks, depending on the type and severity of your infection.
Your doctor will tell you how often to use it and for how long.
Relief from the symptoms may occur quickly but it is important that you continue to use Nizoral Cream for several days after all symptoms have disappeared to prevent them from coming back.
If there is no improvement in your symptoms after 4 weeks, you should see your doctor again.

Adults aged 18 years and over
Each time you use the cream:
- wash the infected skin and dry it well.
As many skin conditions are infectious, you should keep a towel and a flannel for your own use so that you do not infect anyone else
- rub Nizoral Cream gently into the affected area and surrounding skin with clean fingers
- unless the infected skin is on your hands, wash your hands carefully after applying the cream to avoid spreading the infection to other parts of the body or to other people. Similarly, clothing which comes into contact with the infected areas should be washed and changed frequently. Nizoral Cream is non-greasy and should not stain clothes.

If anyone accidentally swallows this product
If anyone accidentally swallows Nizoral Cream, contact a doctor or your nearest Accident & Emergency department (Casualty) taking this leaflet and pack with you.
4 Possible side-effects
Nizoral Cream can have side-effects like all medicines, although these don’t affect everyone and are usually mild. Stop using Nizoral Cream and tell your doctor straight away if you notice or suspect any of the following. You may need urgent medical treatment:
- Severe irritation or reddening of the skin where the cream has been used, or other signs of allergy during the first few days of treatment. This can affect fewer than 1 in 100 people
- Peeling or blistering of the skin. This can affect fewer than 1 in 100 people

Effects which may occur include:
Tell your doctor or pharmacist if you notice or suspect any of the following side effects:
Common side effects (affects fewer than 1 in 10 people)
- Burning sensation
- Skin redness or itching
Uncommon side effects (affects fewer than 1 in 100 people)
- Hypersensitivity
- Bullous eruptions (raised blisters) or dermatitis contact (inflammation of the skin)
- Shedding of the skin

Problems where the cream has been used such as:
- Bleeding
- Discomfort
- Dryness
- Inflammation at the site of application
- Tingling
- Skin irritation such as rash (also know as nettle rash).
- Sticky skin
- Not known (frequency of occurrence is not known)
- Urticaria (hives)

If you experience any side-effects not included in this leaflet or are not sure about anything, talk to your doctor or pharmacist.

5 How to store Nizoral Cream
Keep the product out of the reach and sight of children.
Do not store above 25ºC.
Do not use this product after the expiry date shown on the packaging.

6 Further information
What’s in this product?
The active ingredient in 1 g of Nizoral Cream is ketoconazole 20 mg.
Other ingredients are: purified water, propylene glycol*, cetyl alcohol* and stearyl alcohol*, sorbitan stearate, polysorbate 60 and 80, sodium sulphite (E221) and isopropyl myristate.
* May cause skin irritation (eg contact dermatitis)