

PACKAGE LEAFLET: INFORMATION FOR THE USER

MONTELUKAST 5 mg CHEWABLE TABLETS Montelukast

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for your child only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as your child's.
- If your child gets any side effects, talk to your doctor, or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

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1. WHAT MONTELUKAST CHEWABLE TABLETS ARE AND WHAT THEY ARE USED FOR

Montelukast Chewable Tablets is a leukotriene receptor antagonist that blocks substances called leukotrienes. Leukotrienes cause narrowing and swelling of airways in the lungs. By blocking leukotrienes, Montelukast Chewable Tablets improves asthma symptoms and helps control asthma.

Your doctor has prescribed Montelukast Chewable Tablets to treat your child's asthma, preventing asthma symptoms during day and night.

Montelukast Chewable Tablets are used for the treatment of 6 to 14 year old patients who are not adequately controlled on their asthma medications and need additional therapy.

Montelukast Chewable Tablets may also be used as an alternative treatment to inhaled corticosteroids for 6 to 14 year old patients who have not recently taken oral corticosteroids for their asthma and have shown that they are unable to use inhaled corticosteroids.

Montelukast Chewable Tablets, in patients 6 to 14 years of age, also helps prevent asthma symptoms which are triggered by exercise.

Your doctor will determine how Montelukast Chewable Tablets should be used depending on the symptoms and severity of your child's asthma.

What is asthma?

Asthma is a long-term disease.

Asthma includes:

- difficulty breathing because of narrowed airways.
- This narrowing of airways worsens and improves in response to various conditions.
- sensitive airways that react to many things, such as cigarette smoke, pollen, cold air, or exercise.
 - swelling (inflammation) in the lining of the airways.

Symptoms of asthma include: Coughing, wheezing, and chest tightness.

2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE MONTELUKAST CHEWABLE TABLETS

Do not take Montelukast Chewable Tablets:

- if your child is allergic to montelukast sodium or any of the other ingredients of Montelukast Chewable Tablets (listed in section 6).

Warnings and precautions

Talk to your doctor or pharmacist before taking Montelukast Chewable Tablets

- Oral Montelukast Chewable Tablets is NOT intended for the treatment of a sudden attack of breathlessness. It will not help your child in this situation and should never be used for this purpose.

If an attack occurs, the instructions that the doctor has given should be followed exactly. It is very important to have the medication needed for such an attack readily accessible at all times.

If your child needs to use their beta-agonist inhaler more often than usual, you should consult your child's doctor as soon as possible.

- It is important that your child uses all the asthma medication prescribed by the doctor as intended.

Montelukast Chewable Tablets should not replace steroid medications (whether inhaled or taken by mouth) that your child may already be using.

- If your child has phenylketonuria you should note that Montelukast Chewable Tablets contain aspartame, which is a source of phenylalanine. The phenylalanine in the tablets may be harmful to people with phenylketonuria.
- A rare condition has been seen in a very small number of patients taking asthma medications, including montelukast. If your child develops a combination of any of the following symptoms, particularly if they are persistent and worsening, seek medical attention immediately: flu-like illness, increasing breathlessness, pins and needles or numbness of limbs, and/or rash.
- Use in infants and toddlers: Montelukast Chewable Tablets are not recommended for use in children under two years of age.

Other medicines and Montelukast Chewable Tablets

Montelukast Chewable Tablets may be used together with other medicines your child may be taking for asthma. However, some medicines can interfere with Montelukast Chewable Tablets, or Montelukast Chewable Tablets may affect how your child's other medicines work.

Tell your doctor or pharmacist if your child is taking, has recently taken or might take any other medicines, including those medicines obtained without a prescription. This is particularly important if the other medicine is:

- phenobarbital (used for treatment of epilepsy)
- phenytoin (used for treatment of epilepsy)
- rifampicin (used to treat tuberculosis and some other infections).

Montelukast Chewable Tablets with food and drink

If Montelukast chewable tablets are taken together with food they should be taken in the evening 1 hour before or 2 hours after food.

Pregnancy and breast-feeding

Pregnancy: Female patients who are pregnant, intend to become pregnant or think they might be pregnant should consult their doctor before taking Montelukast Chewable Tablets.

Breast feeding: It is not known whether Montelukast Chewable Tablets is present in human breast-milk.

The doctor should be consulted before Montelukast Chewable Tablets are taken, if you are already breast feeding or intending to breast feed a baby.

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines

In adults, Montelukast Chewable Tablets are not expected to affect their ability to drive a car or operate machinery. However, individual responses to medication may vary. Certain side effects that have been reported very rarely with Montelukast Chewable Tablets may affect some patients' ability to drive or operate machinery

Montelukast Chewable Tablets contain aspartame

Montelukast contains aspartame, a source of phenylalanine. If your child has phenylketonuria (a rare, hereditary disorder of the metabolism) you should take into account that each Montelukast 5 mg chewable tablet contains phenylalanine.

3. HOW TO TAKE MONTELUKAST CHEWABLE TABLETS

Ensure that your child always takes Montelukast Chewable Tablets exactly as your doctor or pharmacist has told you, even when your child has no symptoms, or if your child experiences an asthma attack. Check with your doctor or pharmacist if you are not sure.

The recommended dose for children aged 6 to 14 years is one Montelukast 5 mg Chewable Tablet daily in the evening.

If Montelukast Chewable Tablets use is associated with food, the tablets should be taken 1 hour before or two hours after food.

If your child is taking Montelukast Chewable Tablets, be sure that he/she does not take any other medicines that contain the same active ingredient, montelukast.

If your child takes more Montelukast Chewable Tablets than he/she should

If your child (or someone else) swallows a lot of the tablets all together, contact your nearest hospital casualty department or your doctor immediately. An overdose is likely to cause abdominal pain, sleepiness, thirst, headache, vomiting, and involuntary movement.

Please take this leaflet, any remaining tablets and the container with you to the hospital or doctor so that they know which tablets were consumed.

If you forget to give Montelukast Chewable Tablets to your child

If your child misses a dose, just carry on with the next one as usual. Do not give your child a double dose to make up for a forgotten dose.

If your child stops taking Montelukast Chewable Tablets

It is important to continue taking Montelukast Chewable Tablets in the presence or absence of symptoms, for as long as your child's doctor prescribes it, in order to help maintain control of your child's asthma. Montelukast Chewable Tablets can help control your asthma only with continued use.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

For children 2 to 5 years old, Montelukast 4 mg Chewable Tablets are available.

For patients 15 years of age and older Montelukast 10 mg Film-coated Tablets are available.

4. POSSIBLE SIDE EFFECTS

Like all medicines, Montelukast Chewable Tablets can cause side effects, although not everybody gets them.

Allergic reactions have also been reported which included swelling of the face, lips, tongue and/or throat which may cause difficulty in breathing or swallowing, itching, rash or hives. It is vital that your child stops taking Montelukast Chewable Tablets and that you seek immediate medical attention if your child experiences an allergic reaction.

The following side effects have been reported in clinical studies at the approximate frequencies shown:

Common side-effects (may affect up to 1 in 10 people) include:

Abdominal pain, headache.

Additionally, while the medicine has been on the market, the following have been reported listed by frequency and starting with the most frequent:

Very common (may affect more than 1 in 10 people)

upper respiratory infection (e.g. cold, sore throat),

Common (may affect up to 1 in 10 people)

diarrhoea, nausea, vomiting; rash; fever; elevated levels of serum transaminases (liver enzymes)

Uncommon (may affect up to 1 in 100 people)

allergic reactions including swelling of the face, lips, tongue, and/or throat which may cause difficulty in breathing or swallowing; dream abnormalities, including nightmares, trouble sleeping, sleep walking, irritability, feeling anxious, restlessness, agitation including aggressive behaviour or hostility, depression; dizziness, drowsiness, pins and needles/numbness, seizure; nosebleed; dry mouth, indigestion; bruising, itching, hives; joint or muscle pain, muscle cramps; tiredness, feeling unwell, swelling due to fluid retention

Rare (may affect up to 1 in 1,000 people)

increased bleeding tendency, tremor, palpitations, angioedema (swelling of the face, lips, tongue and/or throat with difficulty in swallowing or breathing)

Very rare (may affect up to 1 in 10,000 people)

hallucinations, disorientation, suicidal thoughts and actions, hepatitis (inflammation of the liver), tender red lumps under the skin most commonly on your shins (erythema nodosum), severe skin reactions (erythema multiforme) that may occur without warning, hepatic eosinophilic infiltration

Very rare cases of a condition known as Churg-Strauss syndrome have been reported during Montelukast treatment in asthmatic patients. You must tell your doctor right away if your child experiences a combination of any of the following symptoms, such as flu-like illness, increasing breathlessness, pins and needles or numbness of arms and legs, and/or rash, particularly if they are persistent or worsening.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517. Website: www.hpra.ie; E-mail: medsafety@hpra.ie. By reporting side effects you can help provide more information on the safety of this medicine.

5. HOW TO STORE MONTELUKAST CHEWABLE TABLETS

Keep this medicine out of the sight and reach of children.

Do not store above 30°C. Keep blister in the outer carton in order to protect from light.

Do not use Montelukast Chewable Tablets after the expiry date which is stated on the blister and carton. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Montelukast 5 mg Chewable Tablets contain:

- the active ingredient is montelukast sodium equivalent to 5 mg of montelukast.
- the other ingredients include: mannitol (E421), sodium laurilsulfate, hydroxypropyl cellulose, Red iron oxide (E172), Flav.cherry PHS-143671: maltodextrins (maize) and starch modified E1450 (Waxy maize), aspartame (E951), sodium starch glycolate (maize) Type A, magnesium stearate

What Montelukast 5 mg Chewable Tablets look like and contents of the pack

Montelukast 5 mg Chewable Tablets are mottled pink, square shaped tablet, debossed with "93" on one side and "7425" on the other side of the tablet.

Montelukast 5 mg Chewable Tablets are available in packs of 28 tablets.

Product procured from within the EU by the Parallel Product Authorisation Holder:

WPR Healthcare Limited, Unit 10, Ashbourne Business Park, Rath, Ashbourne, Co. Meath.

Product repackaged and distributed by:

PCO Manufacturing, Unit 10, Ashbourne Business Park, Rath, Ashbourne, Co. Meath.

Parallel Product Authorisation Number: PPA 565/54/2

Manufacturer

TEVA UK Limited, Brampton Road, Hampden Park, Eastbourne, East Sussex, BN22 9AG, United Kingdom.

This medicinal product is authorised in the member states of the EEA under the following names:

Denmark	Montelukast Teva 5 mg Tyggetablet
Iceland	Montelukast Teva 5mg tuggutöflur
Austria	Montelukast ratiopharm 5 mg Kautablette
Czech Republic	Montelukast Teva 5 mg, žvýkácí tableta
Estonia	Montelukast Teva
Greece	Montelukast Teva 5 mg Chewable Tablet
Spain	Montelukast Teva 5 mg comprimidos masticable EFG
Finland	Montelukast Teva 5 mg, Purutabletti
Hungary	Montelukast Teva 5 mg Rágótabletta
Ireland	Montelukast Teva 5 mg Chewable Tablets

Lithuania	Montelukast Teva 5 mg kramtomoji tabletė
Norway	Montelukast Teva 5 mg, Tyggetablett
Poland	Montelukastum 123ratio
Portugal	Montelucaste Teva Infantil
Slovenia	Montelukast Teva 5 mg žvečljive tableta
Slovakia	Montelukast Teva 5 mg

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