# Package leaflet: Information for the user

## Septabene eucalyptus 3 mg/1 mg lozenges

benzydamine hydrochloride/cetylpyridinium chloride

# Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after 3 days.

## What is in this leaflet

- 1. What Septabene eucalyptus is and what it is used for
- 2. What you need to know before you take Septabene eucalyptus
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## 1. What Septabene eucalyptus is and what it is used for

Septabene eucalyptus lozenges contain the active substances benzydamine hydrochloride and cetylpyridinium chloride.

Septabene eucalyptus lozenges are anti-inflammatory, analgesic and antiseptic medicine for local oromucosal use. Septabene eucalyptus disinfects the mouth and throat and reduces signs of inflammation of throat such as pain, redness, swelling, heat and impaired function.

Septabene eucalyptus is used for the treatment of symptoms of sore throat associated with mild infections in the mouth and throat (including pharyngitis) in adults, adolescents and children over 6 years of age.

You must talk to a doctor if you do not feel better or if you feel worse after 3 days.

# 2. What you need to know before you take Septabene eucalyptus

#### Do not take Septabene eucalyptus:

- if you are allergic to benzydamine hydrochloride, cetylpyridinium chloride or any of the other ingredients of this medicine (listed in section 6).
- this medicine must not be used in children aged under 6 years.

#### Warnings and precautions

Talk to your doctor or pharmacist before taking Septabene eucalyptus:

- If you are allergic to salicylates (e.g. acetylsalicylic acid and salicylic acid) or to other antiinflammatory painkillers called non-steroidal anti-inflammatory drugs (NSAIDs). You should not use this medicinal product since benzydamine hydrochloride belongs to a non-steroidal antiinflammatory drug class as well.
- If you have or have ever had bronchial asthma. A caution should be exercised in this case.
- If you have open wounds or ulcerations in the mouth or throat.

Do not use Septabene eucalyptus for more than 7 days. If the symptoms worsen or do not relieve after

3 days, or if other symptoms, such as fever, occur, consult a doctor.

The use of topical preparations, especially over a long period of time may lead to sensitisation, in which case the treatment must be discontinued and doctor consulted to set up a suitable therapy.

Septabene eucalyptus must not be used in combination with anionic compounds, such as those present in toothpastes, therefore it is not recommended to use the product immediately before or after cleaning teeth.

### Children and adolescents

Septabene eucalyptus must not be used in children under 6 years of age.

## Other medicines and Septabene eucalyptus

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

Do not use other antiseptics when taking Septabene eucalyptus.

## Septabene eucalyptus with food, drink and alcohol

Do not take Septabene eucalyptus together with milk because milk reduces its efficacy. Do not take Septabene eucalyptus before or during meals and drinking. Do not eat or drink for at least one hour after taking Septabene eucalyptus.

## **Pregnancy and breast-feeding**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine. Septabene eucalyptus is not recommended during pregnancy. Septabene eucalyptus should not be used during breast-feeding.

### **Driving and using machines**

Septabene eucalyptus does not influence the ability to drive or use machines.

# Septabene eucalyptus contains isomalt (E953)

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

#### 3. How to take Septabene eucalyptus

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you. Check with your doctor or pharmacist if you are not sure.

#### Adults

The recommended dosage is 3–4 lozenges a day. The lozenge should be slowly dissolved in the mouth every 3 to 6 hours.

#### Adolescents over 12 years of age

The recommended dosage is 3–4 lozenges a day. The lozenge should be slowly dissolved in the mouth every 3 to 6 hours.

#### Children from 6 to 12 years of age

The recommended dosage is 3 lozenges a day. The lozenge should be slowly dissolved in the mouth every 3 to 6 hours. An adult should supervise the application of lozenges in children from 6 to 12 years of age.

#### Children less than 6 years of age

Septabene eucalyptus must not be used in children aged less than 6 years.

#### Do not exceed the stated dose.

Do not take Septabene eucalyptus immediately before or during meals and drinking. Do not eat or drink for at least one hour after taking the medicine. It is not recommended to use the product immediately before or after cleaning teeth.

### **Duration of treatment**

Do not use this medicine for more than 7 days. If the symptoms worsen or do not relieve after 3 days, or if other symptoms, such as fever, occur, consult a doctor.

Consult your doctor if the condition is recurrent or if you notice any recent changes in its characteristics.

## If you take more Septabene eucalyptus than you should

In case of accidental ingestion of an excessive dose of this medicine, immediately tell your doctor or go to the nearest hospital.

## If you forget to take Septabene eucalyptus

Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

## 4. **Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If you notice any of the following serious side effects, stop taking Septabene eucalyptus and contact a doctor immediately:

- allergic reaction (hypersensitivity)
- serious allergic reaction (anaphylactic shock), signs of which may include difficulty breathing, chest pain or chest tightness, and/or feeling dizzy/faint, severe itching of the skin or raised lumps on the skin, swelling of the face, lips, tongue and/or throat, and which may be potentially life-threatening

The frequency of these side effects is not known.

Other side effects which may occur:

Uncommon (may affect up to 1 in 100 people):

- increase in the reactivity of the skin to sunlight (photosensitivity).

Rare (may affect up to 1 in 1,000 people):

- hives (urticaria),
- sudden, uncontrolled narrowing of airways in lungs (bronchospasm) or vocal cords (laryngospasm).

Very rare (may affect up to 1 in 10,000 people):

- local irritation in the oral cavity, sensation of burning in the oral cavity.

Not known (frequency cannot be estimated from the available data):

- burning of the oral mucosa, loss of sensation (anaesthesia) of the oral mucosa,
- discoloration of the tongue and teeth,
- reduced wound healing in mouth.

Usually these side effects are transitory. However, when they do appear, it is recommended to talk to your doctor or pharmacist.

By following the instructions in the patient information leaflet you will reduce the risk of side effects.

# **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance. Website: www.hpra.ie. By reporting side effects you can help provide more information on the safety of this medicine.

# 5. How to store Septabene eucalyptus

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the packaging after EXP. The expiry date refers to the last day of that month.

Store in the original package in order to protect from light.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## 6. Contents of the pack and other information

#### What Septabene eucalyptus contains

- The active substances are benzydamine hydrochloride and cetylpyridinium chloride. Each lozenge contains 3 mg benzydamine hydrochloride and 1 mg cetylpyridinium chloride.
- The other ingredients are eucalyptus oil, levomenthol, citric acid (E330), sucralose (E955), isomalt (E953), brilliant blue FCF (E133). See section 2 "Septabene eucalyptus contains isomalt (E953)".

#### What Septabene eucalyptus looks like and contents of the pack

Round, blue-white to blue lozenges with bevelled edges. Some small scratches could be present. Lozenge diameter: 18.0 mm - 19.0 mm, thickness: 7.0 mm - 8.0 mm.

Septabene eucalyptus is available in boxes of 8, 16, 24, 32 or 40 lozenges in blisters. Not all pack sizes may be marketed.

#### Marketing Authorisation Holder and Manufacturer

KRKA, d.d., Novo mesto, Šmarješka cesta 6, 8501 Novo mesto, Slovenia

# This medicine is authorised in the Member States of the European Economic Area under the following names:

Name of the Member State	Name of the medicine
Czech Republic	Neoseptolete combi eukalyptus
Germany	Septolete
Ireland	Septabene eucalyptus

#### This leaflet was last revised in