

**Package leaflet: Information for the user**  
**MONTELUKAST Paediatric 5 mg Chewable tablets**  
montelukast

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

**What is in this leaflet:**

1. What Montelukaste Aurobindo is and what it is used for
2. What you need to know before you take Montelukaste Aurobindo
3. How to take Montelukaste Aurobindo
4. Possible side effects
5. How to store Montelukaste Aurobindo
6. Contents of the pack and other information

**1. What Montelukaste Aurobindo is and what it is used for**

**What Montelukaste Aurobindo is**

Montelukaste Aurobindo is a leukotriene receptor antagonist that blocks substances called leukotrienes.

**How Montelukaste Aurobindo works**

Leukotrienes cause narrowing and swelling of airways in the lungs. By blocking leukotrienes, Montelukaste Aurobindo improves asthma symptoms and helps control asthma.

**When Montelukaste Aurobindo should be used**

Your doctor has prescribed Montelukaste Aurobindo to treat asthma, preventing your asthma symptoms during the day and night.

- Montelukaste Aurobindo is used for the treatment of paediatric patients 6 to 14 years of age who are not adequately controlled on their medication and need additional therapy.
- Montelukaste Aurobindo may also be used as an alternative treatment to inhaled corticosteroids for 6 to 14 year old patients who have not recently taken oral corticosteroids for their asthma and have shown that they are unable to use inhaled corticosteroids.
- Montelukaste Aurobindo also helps prevent the narrowing of airways triggered by exercise.

Your doctor will determine how Montelukaste Aurobindo should be used depending on the symptoms and severity of you or your child's asthma.

**What is asthma?**

Asthma is a long-term disease.

Asthma includes:

- Difficulty breathing because of narrowed airways. This narrowing of airways worsens and improves in response to various conditions.
- Sensitive airways that react to many things, such as cigarette smoke, pollen, cold air, or exercise.
- Swelling (inflammation) in the lining of the airways.

Symptoms of asthma include: Coughing, wheezing, and chest tightness.

**2. What you need to know before you take Montelukaste Aurobindo**

Tell your doctor about any medical problems or allergies you or your child has now or has had.

**Do not take Montelukaste Aurobindo**

- if you or your child is allergic to montelukast or any of the other ingredients of this medicine (listed in section 6).

**Warnings and precautions**

Talk to your doctor or pharmacist before taking Montelukast Aurobindo

- If you or your child's asthma or breathing gets worse, tell your doctor immediately.
- Oral Montelukaste Aurobindo is not meant to treat acute asthma attacks. If an attack occurs, follow the instructions your doctor has given you or your child. Always have your inhaled rescue medicine for asthma attacks with you.
- It is important that you or your child take all asthma medications prescribed by your doctor. Montelukaste Aurobindo should not be used instead of other asthma medications your doctor has prescribed for you or your child.
- Any patient on anti-asthma medicines should be aware that if you develop a combination of symptoms such as flu-like illness, pins and needles or numbness of arms or legs, worsening of pulmonary symptoms, and/or rash, you should consult your doctor.
- You or your child should not take acetyl-salicylic acid (aspirin) or anti-inflammatory medicines (also known as non-steroidal anti-inflammatory drugs or NSAIDs) if they make your asthma worse.

**Various neuropsychiatric events (for example behaviour and mood-related changes, depression and suicidality) have been reported in patients of all ages treated with montelukast (see section 4). If you develop such symptoms while taking montelukast, you should contact your doctor.**

**Use in children**

Do not give this medicine to children less than 6 years of age.

There are different form(s) of this medicine available for paediatric patients under 18 years of age based on age range.

**Other medicines and Montelukaste Aurobindo**

Tell your doctor or pharmacist if you or your child are taking or have recently taken or might take any other medicines including those obtained without a prescription.

Some medicines may affect how Montelukaste Aurobindo works, or Montelukaste Aurobindo may affect how other medicines work.

Tell your doctor if you or your child is taking the following medicines before starting Montelukaste Aurobindo:

- phenobarbital (used for treatment of epilepsy)
- phenytoin (used for treatment of epilepsy)
- rifampicin (used to treat tuberculosis and some other infections)

**Montelukaste Aurobindo with food and drink and alcohol**

Montelukaste Aurobindo 5 mg chewable tablets should not be taken immediately with food; it should be taken at least 1 hour before or 2 hours after food.

**Pregnancy and breast-feeding and fertility**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking Montelukaste Aurobindo.

Use in pregnancy

Your doctor will assess whether you can take Montelukaste Aurobindo during this time.

Breast-feeding

It is not known if Montelukaste Aurobindo appears in breast milk. You should consult your doctor before taking Montelukaste Aurobindo if you are breast-feeding or intend to breast-feed.

**Driving and using machines**

Montelukaste Aurobindo is not expected to affect your ability to drive a car or operate machinery. However, individual responses to medication may vary. Certain side effects (such as dizziness and drowsiness) that have been reported with Montelukaste Aurobindo may affect some patients' ability to drive or operate machinery.

**Montelukaste Aurobindo contain aspartame**, a source of phenylalanine. If your child has phenylketonuria (a rare, hereditary disorder of the metabolism) you should take into account that each Montelukaste Aurobindo 5 mg chewable tablet contains phenylalanine (equivalent to 0.842 mg phenylalanine per 5 mg chewable tablet).

**Montelukaste Aurobindo contain sodium:**

This medicine contains less than 1 mmol sodium (23 mg) per each tablet, that is to say essentially 'sodium-free'.

**3. How to take Montelukaste Aurobindo**

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

- You or your child should take only one tablet of Montelukaste Aurobindo once a day as prescribed by your doctor.
- It should be taken even when you or your child has no symptoms or has an acute asthma attack.

**For children 6 to 14 years of age:**

The recommended dose is one 5 mg chewable tablet daily to be taken in the evening.

If you or your child is taking Montelukaste Aurobindo, be sure that you or your child does not take any other products that contain the same active ingredient, montelukast.

This medicine is for oral use.

The tablets are to be chewed before swallowing.

Montelukaste Aurobindo 5 mg chewable tablets should not be taken immediately with food; it should be taken at least 1 hour before or 2 hours after food.

**If you or your child takes more Montelukaste Aurobindo than you should**

Contact your doctor immediately for advice.

There were no side effects reported in the majority of overdose reports. The most frequently occurring symptoms reported with overdose in adults and children included abdominal pain, sleepiness, thirst, headache, vomiting, and hyperactivity.

**If you forget to take Montelukaste Aurobindo or give Montelukaste Aurobindo to your child**

Try to take Montelukaste Aurobindo as prescribed. However, if you or your child misses a dose, just resume the usual schedule of one tablet once daily.

Do not take a double dose to make up for a forgotten dose.

**If you or your child stops taking Montelukaste Aurobindo**

Montelukaste Aurobindo can treat you or your child's asthma only if you or your child continues to take it. It is important to continue taking Montelukaste Aurobindo for as long as your doctor prescribes. It will help control you or your child's asthma.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

**4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

In clinical studies with montelukast 5 mg chewable tablets, the most commonly reported side effects (may affect up to 1 in 10 people) thought to be related to montelukast were:

- headache

Additionally, the following side effect was reported in clinical studies with montelukast 10 mg film-coated tablets:

- abdominal pain

These were usually mild and occurred at a greater frequency in patients treated with montelukast than placebo (a pill containing no medication).

### **Serious side effects**

**Talk with your doctor immediately** if you notice any of the following side effects, which may be serious, and for which you may need urgent medical treatment.

Uncommon: the following may affect up to 1 in 100 people

- allergic reactions including swelling of the face, lips, tongue, and/or throat which may cause difficulty in breathing or swallowing
- behaviour and mood related changes: agitation including aggressive behaviour or hostility, depression
- seizure

Rare: the following may affect up to 1 in 1,000 people

- increased bleeding tendency
- tremor
- palpitations

Very rare: the following may affect up to 1 in 10,000 people

- combination of symptoms such as flu-like illness, pins and needles or numbness of arms and legs, worsening of pulmonary symptoms and/or rash (Churg-Strauss syndrome) (see Section 2)
- low blood platelet count
- behaviour and mood related changes: hallucinations, disorientation, suicidal thoughts and actions
- swelling (inflammation) of the lungs
- severe skin reactions (erythema multiforme) that may occur without warning
- inflammation of the liver (hepatitis)

### **Other side effects while the medicine has been on the market**

Very common: the following may affect more than 1 in 10 people

- upper respiratory infection

Common: the following may affect up to 1 in 10 people

- diarrhoea, nausea, vomiting
- rash
- fever
- elevated liver enzymes

Uncommon: the following may affect up to 1 in 100 people

- behaviour and mood related changes: dream abnormalities, including nightmares, trouble sleeping, sleepwalking, irritability, feeling anxious, restlessness
- dizziness, drowsiness, pins and needles/numbness
- nosebleed
- dry mouth, indigestion
- bruising, itching, hives
- joint or muscle pain, muscle cramps
- bedwetting in children
- weakness/tiredness, feeling unwell, swelling

Rare: the following may affect up to 1 in 1,000 people

- behaviour and mood related changes: disturbance in attention, memory impairment, uncontrolled muscle movements

Very rare: the following may affect up to 1 in 10,000 people

- tender red lumps under the skin, most commonly on your shins (erythema nodosum)
- Behaviour and mood related changes: obsessive-compulsive symptoms, stuttering

### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system listed in [Appendix V](#). By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store Montelukaste Aurobindo**

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated after 'EXP' on the blister and carton. The expiry date refers to the last day of that month.

Store below 25°C

Store in the original package in order to protect from light and moisture.

[HDPE bottle of 500 tablets]

Use within 12 months after first opening the HDPE bottle.

Do not throw away any medicine via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. Contents of the pack and other information**

### **What Montelukaste Aurobindo contains**

- The active substance is montelukast. Each chewable tablet contains montelukast sodium, which is equivalent to 5 mg montelukast.
- The other ingredients are Mannitol (E421), cellulose, microcrystalline, hydroxypropyl cellulose 2% (6 to 10 mpaS), croscarmellose sodium, Iron oxide red (E172), aspartame (E951), artificial cherry flavour (contains flavouring ingredients and modified food starch) and magnesium stearate.

### **What Montelukaste Aurobindo looks like and contents of the pack**

Chewable tablets

Pink colored, mottled, round, biconvex, uncoated tablets debossed with 'X' on one side and '53' on other side.

Montelukaste Aurobindo chewable tablets are available in PVC/ Polyamide/ Aluminium foil/ PVC blister pack and HDPE bottle with polypropylene closure containing silica gel desiccant.

Presentations

Blister pack: 7, 10, 14, 20, 28, 30, 49, 50, 56, 60, 84, 90, 98, 100, 140 and 200 chewable tablets.

HDPE bottle pack: 30, 90 & 500 chewable tablets

Not all pack sizes may be marketed.

**Marketing Authorisation Holder**

Aurobindo Pharma (Malta) Limited  
Vault 14 Level 2  
Valletta Waterfront  
Floriana  
FRN 1913  
Malta

**Manufacturer**

APL Swift Services (Malta) Limited  
HF26, Hal Far Industrial Estate, Hal Far  
Birzebbugia, BBG 3000  
Malta

**This medicinal product is authorised in the Member States of the EEA under the following names:**

France	MONTELUKAST ARROW LAB 5 mg, comprimé à croquer
Germany	Montelukast Aurobindo 5 mg Kautabletten
Ireland	MONTELUKAST Paediatric 5 mg Chewable Tablets
Italy	Montelukast Aurobindo Pharma Italia 5 mg Compressa masticabile
Malta	Montelukast Aurobindo 5 mg Chewable Tablets
Netherlands	Montelukast Aurobindo 5 mg, kauwtabletten
Poland	Montelukast Aurovitas
Spain	Montelukast Aurovitas 5 mg comprimidos masticables EFG

**This leaflet was last revised in 02/2024.**