

## **PACKAGE LEAFLET: INFORMATION FOR THE USER**

### **Lemsip Chesty Cough 50mg/5ml Oral Solution**

Guaifenesin

#### **INFORMATION FOR THE USER**

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

Always keep this leaflet. You may need to read it again.

Ask your pharmacist if you need more information or advice.

If you get any side effects, talk to your doctor or pharmacist or nurse. This includes any possible side effects note listed in this leaflet. See section 4.

You must talk to a doctor if you do not feel better or if you feel worse after 5 days.

#### **In is in this leaflet**

What Lemsip Chesty Cough 50mg/5ml Oral Solution is and what it is used for

What you need to know before you take Lemsip Chesty Cough 50mg/5ml Oral Solution

How to take Lemsip Chesty Cough 50mg/5ml Oral Solution

Possible side effects

How to store Lemsip Chesty Cough 50mg/5ml Oral Solution

Contents of the pack and other information

#### **1. WHAT LEMSIP CHESTY COUGH 50MG/5ML ORAL SOLUTION IS AND WHAT IT IS USED FOR**

Lemsip Chesty Cough 50mg/5ml Oral Solution contains the active ingredient guaifenesin which is used to treat chesty cough. Guaifenesin is an expectorant which loosens phlegm making it easier to clear from the lungs.

**Lemsip Chesty Cough 50mg/5ml Oral Solution is used for**

- the relief of deep chesty coughs.

#### **2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE LEMSIP CHESTY COUGH 50MG/5ML ORAL SOLUTION**

**Do not take Lemsip Chesty Cough 50mg/5ml Oral Solution if you ARE:**

- Allergic (hypersensitive) to guaifenesin or any of the other ingredients of this medicine (listed in section 6)
- Under the age of 12 years old
- Suffering from porphyria
- Pregnant or breast-feeding unless recommended by healthcare professional

Do not exceed the stated dose. Do not take with any other cough and cold medicine.

#### **Warning and precautions**

**Talk to your doctor or pharmacist or nurse before taking Lemsip Chesty Cough 50mg/5ml Oral Solution if you:**

- Are on a sodium controlled diet
- Are diabetic or intolerant to any sugar
- Have renal impairment
- Are suffering from chronic cough or asthma

It is not recommended for use with a cough suppressant.

#### **Children and adolescents**

Do not give this medicine to children under 12 years of age.

### **Other medicines and Lemsip Chesty Cough 50mg/5ml Oral Solution**

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. The active ingredient in this medicine is guaifenesin and it may interact with paracetamol and increase the rate of absorption of paracetamol.

### **Pregnancy and breast-feeding and fertility**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

### **Interactions**

As guaifenesin may affect the results of some sugars, inform your healthcare professional before having any urinary tests.

### **Lemsip Chesty Cough 50mg/5ml Oral Solution contains**

Contains 3.965 g of sucrose per 5ml. This should be taken into account in patients with diabetes mellitus. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'.

Also contains 8.452 mg of sodium benzoate and trace amounts of benzyl alcohol in each 5 ml. Benzyl alcohol may cause allergic reactions.

## **3. HOW TO TAKE LEMSIP CHESTY COUGH 50MG/5ML ORAL SOLUTION**

Always take this medicine exactly as your doctor or pharmacist or nurse has told you. Check with your doctor or pharmacist or nurse if you are not sure. The product is for short term use only. You should take the lowest dose for the shortest time necessary to relieve your symptoms.

For oral use.

### **Adults and children aged 12 years and older:**

Two to four 5ml spoonfuls (10ml-20ml) per dose.

Dose may be repeated every 4-6 hours up to a maximum of 4 doses in any 24 hours period.

If your symptoms do not improve or any new symptoms occur, consult your doctor or pharmacist.

**If you take more Lemsip Chesty Cough 50mg/5ml Oral Solution that you should,** you may experience headaches, dizziness, vomit (be sick) or feel sick (nauseous). You should seek medical advice in the event of an overdose, even if you feel well.

### **If you forget to take Lemsip Chesty Cough 50mg/5ml Oral Solution**

Simply refer to the directions on how to take the medicine and do not take more than is advised. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

## **4. POSSIBLE SIDE EFFECTS**

Like all medicines Lemsip Chesty Cough 50mg/5ml Oral Solution can cause side effects, although not everybody gets them.

- Stomach discomfort
- Nausea and vomiting

- Allergic reactions

### **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRAs Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517. Website: [www.hpra.ie](http://www.hpra.ie); e-mail: [medsafety@hpra.ie](mailto:medsafety@hpra.ie). By reporting side effects, you can help provide more information on the safety of this medicine.

### **5. HOW TO STORE LEMSIP CHESTY COUGH 50MG/5ML ORAL SOLUTION**

This product does not require any special storage conditions.

#### **Keep this medicine out of the sight and reach of children.**

Do not use this medicine after the expiry date which is stated on the carton and label (EXP). The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### **6. CONTENTS OF THE PACK AND OTHER INFORMATION**

#### **What Lemsip Chesty Cough 50mg/5ml Oral Solution contains**

Each 5ml contains the active ingredient guaifenesin 50mg

The other ingredient(s) are: sucrose, glycerol, tolu flavour solution, sodium benzoate (E211), citric acid anhydrous granular, sodium citrate, lemon oil terpeneless (benzyl alcohol), isopropanol, purified water and sodium cyclamate.

#### **What Lemsip Chest Cough 50mg/5ml Oral Solution looks like and contents of the pack:**

Lemsip Chesty Cough 50mg/5ml Oral Solution is a pale yellow or colourless syrup with a lemon odour and is available in 100ml bottles.

#### **Marketing Authorisation Holder:**

Reckitt Benckiser Ireland Limited, 7 Riverwalk, Citywest Business Campus, Dublin 24, Ireland.  
PA 979/26/1

#### **Manufacturer:**

Reckitt Benckiser Healthcare (UK) Limited, Hull, HU8 7DS, UK and RB NL Brands B.V. Schiphol Blvd 207, 1118 BH, Schiphol, NL

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