## **Patient Information Leaflet**

This information sheet can be provided to patients for future reference.

- Do not touch or scratch the treatment area.
- Do not let anyone else touch the treatment area.
- Do not touch Qutenza or other materials that have come in contact with the treated areas as it may cause burning and stinging. Do not touch your eyes, mouth or other sensitive areas as it may cause irritation and pain. If this happens, flush or rinse with cold water.
- You may notice that you will be less sensitive to heat or sharp pain at the site where Qutenza was applied. This is usually temporary, returning to normal in a few days after your treatment.
- Local side effects at the treatment area, such as redness, itchiness, burning pain or swelling are common and usually disappear in a few days.
- The burning sensation may increase again at night if the treatment area becomes hot.
- Use localised cooling or pain medicines given/recommended to you by your doctor to manage any discomfort.
- For a few days after treatment, avoid hot baths or showers, or vigorous exercise.
- Do not apply local heat on the treatment area (e.g. heating pads or hot water in bags or bottles).
- Rare cases of serious burns have been reported to occur on the skin where
   Qutenza has been applied. If you experience worsening pain, swelling, peeling
   or blistering of skin, seek medical attention immediately.
- You may wish to take this information sheet to your primary care physician for information.

## Reporting of side effects:

If you get any side effects, talk to your doctor. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly (see details below). By reporting side effects you can help provide more information on the safety of this medicine.

Adverse events should be reported to www.hpra.ie

Adverse events should also be reported to Grünenthal Pharma Ltd Tel: +44 (0) 870 351 8960 medicalinformationie@grunenthal.com