

## Package leaflet: information for the user

### Salofalk® 250mg Suppositories Mesalazine (5-aminosalicylic acid)

**Read all of this leaflet carefully before you start using this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### **What is in this leaflet:**

1. What Salofalk 250mg Suppositories are and what they are used for
2. What you need to know before you use Salofalk 250mg Suppositories
3. How to use Salofalk 250mg Suppositories
4. Possible side effects
5. How to store Salofalk 250mg Suppositories
6. Contents of the pack and other information

#### **1. What Salofalk 250mg Suppositories are and what they are used for**

Salofalk 250mg Suppositories contain the active substance mesalazine, an anti-inflammatory agent used to treat inflammatory bowel disease.

Salofalk 250mg Suppositories are used for the treatment of:

Inflammation of the large intestine (colon) and rectum (back passage) known by doctors as ulcerative colitis. It may be used alone or, particularly in the acute phase, with corticosteroids.

#### **2. What you need to know before you use Salofalk 250mg Suppositories**

##### **Do not use Salofalk 250mg Suppositories:**

- If you are allergic to salicylic acid, to salicylates such as acetylsalicylic acid (e.g., aspirin) or to any of the other ingredients of Salofalk 250mg Suppositories (listed in section 6).
- If you have a serious liver or kidney disease.

##### **Warnings and precautions**

##### **Talk to your doctor or pharmacist before using Salofalk 250mg Suppositories**

- If you have a history of problems with your lungs, particularly if you suffer from **bronchial asthma**.
- If you have a history of allergy to sulphasalazine, a substance related to mesalazine.
- If you suffer with problems of your **liver**.
- If you suffer with problems of your **kidney**.
- If you have ever developed a severe skin rash or skin peeling, blistering and/or mouth sores after using mesalazine.

Mesalazine may produce red-brown urine discoloration after contact with sodium hypochlorite bleach in the toilet water. It concerns a chemical reaction between mesalazine and bleach and is harmless.

*Further precautions:*

During treatment your doctor may want to keep you under close medical supervision and you may need to have regular blood and urine tests.

Kidney stones may develop with use of mesalazine. Symptoms may include pain in sides of abdomen and blood in urine. Take care to drink sufficient amount of liquid during treatment with mesalazine.

Serious skin reactions including drug reaction with eosinophilia and systemic symptoms (DRESS), Stevens-Johnson syndrome (SJS), and toxic epidermal necrolysis (TEN) have been reported in association with mesalazine treatment. Stop using mesalazine and seek medical attention immediately if you notice any of the symptoms related to these serious skin reactions described in section 4.

### **Other medicines and Salofalk 250mg Suppositories**

Tell your doctor if you take or use any of the medicines mentioned below as the effects of these medicines may change (interactions):

- **Certain agents that inhibit blood clotting** (medicines for thrombosis or to thin your blood e.g., warfarin).
- **Azathioprine, 6-mercaptopurine or thioguanine** (medicines used to treat immune disorders).

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription. It may still be all right for you to use Salofalk 250mg Suppositories and your doctor will be able to decide what is suitable for you.

### **Pregnancy and breast-feeding**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before using this medicine.

You should only use Salofalk 250mg Suppositories during pregnancy if your doctor tells you to.

You should only use Salofalk 250mg Suppositories during breast-feeding if your doctor tells you to, as this medicine may pass into breast milk.

### **Driving and using machines**

There are no effects on the ability to drive and use machines.

## **3. How to use Salofalk 250mg Suppositories**

Always use this medicine exactly as your doctor has told you.  
Check with your doctor or pharmacist if you are not sure.

### **Dosage:**

#### **Adults and the elderly**

Unless otherwise prescribed by your doctor, the recommended dosage for the treatment of acute episodes of ulcerative colitis is: two suppositories three times a day – morning, noon and evening. In severe cases your doctor may decide to double the dose.

For long term treatment the recommended dose is one suppository three times a day.

#### **Use in children and adolescents**

There is little experience and information about the effect of this medicine when used in children.

### **Method of administration**

This medicine may only be used rectally, so it has to be inserted through the anus. Do NOT take by mouth

### **Duration of treatment**

Your doctor will decide how long you need to continue the treatment with this medicine. This will depend on your condition.

To obtain the maximum benefit from this medicine, you should use Salofalk 250mg Suppositories regularly and consistently, as directed.

If you think your Salofalk 250mg Suppositories are too strong or too weak, talk to your doctor.

**If you use more Salofalk 250mg Suppositories than you should**

Contact a doctor if you are in doubt, so he or she can decide what to do.

If you use too much Salofalk 250mg Suppositories on one occasion, just take your next dose as prescribed. Do not use a smaller amount.

**If you forget to use Salofalk 250mg Suppositories**

Do not use a double dose of Salofalk 250mg Suppositories next time, but continue treatment at the prescribed dosage.

**If you stop using Salofalk 250mg Suppositories**

Do not stop using this medicine until you have talked to your doctor.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

#### 4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

**If you get any of the following symptoms after taking this medicine, you should contact your doctor and stop using Salofalk 250mg Suppositories immediately:**

- **General allergic reactions** such as skin rash, fever, joint pain and/or breathing difficulties or a general inflammation of your large bowel (causing severe diarrhoea and abdominal pain). These reactions are very rare.
  - A marked reduction of your general health, especially if accompanied by fever, and/or a sore throat and mouth. These symptoms can, very rarely, be due to a fall in the number of white cells in your blood, which may make you more prone to developing a serious infection (**agranulocytosis**). Other cells of the blood may also be affected (e.g., platelets or red cells causing **aplastic anaemia or thrombocytopenia**) and cause symptoms which may include unexplained bleeding, purple spots or patches under your skin, anaemia (feeling tired, weak and looking pale, especially on lips and nails). A blood test can confirm whether your symptoms are due to an effect of this medicine on your blood. These reactions are very rare.
  - **Serious skin rashes** with reddish non-elevated, target-like or circular patches on the trunk, often with central blisters, skin peeling, ulcers of mouth, throat, nose, genitals and eyes, widespread rash, fever and enlarged lymph nodes. These can be preceded by fever and flu-like symptoms. These reactions occur in an unknown number of patients (frequency not known).
  - Shortness of breath, chest pain or irregular heartbeat, or swollen limbs which may be indicative of **cardiac hypersensitivity reactions**. These reactions are rare.
- Problems with your kidney function** (can occur very rarely), e.g., a change in the colour or amount of urine produced and swollen limbs or a sudden flank pain (caused by a kidney stone) (occur in an unknown number of patients (frequency not known))

The following side effects have also been reported by patients using mesalazine:

**Common: may affect up to 1 in 10 patients**

- Rash, itching

**Rare side effects** (that affect less than 1 in 1,000 patients)

- Abdominal pain, diarrhoea, wind (flatulence) nausea and vomiting, constipation
- Headache, dizziness
- Increased sensitivity of your skin to sun and ultraviolet light (photosensitivity)

**Very rare side effects** (that affect less than 1 in 10,000 patients)

- Severe abdominal pain because of acute inflammation of the pancreas
- Shortness of breath, cough, wheezing, lung shadow on x-ray due to allergic and/or inflammatory lung conditions
- Muscle and joint pain
- Jaundice or abdominal pain because of liver or bile flow disorders
- Hair loss and the development of baldness
- Numbness and tingling in the hands and feet (peripheral neuropathy)
- Reversible decrease in semen production

**Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly as follows:

HPRA Pharmacovigilance  
Website: [www.hpra.ie](http://www.hpra.ie)

By reporting side effects you can help provide more information on the safety of this medicine.

**5. How to store Salofalk 250mg Suppositories**

- Keep this medicine out of the sight and reach of children.
- Do not use the suppositories after the expiry date, which is stated on the blister strips and carton. The expiry date refers to the last day of that month.
- Do not store above 25°C.
- Keep in the original package in order to protect from light.

Do not throw away medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

**6. Contents of the pack and other information****What Salofalk 250mg Suppositories contain**

The active substance is mesalazine and one suppository contains 250mg of mesalazine.

**The other ingredient is:**

Hard fat

**What Salofalk 250mg Suppositories look like and contents of the pack**

The suppository is white to creamy coloured.

Each box of Salofalk 250mg Suppositories contains 10 or 30 suppositories.  
Not all pack sizes may be marketed.

**Marketing Authorisation Holder and Manufacturer**

Dr. Falk Pharma GmbH, Leinenweberstr. 5, 79108 Freiburg, Germany.

**This leaflet was last revised in September 2023.**