

Valproate ▼ (Epilim)

Contraception and Pregnancy Prevention: Important information to know*

- Valproate is an effective medicine for epilepsy and bipolar disorder.
- Valproate can seriously harm an unborn baby when taken during pregnancy.
- Always use effective contraception without interruption during the entire duration of treatment with valproate.
- It is important to visit your specialist at least once each year.

▼ This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you may get. See www.hpra.ie for how to report side effects.

**This applies to all girls and women using valproate and who could become pregnant.
Keep this card safe so you always know what to do.*

Valproate ▼ (Epilim) Contraception and Pregnancy Prevention

What you must do*

- Read the package leaflet carefully before use.
- Never stop taking valproate unless your doctor tells you to as your condition may become worse.
- If you are thinking about having a baby, do not stop using valproate and contraception before you have talked to your doctor.
- If you think you are pregnant: Schedule an urgent appointment with your doctor.
- Ask your doctor or pharmacist to give you the Patient Guide for the valproate Pregnancy Prevention Programme.

prevent
valproate pregnancy
prevention programme

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