

Bausch & Lomb

## **Minims® Saline 0.9% w/v**

**Eye Drops, Solution  
Sodium Chloride**

Read all this leaflet carefully before you start using your medicine. It contains a summary of the information available on your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist. Remember this medicine is for you. Do not give it to someone else.

### **In this leaflet:**

1. What Minims® Saline eye drops are and what they are used for
2. Before you use your eye drops
3. How to use your eye drops
4. Possible side effects
5. How to store your eye drops
6. Further information

#### **1. What Minims® Saline eye drops are and what they are used for**

Minims® Saline contains a salt solution. It is used to irrigate (wash out) the eyes. Minims® Saline is indicated for children, adults and the elderly.

#### **2. Before you use your eye drops**

There are no special precautions which should be taken before using this product.

#### **If you are pregnant, may be pregnant, or are breastfeeding**

You can use Minims® Saline as it will not harm your baby, and it is safe to use during breastfeeding.

#### **Driving and using machines**

As with all eye drops, your vision may be blurred after putting the drops in. Wait until your vision is clear before driving or using machines.

#### **3. How to use your eye drops**

The drops are for single use only and provided in single use Minims units, to treat both eyes if necessary. Once opened, use immediately. Discard any unused portion.

#### **Dosage**

The amount of solution used should be enough to irrigate the eye properly.

#### **Method of administration**

If you are putting the eye drops in yourself, then follow these instructions carefully:

1. Wash your hands.
2. Use a mirror, this will help you to see what you are doing.
3. Twist off the cap from the Minims body of the unit.
4. Pull your lower eyelid down gently, and then gently squeeze until some liquid falls inside your lower eyelid. Make sure the dropper does not touch any parts of your eye.
5. Close the eyelids.
6. Repeat steps 4 and 5 for the other eye if necessary, then throw away the Minims unit even if some solution remains.

**If you forget to use Minims® Saline**, you should take the missed dose as soon as you remember, unless it is nearly time for the next dose, but you should not take a double dose to make up for a missed dose.

#### **4. Possible side effects**

No side effects are expected to occur following the use of these eye drops.

If you notice any side effects whilst using this medicine, please tell your doctor or pharmacist.

#### **5. How to store your eye drops**

Keep out of the reach and sight of children.

Do not use the eye drops after the expiry date which is stated on the overwrap of each unit and on the carton after the letters "EXP". The expiry date refers to the last day of that month.

Do not store above 25°C. Do not freeze. Store in the original package to protect from light.

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Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## **6. Further information**

### **What do your eye drops contain**

The active ingredient is sodium chloride. Each unit contains approximately 0.5 ml eye drops solution of sodium chloride 0.9% w/v (4.5 mg).

The other ingredient is purified water.

This medicine does not contain a preservative as it is a sterile single use unit.

### **Contents of the pack**

Each carton contains 20 units.

### **Marketing Authorisation Holder**

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PL 03468/0081 (UK); PA23259/021/001 (Ireland)

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