

Summary of Product Characteristics

1 NAME OF THE MEDICINAL PRODUCT

Beclazone 200 micrograms Easi-Breathe CFC-Free Inhaler, Pressurised Inhalation Solution

2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each metered dose contains 200 micrograms beclometasone dipropionate.

Excipient with known effect:

Each metered dose contains 5.13 mg alcohol (ethanol).

For a full list of excipients, see section 6.1.

3 PHARMACEUTICAL FORM

Pressurised inhalation, Solution.

The product is a colourless solution which is to be administered by inhalation using an appropriate delivery device (breath operated inhaler) in which it is supplied.

4 CLINICAL PARTICULARS

4.1 Therapeutic Indications

Beclometasone dipropionate inhaler is indicated for those asthmatic patients who have been shown to require high doses of beclometasone dipropionate to control their symptoms. It may also be indicated for those patients whose asthma is no longer controlled by maximum maintenance doses of bronchodilators and lower doses of BDP. Some patients with severe asthma require oral corticosteroid therapy in addition to Beclometasone dipropionate (BDP) for the adequate control of their symptoms. Many of these patients may, on transfer to Beclazone 200 Easi-Breathe CFC-Free Inhaler, be able to reduce significantly, or eliminate their requirement for additional oral corticosteroids.

Adults:

Prophylactic management in:

Mild asthma (PEF values greater than 80% predicted at baseline with less than 20% variability):

Patients requiring intermittent symptomatic bronchodilator asthma medication on more than an occasional basis.

Moderate asthma (PEF values 60 - 80% predicted at baseline with 20 - 30% variability):

Patients requiring regular asthma medication and patients with unstable or worsening asthma on other prophylactic therapy or bronchodilator alone.

Severe asthma (PEF values less than 60% predicted at baseline with greater than 30% variability):

Patients with severe chronic asthma.

4.2 Posology and method of administration

The preparation is intended for oral inhalation only. Patients should be made aware of the prophylactic nature of therapy with inhaled beclometasone dipropionate and that it should be taken regularly even when they are asymptomatic. The initial dose of inhaled beclometasone dipropionate should be appropriate to the severity of the disease.

The dose should be titrated to the lowest dose at which effective control of asthma is maintained.

If patients find that short-acting relief bronchodilator treatment becomes less effective or they need more inhalations than usual, medical attention must be sought.

Adults:

The dose range is from 50 mcg twice daily to 500 mcg twice daily (maximum daily dose 1000 mcg) depending on the patient's asthma severity.

The maintenance dose is normally 200-400 mcg per day in divided doses. If necessary, higher doses up to 1000 mcg daily in divided doses may be used.

Beclazone 200 micrograms Easi-Breathe CFC-Free Inhalers is not indicated for children.

When asthma symptoms remain under satisfactory control the dose may be gradually reduced to the minimum effective dose to maintain symptom control.

The therapeutic effect occurs after a few days' treatment and reaches its maximum after 2-3 weeks.

When transferring a patient to Beclazone Easi-Breathe CFC-Free inhaler from other inhaler devices switch at same dose and titrate individually if necessary.

This inhaler may be used with/without an Optimiser.

Special patient groups:

There is no need to adjust the dose in older people or in those with hepatic or renal impairment.

Route of administration:

For inhalation use.

4.3 Contraindications

Hypersensitivity to beclometasone dipropionate or to any of the excipients listed in section 6.1.

4.4 Special warnings and precautions for use

The management of asthma should follow a stepwise program, and patient response should be monitored clinically and by lung function tests.

Increasing use of bronchodilators, in particular short-acting inhaled β_2 -agonists, to relieve symptoms indicates deterioration of asthma control. Under these conditions, the patient's therapy plan should be reassessed.

Sudden and progressive deterioration in asthma control is potentially life-threatening and consideration should be given to increasing corticosteroid dosage. In patients considered at risk, daily flow monitoring may be instituted.

Beclometasone dipropionate inhaler is not intended for the treatment of acute asthma attack but for routine long-term management. Patients will require a fast- and short-acting inhaled bronchodilator to relieve acute asthmatic symptoms.

Lack of response or severe exacerbations of asthma should be treated by increasing the dose of inhaled beclometasone dipropionate and, if necessary, by giving a systemic steroid and/or an antibiotic if there is an infection.

Treatment with Beclazone 200 micrograms Easi-Breathe CFC-Free Inhaler should not be stopped abruptly.

Steroid-dependent patients: The transfer of steroid-dependent patients to beclometasone dipropionate inhaler, and their subsequent management, needs special care mainly because recovery from impaired adrenocortical function, caused by prolonged systemic steroid therapy, is slow. The patient should be in a reasonably stable state before being given beclometasone dipropionate inhaler in addition to his usual maintenance dose of systemic steroid. After about a week, gradual withdrawal of the systemic steroid is started by reducing the daily dose by 1mg prednisolone, or its equivalent of other

corticosteroids, at not less than weekly intervals. Patients treated with systemic steroids for long periods of time or who have received high doses may have adrenocortical suppression. With these patients adrenocortical function should be monitored regularly and their dose of systemic steroid reduced cautiously. Some patients feel unwell (i.e. headache, nausea, articular or muscular discomfort) during the withdrawal phase despite maintenance or even improvement of respiratory function. They should be encouraged to persevere with the inhaler and withdrawal of systemic steroid continued unless there are objective signs of adrenal insufficiency. Spirometric and clinical assessments should be provided while reducing oral corticotherapy.

Most patients can be successfully transferred to beclometasone dipropionate inhaler with maintenance of good respiratory function, but special care is necessary for the first months after the transfer until the pituitary-adrenal system has sufficiently recovered to enable the patient to cope with emergencies such as trauma, surgery or infections.

Transferred patients whose adrenocortical function is impaired should carry a warning card indicating that they need supplementary systemic steroid during periods of stress or elective surgery.

They should also be given a supply of oral steroid to use in emergency, for example when the asthma worsens as a result of a chest infection. The dose of beclometasone dipropionate inhaler should be increased at this time and then reduced to the maintenance level after the systemic steroid has been discontinued.

Patients with high blood levels of *Candida precipitins*, indicating a previous infection, are more likely to develop candidiasis of the mouth and throat (thrush), (see section 4.8 "Undesirable Effects"). All patients may find it helpful to rinse their mouth with water after using the inhaler.

Paradoxical bronchospasm may occur with an immediate increase in wheezing after dosing. This should be treated immediately with a fast-acting inhaled bronchodilator. If such does appear, use should cease and alternative therapy introduced.

Replacement of systemic steroid treatment with beclometasone dipropionate inhaler sometimes unmasks allergies such as allergic rhinitis or eczema previously controlled by the systemic drug. These allergies should be symptomatically treated with antihistamine and/or topical preparations.

Patients should be instructed in the proper use of the inhaler to ensure that the drug reaches the target areas within the lungs. Actuation of the aerosol should be synchronised with inspiration. They should also be made aware that beclometasone dipropionate inhaler has to be used regularly for optimum benefit even when they are asymptomatic. Patients being treated with beclometasone dipropionate 50 or 100 Inhaler CFC may be transferred directly to treatment with Beclazone 200 Easi-Breathe CFC-Free Inhaler (at the same total daily dose up to a maximum of 1000 mcg). In the majority of patients, no significant effects on plasma or urinary free cortisol occur until doses of 1,000 micrograms per day are exceeded. Some patients receiving 2,000 micrograms of beclometasone dipropionate CFC-Free per day have shown reduced plasma or urinary free cortisol although short-term adrenal reserve remains intact. In any patients the risk of developing adrenal suppression should be balanced against the therapeutic advantages and precautions should be taken to provide systemic steroid cover in situation of prolonged stress.

Particular care should be taken to minimise the use of topical corticosteroids in patients with immunosuppression.

Particular care is required in patients with a history of, or existent tuberculosis.

Special care is needed in patients with viral, bacterial, and fungal infections of the eye or the mouth or respiratory tract. In case of bacterial infection of the respiratory tract an adequate antibiotic co-medication may be required.

Systemic effects of inhaled corticosteroids may occur, particularly at high doses prescribed for prolonged periods. The effects are much less likely to occur than with oral corticosteroids. Possible systemic effects include Cushing's syndrome, Cushingoid features, adrenal suppression, growth retardation in children and adolescents, decrease in bone mineral density, cataract, glaucoma, blurred vision, and more rarely, a range of psychological or behavioural effects including psychomotor hyperactivity, sleep disorders, anxiety, depression or aggression (particularly in children). It is important, therefore that the dose of inhaled corticosteroid is titrated to the lowest dose at which effective control of asthma is maintained (see section 4.8).

It is recommended that the height of children receiving prolonged treatment with inhaled corticosteroids is regularly monitored. If growth is slowed, therapy should be reviewed with the aim of reducing the dose of inhaled corticosteroid if possible, to the lowest dose at which effective control of asthma is maintained. In addition, consideration should be given to referring the patient to a paediatric respiratory specialist.

Certain individuals can show greater susceptibility to the effects of inhaled corticosteroid than do most patients.

Prolonged treatment with high doses of inhaled corticosteroids, particularly higher than the recommended dose, may result in clinically significant adrenal suppression. Additional systemic corticosteroid cover should be considered during periods of stress or elective surgery.

Visual disturbance

Visual disturbance may be reported with systemic and topical corticosteroid use. If a patient presents with symptoms such as blurred vision or other visual disturbances, the patient should be considered for referral to an ophthalmologist for evaluation of possible causes which may include cataract, glaucoma or rare diseases such as central serous chorioretinopathy (CSCR) which have been reported after use of systemic and topical corticosteroids.

Excipient(s)

Ethanol

The small amount of alcohol in this medicine will not have any noticeable effects.

4.5 Interaction with other medicinal products and other forms of interactions

Concurrent administration of barbiturates, phenytoin or rifampicin may enhance the metabolism and reduce the effects of oral corticosteroids. Response to anti-coagulants may be reduced and, on some occasions enhanced, by oral corticosteroids. Concurrent administration of oral corticosteroids or the potassium-depleting diuretics such as thiazides or frusemide may cause excessive potassium loss. No known interactions have been reported for inhaled beclometasone dipropionate.

Beclometasone is less dependent on CYP3A metabolism than some other corticosteroids, and in general interactions are unlikely; however the possibility of systemic effects with concomitant use of strong CYP3A inhibitors (e.g. ritonavir, cobicistat) cannot be excluded, and therefore caution and appropriate monitoring is advised with the use of such agents.

Beclazone 200 micrograms Easi-Breathe CFC-Free Inhaler contains a small amount of ethanol. There is a theoretical potential for interaction in particularly sensitive patients taking disulfiram or metronidazole.

4.6 Fertility, pregnancy and lactation

Pregnancy

No specific studies have been performed examining the safety in human pregnancy and lactation for BDP HFA. Beclometasone inhalation may be associated with intrauterine growth retardation in humans. Studies in animals have shown reproductive toxicity (see section 5.3). The use of beclometasone in pregnancy requires that the possible benefits of the drug be weighed against the possible hazards.

Breast-feeding

No specific studies have been performed examining the safety in human lactation for BDP HFA. The transfer of beclometasone into milk has not been examined. It is reasonable to assume that beclometasone is excreted in milk but at the doses used for inhalation there is low potential for significant levels in breast milk. Beclometasone dipropionate should only be used in a nursing mother if the expected benefit justifies the risk to the newborn/infant.

4.7 Effects on ability to drive and use machines

Beclazone 200 micograms Easi-Breathe CFC-Free inhaler has no influence on the ability to drive and use machines.

4.8 Undesirable effects

Very common ($\geq 1/10$)
Common ($\geq 1/100$ to $< 1/10$)
Uncommon ($\geq 1/1,000$ to $< 1/100$)

Rare ($\geq 1/10,000$ to $< 1/1,000$)
Very rare ($< 1/10,000$)
Not known (cannot be estimated from the available data)

<i>Infections and infestations</i> Very common	Candidiasis in mouth and throat
<i>Immune system disorders</i> Very rare	Angioedema, respiratory symptoms (dyspnoea and/or bronchospasm) and anaphylactoid/anaphylactic reactions
<i>Endocrine disorders</i> Very rare	Cushing's syndrome, Cushingoid features, Adrenal suppression (systemic effect) Growth retardation in children and adolescents
<i>Eye disorders</i> Uncommon Very rare Not known	Blurred vision (see also section 4.4) Cataract, glaucoma (systemic effect) Central serous retinopathy
<i>Respiratory, thoracic and mediastinal disorders</i> Common Rare	Hoarseness and throat irritation Paradoxical bronchospasm
<i>Skin and subcutaneous tissue disorders</i> Uncommon	Urticaria, rash, pruritus, erythema
<i>Musculoskeletal and connective tissue disorders</i> Very rare	Decreased bone mineral density (systemic effect).
<i>Psychiatric disorders</i> Not known	Psychomotor hyperactivity, sleep disorders, anxiety, depression, aggression, behavioural changes (predominantly in children)

As with other inhalation therapy, paradoxical bronchospasm may occur with an immediate increase in wheezing after dosing. This should be treated immediately with a fast-acting inhaled bronchodilator. Beclazone 200 micrograms Easi-Breathe CFC-Free Inhaler should be discontinued immediately, the patient assessed, and if necessary alternative therapy instituted.

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via HPRA Pharmacovigilance, Website: www.hpra.ie.

4.9 Overdose

The acute toxicity of beclometasone dipropionate is low. The only harmful effect that follows inhalation of large amounts of the drug over a short period is suppression of hypothalamic-pituitary-adrenal (HPA) function. No special emergency action need be taken. Treatment with beclometasone dipropionate inhaler should be continued at the recommended dose to control the asthma; HPA function recovers in a day or two.

In the unlikely event of grossly excessive intake of beclometasone dipropionate for weeks or months on end, a degree of adrenocortical atrophy could occur in addition to suppression of HPA function. The patient should be treated as steroid-dependent and transferred to a suitable maintenance dose of a systemic steroid such as prednisolone. Once the patient's condition has stabilised he should be transferred to Beclazone 200 microgram Easi-Breathe CFC-Free Inhaler by the method described above (see section 4.4).

5 PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic Group: Anti-asthmatics, Inhalants Glucocorticoids
ATC Code: R03B A01

Beclometasone dipropionate given by inhalation has a glucocorticoid anti-inflammatory action within the lungs. The exact mechanism responsible for this anti-inflammatory effect is unknown.

5.2 Pharmacokinetic properties

Beclometasone dipropionate is readily absorbed after oral inhalation. About 25% of an inhaled dose reaches the lungs. The drug and its metabolites are excreted chiefly in the faeces via biliary elimination, and to a lesser extent in the urine.

5.3 Preclinical safety data

Preclinical studies in rats and dogs with beclometasone dipropionate formulated in Norflurane propellant have shown dose related typical signs of glucocorticoid excess.

Beclometasone dipropionate is non-genotoxic. No evidence of carcinogenicity was observed in a 95-week study of rats.

Studies in animals with beclometasone and other corticosteroids have shown foetal abnormalities (cleft palate) and embryoletality at high doses and growth retardation and functional deficiencies (adrenal suppression, increased risk of cardiovascular disease) at lower doses.

6 PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Ethanol anhydrous 99.5%
Norflurane (HFA 134a)

6.2 Incompatibilities

Not applicable.

6.3 Shelf life

3 years.

6.4 Special precautions for storage

Do not store above 25°C. Do not refrigerate or freeze.

The canister contains a pressurised liquid. Do not expose to temperatures higher than 50°C. Do not pierce the canister.

6.5 Nature and contents of container

Pressurised container fitted with a metering valve and a breath-operated actuator.

The can is of 19 ml nominal capacity manufactured from aluminium with either a debossed or a plain base. The can opening is configured to accept 20 mm valves. Each pack contains a single inhaler which supplies a minimum of 200 actuations.

Each pack contains an inhaler with or without an inhalation aid called an "Optimiser".

6.6 Special precautions for disposal

Patients should be properly instructed in the correct use of the inhaler. Instructions for use are included on the Patient Information Leaflet supplied with each Inhaler.

The canister is pressurised; it must not be burnt, punctured or broken even when apparently empty.

Medicines no longer required should not be disposed of via wastewater or the municipal sewage system. Return them to your pharmacy or ask your pharmacist how to dispose of them in accordance with the national regulations. These measures will help protect the environment.

7 MARKETING AUTHORISATION HOLDER

Norton Waterford
T/A IVAX Pharmaceuticals Ireland
Unit 301
IDA Industrial Park
Cork Road, Waterford
Ireland

8 MARKETING AUTHORISATION NUMBER

PA0436/021/015

9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

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10 DATE OF REVISION OF THE TEXT

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