

# Summary of Product Characteristics

## 1 NAME OF THE MEDICINAL PRODUCT

Carvedilol Krka 25 mg Tablets

## 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

One tablet contains 25 mg carvedilol.

Excipients: Each tablet contains 85 mg lactose monohydrate and 60 mg sucrose.

For a full list of excipients, see section 6.1

## 3 PHARMACEUTICAL FORM

Tablets.

Appearance:

Round, slightly biconvex, white bevel edged tablet scored on one side.  
The tablet can be divided into two equal halves.

## 4 CLINICAL PARTICULARS

### 4.1 Therapeutic indications

Adjunctive therapy for the treatment of symptomatic congestive heart failure to reduce morbidity and increase patient well-being.

Treatment of hypertension.

Long-term management of stable angina pectoris.

### 4.2 Posology and method of administration

Posology

#### ***Symptomatic congestive heart failure***

The dosage must be titrated to individual requirements and patients' clinical status should be monitored for 2 - 3 hours after initiation and any dose increase during up-titration. For those patients receiving diuretics and/or digoxin and/or ACE inhibitors, dosing of these other drugs should be stabilised prior to initiation of Carvedilol Krka treatment.

#### ***Adults***

The recommended dose for the initiation of therapy is 3.125 mg twice a day for two weeks. If this dose is tolerated, the dosage should be increased subsequently, at intervals of not less than two weeks, to 6.25 mg twice daily, followed by 12.5 mg twice daily and thereafter 25 mg twice daily. Dosing should be increased to the highest level tolerated by the patient. The recommended maximum daily dose is 25 mg given twice daily in all patients with severe congestive heart failure (CHF) and for patients with mild to moderate CHF weighing less than 85 kg (187 lbs) and 50 mg twice daily in patients with mild or moderate CHF weighing more than 85 kg. During up-titration of the dose in patients with systolic blood pressure < 100 mmHg, deterioration of renal and/or cardiac functions may occur. Therefore, before each dose increase, these patients should be evaluated by the physician for renal function and symptoms of worsening heart failure or vasodilation. Transient worsening of heart failure, vasodilation or fluid retention may be treated by adjusting doses of diuretics or ACE inhibitors or by modifying or temporarily discontinuing Carvedilol Krka treatment. Under these circumstances, the dose of Carvedilol Krka should not be increased until symptoms of worsening heart failure or vasodilation have been stabilised.

If Carvedilol Krka is discontinued for more than two weeks, therapy should be recommenced at 3.125 mg twice daily and uptitrated in line with the above dosing recommendation.

**Elderly**

As for adults.

**Children**

Safety and efficacy in children and adolescents (under 18 years) has not been established (see section 5.1).

**Hypertension**

Once daily dosing is recommended.

**Adults**

The recommended dose for initiation of therapy is 12.5 mg once a day for the first two days. Thereafter the recommended dosage is 25 mg once a day. Although this is an adequate dose in most patients, if necessary the dose may be titrated up to a recommended daily maximum dose of 50 mg given once a day or in divided doses. Dose titration should occur at intervals of at least two weeks.

**Elderly**

An initial dose of 12.5 mg daily is recommended. This has provided satisfactory control in some cases. If the response is inadequate the dose may be titrated up to the recommended daily maximum dose of 50 mg given once a day or in divided doses.

**Children**

Safety and efficacy in children and adolescents (under 18 years) has not been established (see section 5.1).

**Angina****Adults**

The recommended dose for initiation of therapy is 12.5 mg twice a day for the first two days. Thereafter, the recommended dosage is 25 mg twice a day. If necessary, the dose may be titrated up to 50 mg twice a day. Dose titration should occur at intervals of at least two weeks.

**Elderly**

The recommended maximum daily dose is 50 mg given in divided doses.

**Children**

Safety and efficacy in children and adolescents (under 18 years) has not been established (see section 5.1).

**Patients with co-existing hepatic disease**

Carvedilol Krka is contra-indicated in patients with hepatic dysfunction (see sections 4.3 and 5.2).

**Patients with co-existing renal dysfunction**

Pharmacokinetic data and clinical studies in patients with renal impairment (including renal failure) suggest no dose adjustment is needed in moderate to severe renal impairment (see section 4.4 and 5.2).

Method of administration

The tablets should be taken with fluid. For CHF patients Carvedilol Krka should be given with food to slow the rate of absorption and reduce the incidence of orthostatic effects.

**4.3 Contraindications**

Carvedilol Krka is contra-indicated in patients with:

- hypersensitivity to carvedilol or to any of the excipients listed in section 6.1,
- unstable/decompensated heart failure requiring intravenous inotropic support,
- clinically manifest liver dysfunction, *As with other beta-blocking agents:*
- history of bronchospasm or asthma,
- 2<sup>nd</sup> and 3<sup>rd</sup> degree atrioventricular A-V heart block (unless a permanent pacemaker is in place),
- severe bradycardia (<50 bpm),

- cardiogenic shock,
- sick sinus syndrome (including sino-atrial block),
- severe hypotension (systolic blood < 85 mmHg).

#### 4.4 Special warnings and precautions for use

##### *Chronic Congestive Heart Failure*

In congestive heart failure patients, worsening cardiac failure or fluid retention may occur during up-titration of carvedilol. If such symptoms occur, diuretic should be increased and the carvedilol dose should not be further increased until clinical stability resumes. Occasionally, it may be necessary to lower the carvedilol dose or, in rare cases, temporarily discontinue it. Such episodes do not preclude subsequent successful up-titration of carvedilol.

Carvedilol Krka should be used with caution in combination with digitalis glycosides, as both drugs slow AV conduction.

##### *Left ventricular dysfunction following acute myocardial infarction*

Before treatment with carvedilol is initiated the patient must be clinically stable and should have received an ACE inhibitor for at least the preceding 48 hours, and the dose of the ACE inhibitor should have been stable for at least the preceding 24 hours.

##### *Diabetes*

Care should be taken in the administration of Carvedilol Krka to patients with diabetes mellitus, as it may be associated with worsening control of blood glucose, or the early signs and symptoms of acute hypoglycaemia may be masked or attenuated. Alternatives to beta-blocking agents are generally preferred in insulin-dependent patients. Therefore, regular monitoring of blood glucose is required in diabetics when Carvedilol Krka is initiated or up-titrated and hypoglycaemic therapy adjusted accordingly (see section 4.5).

##### *Renal function in congestive heart failure*

Reversible deterioration of renal function has been observed with Carvedilol Krka therapy in chronic heart failure patients with low blood pressure (systolic BP < 100 mmHg), ischaemic heart disease and diffuse vascular disease, and/or underlying renal insufficiency. In CHF patients with these risk factors, renal function should be monitored during up-titration of Carvedilol Krka and the drug discontinued or dosage reduced if worsening of renal failure occurs.

##### *Contact lenses*

Wearers of contact lenses should be advised of the possibility of reduced lacrimation.

##### *Withdrawal syndrome*

Carvedilol treatment should not be discontinued abruptly, particularly in patients suffering from ischaemic heart disease. The withdrawal of Carvedilol Krka should be gradual (over a period of two weeks).

##### *Lactose*

This medicinal product contains lactose. Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicine.

##### *Sucrose*

This medicinal product contains sucrose. Patients with rare hereditary problems of fructose intolerance, glucosegalactose malabsorption or sucrose-isomaltase insufficiency should not take this medicine.

##### *Peripheral vascular disease and Raynaud's phenomenon*

Carvedilol Krka should be used with caution in patients with peripheral vascular disease (e.g. Raynaud's phenomenon). Pure beta-blockers can precipitate or aggravate symptoms of arterial insufficiency. However, as Carvedilol Krka also has alpha-blocking properties, this effect is largely counterbalanced.

##### *Thyrotoxicosis*

Carvedilol Krka, as with other agents with beta-blocking activity, may mask/obscure the symptoms of thyrotoxicosis.

##### *Bradycardia*

If Carvedilol Krka induces bradycardia, with a decrease in pulse rate to less than 55 beats per minute, the dosage of Carvedilol Krka should be reduced.

##### *Hypersensitivity*

Care should be taken in administering Carvedilol Krka to patients with a history of serious hypersensitivity reactions and in patients undergoing desensitisation therapy as beta-blockers may increase both the sensitivity towards allergens and the severity of hypersensitivity reactions.

#### Severe cutaneous adverse reactions (SCARs)

Very rare cases of severe cutaneous adverse reactions such as toxic epidermal necrolysis (TEN) and Stevens-Johnson syndrome (SJS) have been reported during treatment with carvedilol (see section 4.8). Carvedilol should be permanently discontinued in patients who experience severe cutaneous adverse reactions possibly attributable to carvedilol.

#### *Psoriasis*

Patients with a history of psoriasis associated with beta-blocker therapy should be given Carvedilol Krka only after consideration of the risk-benefit ratio.

#### Interactions with other medicinal products

There are a number of important pharmacokinetic and pharmacodynamic interactions with other drugs (e.g., digoxin, ciclosporin, rifampicin, anaesthetic drugs, anti-arrhythmic drug. See section 4.5).

#### *Pheochromocytoma*

In patients with phaeochromocytoma, an alpha-blocking agent should be initiated prior to the use of any beta-blocking agent. Although Carvedilol Krka has both  $\alpha$  and  $\beta$ -blocking pharmacological activities, there is no experience of the use of carvedilol in this condition. Therefore, caution should be taken in the administration of Carvedilol Krka to patients suspected of having phaeochromocytoma.

#### *Prinzmetal's variant angina*

Agents with non-selective beta-blocking activity may provoke chest pain in patients with Prinzmetal's variant angina. There is no clinical experience with Carvedilol Krka in these patients, although the alpha-blocking activity of Carvedilol Krka may prevent such symptoms. However, caution should be taken in the administration of Carvedilol Krka to patients suspected of having Prinzmetal's variant angina.

#### *Chronic obstructive pulmonary disease*

Carvedilol should be used with caution, in patients with chronic obstructive pulmonary disease (COPD) with a bronchospastic component who are not receiving oral or inhaled medication, and only if the potential benefit outweighs the potential risk. In patients with a tendency to bronchospastic reactions, respiratory distress can occur as a result of a possible increase in airway resistance. Patients should be closely monitored during initiation and up-titration of carvedilol and the dose of carvedilol should be reduced if any evidence of bronchospasm is observed during treatment.

## **4.5 Interaction with other medicinal products and other forms of interaction**

### ***Pharmacokinetic interactions***

#### Effects of carvedilol on the pharmacokinetics of other drugs

Carvedilol is a substrate as well as an inhibitor of P-glycoprotein. Therefore the bioavailability of drugs transported by P-glycoprotein may be increased with concomitant administration of carvedilol. In addition, the bioavailability of carvedilol can be modified by inducers or inhibitors of P-glycoprotein.

*Digoxin:* An increased exposure of digoxin of up to 20% has been shown in some studies in healthy subjects and patients with heart failure. A significantly larger effect has been seen in male patients compared to female patients. Therefore monitoring of digoxin levels is recommended when initiating, adjusting or discontinuing carvedilol (see section 4.4). Carvedilol had no effect on digoxin administered intravenously.

*Cyclosporin and tacrolimus:* Two studies in renal and cardiac transplant patients receiving oral cyclosporin have shown an increase in cyclosporin plasma concentrations following initiation of carvedilol treatment. It appears that carvedilol increases exposure to oral cyclosporin by around 10 to 20%. In an attempt to maintain therapeutic cyclosporin levels, an average 10-20% reduction of the cyclosporin dose was necessary. The mechanism for the interaction is not known but inhibition of intestinal P-glycoprotein by carvedilol may be involved. Due to wide interindividual variability in the dose adjustment required, it is recommended that cyclosporin concentrations be monitored closely after initiation of carvedilol therapy and that the dose of cyclosporin be adjusted as appropriate. In case of IV administration of cyclosporin, no interaction with carvedilol is expected.

Furthermore, there is evidence that CYP3A4 is involved in the metabolism of carvedilol. As tacrolimus is a substrate of P-glycoprotein and CYP3A4, its pharmacokinetics may also be affected by carvedilol through these interaction mechanisms.

#### Effects of other drugs on the pharmacokinetics of carvedilol

Inhibitors as well as inducers of CYP2D6 and CYP2C9 can modify the systemic and/or presystemic metabolism of carvedilol stereoselectively, leading to increased or decreased plasma concentrations of R and S-carvedilol. Some examples observed in patients or in healthy subjects are listed below but the list is not exhaustive.

*Rifampicin:* In a study in 12 healthy subjects, exposure to carvedilol decreased by around 60% during concomitant administration with rifampicin and a decrease effect of carvedilol on the systolic blood pressure was observed. The mechanism for the interaction is not known but it may be due to the induction of the intestinal P glycoprotein by rifampicin. A close monitoring of the beta-blockade activity in patients receiving concomitant administration of carvedilol and rifampicin is appropriate.

*Amiodarone:* An in vitro study with human liver microsomes has shown that amiodarone and desethylamiodarone inhibited the oxidation of R and S-carvedilol. The trough concentration of R and S-carvedilol was significantly increased by 2.2-fold in heart failure patients receiving carvedilol and amiodarone concomitantly as compared to patients receiving carvedilol monotherapy. The effect on S-carvedilol was attributed to desethylamiodarone, a metabolite of amiodarone, which is a strong inhibitor of CYP2C9. A monitoring of the b-blockade activity in patients treated with the combination carvedilol and amiodarone is advised.

*Fluoxetine and paroxetine:* In a randomized, cross-over study in 10 patients with heart failure, co-administration of fluoxetine, a strong inhibitor of CYP2D6, resulted in stereoselective inhibition of carvedilol metabolism with a 77% increase in mean R(+) enantiomer's AUC, and a non-statistically 35% increase of the S(-) enantiomer's AUC as compared to the placebo group. However, no differences in adverse events, blood pressure or heart rate were noted between treatment groups. The effect of single dose paroxetine, a strong CYP2D6 inhibitor, on carvedilol pharmacokinetics was investigated in 12 healthy subjects following single oral administration. Despite significant increase in R and S-carvedilol exposure, no clinical effects were observed in these healthy subjects.

*Alcohol:* Alcohol intake is shown to have acute hypotensive effects which may augment the blood pressure reduction caused by carvedilol. As carvedilol is soluble in ethanol, the presence of alcohol could affect the rate and/or extent of intestinal absorption of carvedilol. Also, carvedilol is partly metabolized by CYP2E1, an enzyme known to be induced and inhibited by alcohol.

*Grapefruit juice:* Consumption of a single dose of 300 ml grapefruit juice results in a 1.2-fold increase of the AUC of carvedilol in comparison to water. While clinical relevance is unclear, patients should avoid concomitant intake of grapefruit juice at least until a stable dose-response relationship is established.

#### **Pharmacodynamic interactions**

*Insulin or oral hypoglycaemics:* Agents with  $\beta$ -blocking properties may enhance the blood-sugar-reducing effect of insulin and oral hypoglycaemics. The signs of hypoglycaemia may be masked or attenuated (especially tachycardia). In patients taking insulin or oral hypoglycaemics, regular monitoring of blood glucose is therefore recommended.

*Catecholamine-depleting agents:* Patients taking both agents with  $\beta$ -blocking properties and a drug that can deplete catecholamines (eg reserpine and monoamine oxidase inhibitors) should be observed closely for signs of hypotension and/or severe bradycardia.

*Digoxin:* The combined use of beta-blockers and digoxin may result in additive prolongation of atrioventricular (AV) conduction time.

*Non-dihydropyridines calcium channel blockers, amiodarone or other antiarrhythmics:* The combined use of non-dihydropyridine calcium channel blockers, amiodarone or other antiarrhythmics with carvedilol can increase the risk of AV conduction disturbances (see section 4.4). Isolated cases of conduction disturbance (rarely with haemodynamic compromise) have been observed when carvedilol is co-administered with diltiazem. As with other agents with  $\beta$ -blocking properties, if carvedilol is to be administered orally with non-dihydropyridinescalcium channel blockers of the verapamil or diltiazem type, amiodarone or other antiarrhythmics it is recommended that ECG and blood pressure be monitored.

*Clonidine:* Concomitant administration of clonidine with agents with  $\beta$ -blocking properties may potentiate bloodpressure- and heart-rate-lowering effects. When treatment with agents with  $\beta$ -blocking properties and clonidine together is to be terminated,

the  $\beta$ -blocking agent should be withdrawn first. Clonidine therapy can then be discontinued several days later by gradually decreasing the dosage.

*Anaesthetic agents:* careful monitoring of vital signs is recommended during anaesthesia to the synergistic negative inotropic and hypotensive effects of carvedilol and anaesthetic drugs (see section 4.4).

*Antihypertensives:* As with other agents with  $\beta$ -blocking activity, carvedilol may potentiate the effect of other concomitantly administered drugs that are antihypertensive in action (e.g.  $\alpha_1$ -receptor antagonists) or have hypotension as part of their adverse effect profile.

*Non-steroidal anti-inflammatory drugs (NSAIDs):* The concurrent use of NSAIDs and beta-adrenergic blockers may result in an increase in blood pressure and impairment of blood pressure control.

*Beta-agonist bronchodilators:* Non-cardioselective beta blockers oppose the bronchodilator effects of beta-agonist bronchodilators. Careful monitoring of patients is recommended.

## 4.6 Fertility, pregnancy and lactation

### **Pregnancy**

There is no adequate experience with Carvedilol Krka in pregnant women.

Animal studies demonstrated effects on pregnancy, embryonal/foetal development, parturition, reproductive toxicity and postnatal development (see section 5.3). The potential risk for humans is unknown.

Carvedilol Krka should not be used during pregnancy unless the potential benefit outweighs the potential risk.

Beta blockers reduce placental perfusion which may result in intrauterine foetal death and immature and premature deliveries. In addition, adverse effects (especially hypoglycaemia and bradycardia) may occur in the foetus and neonate. There may be an increased risk of cardiac and pulmonary complications in the neonate in the postnatal period. Animal studies have not shown substantive evidence of teratogenicity with carvedilol (see also section 5.3).

### **Breast-feeding**

Animal studies demonstrated that carvedilol and/or its metabolites are excreted in rat breast milk. The excretion of carvedilol in human milk has not been established. However, most  $\beta$ -blockers, in particular lipophilic compounds, will pass into human breast milk although to a variable extent. Breast-feeding is therefore not recommended following administration of carvedilol.

## 4.7 Effects on ability to drive and use machines

No studies have been performed on the effects of carvedilol on patients' fitness to drive or to operate machinery. Because of individually variable reactions (e.g. dizziness, tiredness), the ability to drive, operate machinery, or work without firm support may be impaired. This applies particularly at the start of treatment, after dose increases, on changing products, and in combination with alcohol.

## 4.8 Undesirable effects

### *(a) Summary of the safety profile*

The frequency of adverse reactions is not dose-dependent except for dizziness, visual disturbances and bradycardia.

### *(b) List of adverse reactions*

The risk of most adverse reactions associated with carvedilol is similar for all indications. The exceptions are described in subsection (c).

The following undesirable effects have been reported (e.g. from clinical trials, post-authorisation safety studies or spontaneous reporting) to occur when carvedilol is administered:

Frequency categories are as follows:

very common  $\geq 1/10$ ;

common  $\geq 1/100$  to  $< 1/10$ ;

uncommon  $\geq 1/1\ 000$  to  $< 1/100$ ;

rare  $\geq 1/10\ 000$  to  $< 1/1\ 000$ ;

very rare  $< 1/10\ 000$ ;

### ***Infections and infestations***

*Common:* Bronchitis, pneumonia, upper respiratory tract infection, urinary tract infection

### ***Blood and lymphatic system disorders***

*Common:* Anaemia

*Rare:* Thrombocytopaenia

*Very rare:* Leukopenia

### ***Immune system disorders***

*Very rare:* Hypersensitivity (allergic reaction)

### ***Metabolism and nutrition disorders***

*Common:* Weight increase, hypercholesterolaemia, impaired blood glucose control (hyperglycaemia, hypoglycaemia) in patients with pre-existing diabetes mellitus (see section 4.4).

### ***Psychiatric disorders***

*Common:* Depression, depressed mood

*Uncommon:* Sleep disorders

### ***Nervous system disorders***

*Very common:* Dizziness, headaches

*Common:* presyncope, syncope,

*Uncommon:* Paraesthesia

### ***Eye disorders***

*Common:* Visual impairment, lacrimation decreased (dry eye), eye irritation

### ***Cardiac disorders***

*Very common:* Cardiac failure

*Common:* Bradycardia, oedema, hypervolaemia and fluid overload

*Uncommon:* Atrioventricular block, angina pectoris

### ***Vascular disorders***

*Very common:* Hypotension

*Common:* Orthostatic hypotension, disturbances of peripheral circulation (cold extremities, peripheral vascular disease, exacerbation of intermittent claudication and Reynaud's phenomenon), hypertension

### ***Respiratory, thoracic and mediastinal disorders***

*Common:* Dyspnoea, pulmonary oedema, asthma in predisposed patients

*Rare:* Nasal congestion, flu-like symptoms

### ***Gastro-intestinal disorders***

*Common:* Nausea, diarrhoea, dyspepsia, vomiting and abdominal pain.

*Uncommon:* Constipation

*Rare:* Dry mouth

### ***Hepatobiliary disorders***

*Very rare:* Alanine aminotransferase (ALT), aspartate aminotransferase (AST) and gamma glutamyltransferase (GGT) increased

### ***Skin and subcutaneous tissue disorders***

*Uncommon:* Skin reactions (e.g. allergic exanthema, dermatitis, urticaria, pruritus, psoriatic and lichen planus like skin lesions), alopecia

When Carvedilol is taken for Hypertension, Psoriatic skin lesions may occur or existing lesions exacerbated.

### ***Musculoskeletal and connective tissue disorders***

*Common:* Pain in extremities

**Renal and urinary disorders**

*Common:* Renal failure and renal function abnormalities in patients with diffuse vascular disease and/or underlying renal insufficiency (see section 4.4)

*Rare:* Micturition disorder.

*Very rare:* Urinary incontinence in women

**Reproductive system and breast disorders**

*Uncommon:* Erectile dysfunction

**General disorders and administration site conditions**

*Very common:* Asthenia (fatigue)

*Common:* Oedema, pain

*(c) Description of selected adverse reactions*

The frequency of adverse reactions is not dose-dependent, with the exception of dizziness, abnormal vision and bradycardia. Dizziness, syncope, headache and asthenia are usually mild and are more likely to occur at the beginning of treatment.

In patients with congestive heart failure, worsening cardiac failure and fluid retention may occur during up-titration of carvedilol dose (see section 4.4).

Cardiac failure was a very commonly reported adverse event in both placebo and carvedilol-treated patients (14.5% and 15.4% respectively, in patients with left ventricular dysfunction following acute myocardial infarction).

Reversible deterioration of renal function has been observed with carvedilol therapy in chronic heart failure patients with low blood pressure, ischaemic heart disease and diffuse vascular disease and/or underlying renal insufficiency (see section 4.4 Warnings and Precautions).

The following adverse events have been identified during post-marketing use of carvedilol. Because these events are reported from a population of uncertain size, it is not always possible to reliably estimate their frequency and/or establish a causal relationship to drug exposure:

*Metabolism and nutrition disorders*

As a class, beta-adrenergic receptor blockers may cause latent diabetes to become manifest, manifest diabetes to be aggravated, and blood glucose counter-regulation to be inhibited.

*Psychiatric disorders*

Carvedilol may cause hallucinations.

*Cardiac disorders*

Sinus arrest may occur in predisposed patients (e.g. elderly patients or patients with pre-existing bradycardia, sinus node dysfunction or atrioventricular block).

*Skin and subcutaneous tissue disorders*

Severe cutaneous adverse reactions (Toxic epidermal necrolysis, Stevens-Johnson syndrome, see section 4.4).  
Hyperhidrosis.

*Renal and urinary disorders*

Carvedilol may cause urinary incontinence in women which resolves upon discontinuation of the medication.

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via HPRA Pharmacovigilance, Website: [www.hpra.ie](http://www.hpra.ie).

**4.9 Overdose***Symptoms and signs*



In the event of overdose, there may be severe hypotension, bradycardia, heart failure, cardiogenic shock, sinus arrest and cardiac arrest. There may also be respiratory problems, bronchospasm, vomiting, disturbed consciousness and generalised seizures.

#### *Treatment*

The patients should be monitored for the above mentioned signs and symptoms and managed according to the best judgment of the treating physicians and according to standard practice for patients with b-blocker overdose (e.g. atropine, transvenous pacing, glucagon, phosphodiesterase inhibitor such as amrinone or milrinone,  $\beta$ -sympathomimetics).

Gastric lavage or induced emesis may be useful in the first few hours after ingestion.

In cases of severe overdose with symptoms of shock, supportive treatment as described should be continued for a sufficiently long period of time, i.e. until the patient stabilises, since prolonged elimination half life and redistribution of carvedilol from deeper compartments are to be expected.

## **5 PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

Pharmacotherapeutic group: beta- and alpha<sub>1</sub>-receptor blockers, ATC code: C07 AG02

#### Mechanism of action

Carvedilol, a racemic mixture of two enantiomers (R- and S-carvedilol), is a multiple action alpha- and beta-adrenergic receptor blocker. The beta-adrenergic receptor blockade is associated with the S-enantiomer and non-selective for beta<sub>1</sub>- and beta<sub>2</sub>-adrenoceptors, while both enantiomers have the same blocking properties specific for alpha<sub>1</sub>-adrenergic receptors. At higher concentrations, carvedilol also has a weak to moderate calcium-channel blocking activity. It has no intrinsic sympathomimetic activity and (like propranolol) it has membrane-stabilising properties.

#### Pharmacodynamic effects

Carvedilol is a vasodilatory non-selective beta-blocker which reduces the peripheral vascular resistance by selective alpha<sub>1</sub>-receptor blockade and suppresses the renin-angiotensin system through non-selective beta-blockade. Plasma renin activity is reduced and fluid retention is rare. It attenuates the increase in blood pressure induced by phenylephrine, an alpha<sub>1</sub>-adrenoceptor agonist, but not that induced by angiotensin II. Carvedilol's calcium-channel blocking activity may increase blood flow in specific vascular beds such as the cutaneous circulation.

Carvedilol has organ-protective effects, likely resulting at least in part from additional properties beyond its adrenergic receptor blockade action. It has potent antioxidant properties associated with both enantiomers, is a scavenger of reactive oxygen radicals and has antiproliferative effects on human vascular smooth muscle cells.

Carvedilol has no adverse effect on the lipid profile.

#### Clinical efficacy and safety

Clinical studies have shown that the balance of vasodilation and beta-blockade provided by carvedilol results in the following effects:

##### *Hypertension*

In hypertensive patients, a reduction in blood pressure is not associated with a concomitant increase in total peripheral resistance, as observed with pure beta-blocking agents. Heart rate is slightly decreased. Renal blood flow and renal function are maintained. Carvedilol has been shown to maintain stroke volume and reduce total peripheral resistance, without compromising blood supply to distinct organs and vascular beds e.g. kidneys, skeletal muscles, forearms, legs, skin, brain or the carotid artery. There is a reduced incidence of cold extremities and early fatigue during physical activity.

##### *Hypertensive patients with renal impairment*

Several open studies have shown that carvedilol is an effective agent in patients with renal hypertension. The same is true in patients with chronic renal failure or those on haemodialysis or after renal transplantation. Carvedilol causes a gradual reduction in blood pressure both on dialysis and non-dialysis days, and the blood pressure-lowering effects are comparable with those seen in patients with normal renal function.

##### *Stable angina pectoris*

In patients with stable angina, carvedilol has demonstrated anti-ischæmic (improved total exercise time, time to 1 mm ST segment depression and time to angina) and anti-anginal properties that were maintained during long-term treatment. Acute haemodynamic studies demonstrated that carvedilol reduces both cardiac pre-load (pulmonary artery pressure and pulmonary

capillary wedge pressure) and after-load (total peripheral resistance) with consequent improvement in left ventricular systolic and diastolic function without substantial changes in the cardiac output.

Carvedilol has no adverse effects on the metabolic risk factors of coronary heart disease. It does not impair the normal serum lipid profile and in hypertensive patients with dyslipidaemia favourable effects on the serum lipids have been reported after six months of oral therapy.

In two studies, carvedilol 25 mg b.i.d. was compared with other anti-anginal drugs of recognised value in patients with chronic stable exertional angina. The dose regimens that were chosen were those widely used in clinical practice. Both trials had a double-blind, parallel group design. The primary objective was total exercise time (TET).

Report no:	Control (dose)	Patient numbers carvedilol/comparator drug	Duration of treatment
060	Verapamil (120 mg t.i.d.)	126/122	12 weeks
061	ISDN s.r. (40 mg b.i.d.)	93/94	12 weeks

The results of both trials clearly demonstrated that for TET at trough blood drug levels after 12 weeks of therapy there was no statistically significant difference between treatment groups. However the risk ratios obtained from the Cox proportional hazards model showed a trend in favour of carvedilol indicating that on average carvedilol was 114% as effective as verapamil (90% CI: 85-152%) and 134% as effective as ISDN (90%CI: 96-185%). This was also true for time to angina (TTA) and ST-segment depression (TST) at trough. The increase in TET was about 50 seconds in all groups; the improvements for TTA and TST were about 30 seconds, which is clinically relevant.

In study 060, 48h Holter monitoring data measurements demonstrated a reduction of number and duration of ST-segment depressions (silent myocardial ischaemia) in both treatment groups. Carvedilol also decreased premature atrial and ventricular contractions (PAC, PVC), couplets and runs.

#### *Chronic heart failure*

Carvedilol significantly reduces mortality and hospitalisations and improves symptoms and left ventricular function in patients with ischaemic or non-ischaemic chronic heart failure. The effect of carvedilol is dose dependent.

#### *Chronic heart failure patients with renal impairment*

Carvedilol reduces morbidity and mortality in dialysis patients with dilated cardiomyopathy, as well as all-cause mortality, cardiovascular mortality and heart failure mortality or first hospitalization in heart failure patients with mild to moderate non-dialysis-dependent chronic kidney disease. A meta-analysis of placebo-controlled clinical trials including a large number of patients (>4 000) with mild to moderate chronic kidney disease supports carvedilol treatment of patients with left ventricular dysfunction with or without symptomatic heart failure to reduce rates of all cause of mortality as well as heart failure related events.

#### *Paediatric population*

The safety and efficacy of carvedilol in children and adolescents has not been established due to limited number and size of studies. Available studies focus on treatment of paediatric heart failure which differs from the disease in adults regarding characteristics and aetiology. Because of the small number of participants compared to studies in adults and a general lack of an optimal dosing scheme for children and adolescents, available data is not sufficient to establish a paediatric safety profile for carvedilol.

## **5.2 Pharmacokinetic properties**

### Absorption

Following oral administration of a 25 mg capsule to healthy subjects, carvedilol is rapidly absorbed with a peak plasma concentration  $C_{max}$  of 21 mg/L reached after approximately 1.5 hour ( $t_{max}$ ). The  $C_{max}$  values are linearly related to the dose. Following oral administration, carvedilol undergoes extensive first pass metabolism that results in an absolute bioavailability of about 25% in healthy male subjects. Carvedilol is a racemate and the S-(-)- enantiomer appears to be metabolized more rapidly than the R-(+)- enantiomer, showing an absolute oral bioavailability of 15% compared to 31% for the R-(+)- enantiomer. The maximal plasma concentration of R-carvedilol is approximately 2-fold higher than that of S-carvedilol.

In vitro studies have shown that carvedilol is a substrate of the efflux transporter P-glycoprotein. The role of P-glycoprotein in the disposition of carvedilol was also confirmed in vivo in healthy subjects.

Food does not affect bioavailability or the maximum serum concentration, although the time to reach maximum serum concentration is delayed.

### Distribution

Carvedilol is highly lipophilic, showing a plasma protein of around 95%. The distribution volume ranges between 1.5 and 2L/kg and increased in patients with liver cirrhosis.

### Biotransformation

In humans, carvedilol is extensively metabolised in the liver via oxidation and conjugation into a variety of various metabolites, which are mainly eliminated in bile. Enterohepatic circulation of the parent substance has been shown in animals. Demethylation and hydroxylation at the phenol ring produce three metabolites with beta-adrenergic receptor blocking activity. Based on pre-clinical studies, the 4'-hydroxy-phenol metabolite is approximately 13 times more potent than carvedilol for beta-blockade. Compared to carvedilol, the three active metabolites exhibit weak vasodilating activity. In humans, the concentrations of the three active metabolites are about 10 times lower than that of the parent substance. Two of the hydroxy-carbazole metabolites of carvedilol are extremely potent antioxidants, demonstrating a 30 to 80-fold greater potency than carvedilol.

Pharmacokinetic studies in human have shown that the oxidative metabolism of carvedilol is stereoselective. The results of an in vitro study suggested that different cytochrome P450 isoenzymes may be involved in the oxidation and hydroxylation processes including CYP2D6, CYP3A4, CYP2E1, CYP2C9, as well as CYP1A2.

Studies in healthy volunteers and in patients have shown that the R-enantiomer is predominantly metabolized by CYP2D6. The S-enantiomer is mainly metabolized by CYP2D6 and CYP2C9.

### Genetic polymorphism

The results of clinical pharmacokinetic studies in human subjects have shown that CYP2D6 plays a major role in the metabolism of R and of S-carvedilol. As a consequence plasma concentrations of R and S-carvedilol are increased in CYP2D6 slow metabolisers. The importance of CYP2D6 genotype in the pharmacokinetics of R and S-carvedilol was confirmed in population pharmacokinetics studies, whereas other studies did not confirm this observation. It was concluded that CYP2D6 genetic polymorphism may be of limited clinical significance.

### Elimination

Following a single oral administration of 50 mg carvedilol, around 60% are secreted into the bile and eliminated with the faeces in the form of metabolites within 11 days. Following a single oral dose, only about 16% are excreted into the urine in form of carvedilol or its metabolites. The urinary excretion of unaltered drug represents less than 2%. After intravenous infusion of 12.5 mg to healthy volunteers, the plasma clearance of carvedilol reaches around 600 mL/min and the elimination half-life around 2.5 hours. The elimination half-life of a 50 mg capsule observed in the same individuals was 6.5 hours corresponding indeed to the absorption half-life from the capsule. Following oral administration, the total body clearance of the S-carvedilol is approximately two times larger than that of the R-carvedilol.

### Special populations

#### Elderly

Age has no statistically significant effect on the pharmacokinetics of carvedilol in hypertensive patients.

#### Paediatric population

Investigation in paediatrics has shown that the weight-adjusted clearance is significantly larger in children and adolescents as compared to adults.

#### Hepatic impairment

In a study in patients with cirrhotic liver disease, the bioavailability of carvedilol was four times greater and the peak plasma level five times higher than in healthy subjects.

#### Renal impairment

Since carvedilol is primarily excreted via the faeces, significant accumulation in patients with renal impairment is unlikely. In patients with hypertension and renal insufficiency, the area under plasma level-time curve, elimination half-life and maximum plasma concentration does not change significantly. Renal excretion of the unchanged drug decreases in the patients with renal insufficiency; however changes in pharmacokinetic parameters are modest.

Carvedilol is not eliminated during dialysis because it does not cross the dialysis membrane, probably due to its high plasma protein binding.

#### Heart failure

In a study in 24 Japanese patients with heart failure, the clearance of R- and S-carvedilol was significantly lower than previously estimated in healthy volunteers. These results suggested that the pharmacokinetics of R- and S-carvedilol is significantly altered by heart failure in Japanese patients.

### 5.3 Preclinical safety data

Non-clinical data reveal no special hazard for humans based on conventional studies of safety pharmacology, repeated dose toxicity, genotoxicity, and carcinogenic potential.

#### Impairment of fertility

Administration of carvedilol to adult female rats at toxic doses ( $\geq 200$  mg/kg,  $\geq 100$  times MRHD) resulted in impairment of fertility (poor mating, fewer corpora lutea and fewer implants).

#### Teratogenicity

There is no evidence from animal studies that carvedilol has any teratogenic effects.

#### Embryotoxicity

Embryotoxicity was observed only after large doses in rabbits. Doses  $> 60$  mg/kg ( $> 30$  times MRHD) caused delays in physical growth/development of offspring. There was embryotoxicity (increased post-implantation deaths) but no malformations in rats and rabbits at doses of 200 mg/kg and 75 mg/kg, respectively (38 to 100 times MRHD). The relevance of these findings for humans is uncertain. In addition, animal studies have shown that carvedilol crosses the placental barrier and therefore the possible consequences of alpha- and beta-blockade in the human foetus and neonate should also be borne in mind (also see section 4.6).

In summary, effects in non-clinical studies were observed only at exposures considered sufficiently in excess of the maximum human exposure indicating little relevance to clinical use (see section 4.6)

## 6 PHARMACEUTICAL PARTICULARS

### 6.1 List of excipients

Sucrose  
Lactose monohydrate  
Povidone K25  
Colloidal anhydrous silica  
Magnesium Stearate

### 6.2 Incompatibilities

Not applicable.

### 6.3 Shelf life

5 years.

### 6.4 Special precautions for storage

HDPE container and PP closures: Store in the original container.  
Blister (OPA/A1/PVC foil-aluminium foil): Store in the original blister.

### 6.5 Nature and contents of container

Blister (laminated OPA/A1/PVC foil – aluminium foil) and HDPE containers (PP closure and desiccant insert of PE filled with silica gel) containing 14, 28, 30, 50, 56, 60, and 100 tablets.  
Not all pack sizes may be marketed.

### 6.6 Special precautions for disposal of a used medicinal product or waste materials derived from such medicinal product and other handling of the product

No special requirements.

**7 MARKETING AUTHORISATION HOLDER**

KRKA, d.d., Novo mesto  
Šmarješka cesta 6  
8501 Novo mesto  
Slovenia

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