

# Summary of Product Characteristics

## 1 NAME OF THE MEDICINAL PRODUCT

Canesten Combi Pessary & Cream

## 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

The pessary contains clotrimazole 500 mg

Each gram of cream contains 20mg clotrimazole (equivalent to 2% w/w).

Excipients with known effect:

Cetostearyl alcohol 100mg in each gram of cream

Benzyl alcohol 20mg in each gram of cream

For the full list of excipients, see section 6.1.

## 3 PHARMACEUTICAL FORM

Pessary and vaginal cream.

White, convex pessary marked "Bayer" on one side and "MU" on the other side.

A white oil-in-water type cream.

## 4 CLINICAL PARTICULARS

### 4.1 Therapeutic indications

The pessary is recommended for the treatment of candidal vaginitis.

The cream is recommended for the treatment of candidal vulvitis. It should be used as an adjunct to treatment of candidal vaginitis.

The cream can also be used for treatment of the sexual partner's penis to prevent re-infection.

### 4.2 Posology and method of administration

The pessary should be inserted intravaginally, as high as possible, using the applicator provided.

Adults and children of 12 years of age and older:

Insert one pessary, preferably at night, before going to bed.

If symptoms persist for more than 7 days the patient may have a medical condition that requires treatment by a doctor.

The treatment can be repeated if necessary, however, recurrent infections may indicate an underlying medical cause. Patient should seek medical advice if symptoms return within 2 months.

Canesten pessaries need moisture in the vagina in order to dissolve completely, otherwise undissolved pieces of the pessary might crumble out of the vagina. Pieces of undissolved pessary may be noticed by women who experience vaginal dryness. To help prevent this it is important that the pessary is inserted as high as possible into the vagina at bedtime.

To insert the pessary:

1. Pull out plunger until it stops. Place the pessary into the applicator.

2. Carefully insert the applicator containing the pessary as deeply as is comfortable into the vagina. This is best done with the patient lying on her back with the knees bent up.
3. Push plunger until it stops, thereby depositing the pessary into the vagina. Withdraw the applicator and dispose of it hygienically.

The cream should be applied two or three times daily to the vulva and surrounding area and rubbed in gently.

If the cream is being used for treatment of the sexual partner's penis it should be applied two or three times daily for up to two weeks.

Children under 12 years of age:

As this product is administered with an applicator, paediatric use is not recommended.

#### **4.3 Contraindications**

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

#### **4.4 Special warnings and precautions for use**

Medical advice should be sought if this is the first time the patient has experienced symptoms of candidal vaginitis.

Before using Canesten Combi Pessary & Cream, medical advice must be sought if any of the following are applicable:

- More than two infections of candidal vaginitis in the last 6 months.
- Previous history of a sexually transmitted disease or exposure to partner with a sexually transmitted disease.
- Pregnancy or suspected pregnancy.
- Aged under 12 or over 60 years.
- Known hypersensitivity to imidazoles or other vaginal antifungal products.

Canesten Combi Pessary & Cream should not be used if the patient has any of the following symptoms whereupon medical advice should be sought:

- Irregular vaginal bleeding.
- Abnormal vaginal bleeding (vaginal haemorrhage) or a blood-stained discharge.
- Vulval or vaginal ulcers, blisters or sores.
- Lower abdominal pain or dysuria.
- Any adverse events such as redness, irritation or swelling associated with the treatment.
- Fever (temperature of 38°C or above) or chills.
- Nausea or vomiting.
- Diarrhoea.
- Foul smelling vaginal discharge.
- Back pain.
- Associated shoulder pain.

Treatment during the menstrual period should be avoided due to the risk of the pessary being washed out by the menstrual flow. The treatment should be finished before the onset of menstruation.

Do not use tampons, intravaginal douches, spermicides or other vaginal products while using this product.

Avoidance of vaginal intercourse in case of vaginal infection is recommended while using this product because your partner could become infected.

When used in pregnancy, the pessary should be inserted without using an applicator (see "Pregnancy").

Avoid contact with eyes and do not swallow.

This product contains cetostearyl alcohol, which may cause local skin reactions (e.g. contact dermatitis). The product also contains benzyl alcohol which may cause allergic reactions and mild local irritation.

All possibly infected areas should be treated at the same time.

#### 4.5 Interaction with other medicinal products and other forms of interaction

Laboratory tests have suggested that, when used together, this product may cause damage to latex contraceptives. Consequently the effectiveness of such contraceptives may be reduced. Patients should be advised to use alternative precautions for at least five days after using this product.

Concomitant treatment with vaginal clotrimazole and oral tacrolimus (FK-506; immunosuppressant) might lead to increased tacrolimus plasma levels and similarly with sirolimus. Patients should thus be thoroughly monitored for symptoms of tacrolimus or sirolimus overdose, if necessary by determination of the respective plasma levels.

#### 4.6 Fertility, pregnancy and lactation

##### Pregnancy:

There are limited data available from the use of clotrimazole in pregnant women. Animal studies with clotrimazole have shown reproductive toxicity at high oral doses (see section 5.3). At the low systemic exposures of clotrimazole following vaginal treatment, harmful effects are considered unlikely. Clotrimazole may be used during pregnancy, but only under the direction of a doctor or midwife.

During pregnancy the treatment should be carried out with clotrimazole vaginal tablets, since these can be inserted without using an applicator.

##### Breast-feeding:

There are no data on the excretion of clotrimazole into human milk. However, systemic absorption is minimal after administration and it is unlikely to lead to systemic effects. Clotrimazole may be used during lactation under medical supervision.

##### Fertility:

No human studies of the effects of clotrimazole on fertility have been performed, however, animal studies have not demonstrated any effects of the drug on fertility (see Section 5.3).

#### 4.7 Effects on ability to drive and use machines

The medication has no or negligible influence on the ability to drive or use machinery.

#### 4.8 Undesirable effects

Frequency not known. The following adverse reactions have been identified during post-approval use of Clotrimazole. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency.

##### Immune system disorders

Hypersensitivity, anaphylactic reactions, angioedema

Allergic reaction (ME) with symptoms such as dyspnea (PT), hypotension (PT), syncope (PT), urticaria

##### Skin and subcutaneous tissue disorders

Rash

##### Reproductive system and breast disorders

Vulvovaginal discomfort, vulvovaginal burning sensation, vaginal exfoliation, vulvovaginal pruritus, vulvovaginal pain, vaginal haemorrhage, vaginal discharge, vulvovaginal erythema.

##### Gastrointestinal disorders

Abdominal pain, nausea

##### General disorders and administration site conditions

Application site irritation, oedema, pain

### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via HPRC Pharmacovigilance Website: [www.hpra.ie](http://www.hpra.ie).

## **4.9 Overdose**

In the event of accidental oral ingestion, routine measures such as gastric lavage should be performed only if clinical symptoms of overdose become apparent (e.g. dizziness, nausea or vomiting).

## **5 PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

Pharmacotherapeutic group: Gynaecological antiinfectives and antiseptics – imidazole derivatives.

ATC Code: G01AF02

#### Mechanism of Action

Clotrimazole acts against fungi by inhibiting ergosterol synthesis. Inhibition of ergosterol synthesis leads to structural and functional impairment of the cytoplasmic membrane.

#### Pharmacodynamic Effects

Clotrimazole has a broad antimycotic spectrum of action *in vitro* and *in vivo*, which includes dermatophytes, yeasts, moulds, etc.

Under appropriate test conditions, the MIC values for these types of fungi are in the region of less than 0.062 –8.0 microgram/ml substrate. The mode of action of clotrimazole is fungistatic or fungicidal depending on the concentration of clotrimazole at the site of infection. *In vitro* activity is limited to proliferating fungal elements; fungal spores are only slightly sensitive.

In addition to its antimycotic action, clotrimazole also acts on gram-positive microorganisms (streptococci/staphylococci /*Gardnerella vaginalis*) and gram-negative microorganisms (*Bacteroides*). It has no effect on lactobacilli.

*In vitro*, clotrimazole inhibits the multiplication of *Corynebacteria* and gram-positive cocci – with the exception of enterococci – in concentrations of 0.5 – 10 microgram/ml substrate.

Primarily resistant variants of sensitive fungal species are very rare; the development of secondary resistance by sensitive fungi has so far only been observed in very isolated cases under therapeutic conditions.

### **5.2 Pharmacokinetic properties**

Pharmacokinetic investigations after vaginal application have shown that only a small amount of clotrimazole (3-10% of the dose) is absorbed. Due to the rapid hepatic metabolism of absorbed clotrimazole into pharmacologically inactive metabolites the resulting peak plasma concentrations of clotrimazole after vaginal applications of a 500mg dose were less than 10 ng/ml, reflecting that clotrimazole applied intravaginally does not lead to measurable systemic effects or side effects.

Pharmacokinetic investigations after dermal application have shown that clotrimazole is practically not absorbed from the intact or inflamed skin into the human blood circulation. The resulting peak serum concentrations of clotrimazole were below the detection limit of 0.001 microgram/ml, reflecting that clotrimazole applied topically does not lead to measurable systemic effects or side effects.

### **5.3 Preclinical safety data**

Non-clinical data reveal no special hazard for humans based on conventional studies of safety pharmacology, repeated dose toxicity, genotoxicity, carcinogenic potential and toxicity to reproduction and development.

The local and systemic tolerance of clotrimazole in different dosage forms was assessed in intravaginal studies in dogs and monkeys and in subacute dermal studies in rabbits. There was no evidence of treatment-related local or systemic adverse effects in any of these studies.

The oral toxicity of clotrimazole has been well-studied.

Following a single oral administration, clotrimazole was slightly-to-moderately toxic in experimental animals, with LD50 values of 761 to 923 mg/kg bw for mice, 95 to 114 mg/kg bw for newborn rats and 114 to 718 mg/kg bw for adult rats, > 1000 mg/kg bw for rabbits, and > 2000 mg/kg bw for dogs and cats.

In repeated dose oral studies conducted in rats and dogs, the liver was found to be the primary target organ for toxicity. This was evidenced by an increase in serum transaminase activities and the appearance of liver vacuolation and fatty deposits starting at 50 mg/kg in the chronic (78-week) rat study and at 100 mg/kg in the subchronic (13-week) dog study.

Clotrimazole has been extensively studied in in vitro and in vivo mutagenicity assays, and no evidence of mutagenic potential was found. A 78-week oral dosing study of clotrimazole in rats did not show any carcinogenic effect.

In a rat fertility study, groups of FB30 rats received oral doses of clotrimazole up to 50 mg/kg bw, for 10 weeks prior to mating and either throughout a 3-week mating period (for males only) or, for females, until day 13 of gestation or 4-week postpartum. Neonatal survival was reduced in 50 mg/kg bw group. Clotrimazole at doses up to 25 mg/kg bw did not impair the development of the pups. Clotrimazole at all doses did not affect fertility.

No teratogenicity effects were demonstrated in studies in mice, rabbits, and rats, given oral doses of up to 200, 180, and 100 mg/kg, respectively.

A study with 3 lactating rats administered 30 mg/kg clotrimazole intravenously showed that the drug was secreted into milk at levels higher than in plasma by a factor of 10 to 20 at 4 hrs after administration, followed by a decline to a factor of 0.4 by 24 hrs.

Given the limited absorption of clotrimazole after vaginal application (estimated to be 3%-10%), no hazard is expected from the use of vaginal clotrimazole.

## **6 PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

#### Pessary

Lactose Monohydrate  
Cellulose, Microcrystalline  
Lactic Acid  
Maize Starch  
Crospovidone  
Calcium Lactate Pentahydrate  
Magnesium Stearate  
Silica, Colloidal Anhydrous  
Hypromellose

#### Cream

Sorbitan stearate  
Polysorbate 60  
Cetyl palmitate  
Cetostearyl alcohol  
Octyldodecanol  
Benzyl alcohol  
Purified water

### **6.2 Incompatibilities**

Not applicable

### **6.3 Shelf life**

2 years

#### **6.4 Special precautions for storage**

Do not store above 25°C.

#### **6.5 Nature and contents of container**

Each pessary is packed into a blister consisting of 25 micrometre PA/ 45 micrometre soft aluminium/ 60 micrometre PVC and 20 micrometre hard aluminium/ 7 g/m<sup>2</sup> heat seal lacquer. The cream is supplied in aluminium tubes (10g) with internal lacquer coating, latex stopper and HDPE screw cap.

Both components are enclosed in a cardboard carton with a disposable applicator and patient information leaflet.

#### **6.6 Special precautions for disposal and other handling**

Any unused medicinal product or waste material should be disposed of in accordance with local requirements.

### **7 MARKETING AUTHORISATION HOLDER**

Bayer Ltd  
1st Floor  
The Grange Offices  
The Grange  
Brewery Road  
Stillorgan  
Co. Dublin  
A94 H2K7  
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### **8 MARKETING AUTHORISATION NUMBER**

PA1410/039/001

### **9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

Date of first authorisation: 24 August 2001

Date of last renewal: 24 August 2006

### **10 DATE OF REVISION OF THE TEXT**

November 2022