

# Summary of Product Characteristics

## 1 NAME OF THE MEDICINAL PRODUCT

Lutrate 3 month Depot 22.5 mg powder and solvent for prolonged-release suspension for injection

## 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each vial contains 22.5 mg of leuprorelin acetate (equivalent to 21.42 mg leuprorelin free base).

1 mL of reconstituted suspension contains 11.25 mg of leuprorelin acetate.

For the full list of excipients, see section 6.1.

## 3 PHARMACEUTICAL FORM

Powder and solvent for prolonged-release suspension for injection.

Powder: white to off-white powder.

Solvent: clear, colorless and particle free solution (pH 5.0 – 7.0).

## 4 CLINICAL PARTICULARS

### 4.1 Therapeutic Indications

- (i) Metastatic prostate cancer.
- (ii) Locally advanced prostate cancer, as an alternative to surgical castration.
- (iii) As an adjuvant treatment to radiotherapy in patients with high-risk localised or locally advanced prostate cancer.
- (iv) As an adjuvant treatment to radical prostatectomy in patients with locally advanced prostate cancer at high risk of disease progression.
- (v) As neo-adjuvant treatment prior to radiotherapy in patients with high-risk localised or locally advanced prostate cancer.

### 4.2 Posology and method of administration

#### Posology

The usual recommended dose of Lutrate 3 month Depot is 22.5 mg presented as a three months depot injection and administered as a single intramuscular injection every three months.

The dose of Lutrate 3 month Depot allowing the continuous release of leuprorelin acetate over a three month period is incorporated in a depot formulation. The lyophilized powder should be reconstituted and administered as a single intramuscular injection every three months. Intraarterial or intravenous administration must be avoided. The vial of Lutrate 3 month Depot microsphere powder should be reconstituted immediately prior to administration by intramuscular injection. As with other drugs administered regularly by injection, the injection site should be varied periodically.

Lutrate 3 month Depot should not be discontinued when remission or improvement occurs.

Response to Lutrate 3 month Depot therapy should be monitored measuring serum levels of testosterone as well as prostate-specific antigen (PSA) periodically. Clinical studies have shown that testosterone levels increased during the first 4 days of treatment in the majority of non-orchietomized patients. They then decreased and reached castrate levels by 3-4 weeks. Once attained, castrate levels (defined as concentration of testosterone equal or less than 0.5 ng/mL) were maintained as long as drug therapy continued.

If a patient's response appears to be sub-optimal, then it would be advisable to confirm that serum testosterone levels have reached or are remaining at castrate levels. Transient increases in acid phosphatase levels sometimes occur early in the treatment period but usually return to normal or near normal values by the 4th week of treatment.

#### Duration of treatment

Lutrate 3 month Depot should be administered every three months as intramuscular injections.

As a rule, prostate cancer therapy with Lutrate 3 month Depot entails long-term treatment and therapy should not be discontinued when remission or improvement occurs.

### Special populations

#### *Paediatric population*

The safety and efficacy of Lutrate 3 month Depot in the paediatric patients has not been established. Therefore, Lutrate 3 month Depot is not recommended in children or adolescents until safety and efficacy data become available.

#### *Renal/hepatic impairment*

The pharmacokinetics of Lutrate 3 month Depot in hepatically and renally impaired patients has not been determined.

#### *Elderly*

In the clinical trial for Lutrate 3 month Depot 22.5 mg, the mean age of the subjects studied was  $71.0 \pm 9.02$  years. Therefore, the labelling reflects the pharmacokinetics, efficacy and safety of Lutrate 3 month Depot in this population.

### Method of administration

Lutrate 3 month Depot should be prepared, reconstituted and administered only by healthcare professionals who are familiar with these procedures.

Lutrate 3 month Depot must be administered via the intramuscular route only. Do not administer by any other route. If it is administered subcutaneously by mistake, the patient should be closely monitored since no data about other administration routes apart from intramuscular is available for Lutrate 3 month Depot. For instructions on reconstitution of the medicinal product before administration, see **section 6.6**.

## **4.3 Contraindications**

Hypersensitivity to the active substance, luteinizing hormone releasing hormone (LHRH) analogues or to any of the excipients listed in section 6.1. Reports of anaphylactic reactions to synthetic LHRH or LHRH agonist analogues have been reported in the medical literature.

Previous orchiectomy.

Lutrate 3 month Depot must not be used as the only treatment in patients with prostate cancer and with evidence of spinal cord compression or spinal metastases.

Lutrate 3 month Depot is not indicated for use in women.

Lutrate 3 month Depot is not indicated for use in paediatric patients.

## **4.4 Special warnings and precautions for use**

In the initial stages of Lutrate 3 month Depot treatment, as occurs during treatment with other LHRH agonists, a transient rise in levels of testosterone may occur. In some cases, this may be associated with a "flare" or exacerbation of the tumour growth resulting in temporary worsening of prostate cancer symptoms. These symptoms usually subside on continuation of therapy (see **section 4.8**). "Flare" may manifest itself as systemic or neurological symptoms in some cases (i.e. bone pain...). Also, cases of orchiatrophy and gynecomastia have been described with other LHRH agonists.

Treatment should be discontinued immediately if the patient develops any signs or symptoms suggestive of anaphylaxis/anaphylactic reaction (dyspnoea, asthma, rhinitis, angioneurotic edema or glottis, hypotension, urticaria, rash, pruritus or interstitial pneumonitis). Patients should be informed before starting treatment, warning them to discontinue it and consult their doctor if any of the above mentioned symptoms occur. Patients who have experienced a hypersensitivity reaction to leuprorelin should be closely monitored and should not be rechallenged with Lutrate 3 month Depot.

In patients treated with leuprorelin acetate, isolated cases of urethral obstruction (with or without haematuria) and spinal cord compression or metastatic vertebral lesions have been observed, which may contribute to paralysis with or without fatal complications. Patients at risk of urethral obstruction, spinal cord compression or metastatic vertebral lesions should be considered carefully and closely supervised in the first few weeks of treatment. These patients should be considered for prophylactic treatment with anti-androgens.

Should urological/neurological complications occur, these should be treated by appropriate specific measures.

There is an increased risk of incident depression (which may be severe) in patients undergoing treatment with GnRH agonists, such as leuprorelin acetate. Patients should be informed accordingly and treated as appropriate if symptoms occur.

Decreased bone density has been reported in the medical literature in men who have had orchiectomy or who have been treated with an LHRH agonist. Adding anti-androgenic therapy to the treatment regimen reduces bone loss, but increases the risk of other adverse effects such as clotting problems and edema. If an anti-androgen is used over a prolonged period, due attention should be paid to the contraindications and precautions associated with its extended use. Patients at risk or with a medical history of osteoporosis should be considered carefully and closely supervised during treatment with leuprorelin acetate (see **section 4.8**).

Hepatic dysfunction and jaundice with elevated liver enzyme levels have been reported with the use of leuprorelin acetate. Therefore, close observation should be made and appropriate measures taken if necessary.

Response to Lutrate 3 month Depot therapy should be monitored by clinical parameters and by measuring testosterone and PSA serum levels periodically.

Patients may experience metabolic changes (e.g. glucose intolerance or worsening of existing diabetes), hypertension, weight changes and cardiovascular disorders. As would be expected with this class of drug, development or aggravation of diabetes may occur, therefore diabetic patients may require more frequent monitoring of blood glucose during treatment with Lutrate 3 month Depot. Patients at high risk for metabolic or cardiovascular diseases should be carefully assessed before commencing treatment and adequately monitored during androgen deprivation therapy. Therapy with leuprorelin acetate results in suppression of the pituitary-gonadal system. Results of diagnostic tests of pituitary gonadotropic and gonadal functions conducted during and after leuprorelin acetate therapy may be affected.

Increased prothrombin time has been reported in patients under treatment with leuprorelin acetate. Leuprorelin acetate should be used with caution in patients with known bleeding disorders, thrombocytopenia or on treatment with anticoagulants.

Seizures have been reported with the administration of leuprorelin acetate. These cases were observed in patients with a history of seizures, epilepsy, cerebrovascular disorders, anomalies or central nervous system tumours and in patients with concomitant medications that have been associated with seizures for example bupropion and selective inhibitors of serotonin reuptake (SSRIs). Seizures in patients in the absence of the any medical conditions mentioned above have also been reported.

Leuprorelin acetate should be used with caution in the presence of cardiovascular disease (including congestive heart failure condition), thromboembolism, edema, depression and pituitary adenomas.

This medicinal product contains less than 1 mmol sodium (23 mg) per vial, that is to say essentially 'sodium-free'.

#### Androgen deprivation therapy may prolong the QT interval.

In patients with a history of or risk factors for QT prolongation and in patients receiving concomitant medicinal products that might prolong the QT interval (see section 4.5) physicians should assess the benefit risk ratio including the potential for Torsade de pointes prior to initiating Lutrate 3 month Depot.

### **4.5 Interaction with other medicinal products and other forms of interactions**

No pharmacokinetic-based drug-drug interaction studies have been conducted with leuprorelin acetate. However, because leuprorelin acetate is a peptide that is primarily degraded by peptidase and not by Cytochrome P-450 enzymes as noted in specific studies, and the drug is only about 46% bound to plasma proteins, pharmacokinetic drug interactions would not be expected to occur.

Since androgen deprivation treatment may prolong the QT interval, the concomitant use of Lutrate 3 month Depot with medicinal products known to prolong the QT interval or medicinal products able to induce Torsade de pointes such as class IA (e.g. quinidine, disopyramide) or class III (e.g. amiodarone, sotalol, dofetilide, ibutilide) antiarrhythmic medicinal products, methadone, moxifloxacin, antipsychotics, etc. should be carefully evaluated (see section 4.4).

### **4.6 Fertility, pregnancy and lactation**

#### *Pregnancy:*

Lutrate 3 month Depot is not indicated for use in pregnant women.

Leuprorelin acetate injection may cause foetal harm when administered to a pregnant woman. Therefore, spontaneous abortion may occur if the drug is administered during pregnancy.

**Breast-feeding:**

Lutrate 3 month Depot should not be used in women who are breast-feeding.

**Fertility:**

Studies in animals have shown reproductive toxicity (see section 5.3).

#### 4.7 Effects on ability to drive and use machines

No specific studies on the effects of Lutrate 3 month Depot on the ability to drive and use machines have been performed. However, the ability to drive and use machines may be impaired due to visual disturbances and dizziness.

#### 4.8 Undesirable effects

The safety profile of Lutrate 3 month Depot is based on the results of a phase III clinical trial performed in patients with prostate cancer treated with two sequential intramuscular doses administered with a 3-month interval of Lutrate 3 month Depot and followed up for total a period of 6 months. Most of the treatment-related AEs reported are mainly subject to the specific pharmacological action of leuprorelin acetate and associated with testosterone suppressing therapy.

The most commonly reported adverse reactions with Lutrate 3 month Depot are hot flushes.

The following adverse reactions from clinical investigations were listed below by system organ class and in order of decreasing incidence (very common:  $\geq 1/10$ ; common:  $\geq 1/100$  to  $< 1/10$ ; uncommon:  $\geq 1/1,000$  to  $< 1/100$ ).

**Table 1. Number and frequency of ADRs during Lutrate 3 month Depot 22.5 mg therapy.**

<b>Category</b>	
<b>SOC</b>	
<i>Frequency:</i>	Preferred Term
<b>Metabolism and nutrition disorders:</b>	
<i>Common:</i>	decreased appetite
<i>Uncommon:</i>	Hypercholesterolaemia, hyperlipidaemia
<b>Psychiatric disorders</b>	
<i>Common:</i>	Insomnia, libido decreased, mood changes, depression.
<i>Uncommon:</i>	Sleep disorders, emotional disorder, anxiety, anger and anorexia.
<b>Nervous system disorders</b>	
<i>Common:</i>	Dizziness and headache
<i>Uncommon:</i>	dysgeusia, formication, somnolence, lethargy
<b>Eye disorders</b>	
<i>Uncommon:</i>	vision blurred
<b>Ear and labyrinth disorders</b>	
<i>Uncommon:</i>	Tinnitus, vertigo
<b>Respiratory, thoracic and mediastinal disorders</b>	
<i>Uncommon:</i>	Pleurisy
<i>Not known:</i>	Pneumonitis, interstitial lung disease
<b>Vascular disorder</b>	
<i>Very Common:</i>	Hot flush
<i>Common:</i>	flushing
<b>Gastrointestinal disorders</b>	
<i>Common:</i>	Nausea, diarrhoea
<i>Uncommon:</i>	Abdominal pain upper, constipation
<b>Hepatobiliary disorders</b>	
<i>Uncommon:</i>	Hyperbilirubinaemia
<b>Skin and subcutaneous tissue disorders</b>	
<i>Common:</i>	Hyperhidrosis, pruritus, cold sweats
<i>Uncommon:</i>	Papule, periorbital oedema, rash, pruritus generalised, night sweats

<b>Musculoskeletal and connective tissue disorders</b>	
<i>Common:</i>	Bone pain, arthralgia
<i>Uncommon:</i>	Back pain, musculoskeletal pain, muscle spasms, neck pain, pain in extremity
<b>Renal and urinary disorders</b>	
<i>Common:</i>	Pollakiuria, nocturia, urinary tract pain, urine flow decreased, urinary retention, urinary incontinence
<b>Reproductive system and breast disorders</b>	
<i>Common:</i>	Erectile dysfunction
<i>Uncommon:</i>	Nipple pain, pelvic pain, testicular atrophy, testicular disorder, breast swelling, breast tenderness, ejaculation failure
<b>General disorders and administration site conditions</b>	
<i>Common:</i>	Fatigue, asthenia, pain, local adverse reactions (see <b>table 2</b> )
<i>Uncommon:</i>	Feeling hot, feeling jittery
<b>Investigations</b>	
<i>Common:</i>	Alanine aminotrasferase increased, aspartate aminotransferase increased, blood triglyceride increased, blood creatine phosphokinase increased, blood glucose increased, weight gain
<i>Uncommon:</i>	Blood calcium increased, blood creatine increased, blood lactate dehydrogenate increased, blood potassium decreased, blood potassium increased, blood urea increased, electrocardiogram QT prolonged (see sections 4.4 and 4.5), electrocardiogram QT shortened, electrocardiogram T wave inversion, gamma-glutamyltransferase increased, bilirubin increased, glomerular filtration rate decreased, haematocrit decreased, haematology test abnormal, haemoglobin decreased, mean cell volume increased, red blood cell count decreased, residual urine volume increased

In terms of severity, 84.7% of all treatment-related AEs were mild or moderate. The most frequently reported was hot flushes (77.3%), 57.7% of the hot flushes were reported as mild and 17.2% as moderate. Five cases of hot flushes (3.1%) were reported as severe.

A total of 38 local adverse reactions (LAR) at the injection site were reported by 24 patients (14.7%) during the study.

Local adverse reactions reported after the injection of Lutrate 3 month Depot 22.5 mg are similar to the local adverse reactions associated with similar products administered via intramuscular. Injection site pain, injection site erythema and injection site induration were the most commonly reported. Uncommonly reported reactions were injection site discomfort, injection site urticaria, injection site warmth, vessel puncture site pain, injection site haemorrhage (**Table 2**)

**Table 2. Frequency of patients with local adverse reactions during Lutrate 3 month Depot therapy.**

	<b>Patients with related LAR</b>
<b>Primary SOC*</b>	
<b>General disorders and administration site conditions</b>	<b>%</b>
<i>Common</i>	
Injection site pain	9.2
Injection site erythema	3.1
Injection site induration	2.5
<i>Uncommon</i>	
Injection site discomfort	0.6
Injection site urticaria	0.6
Injection site warmth	0.6
Injection site hemorrhage	0.6
Vessel puncture site pain	0.6

\*Subjects may fall into more than one category; LAR: local adverse reaction; SOC: System Organ Class.

These events were all reported as not serious and mild or moderate in severity. No patient discontinued therapy due to local adverse events.

Other adverse events which have been reported in general to occur with leuprorelin acetate treatment include:

Peripheral oedema, pulmonary embolism, palpitations, myalgia, muscle weakness, chills, peripheral vertigo, rash, amnesia, visual disturbances and an alteration in the skin sensation. Infarction of pre-existing pituitary adenomas has been reported rarely after administration of both short and long acting LHRH agonists. There have been rare reports of thrombocytopenia and leucopenia. Changes in glucose tolerance have been reported.

#### Changes in Bone Density

Decreased bone density has been reported in the medical literature in men who have had orchiectomy or who have been treated with LHRH analogues. It can be anticipated that long periods of treatment with leuprorelin may show increasing signs of osteoporosis. Regarding the increased risk for fractures owing to osteoporosis (see **section 4.4**).

#### Exacerbation of signs and symptoms of the disease

Treatment with leuprorelin acetate can cause exacerbations of signs and symptoms of the disease during the first few weeks. If conditions such as vertebral metastases and/or urinary obstruction or haematuria are aggravated, neurological problems such as weakness and/or paraesthesia of the lower limbs or worsening of urinary symptoms may occur (see **section 4.4**).


#### Reporting of suspected adverse reactions


Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the

HPRA Pharmacovigilance,

Earlsfort Terrace,

IRL - Dublin 2;

Tel: +353 1 6764971 ;

Fax: +353 1 6762517 .

Website <http://www.hpra.ie/>;

E-mail: [medsafety@hpra.ie](mailto:medsafety@hpra.ie).

## **4.9 Overdose**

There is no clinical experience with the effects of an acute overdose of Lutrate 3 month Depot or leuprorelin acetate. In clinical trials using daily subcutaneous leuprorelin acetate in patients with prostate cancer, doses as high as 20 mg/day for up to two years caused no AEs differing from those observed with the 1 mg/day dose.

In animal studies, doses of up to 500 times the recommended human dose resulted in dyspnoea, decreased activity and local irritation at the injection site. In cases of overdosage, the patient should be monitored closely and management should be symptomatic and supportive.

## **5 PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

Pharmacotherapeutic group: Endocrine therapy. Hormones and related agents. Gonadotropin-releasing hormones analogues; ATC code: L02AE02.

#### Mechanism of action

The chemical name of Leuprorelin acetate is

5-oxo-L-prolyl-L-histidyl-L-tryptophyl-L-seryl-L-tyrosyl-D-leucyl-L-leucyl-L-arginyl-L-prolyl-ethylamide.

Leuprorelin acetate is inactive when given orally due to poor membrane permeability and an almost complete inactivation by intestinal proteolytic enzymes.

Leuprorelin acetate has potent LHRH agonist properties when given during short-term and intermittent therapy, however, when administered in a continuous, nonpulsatile manner, LHRH analogs induce inhibition of gonadotropin secretion and suppression of testicular steroidogenesis.

#### Pharmacodynamic effects

Upon binding to pituitary LHRH receptors, leuprorelin acetate produces an initial increase in circulating levels of luteinizing hormone (LH) and follicle stimulating hormone (FSH), leading to an acute rise in levels of testosterone and dihydrotestosterone.

However, within five to eight days after drug administration, LHRH analogs produce desensitization of the LHRH receptor complex and/or downregulation of the anterior pituitary gland. Due to the fact that there are fewer receptors on the cell surface, cellular stimulation is decreased, and less gonadotropin is synthesized and secreted. Eventually, after several weeks of LHRH agonist therapy, LH and FSH secretion is suppressed. As a result, Leydig cells in the testes cease to produce testosterone, and the serum testosterone concentration declines to a castration level (less than 0.5 ng/mL) in about two to four weeks after initiation of treatment.

**Clinical efficacy and safety**

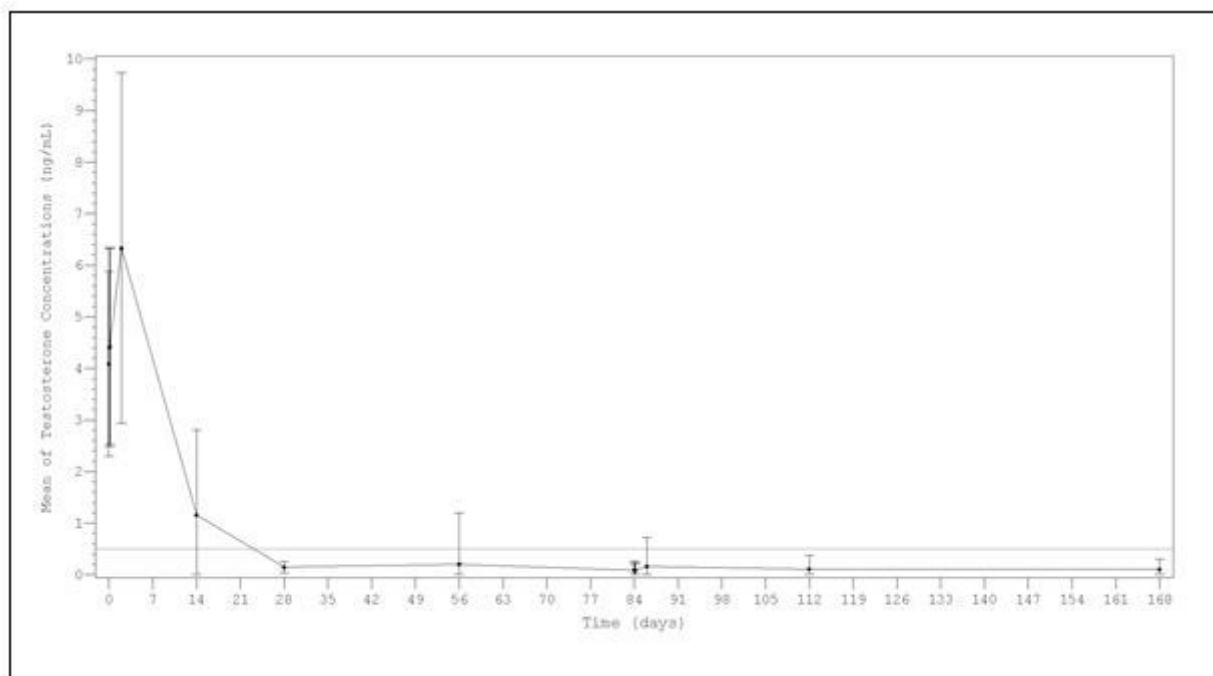
In an open-label, multicenter, multiple dose clinical study of Lutrate 3 month Depot 22.5 mg, 163 patients with prostate cancer, were enrolled. The objectives were to determine the efficacy and safety of Lutrate 3 month Depot when given to prostate cancer patients who could benefit from androgen deprivation therapy. Lutrate 3 month Depot was administered intramuscularly in 2 doses with a 3-month interval.

Testosterone levels were monitored at different days during 168 days. Testosterone sampling schedule was at days 0 (1 and 4 hrs), 2, 14, 28, 56, 84 pre-dose, 84 (1h and 4 hrs), 86, 112 and 168. Primary end point was defined as testosterone values  $\leq 0.5$  ng/mL and no missing data assessed at days 28, 84 and 168. For each patient, if testosterone was greater than 0.5 ng/mL or if testosterone data were missing at any of the key time points (ie, Days 28, 84, and 168), the patient was classified as a failure, unless the missing data were due to an event, such as death, unrelated to study drug. Specifically, if at any key time point (Days 28, 84, and 168) missing data were due to an AE related to study drug or treatment, the patient was classified as a failure.

After the first injection the mean testosterone levels rapidly increased from baseline levels ( $4.09 \pm 1.79$  ng/mL), reaching peak levels ( $C_{max}$ ) of  $6.33 \pm 3.40$  ng/mL at the second day. After peaking, testosterone levels fell, and 98.8% (159/161) of the evaluable patients achieved medical castration at day 28 (defined as testosterone less than 0.5 ng/mL). Additionally, at this time, 77.0% of patients achieved the more stringent criterion of testosterone  $\leq 0.2$  ng/mL. (Figure 1). At day 168, 99.4% of evaluable patients (150/151) presented testosterone level below 0.5 ng/mL and 90.7% were below  $\leq 0.2$  ng/mL.

According to the primary endpoint definition (see definition above) the rate of patients maintaining castration throughout the study was 98.1% (158/161).

**Figure 1. Mean ( $\pm$ SD) testosterone plasma levels during two sequential IM doses of Lutrate 3 month Depot 22.5 mg with a 3-month interval**



Results from a sensitivity analysis performed considering either single testosterone escapes or missing data as failures, showed castration rates around or above 92% at every time point ( Day 28, 97.5% (157/161); Day 56, 93.2% (150/161); Day 84<sub>predose</sub>, 96.9% (156/161); Day 84<sub>1hour post-dose</sub> 91.9% (148/161); Day 84<sub>4hour post-dose</sub> 91.9% (148/161); Day 86 93.8% (151/161); Day 112 92.5% (149/161) and Day 168 93.2% (150/161)).

The frequency of escapes just after the second administration was 6.8% (11/161) and the frequency of testosterone breakthrough response was 6.2% (10/161). None of the transient escapes was associated with LH increase, clinical symptoms or PSA raises.

No drug-related adverse events suggestive of a clinical testosterone flare (urinary retention, spinal cord compression, or exacerbation of bone pain) were reported in any of the patients showing a testosterone breakthrough effect.

Secondary efficacy endpoints included determination of serum LH, FSH and PSA concentrations. By day 14 after the first Lutrate 3 month Depot injection, mean LH and FSH serum levels had decreased below the baseline concentrations. Concentrations remained well below baseline values from day 28 until the end of the study. During the treatment, median PSA serum levels gradually decreased (first month) and then remained constantly below baseline level until the end of the study. However, as expected a wide and expected inter-individual variation in PSA concentrations was observed throughout the study.

## 5.2 Pharmacokinetic properties

### Absorption

Following two sequential injections of Lutrate 3 month Depot administered with a 3-month interval, maximal leuporelin acetate plasma concentration observed in a sample of prostate cancer patients (N=30) was similar among the two cycles. After first administration (Days 0-84),  $C_{max}$  was  $46.79 \pm 18.008$  ng/mL. Mean time to achieve  $C_{max}$  ( $T_{max}$ ) was 0.07 days, corresponding to 1.68 h (range 1.008 – 4.008 h).

### Distribution

No drug distribution study was conducted with Lutrate 3 month Depot. However, in healthy male volunteers, the mean steady-state volume of distribution of leuporelin acetate following bolus intravenous (IV) 1.0 mg dose was 27 L. *In vitro* binding to human plasma proteins ranged from 43% to 49%.

### Elimination

No drug metabolism or excretion studies were conducted with Lutrate 3 month Depot.

Leuporelin is expected to be metabolised to smaller inactive peptides that may be excreted or further catabolised.

In healthy male volunteers, a 1.0 mg bolus of leuporelin acetate administered IV revealed that the mean systemic clearance was 7.6 L/h, with a terminal elimination half-life of approximately 3 hours based on a two compartment model.

Following administration of leuporelin acetate to 3 patients, less than 5% of the dose was recovered as parent and M-I metabolite in the urine.

### Special Populations

#### *Renal/hepatic impairment*

The pharmacokinetics of the drug in hepatically and renally impaired patients have not been determined.

## 5.3 Preclinical safety data

Non-clinical data reveal no special hazard for humans based on conventional studies of safety pharmacology, repeated dose toxicity and genotoxicity conducted with leuporelin acetate.

As expected from its known pharmacological properties, non-clinical studies showed effects on the reproductive systems, which were reversible. In the reproductive toxicity studies, leuporelin acetate did not show teratogenicity. However, embryotoxicity/lethality was observed in rabbits.

Carcinogenicity studies performed in rats with leuporelin acetate administered subcutaneously (0.6 to 4 mg/kg/day), showed a dose-related increase in pituitary adenomas. Furthermore a significant but not dose-related increase of pancreatic islet-cell adenomas in females and of testicular interstitial cell adenomas in males was observed, the highest incidence was in the low dose group. Administration of leuporelin acetate resulted in inhibition of the growth of certain hormone dependent tumours (prostatic tumours in Noble and Dunning male rats and DMBA-induced mammary tumours in female rats). No such effects were observed in carcinogenicity studies performed in mice. No carcinogenicity studies have been conducted with Lutrate 3 month Depot.

Studies with leuporelin acetate showed that the product was not mutagenic in a set of in vitro and in vivo assays. No mutagenicity studies have been conducted with Lutrate 3 month Depot.



## 6 PHARMACEUTICAL PARTICULARS

### 6.1 List of excipients

#### Excipients of the lyophilizate (vial):

Polysorbate 80  
Mannitol (E-421)  
Carmellose sodium (E-466)  
Triethyl citrate  
Poly(lactic acid) (PLA)

#### Excipients of the solvent (prefilled syringe):

Mannitol (E-421)  
Sodium hydroxide (for pH adjustment)  
Hydrochloric acid (for pH adjustment)  
Water for injections

### 6.2 Incompatibilities

In the absence of compatibility studies, this medicinal product must not be mixed with other medicinal products.

No other solvent other than the sterile solvent provided for Lutrate 3 month Depot can be used for the reconstitution of Lutrate 3 month Depot powder.

### 6.3 Shelf life

3 years unopened.

Once reconstituted with the solvent the suspension obtained should be administered immediately.

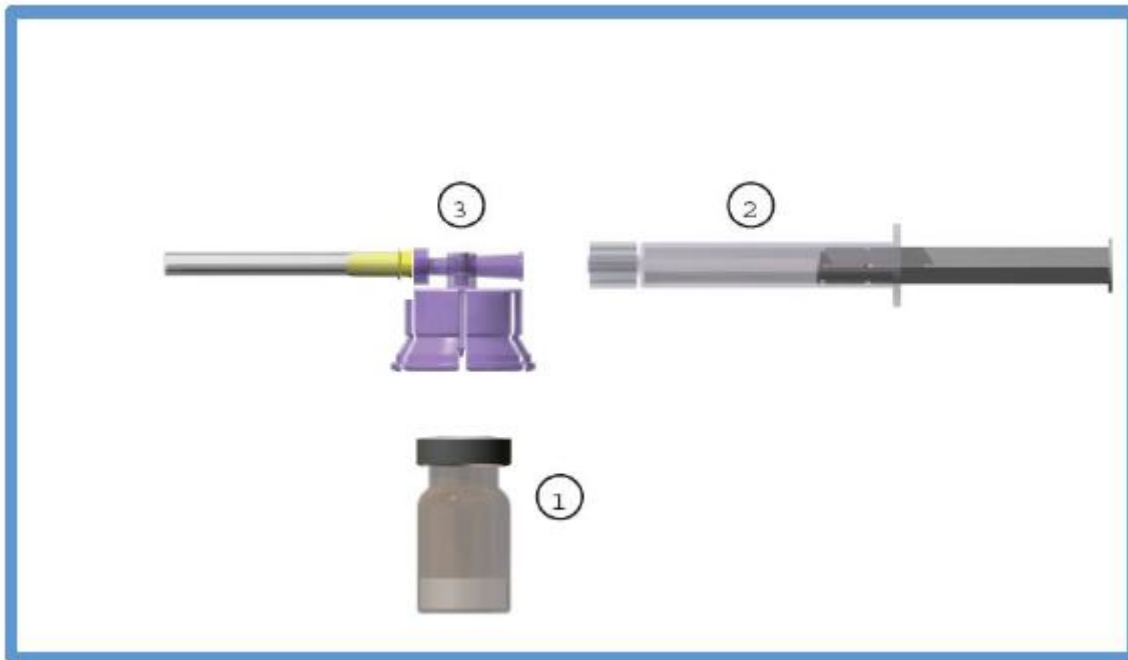
### 6.4 Special precautions for storage

Do not store above 25° C. Do not freeze.

### 6.5 Nature and contents of container

The commercial kit includes:

1. One (1) type I glass vial containing 3.75 mg of leuprorelin acetate as a freeze-dried powder, sealed with a bromobutyl stopper and an aluminium flip-off cap.
2. One (1) type I glass prefilled syringe containing 2 ml of solvent sealed with an elastomer cap.
3. One (1) polycarbonate / HDPE adaptor system including one (1) sterile 20 gauge needle.



**6.6 Special precautions for disposal and other handling**

Method of administration


The vial of Lustrate 3 month Depot should be reconstituted immediately prior to administration by single intramuscular injection. Make sure an aseptic technique is followed.

The reconstituted product is a suspension of milky, white colour appearance.

**Use the solvent included in the kit. No other solvent can be used for reconstitution of Lustrate 3 month Depot.**

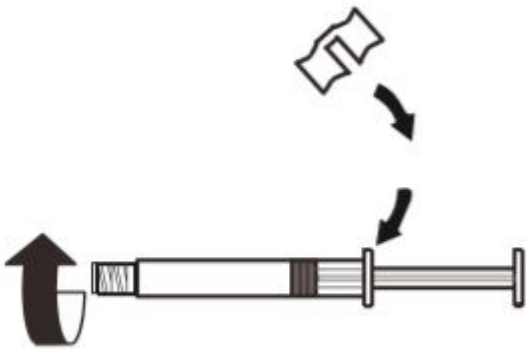
The product is meant for a single injection. Any remaining suspension must be discarded.

Reconstitute Lustrate 3 month Depot according to the following instructions. Read carefully before administering the product:

<p>1.</p> 	<p>Totally remove the <u>Flip-Off cap</u> from the top of the vial, revealing the rubber stopper. Confirm that no parts of the flip-off cap remain on the vial.</p>
<p>2.</p>	<p>Place the vial in a standing upright position on a table. Peel the cover away from the blister pack containing the vial adapter (MIXJECT). <b>Do not remove the vial adapter from the blister pack.</b> Place the blister pack containing the vial adapter firmly on the vial top, <b>piercing the vial in a totally vertical position. Push down gently until you feel it snap in place.</b></p>

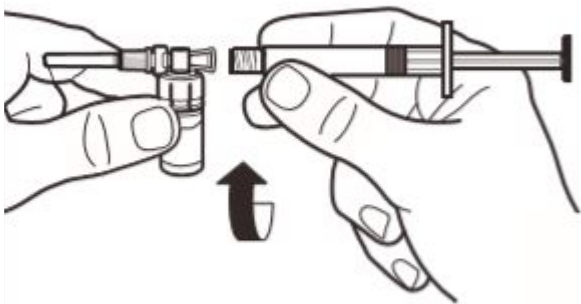


3.



Affix the white finger-grip to the syringe **until it snaps**.  
**Unscrew** the **rubber cap** from the syringe **counter-clockwise**.  
 Then, **remove the blister pack** from the MIXJECT

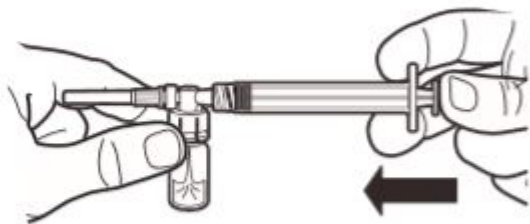
4.



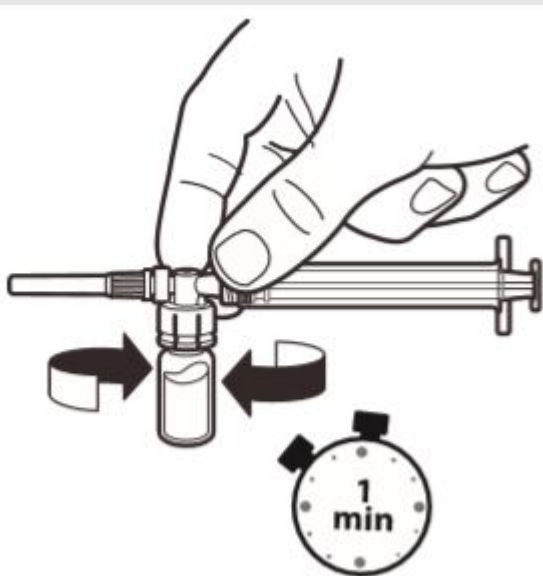
Connect the syringe to the vial adapter by screwing it clockwise into the opening on the side of the vial adapter. **Gently twist the syringe until it stops turning to ensure a tight connection.**

5.

While keeping the syringe and vial securely coupled in an upright position, slowly push the plunger to **transfer all the diluent into the vial.**

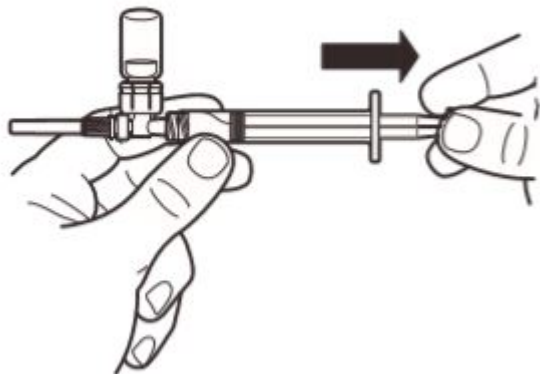


6.



With the syringe still coupled to the vial, **shake the vial gently for approximately one minute until a uniform milky-white suspension is obtained.**  
To avoid separation of the suspension, **proceed to the next steps without delay.**

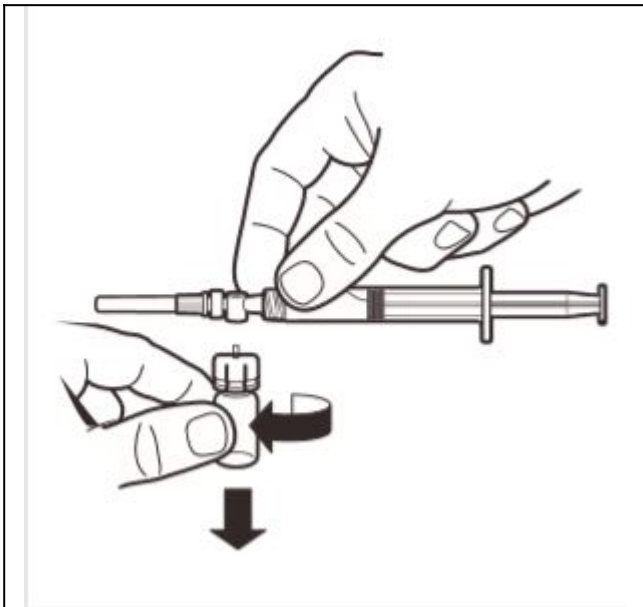
7.



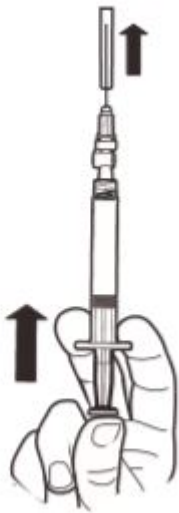
Invert the MIXJECT system so that the vial is at the top. Grasp the MIXJECT system firmly by the syringe and pull back the plunger rod slowly to draw the reconstituted product into the syringe.  
**Some product may cake or clump at the vial wall. This is considered normal.**

8.

Disconnect the vial adapter from the MIXJECT-syringe assembly: Grab firmly the syringe and turn the vial (grasping the plastic cap of the adapter) clockwise.

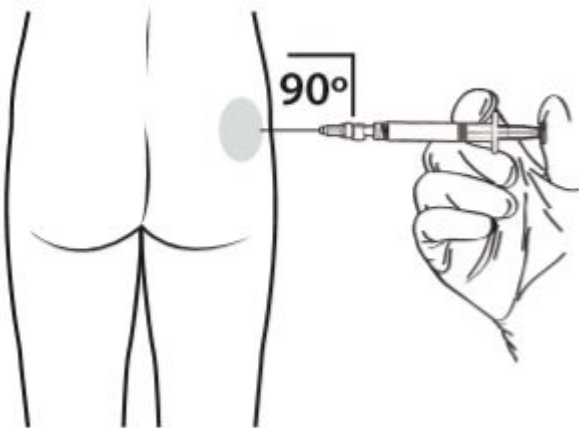


9.



Keep the syringe UPRIGHT. With the opposite hand pull the needle cap upward. Advance the plunger to expel the air from the syringe. **The syringe containing the product is ready for immediate administration.**

10.



Administer the intramuscular injection by inserting the needle at a 90-degree angle into the gluteal area. **Ensure that the full amount of the product is injected.** Injection sites should be alternated.

Any unused medicinal product or waste material should be disposed of in accordance with local requirements.

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**8 MARKETING AUTHORISATION NUMBER**

PA1766/002/002

**9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

Date of first authorisation: 17<sup>th</sup> July 2015

Day of last renewal: 4<sup>th</sup> May 2020

**10 DATE OF REVISION OF THE TEXT**

April 2022