# **Summary of Product Characteristics**

## **1 NAME OF THE MEDICINAL PRODUCT**

Terlipressin acetate EVER Pharma 0.2 mg/ml solution for injection

## **2 QUALITATIVE AND QUANTITATIVE COMPOSITION**

5 ml of injection solution contains 1 mg terlipressin acetate corresponding to 0.85 mg terlipressin. 10 ml of injection solution contains 2 mg terlipressin acetate corresponding to 1.7 mg terlipressin. Each ml contains 0.2 mg terlipressin acetate corresponding to 0.17 mg terlipressin

Excipient with known effect: Each ml contains 3.68 mg sodium.

For the full list of excipients, see section 6.1.

#### **3 PHARMACEUTICAL FORM**

Solution for injection Clear colourless aqueous solution with a pH of 4.0 – 5.0 and an osmolarity of 270 - 330 mOsm/L.

## **4 CLINICAL PARTICULARS**

#### 4.1 Therapeutic indications

Treatment of bleeding oesophageal varices.

Emergency treatment of type 1 hepatorenal syndrome, as defined by IAC (International Ascites Club) criteria.

#### 4.2 Posology and method of administration

<u>Posology</u>

#### Adults

1) Short term management of bleeding oesophageal varices:

The administration of terlipressin serves the emergency care for acute bleeding oesophageal varices until endoscopic therapy is available. Afterwards the administration of terlipressin for the treatment of oesophageal varices is usually an adjuvant therapy to the endoscopic haemostasis.

Initial dose: The recommended initial dose is 1 to 2 mg terlipressin acetate<sup>#</sup> (equivalent to 5 to 10 ml of solution) administered by intravenous injection over a period of time.

Depending on the patient's body weight the dose can be adjusted as follows:

- weight less than 50 kg:	1 mg terlipressin acetate (5 ml)		
- weight 50 kg to 70 kg:	1.5 mg terlipressin acetate (7.5 ml)		
- weight exceeding 70 kg:	2 mg terlipressin acetate (10 ml).		

Maintenance dose: After the initial injection, the dose can be reduced to 1 mg terlipressin acetate every 4 to 6 hours.

<sup>#</sup> 1 to 2 mg terlipressin acetate corresponding to 0.85 to 1.7 mg terlipressin

The approximate value for the maximum daily dose of Terlipressin acetate EVER Pharma 0.2 mg/ml solution for injection is 120 µg terlipressin acetate per kg body weight.

The therapy is to be limited to 2 - 3 days in adaptation to the course of the disease. The intravenous injection should be given over a period of one minute.

#### Health Products Regulatory Authority

An i.v. injection of 1 mg terlipressin acetate every 6 hours for at least 3 days. If after 3 days of treatment, the decrease of serum creatinine is less than 30 % with respect to the baseline, doubling the dose to 2 mg every 6 hours will have to be considered.

Treatment with terlipressin should be interrupted if there is no response to treatment (defined as decrease of serum creatinine is less than 30 % on day 7 with respect to the baseline) or in patients with complete response (values of serum creatinine below 1.5 mg/dl, for at least two consecutive days).

In patients showing an incomplete response (decrease of serum creatinine of at least 30 % with respect to the baseline but without reaching a value below 1.5 mg/dl on day 7), treatment with terlipressin may be maintained to a maximum of 14 days.

In most clinical studies supporting the use of terlipressin for the treatment of hepatorenal syndrome, human albumin was administered simultaneously at a dosage of 1 g/kg BW on the first day and afterwards at a dosage of 20 - 40 g/day. The usual duration of the treatment of hepatorenal syndrome is 7 days, being the maximum duration recommended 14 days.

## Elderly patients

Terlipressin acetate EVER Pharma should be used with caution in patients over 70 years of age (see section 4.4).

## Paediatric population

Terlipressin acetate EVER Pharma is not recommended in children and adolescents due to insufficient experience on safety and efficacy (see section 4.4).

## Renal insufficiency

Terlipressin acetate EVER Pharma should only be used with caution in patients with chronic renal failure (see section 4.4).

## Type 1 hepatorenal syndrome:

Terlipressin should be avoided in patients with advanced renal dysfunction, i.e., baseline serum creatinine  $\geq$  442µmol/L (5.0 mg/dL), unless the benefit is judged to outweigh the risks (see section 4.4).

## Hepatic insufficiency

A dose adjustment is not required in patients with liver failure.

#### Type 1 hepatorenal syndrome:

Terlipressin should be avoided in patients with severe liver disease defined as Acute-on-Chronic Liver Failure (ACLF) grade 3 and/or a Model for End-stage Liver Disease (MELD) score  $\geq$  39, unless the benefit is judged to outweigh the risks (see section 4.4).

# Method of administration

For intravenous use only. The solution should be inspected prior to administration. Do not use Terlipressin acetate EVER Pharma if it contains particles or is discolored.

For administration, the required volume should be extracted from the vial with a syringe.

# Type 1 hepatorenal syndrome

As an alternative to bolus injection, terlipressin can be administered as a continuous intravenous (IV) infusion with a starting dose of 2 mg of terlipressin acetate/24 hours and increased to a maximum of 12 mg of terlipressin acetate/24 hours. Administration of terlipressin as continuous IV infusion may be associated with lower rates of severe adverse events than with administration by IV bolus (see section 5.1).

# 4.3 Contraindications

• Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

• Pregnancy

# 4.4 Special warnings and precautions for use

In principle the use of the product should be confined to specialist supervision in units with facilities for regular monitoring of the cardiovascular system, haematology and electrolytes.

Terlipressin acetate EVER Pharma should only be used with caution and under strict monitoring of the patients in the following cases:

18 July 2023

CRN00DQ9F

- septic shock
- bronchial asthma, respiratory deficiencies
- uncontrolled hypertension
- cerebral or peripheral vascular diseases
- pre-existing seizures
- cardiac arrhythmias
- coronary deficiencies or previous myocardial infarction
- chronic renal insufficiency
- elderly patients over 70 years of age as experience is limited in this group.

Also hypovolaemic patients often react with an increased vasoconstriction and atypical cardiac reactions.

Terlipressin has a weak antidiuretic effect (only 3% of the antidiuretic effect of native vasopressin) therefore patients with a history of disturbed electrolyte metabolism should be monitored for a possible hyponatraemia and hypokalaemia.

In emergency situations which require an immediate treatment before sending the patient to a hospital symptoms of hypovolaemia have to be considered.

Terlipressin has no effect on arterial bleeding.

To avoid local necrosis at the injection site, the injection must be administered intravenously.

## Skin Necrosis:

During post-marketing experience several cases of cutaneous ischemia and necrosis unrelated to the injection site (see section 4.8) have been reported. Patients with peripheral venous hypertension or morbid obesity seem to have a greater tendency to this reaction. Therefore, extreme caution should be exercised when administering terlipressin in these patients.

## Torsade de pointes:

During clinical trials and post-marketing experience, several cases of QT interval prolongation and ventricular arrhythmias including "Torsade de pointes" have been reported (see section 4.8). In most cases, patients had predisposing factors such as basal prolongation of the QT interval, electrolyte abnormalities (hypokalemia, hypomagnesemia) or medications with concomitant effect on QT prolongation. Therefore, extreme caution should be exercised in the use of terlipressin in patients with a history of QT interval prolongation, electrolytic anormalities, concomitant medications that can prolong the QT interval, such as class IA and III antiarrhythmics, erythromycin, certain antihistamines and tricyclic antidepressants or medications that can cause hypokalaemia or hypomagnesemia (e.g. some diuretics) (see section 4.5).

# Monitoring during treatment

During treatment, regular monitoring of blood pressure, heart rate, oxygen saturation, serum levels of sodium and potassium, as well as fluid balance are required. Particular care is required in management of patients with cardiovascular or pulmonary disease since terlipressin may induce ischemia and pulmonary vascular congestion.

# Type 1 hepatorenal syndrome

Prior to use of terlipressin for hepatorenal syndrome, it must be ascertained that the patient has an acute functional renal failure and this functional renal failure does not respond to a suitable plasma expansion therapy.

#### Renal impairment

Terlipressin should be avoided in patients with advanced renal dysfunction, i.e., baseline serum creatinine  $\geq$  442µmol/L (5.0 mg/dL), when treated with terlipressin for type 1 hepatorenal syndrome, unless the benefit is judged to outweigh the risks. Reduced efficacy in reversal of hepatorenal syndrome, increased risk of adverse events, and increased mortality in this patient group have been observed in clinical trials (see section 4.2).

# Hepatic impairment

Terlipressin should be avoided in patients with severe liver disease defined as Acute-on-Chronic Liver Failure (ACLF) grade 3 and/or a Model for End-stage Liver Disease (MELD) score  $\geq$  39, when treated with terlipressin for type 1 hepatorenal syndrome, unless the benefit is judged to outweigh the risks. Reduced efficacy in reversal of hepatorenal syndrome, increased risk of respiratory failure, and increased mortality in this patient group have been observed in clinical trials (see section 4.2).

# Respiratory events

Fatal cases of respiratory failure, including respiratory failure due to fluid overload, have been reported in patients treated with terlipressin for type 1 hepatorenal syndrome.

Patients with a new onset of breathing difficulties or worsening of respiratory disease should be stabilised prior to receiving their first dose of terlipressin.

Caution should be exercised when terlipressin is administered together with human albumin as part of the standard of care for type 1 hepatorenal syndrome. In case of signs or symptoms of respiratory failure or fluid overload, dose reduction of human albumin should be considered. If respiratory symptoms are severe or do not resolve, treatment with terlipressin should be discontinued.

## Sepsis/ septic shock

Cases of sepsis/septic shock, including fatal cases, have been reported in patients treated with terlipressin for type 1 hepatorenal syndrome. Patients should be monitored daily for any signs or symptoms suggestive of infection.

## Special populations

Particular caution should be exercised in the treatment of children, adolescents and elderly patients, as experience is limited and there are no safety and efficacy data available regarding dosage recommendation in this population.

## Terlipressin acetate EVER Pharma contains sodium

This medicinal product contains 3.68 mg sodium per ml, equivalent to 0.18 % of the WHO recommended maximum daily intake of 2 g sodium for an adult.

# 4.5 Interaction with other medicinal products and other forms of interaction

Terlipressin increases the hypotensive effect of non-selective  $\beta$ -blockers on the portal vein. The reduction in heart rate and cardiac output caused by the treatment can be attributed to the inhibition of the reflexogenic activity of the heart through the vagus nerve as a result of increased blood pressure. Concomitant treatment with drugs known to induce bradycardia (e.g. propofol, sufentanil) can cause severe bradycardia.

Terlipressin can trigger ventricular arrhythmias including "Torsade de pointes" (see sections 4.4 and 4.8). Therefore, extreme caution should be exercised in the use of terlipressin in patients with concomitant medications that can prolong the QT interval, such as class IA and III antiarrhythmics, erythromycin, certain antihistamines and tricyclic antidepressants or medications that may cause hypokalaemia or hypomagnesemia (e.g. some diuretics).

# 4.6 Fertility, pregnancy and lactation

#### Pregnancy

Terlipressin acetate EVER Pharma is contraindicated during pregnancy as terlipressin has been shown to cause uterine contractions and increased intrauterine pressure in early pregnancy and may decrease uterine blood flow. Terlipressin may have harmful effects on pregnancy and foetus. Spontaneous abortion and malformation has been shown in rabbits after treatment with terlipressin (see section 5.3).

# Breast-feeding

It is not known whether terlipressin is excreted in human breast milk. The excretion of terlipressin in milk has not been studied in animals. A risk to the breastfed child cannot be excluded.

A decision must be made whether to discontinue breast-feeding or to discontinue/abstain from terlipressin therapy taking into account the benefit of breast-feeding for the child and the benefit of therapy for the woman

# 4.7 Effects on ability to drive and use machines

No studies on the effect on the ability to drive and use machines have been performed.

# 4.8 Undesirable effects

Treatment of bleeding oesophageal varices and emergency treatment of type 1 hepatorenal syndrome (as defined by IAC criteria) with Terlipressin acetate EVER Pharma (1 mg intravenously and more) may be accompanied by the adverse reactions in Table 1.

The frequency of adverse reactions listed below is defined using the following convention: Very common ( $\geq 1/10$ ); Common ( $\geq 1/100$  to <1/10); Uncommon ( $\geq 1/1,000$  to <1/10); Rare ( $\geq 1/10,000$  to <1/10); Very rare (<1/10,000); not known (cannot

18 July 2023

#### Health Products Regulatory Authority

be estimated from the available data). Within each frequency grouping, adverse reactions are presented in order of decreasing seriousness.

There are adverse reactions that appear twice in the table, as the estimated frequencies differ between indications.

Table 1. Adverse	reactions report	ea			
MedDRA System Organ Class (SOC)	Very common	Common	Uncommon	Rare	not known
Infections and infestations		sepsis/septic shock <sup>a</sup>			
Metabolism and nutrition disorders			hyponatraemia	hyperglycaemia	
Nervous system disorders		headache	triggering of a convulsive disorder	stroke	
Cardiac disorders		ventricular and supra-ventricular arrhythmia, bradycardia, signs of ischaemia in the ECG	angina pectoris, acute hypertension rise, in particular in patients already suffering from hypertension (generally, it decreases spontaneously), atrial fibrillation, ventricular extrasystoles, tachycardia, chest pain, myocardial infarction, fluid overload with pulmonary oedema	myocardial ischemia	cardiac failure, Torsade de Pointes
Vascular disorders		hypertension, hypotension, peripheral ischaemia, peripheral vasoconstriction, facial pallor	intestinal ischaemia, peripheral cyanosis, hot flushes		
Respiratory, thoracic and mediastinal disorders		respiratory failure <sup>a</sup> , dyspnoea <sup>a</sup>	pulmonary oedema <sup>a</sup> , respiratory distress <sup>a</sup>	painin the chest, bronchospasm, respiratory distress <sup>b</sup> , respiratoryfailure <sup>b</sup> , pulmonary oedema <sup>b</sup>	
Gastrointestinal disorders		transient abdominal cramps, transient diarrhoea	transient nausea, transient vomiting		
Skin and subcutaneous tissue disorders		paleness	lymphangitis		skin necrosis unrelated to the site of administration

Table 1. Adverse reactions reported

Reproductive system and breast disorders	abdominal cramps (in women)		
Pregnancy, puerperium and perinatal conditions			uterine constriction, decreased uterine blood flow
General disorders and administration site conditions		local cutaneous necrosis	

<sup>a</sup> Applicable to type 1 hepatorenal syndrome. Frequencies are calculated based on the pooled safety population in the OT-0401, REVERSE and CONFIRM clinical trials.

<sup>b</sup> Applicable to other approved indications apart from type 1 hepatorenal syndrome

During clinical trials and post-marketing experience, several cases of QT interval prolongation and ventricular arrhythmias including "Torsade de pointes" have been reported (see sections 4.4 and 4.5).

During post-marketing experience, several cases of cutaneous ischemia and necrosis unrelated to the injection site have been reported (see section 4.4).

# Safety related to method of administration

Based on results from a dedicated, randomised, controlled, multicentre trial, administration of terlipressin as continuous IV infusion may be associated with lower rates of severe adverse events than with administration by IV bolus (see section 4.2 and 5.1).

# Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system: HPRA Pharmacovigilance

Website: www.hpra.ie

# 4.9 Overdose

The recommended dose should not be exceeded in any case, since the risk of severe circulatory adverse effects is dose-dependent.

An acute hypertensive crisis, especially in patients with recognized hypertension can be controlled with a vasodilator-type alpha-blocker, e.g. 150 microgram clonidine intravenously.

Bradycardia requiring treatment should be treated with atropine.

# **5 PHARMACOLOGICAL PROPERTIES**

# 5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Systemic hormonal preparations, posterior pituitary lobe hormones, vasopressin and analogues, ATC code: H01BA04

Terlipressin inhibits portal hypertension with simultaneous reduction of blood circulation in portal vessels. Terlipressin contracts smooth oesophageal muscle with consecutive compression of oesophageal varices.

The inactive pre-hormone terlipressin slowly releases bioactive lysine-vasopressin. Metabolic elimination takes place concomitantly and within a period of 4-6 hours. Therefore, concentrations remain continuously above the minimal effective dose and below toxic concentrations.

18 July 2023

CRN00DQ9F

# Specific effects of terlipressin are assessed as follows:

#### Gastrointestinal system:

Terlipressin increases the tone of vascular and extravascular smooth muscle cells. The increase in arterial vascular resistance leads to decrease of splanchnic hypervolemia. The decrease of the arterial blood supply leads to reduction of pressure in the portal circulation. Intestinal muscles contract concomitantly which increases intestinal motility. The muscular wall of the oesophagus also contracts which leads to closure of experimentally induced varices.

## <u>Kidneys:</u>

Terlipressin has only 3% antidiuretic effect of the native vasopressin. This residual activity is of no clinical significance. Renal blood circulation is not significantly effected in normovolemic condition. Renal blood circulation is increased, however, under hypovolemic condition.

## Blood pressure:

Terlipressin induces a slow haemodynamic effect which lasts 2-4 hours. Systolic and diastolic blood pressure increase mildly. More intense blood pressure increase has been observed in patients with renal hypertension and general blood vessel sclerosis.

## <u>Heart:</u>

All studies reported that no cardio-toxic effects were observed, not even under the highest dose of terlipressin. Influences on the heart, such as bradycardia, arrhythmia, coronary insufficiency, occur possibly because of reflex or direct vascular constrictive effects of terlipressin.

## <u>Uterus:</u>

Terlipressin causes significant decrease in myometrial and endometric blood flow.

## <u>Skin:</u>

The vasoconstrictive effect of terlipressin causes significant decrease in blood circulation of the skin. All studies reported obvious paleness on face and body.

#### Clinical efficacy and safety

Continuous intravenous infusion versus intravenous boluses in the treatment of type 1 hepatorenal syndrome in patients with cirrhosis.

The safety of continuous intravenous infusion of terlipressin has been compared with intravenous bolus in an open-label, randomised, controlled, multicentre trial. Seventy-eight patients with type 1 hepatorenal syndrome were randomly assigned to either continuous intravenous infusion of terlipressin acetate at the initial dose of 2 mg/day or intravenous boluses of terlipressin acetate at the initial dose of 0.5 mg every 4 hours. In case of no response, the dose was progressively increased to a final dose of 12 mg/day in both groups. Albumin was given at the same dose in both groups. The primary endpoint was defined as the prevalence of treatment-related adverse events (AEs) between the two groups. Both the total rate of treatment-related AEs as well as severe treatment-related AEs were lower in the continuous infusion group than in the bolus group (all treatment-related AEs: 12/34 patients (35%) vs 23/37 patients (62%), p<0.025. Severe treatment-related AEs: 7/34 patients (21%) vs 16/37 patients (43%); p<0.05). The rate of response to terlipressin was not statistically significantly different between the continuous infusion and bolus groups (76% vs 65%). The probability of 90-day transplant-free survival was not significantly different between the continuous infusion group and the bolus group (53% vs 69%).

In conclusion, the main pharmacological properties of terlipressin are its haemodynamic effects and its effects on smooth muscle. The centralization effect under hypovolemic condition is a desired side effect in patients with bleeding oesophageal varices.

#### **5.2 Pharmacokinetic properties**

After bolus intravenous injection terlipressin elimination follows second order kinetics. Plasma half-life was calculated as 8-12 minutes during the distribution phase (0-40 minutes) and 50-80 minutes during the elimination phase (40-180 minutes). The release of lysine-vasopressin is maintained for at least 180 minutes. Due to cleavage of the glycyl groups from terlipressin lysine-vasopressin is slowly released and reaches maximal concentrations after 120 minutes. Urine contains only 1% of the injected terlipressin, which indicates almost complete metabolism by endo- and exopeptidases of liver and kidneys.

# 5.3 Preclinical safety data

18 July 2023

#### Health Products Regulatory Authority

Non-clinical data reveal no special hazard for humans based on conventional studies of single- and repeat-dose toxicity, and genotoxicity. No carcinogenicity studies have been performed with terlipressin.

At doses relevant to humans, the only effects observed in animals were those attributed to the pharmacological activity of terlipressin.

Adverse reactions observed in animal studies with possible relevance to clinical use were as follows:

Due to its pharmacological effect on smooth muscles terlipressin may induce abortion in the first trimester.

An embryo-fetal study in rats demonstrated no adverse effects of terlipressin. In rabbits abortions occurred, probably related to maternal toxicity, and there were ossification anomalies in a small number of fetuses and a single isolated case of cleft palate.

# **6 PHARMACEUTICAL PARTICULARS**

#### 6.1 List of excipients

Sodium chloride Acetic acid Sodium hydroxide (for pH-adjustment) Hydrochloric acid (for pH-adjustment) Water for injections

## 6.2 Incompatibilities

In the absence of compatibility studies, this medicinal product must not be mixed with other medicinal products.

# 6.3 Shelf life

Unopened: 24 months Once the vial has been opened, the product must be used immediately.

#### 6.4 Special precautions for storage

Store in a refrigerator (2°C-8°C). Do not freeze.

## 6.5 Nature and contents of container

Colourless glass vials, closed with bromobutyl rubber stopper and sealed with aluminium flip-off cap. Each vial contains 5 ml or 10 ml of solution. Pack sizes:  $1 \times 5 \text{ ml}$ ,  $5 \times 5 \text{ ml}$ ,  $1 \times 10 \text{ ml}$ ,  $5 \times 10 \text{ ml}$ Not all pack sizes may be marketed.

#### 6.6 Special precautions for disposal and other handling

For single use only. Any unused medicinal product or waste material should be disposed of in accordance with local requirements.

# 7 MARKETING AUTHORISATION HOLDER

EVER Valinject GmbH Oberburgau 3 4866 Unterach am Attersee Austria

#### **8 MARKETING AUTHORISATION NUMBER**

# 9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

Date of first authorisation: 30<sup>th</sup> April 2021 Date of last renewal: 22<sup>nd</sup> September 2021

## **10 DATE OF REVISION OF THE TEXT**

June 2023