

# Summary of Product Characteristics

## 1 NAME OF THE MEDICINAL PRODUCT

Foznol 250 mg Chewable Tablets

## 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each chewable tablet contains lanthanum carbonate hydrate corresponding to 250 mg lanthanum.

### *Excipient with known effect:*

Each chewable tablet also contains 533.2 mg dextrans, containing glucose.

For the full list of excipients, see section 6.1.

## 3 PHARMACEUTICAL FORM

Chewable tablet.

White, round, 13 mm, bevelled-edge flat tablets debossed with 'S405/250' on one side.

## 4 CLINICAL PARTICULARS

### 4.1 Therapeutic indications

Foznol is indicated in adult patients as a phosphate binding agent for use in the control of hyperphosphataemia in chronic renal failure patients on haemodialysis or continuous ambulatory peritoneal dialysis (CAPD). Foznol is also indicated in adult patients with chronic kidney disease not on dialysis with serum phosphate levels  $\geq 1.78$  mmol/L in whom a low phosphate diet alone is insufficient to control serum phosphate levels.

### 4.2 Posology and method of administration

Foznol is for oral administration.

The tablets must be chewed completely and not swallowed whole. To aid with chewing the tablets may be crushed. Where Foznol oral powder is available, it can replace chewable tablets in patients who have difficulty chewing the tablets Foznol (see section 4.4).

#### *Adults, including elderly (> 65 years)*

Foznol should be taken with or immediately after food, with the daily dose divided between meals. Patients should adhere to recommended diets in order to control phosphate and fluid intake. Foznol is presented as a chewable tablet therefore avoiding the need to take additional fluid. Serum phosphate levels should be monitored and the dose of Foznol titrated every 2 to 3 weeks until an acceptable serum phosphate level is reached, with regular monitoring thereafter.

Control of serum phosphate level has been demonstrated at doses starting from 750 mg per day. The maximum dose studied in clinical trials, in a limited number of patients, is 3750 mg. Patients who respond to lanthanum therapy, usually achieve acceptable serum phosphate levels at doses of 1500-3000 mg lanthanum per day.

#### *Paediatric population*

The safety and efficacy of Foznol in children and adolescents below the age of 18 years have not been established (see sections 4.8 and 5.1). Currently available data are described in sections 5.1 and 5.2, but no recommendation on posology can be made.

#### *Hepatic impairment*

The effect of hepatic impairment on Foznol pharmacokinetics has not been assessed. Due to its mechanism of action and the lack of liver metabolism doses in hepatic impairment should not be modified, but patients should be monitored carefully (see sections 4.4 and 5.2).

### 4.3 Contraindications

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

Hypophosphataemia.

### 4.4 Special warnings and precautions for use

Tissue deposition of lanthanum has been shown with Foznol in animal studies. In 105 bone biopsies from patients treated with Foznol, some for up to 4.5 years, rising levels of lanthanum were noted over time (see section 5.1). Cases of lanthanum deposition in gastrointestinal mucosa, mainly after long term use, have been reported. Lanthanum deposition in gastroduodenal mucosa is demonstrated endoscopically as whitish lesions of different sizes and shapes. Also, various pathological features were identified in gastroduodenal mucosa with lanthanum deposition, such as chronic or active inflammation, glandular atrophy, regenerative changes, foveolar hyperplasia, intestinal metaplasia and neoplasia. The use of Foznol in clinical studies beyond 2 years is currently limited. However, treatment of subjects with Foznol for up to 6 years has not demonstrated a change in the benefit/risk profile.

There have been cases of gastrointestinal obstruction, ileus, subileus, and gastrointestinal perforation reported in association with lanthanum, some requiring surgery or hospitalisation (see section 4.8).

Lanthanum treatment in patients predisposed to gastrointestinal obstruction, ileus, subileus and perforation; for example, those with altered gastrointestinal anatomy (e.g., diverticular disease, peritonitis, history of gastrointestinal surgery, gastrointestinal cancer and gastrointestinal ulceration), hypomotility disorders (e.g., constipation, diabetic gastroparesis) and in subjects with medications known to potentiate these effects, should only be used after careful consideration.

For all subjects, physicians and patients should remain alert for signs and symptoms of gastrointestinal disorders, especially constipation and abdominal pain/distension which may indicate bowel obstruction, ileus, or subileus during treatment with lanthanum carbonate.

Withdrawal of lanthanum carbonate is recommended in patients who develop severe constipation or other severe gastrointestinal signs and symptoms, irrespective of predisposing conditions.

Patients with acute peptic ulcer, ulcerative colitis, Crohn's disease, or bowel obstruction were not included in clinical studies with Foznol.

Foznol tablets must be chewed completely and not swallowed whole (see section 4.2). Serious gastrointestinal complications have been reported in association with unchewed or incompletely chewed Foznol tablets.

Patients with renal insufficiency may develop hypocalcaemia. Foznol does not contain calcium. Serum calcium levels should therefore be monitored at regular time intervals for this patient population and appropriate supplements given.

Lanthanum is not metabolised by liver enzymes, but it is most likely excreted in the bile. Conditions resulting in a marked reduction of bile flow may be associated with incrementally slower elimination of lanthanum, which may result in higher plasma levels and increased tissue deposition of lanthanum (see sections 5.2 and 5.3). As the liver is the principal organ of elimination of absorbed lanthanum monitoring of liver function tests is recommended.

Foznol should be discontinued if hypophosphataemia develops.

Abdominal X-rays of patients taking lanthanum carbonate may have a radio-opaque appearance typical of an imaging agent.

Patients with rare glucose-galactose malabsorption should not take this medicine.

### 4.5 Interaction with other medicinal products and other forms of interaction

Lanthanum carbonatehydrate may increase gastric pH. It is recommended that compounds, which are known to interact with antacids, should not be taken within 2 hours of dosing with Fosrenol (e.g., chloroquine, hydroxychloroquine, and ketoconazole).

In healthy subjects, the absorption and pharmacokinetics of lanthanum were not affected by co-administration of citrate.

Serum levels of fat-soluble vitamins A, D, E, and K, were not affected by Fosrenol administration in clinical studies.

Human volunteer studies have shown that co-administration of Fosrenol with digoxin, warfarin, or metoprolol does not produce clinically relevant changes in the pharmacokinetic profiles of these drugs.

In simulated gastric juice, lanthanum carbonate hydrate did not form insoluble complexes with warfarin, digoxin, furosemide, phenytoin, metoprolol, or enalapril, suggesting a low potential to affect the absorption of these drugs.

However, interactions with drugs such as tetracycline and doxycycline are theoretically possible and if these compounds are to be co-administered, it is recommended that they are not to be taken within 2 hours of dosing with Fosrenol.

The bioavailability of oral ciprofloxacin was decreased by approximately 50% when taken with Fosrenol in a single-dose study in healthy volunteers. It is recommended that oral floxacin formulations are taken at least 2 hours before or 4 hours after Fosrenol.

Phosphate binders (including Fosrenol) have been shown to reduce the absorption of levothyroxine. Consequently, thyroid hormone replacement therapy should not be taken within 2 hours of dosing with Fosrenol and closer monitoring of TSH levels is recommended in patients receiving both medicinal products.

Lanthanum carbonate hydrate is not a substrate for cytochrome P450 and does not significantly inhibit the activities of the major human cytochrome P450 isoenzymes, CYP1A2, CYP2D6, CYP3A4, CYP2C9, or CYP2C19 in vitro.

#### **4.6 Fertility, pregnancy and lactation**

##### *Pregnancy*

There are no adequate data from the use of Foznol in pregnant women.

One study in rats showed reproductive foetotoxicity (delayed eye opening and sexual maturation) and reduced pup weights at high doses (see section 5.3). The potential risk for humans is unknown. Foznol is not recommended for use during pregnancy.

##### *Breast-feeding*

It is unknown whether lanthanum is excreted in human breast milk. The excretion of lanthanum in milk has not been studied in animals. Caution should be used in taking a decision whether to continue/discontinue breastfeeding or to continue/discontinue therapy with Foznol, taking into account the potential benefit of breastfeeding to the child and the potential benefit of Foznol therapy to the nursing mother.

##### *Fertility*

There are no fertility data available on lanthanum carbonate in humans. In rat toxicology studies, lanthanum carbonate had no adverse effects on fertility.

#### **4.7 Effects on ability to drive and use machines**

Foznol may induce dizziness and vertigo, which may impair the ability to drive and use machines.

#### **4.8 Undesirable effects**

The most commonly reported adverse drug reactions, with the exception of headache and allergic skin reactions, are gastrointestinal in nature; these are minimised by taking Fosrenol with food and generally abated with time with continued dosing (see section 4.2).

The following convention was used for frequency of adverse drug reactions: very common ( $\geq 1/10$ ); common ( $\geq 1/100$  to  $< 1/10$ ); uncommon ( $\geq 1/1,000$  to  $< 1/100$ ); rare ( $\geq 1/10,000$  to  $< 1/1,000$ ); very rare ( $< 1/10,000$ ), not known (cannot be estimated from the available data).

Uncommon	Gastroenteritis, laryngitis
<b>Blood and lymphatic system disorders</b>	
Uncommon	Eosinophilia
<b>Endocrine disorders</b>	
Uncommon	Hyperparathyroidism
<b>Metabolism and nutrition disorders</b>	
Common	Hypocalcaemia
Uncommon	Hypercalcaemia, hyperglycaemia, hyperphosphataemia, hypophosphataemia, anorexia, appetite increased
<b>Nervous system disorders</b>	
Very common	Headache
Uncommon	Dizziness, taste alteration
<b>Ear and labyrinth disorders</b>	
Uncommon	Vertigo
<b>Gastrointestinal disorders</b>	
Very common	Abdominal pain, diarrhoea, nausea, vomiting
Common	Constipation, dyspepsia, flatulence
Uncommon	Ileus, subileus, intestinal obstruction, irritable bowel syndrome, oesophagitis, stomatitis, loose stools, indigestion, gastrointestinal disorder (not otherwise specified), dry mouth, tooth disorder, eructation
Rare	Intestinal perforation
<b>Skin and subcutaneous tissue disorders</b>	
Uncommon	Alopecia, sweating increased
<b>Musculoskeletal and connective tissue disorders</b>	
Uncommon	Arthralgia, myalgia, osteoporosis
<b>General disorders and administration site conditions</b>	
Uncommon	Asthenia, chest pain, fatigue, malaise, peripheral oedema, pain, thirst
<b>Investigations</b>	
Uncommon	Blood aluminium increased, increase in GGT, increases in hepatic transaminases, alkaline phosphatase increased, weight decrease
Not known	Product residue present <sup>1</sup>

<sup>1</sup>See Lanthanum deposition in gastrointestinal mucosa warning in section 4.4

*Post-marketing experience:* During post-approval use of Foznol, cases of allergic skin reactions (including skin rashes, urticaria, and pruritus) have been reported which show a close temporal relationship to lanthanum carbonate therapy. In clinical trials, allergic skin reactions were seen in both Foznol and placebo/active comparator groups at a frequency of very common ( $\geq 1/10$ ).

Although there have been a number of additional isolated reactions reported, none of these reactions are considered unexpected in this patient population.

Transient QT changes have been observed but these were not associated with an increase of cardiac adverse events.

#### *Paediatric population*

Frequency, type and severity of adverse reactions in children have not been fully established. In particular, uncertainty exists on the accumulation in bone and risk of growth retardation with treatment in children.

#### *Reporting of suspected adverse reactions*

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via HPRA Pharmacovigilance, Website: [www.hpra.ie](http://www.hpra.ie)

## **4.9 Overdose**

No case of overdose has been reported. The highest daily dose of lanthanum administered to healthy volunteers during Phase I studies was 4718 mg given for 3 days. The adverse events seen were mild to moderate and included nausea and headache.

## 5 PHARMACOLOGICAL PROPERTIES

### 5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Drugs for treatment of hyperkalaemia and hyperphosphataemia,  
ATC code: V03A E03.

Foznol contains lanthanum carbonate hydrate. The activity of lanthanum carbonate hydrate as a phosphate binder is dependent on the high affinity of lanthanum ions, which are released from the carbonate salt in the acid environment of the stomach, for dietary phosphate. Insoluble lanthanum phosphate is formed which reduces the absorption of phosphate from the gastrointestinal tract.

A total of 1130 patients with chronic renal failure treated with maintenance haemodialysis or CAPD were studied in two phase II and two phase III studies. Three studies were placebo-controlled (1 fixed dose and 2 titrated dose designs) and one included calcium carbonate as an active comparator. During these studies, 1016 patients received lanthanum carbonate, 267 received calcium carbonate and 176 received placebo.

Two placebo-controlled, randomised studies enrolled patients on dialysis after a washout from previous phosphate binders. After titration of lanthanum carbonate to achieve a serum phosphate level between 1.3 and 1.8 mmol/L in one study (doses up to 2250 mg/day), or  $\leq 1.8$  mmol/L in a second study (doses up to 3000 mg/day), patients were randomised to lanthanum carbonate or placebo as maintenance treatment. After the 4-week randomised placebo-controlled phase, the serum phosphate concentration rose between 0.5 and 0.6 mmol/L in the placebo group, in both studies, relative to patients who remained on lanthanum carbonate therapy. There were 61% patients on lanthanum carbonate who maintained their response, compared to 23% on placebo.

The active comparator study demonstrated that serum phosphate levels were reduced to target levels of 1.8 mmol/L at the end of the 5-week titration period, in 51% of the lanthanum group compared with 57% of the calcium carbonate group. At Week 25, the percentage of randomised patients showing controlled serum phosphate levels was similar in the two treatment groups, 29% on lanthanum, and 30% on calcium carbonate (using a missing = failure approach). Mean serum phosphate levels were reduced by a similar amount in both treatment groups.

Further long-term extension studies have demonstrated maintenance of phosphate reduction for some patients following continued administration of at least 2 years of lanthanum carbonate.

Hypercalcaemia was reported in 0.4% of patients with Foznol compared with 20.2% on calcium-based binders in comparative studies. Serum PTH concentrations may fluctuate depending on a patient's serum calcium, phosphate and vitamin D status. Foznol has not been shown to have any direct effects on serum PTH concentrations.

In the long-term bone studies a trend towards increasing bone lanthanum concentrations with time in the control population was observed from the averaged data, the median rising 3-fold from a baseline of 53 mg/kg at 24 months. In patients treated with lanthanum carbonate, the bone lanthanum concentration increased during the first 12 months of lanthanum carbonate treatment up to a median of 1328 mg/kg (range 122 to 5513 mg/kg). Median and range concentrations at 18 and 24 months were similar to 12 months. The median at 54 months was 4246 mg/kg (range 1673 to 9792 mg/kg).

Paired bone biopsies (at baseline and at one or two years) in patients randomised to either Foznol or calcium carbonate in one study and patients randomised to either Foznol or alternative therapy in a second study, showed no differences in the development of mineralization defects between the groups.

#### *Paediatric population*

An open-label study was conducted to investigate the efficacy and safety of Foznol in hyperphosphataemic paediatric patients with chronic kidney disease on dialysis. This study did not reach the originally planned sample size required for statistical non-inferiority comparison to calcium carbonate, thus only descriptive analysis was performed on the final data. Among the 52 patients in the FAS population, who were exposed to lanthanum carbonate in Parts 2b and 3 combined. 51 enrolled and 10 discontinued in Part 2b; 42 patients enrolled and 7 discontinued in Part 3; the total exposure was 26.8 patient-years; and the observation time was 36.8 patient-years.

After 8 weeks of treatment with Foznol, 35% of the subjects included in the primary analysis population met the Kidney Disease Outcomes Quality Initiative (KDOQI) specified serum phosphorus target levels (i.e. < 1.94 mmol/L for age < 12 years; < 1.78 mmol/L for age between 12 and 18 years).

No new significant safety issues with lanthanum carbonate were identified in this study in paediatric subjects with chronic kidney disease who were on dialysis, administered mean daily dose of 1,705 mg (median 1,500 mg).

## 5.2 Pharmacokinetic properties

As binding between lanthanum and dietary phosphorus occurs in the lumen of the stomach and upper small intestine, the therapeutic effectiveness of Foznol is not dependent on levels of lanthanum in the plasma.

Lanthanum is present in the environment. Measurement of background levels in non-lanthanum carbonate hydrate-treated chronic renal failure patients during Phase III clinical trials revealed concentrations of < 0.05 to 0.90 ng/mL in plasma, and < 0.006 to 1.0 mg/g in bone biopsy samples.

### *Absorption*

Lanthanum carbonate hydrate has low aqueous solubility (< 0.01 mg/mL at pH 7.5) and is minimally absorbed following oral administration. Absolute oral bioavailability is estimated to be < 0.002% in humans.

In healthy subjects, plasma AUC and  $C_{max}$  increased as a function of dose, but in a less than proportional manner, after single oral doses of 250 to 1000 mg lanthanum, consistent with dissolution-limited absorption. The apparent plasma elimination half-life in healthy subjects was 36 hours.

In renal dialysis patients dosed for 10 days with 1000 mg lanthanum 3 times daily, the mean ( $\pm$  sd) peak plasma concentration was 1.06 ( $\pm$  1.04) ng/mL, and mean  $AUC_{last}$  was 31.1 ( $\pm$  40.5) ng-h/mL. Regular blood level monitoring in 1707 renal dialysis patients taking lanthanum carbonate hydrate for up to 2 years showed no increase in plasma lanthanum concentrations over this time period.

### *Distribution*

Lanthanum does not accumulate in plasma in patients or in animals after repeated oral administration of lanthanum carbonate hydrate. The small fraction of orally administered lanthanum absorbed is extensively bound to plasma proteins (> 99.7%) and in animal studies, was widely distributed to systemic tissues, predominantly bone, liver and the gastrointestinal tract, including the mesenteric lymph nodes. In long-term animal studies, lanthanum concentrations in several tissues, including the gastrointestinal tract, bone and liver increased over time to levels several orders of magnitude above those in plasma. An apparent steady-state level of lanthanum was attained in some tissues (e.g., the liver), whereas levels in gastrointestinal tract increased with duration of treatment. Changes in tissue lanthanum levels after withdrawal of treatment varied between tissues. A relatively high proportion of lanthanum was retained in tissues for longer than 6 months after cessation of dosing (median % retained in bone  $\leq$  100% (rat) and  $\leq$  87% (dog), and in the liver  $\leq$  6% (rat) and  $\leq$  82 % (dog). No adverse effects were associated with the tissue deposition of lanthanum seen in long-term animal studies with high oral doses of lanthanum carbonate (see section 5.3) (see section 5.1 for information regarding changes in lanthanum concentrations in bone biopsies taken from renal dialysis patients after one year of treatment with lanthanum containing versus calcium containing phosphate binders).

The mean lanthanum  $C_{max}$  and  $AUC_{last}$  in children (< 12 years) receiving a single 500 mg dose of lanthanum carbonate were approximately one third off the value of those in adolescents ( $\geq$  12 years) receiving 1000 mg lanthanum carbonate (mean  $C_{max}$  0.214 ng/mL vs. 0.646 ng/mL, and mean  $AUC_{last}$  2.57 ng-h/mL vs. 8.31 ng-h/mL, respectively).

### Biotransformation

Lanthanum is not metabolised.

Studies in chronic renal failure patients with hepatic impairment have not been conducted. In patients with co-existing hepatic disorders at the time of entry into Phase III clinical studies, there was no evidence of increased plasma exposure to lanthanum or worsening hepatic function after treatment with Foznol for periods up to 2 years.

### *Elimination*

Lanthanum is excreted mainly in the faeces with only around 0.000031% of an oral dose excreted via the urine in healthy subjects (renal clearance approximately 1 mL/min, representing < 2% of total plasma clearance).

After intravenous administration to animals, lanthanum is excreted mainly in the faeces (74% of the dose), both via the bile and direct transfer across the gut wall. Renal excretion was a minor route.

### 5.3 Preclinical safety data

Non-clinical data reveal no special hazards for humans based on conventional studies of safety pharmacology, repeated dose toxicity, fertility or genotoxicity.

Lanthanum carbonate hydrate reduced gastric acidity in the rat in a safety pharmacology study.

In rats administered high doses of lanthanum carbonate hydrate from Day 6 of gestation to Day 20 post partum there were no maternal effects, but reduced pup weight and delays in some developmental markers (eye and vaginal opening) were seen. In rabbits given high daily doses of lanthanum carbonate hydrate during gestation, maternal toxicity with reduced maternal food intake and body weight gain, increased pre- and post-implantation losses and decreased pup weight were seen.

Lanthanum carbonate hydrate was not carcinogenic in mice or rats. In mice, an increase in gastric glandular adenomas was seen in the high-dose group (1500 mg/kg/day). The neoplastic response in the mouse is considered to be related to an exacerbation of spontaneous pathological stomach changes and to be of little clinical significance.

Studies in animals have shown deposition of lanthanum in tissues, mainly the gastrointestinal tract, mesenteric lymph nodes, liver, and bone (see section 5.2). However, life-time studies in healthy animals do not indicate a hazard for man from the use of Foznol. Specific immunotoxicity studies have not been performed.

## 6 PHARMACEUTICAL PARTICULARS

### 6.1 List of excipients

Dextrates (hydrated)  
Colloidal anhydrous silica  
Magnesium stearate.

### 6.2 Incompatibilities

Not applicable.

### 6.3 Shelf life

3 years.

### 6.4 Special precautions for storage

This medicinal product does not require any special storage conditions.

### 6.5 Nature and contents of container

White cylindrical HDPE bottles containing a rayon coil fitted with a tamper evident, child resistant polypropylene screw cap.

#### *Pack size*

250 mg: 90 tablets.

500 mg: 20, 45 tablets. Multipack containing 90 (2 packs of 45) chewable tablets.

750 mg: 15, 45 tablets. Multipack containing 90 (6 packs of 15) chewable tablets.

1000 mg: 10, 15 tablets. Multipack containing 90 (6 packs of 15) chewable tablets.

## **6.6 Special precautions for disposal**

No special requirements.



**7 MARKETING AUTHORISATION HOLDER**

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**8 MARKETING AUTHORISATION NUMBER**

PA23211/002/001

**9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

Date of first authorisation: 17 June 2005

Date of last renewal: 19 March 2014

**10 DATE OF REVISION OF THE TEXT**

October 2023