

Summary of Product Characteristics

1 NAME OF THE MEDICINAL PRODUCT

Ideos 500 mg/400 IU Chewable Tablets

2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Active ingredients per tablet:

Calcium carbonate (equivalent to 500 mg of elemental calcium)	1250 mg
Cholecalciferol (vitamin D3) (equivalent to 10 µg)	400 IU

Excipients with known effects: sorbitol, sucrose, hydrogenated soya bean oil.
For the full list of excipients, see section 6.1

3 PHARMACEUTICAL FORM

Chewable tablets

Product imported from France and the United Kingdom:
Greyish white, square, tablet.

4 CLINICAL PARTICULARS

As per PA1033/001/001

5 PHARMACOLOGICAL PROPERTIES

As per PA1033/001/001

6 PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Xylitol (E967)
Sorbitol (E420)
Povidone
Lemon flavouring*
Magnesium stearate

Product from France

*Composition of the lemon flavouring: Flavouring preparations, natural flavouring substances, maltodextrin, acacia gum, sodium citrate, citric acid, butylated hydroxyanisole.

Product from the United Kingdom

*Composition of the lemon flavouring: (containing essential oils of lemon, orange and litsea cubea, maltodextrin, acacia gum and sodium citrate).

Excipients in Vitamin D3 concentrate: alpha-tocopherol, partially hydrogenated soyabean oil, gelatin, sucrose, maize starch

6.2 Incompatibilities

Not applicable.

6.3 Shelf life

The shelf-life expiry date of this product is the date shown on the container and outer package of the product as marketed in the country of origin.

6.4 Special precautions for storage

Product from France:

Store in the original container.

Do not store above 25°C.

Product from the UK:

Store in the original container in order to protect from moisture.

Do not store above 25°C.

6.5 Nature and contents of container

Tubes containing 15 tablets with stopper containing desiccant. Pack sizes: 60 tablets.
(4 tubes in an over labelled cardboard carton)

6.6 Special precautions for disposal of a used medicinal product or waste materials derived from such medicinal product and other handling of the product

No special requirements.

7 PARALLEL PRODUCT AUTHORISATION HOLDER

Primecrown 2010 Limited
4/5 Northolt Trading Estate
Belvue Road
Northolt
Middlesex UB5 5QS
United Kingdom

8 PARALLEL PRODUCT AUTHORISATION NUMBER

PPA1633/033/001

9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

Date of first authorisation: 11th October 2013

10 DATE OF REVISION OF THE TEXT

February 2018