Package leaflet: Information for the user

Strepsils +Plus Anaesthetic Throat Spray

Amylmetacresol 0.29mg/spray 2,4-Dichlorobenzyl alcohol 0.58mg/spray Lidocaine hydrochloride 0.78mg/spray

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist or nurse has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.

If you get any side effects, talk to your doctor or pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4. You must talk to a doctor if you do not feel better or if you feel worse after 3 days.

What is in this leaflet:

- 1. What Strepsils +Plus Spray is and what it is used for
- 2. What you need to know before you take Strepsils +Plus Spray
- 3. How to take Strepsils +Plus Spray
- 4. Possible side effects
- 5. How to store Strepsils +Plus Spray
- 6. Contents of the pack and other information

1. What Strepsils +Plus Spray is and what it is used for

The active ingredients which make Strepsils +Plus Spray work are

- Amylmetacresol and 2,4-dichlorobenzyl alcohol. These have antiseptic properties which kill bacteria which cause mouth and throat infections.
- The spray also contains lidocaine hydrochloride, which is a local anaesthetic to rapidly numb the pain of a painful sore throat.

Strepsils +Plus Spray can be used for the symptomatic relief of throat infections, including severe sore throat.

2. What you need to know before you take Strepsils +Plus Spray

Do not take Strepsils +Plus Spray

- if you are allergic (hypersensitive) to any of the ingredients listed in section 6
- if you are under 18 years of age
- if you are pregnant or breastfeeding, unless under the supervision of your doctor
- if you have a history of allergy to local anaesthetics
- if you suffer from a blood disorder called methemoglobinemia (abnormal amounts of haemoglobin in the blood)

Warnings and precautions.

Talk to your doctor or pharmacist or nurse before taking Strepsils +Plus Spray if

- you have been told by your doctor you have an intolerance to some sugars, contact your doctor before taking this medicinal product
- you suffer from asthma
- your symptoms persist or anything unusual happens

Other medicines and Strepsils +Plus spray

Strepsils +Plus Spray may interact with other medicines you are taking. Please talk to your doctor or pharmacist if you are taking or have recently taken any other medicines.

Pregnancy and breast-feeding

This product is not recommended during pregnancy and breast feeding except under medical supervision.

Important information about some of the ingredients of Strepsils +Plus Spray

This medicine contains 83.2 mg of alcohol (ethanol) in each dose. The amount in each dose of this medicine is equivalent to less than 2 ml beer or 1 ml wine.

This medicine contains 33.6 mg sorbitol in each dose.

This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'.

Also contains Azo colouring agent Carmoisine Edicol (E122) which may cause allergic reactions.

3. How to take Strepsils +Plus Spray

For use in the mouth. Do not inhale whilst using the spray. Before use, turn the nozzle 90°.

Adults (over 18 years): Spray the effected area 2 times and swallow gently.

Repeat every 2 hours as required, up to a maximum of 8 times daily. This product should only be taken s necessary. The product should not be given to children under 18 years. If your symptoms persist or worsen within 3 days of use or anything unusual happens consult your doctor or pharmacist.

Do not take more than 16 sprays in 24 hours.

If you take more Strepsils +Plus Spray than you should

Contact your doctor or pharmacist.

If you forget to take Strepsils +Plus Spray

Take the next spray as soon as you remember, if needed. Do not double the dose.

If you have any further questions on the use of this product, as your pharmacist.

4. Possible side effects

Like all medicines, Strepsils +Plus Spray can cause side effects, although not everybody gets them.

Tell your doctor if you have any of the following side effects, they become serious or if you notice any other effects not listed

- Signs of an allergic reaction such as rash or swelling underneath the skin
- Nausea
- Oral discomfort

Frequency is not known (cannot be estimated from the available data)

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance. Website: www.hpra.ie.

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Strepsils +Plus Spray

Keep this medicine out of the sight and reach of children.

Do not store above 25° C.

Do not use Strepsils +Plus Spray after the expiry date which is stated on the bottle and carton. The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help protect the environment.

6. Contents of the pack and other information

What Strepsils +Plus Spray contains

The oromucosal spray contains the active ingredients (per spray) amylmetacresol 0.29mg, 2,4-dichlorobenzyl alcohol 0.58mg and lidocaine hydrochloride 0.78mg.

The other ingredients are glycerol (E422), citric acid, levomenthol, peppermint flavour, aniseed flavour, carmoisine edicol (E122), purified water, sodium hydroxide, concentrated hydrochloric acid, ethanol, saccharin and liquid sorbitol (non-crystallising).

What Strepsils +Plus Spray looks like and contents of the pack

Clear pink oromucosal spray

Each pack contains a 20ml bottle with spray pump nozzle.

Marketing Authorisation Holder and Manufacturer:

MA Holder (Ireland): Reckitt Benckiser Ireland Ltd., 7 Riverwalk, Citywest Business Campus, Dublin 24, Ireland. Manufacturer: Delpharm Bladel B.V. Industrieweg 1, 5531 AD Bladel, The Netherlands.

For product queries please call: 01 6305429

Date of revision: XXX 2022