Checklist for Prescribers

Instructions: Complete checklist at each visit and file in individual's medical record.

Patient Initials: DOB: Gender: M T F

I have completed the following prior to prescribing Emtricitabine/Tenofovir disoproxil for a pre-exposure prophylaxis (PrEP) indication for the individual who is about to startor is taking Emtricitabine/Tenofovir disoproxil for a PrEP indication:

Age:

Initial Evaluation

Completed risk evaluation of uninfected individual
Confirmed negative HIV-1 test immediately prior to initiating Emtricitabine/ Tenofovir disoproxil for a PrEP indication using a combined antigen/antibody test • If clinical symptoms consistent with acute viral infection are present and recent (<1 month) exposure is suspected, delay starting PrEP for at least 1 month and reconfirm HIV-1 status.
Performed screening for sexually transmitted infections (STIs), such as syphilis and gonorrhoea
If applicable, evaluated risk/benefit for women who may be pregnant or may want to become pregnant
Performed HBV screening test
Offered HBV vaccination as appropriate
Prior to initiation confirmed estimated creatinine clearance (CrCl)
Uninfected adults CrCl >80 mL/min. If CrCL<80 mL/min, use only if benefit outweighs risk. Not recommended if CrCl <60 mL/min. Uninfected adolescents
Should not be used if CrCl <90 mL/min/1.73 m ² .
Confirmed that the individual at risk is not taking other HIV-1 or HBV medications
Confirmed that the individual at risk is not taking or has not recently taken a nephrotoxic medicinal product
If concomitant use of Emtricitabine/Tenofovir disoproxil and nephrotoxic agentsis unavoidable, renal function should be monitored weekly.

Counselling

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	Counselled that Emtricitabine/Tenofovir disoproxil for a PrEP indication should be used only as part of a comprehensive prevention strategy and educated on practicing safer sex consistently and using condoms correctly
ſ	Counselled on the importance of adherence to daily dosing schedule
	Recommended to the individual to add a reminder to their mobile phone or any other device that can alert them when it is time to take Emtricitabine/Tenofovir disoproxil

Discussed the importance of the individual knowing their HIV-1 status and, if possible, that of their partner(s)
Counselled on the importance of scheduled follow-up, including regular HIV-1 screening tests (e.g. at least every 3 months), while taking Emtricitabine/Tenofovir disoproxil for a PrEP indication to reconfirm HIV-1–negative status
Discussed the importance of discontinuing Emtricitabine/Tenofovir disoproxil for a PrEP indication if seroconversion has occurred, to reduce the development of resistant HIV-1 variants
Discussed the importance of screening for sexually transmitted infections (STIs), such as syphilis and gonorrhoea, that can facilitate HIV-1 transmission
Discussed known safety risks with use of Emtricitabine/Tenofovir disoproxil for a PrEP indication
Provided patient materials to the individual at risk and reviewed this with them

Follow up

Performed regular HIV-1 screening (e.g. at least every 3 months)
Checked the individual's reported adherence (e.g. from the calendar on the Reminder Card)
Reassessed the individual at each visit to ascertain whether they remain at high risk of HIV-1 infection. The risk of HIV-1 infection should be balanced against the potential for renal and bone effects with long-term use of Emtricitabine/Tenofovir disoproxil
Discontinued Emtricitabine/Tenofovir disoproxil for PrEP if seroconversion has occurred
Performed screening for STIs, such as syphilis and gonorrhoea
Identified potential adverse reactions
Performed renal monitoring as recommended
In individuals without renal risk factors, renal function (creatinine clearance and serum phosphate) should be monitored after 2 to 4 weeks of use, after 3 months of use and every 3 to 6 months thereafter. In individuals at risk for renal impairment, more frequent monitoring of renal function is required.
Uninfected adults and adolescents
Please refer to Safety leaflet for prescribers, section "Emtricitabine/Tenofovir disoproxil related renal toxicity"
Performed HBV screening test (if previously tested negative for HBV or had not received HBV vaccination)
Recorded next follow-up appointment and HIV-1 screening test dates in the Reminder Card and provided this to the individual

Prescriber signature and name in print

Date _____

Local version 1.0

NCA approval date 22-Dec-2021

