

# Ezetimibe Teva 10 mg Tablets

ezetimibe

Package leaflet:  
Information for the user

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

## What is in this leaflet

1. What Ezetimibe Teva is and what it is used for
2. What you need to know before you take Ezetimibe Teva
3. How to take Ezetimibe Teva
4. Possible side effects
5. How to store Ezetimibe Teva
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## 1 What Ezetimibe Teva is and what it is used for

Ezetimibe Teva is a medicine to lower increased levels of cholesterol

Ezetimibe Teva lowers levels of total cholesterol, "bad" cholesterol (LDL cholesterol), and fatty substances called triglycerides in the blood. In addition, Ezetimibe Teva raises levels of "good" cholesterol (HDL cholesterol).

Ezetimibe, the active ingredient of Ezetimibe Teva works by reducing the cholesterol absorbed in your digestive tract.

Ezetimibe Teva adds to the cholesterol-lowering effect of statins, a group of medicines that reduce the cholesterol your body makes by itself.

Cholesterol is one of several fatty substances found in the bloodstream. Your total cholesterol is made up mainly of LDL and HDL cholesterol.

LDL cholesterol is often called "bad" cholesterol because it can build up in the walls of your arteries forming plaque. Eventually this plaque build-up can lead to a narrowing of the arteries. This narrowing can slow or block blood flow to vital organs such as the heart and brain. This blocking of blood flow can result in a heart attack or stroke

HDL cholesterol is often called "good" cholesterol because it helps keep the bad cholesterol from building up in the arteries and protects against heart disease.

Triglycerides are another form of fat in your blood that may increase your risk for heart disease.

It is used for patients who cannot control their cholesterol levels by cholesterol lowering diet alone. You should stay on your cholesterol lowering diet while taking this medicine.

**Ezetimibe Teva is used in addition to your cholesterol lowering diet if you have:**

- a raised cholesterol level in your blood (primary hypercholesterolaemia [heterozygous familial and non-familial])
  - together with a statin, when your cholesterol level is not well controlled with a statin alone
  - alone, when statin treatment is inappropriate or is not tolerated
- a hereditary illness (homozygous familial hypercholesterolaemia) that increases the cholesterol level in your blood. You will also be prescribed a statin and may also receive other treatments

If you have heart disease, Ezetimibe Teva combined with cholesterol-lowering medicines called statins reduces the risk of heart attack, stroke, surgery to increase heart blood flow, or hospitalisation for chest pain.

Ezetimibe Teva does not help you lose weight.

## 2 What you need to know before you take Ezetimibe Teva

If you use Ezetimibe Teva together with a statin, please read the package leaflet of that particular medicine.

**Do NOT take Ezetimibe Teva**

- if you are allergic to ezetimibe or any of the other ingredients of this medicine (listed in section 6).

**Do NOT take Ezetimibe Teva together with a statin if:**

- you currently have liver problems
- you are pregnant or breast-feeding.

## Warnings and precautions

Talk to your doctor or pharmacist before taking Ezetimibe Teva

- Tell your doctor about all your medical conditions including allergies.
- Your doctor should do a blood test before you start taking Ezetimibe Teva with a statin. This is to check how well your liver is working.
- Your doctor may also want you to have blood tests to check how well your liver is working after you start taking Ezetimibe Teva with a statin.

If you have moderate or severe liver problems, Ezetimibe Teva is not recommended.

The safety and efficacy of the combined use of Ezetimibe Teva and certain cholesterol lowering medicines, the fibrates have not been established.

## Children and adolescents

Do not give this medicine to children and adolescents between 6 and 17 years unless prescribed by a specialist because there are limited data on safety and efficacy. Do not give this medicine to children less than 6 years old because there is no information in this age group.

## Other medicines and Ezetimibe Teva

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. In particular, tell your doctor if you are taking medicine(s) with any of the following active ingredients:

- ciclosporin (often used in organ transplant patients)
- medicines with an active ingredient to prevent blood clots, such as warfarin, phenprocoumon, acenocoumarol or fluindione (anticoagulants)
- colestyramine (also used to lower cholesterol), because it affects the way Ezetimibe Teva works
- fibrates (also used to lower cholesterol)

## Ezetimibe Teva with food

Ezetimibe Teva can be administered with or without food.

## Pregnancy and breast-feeding

Do not take Ezetimibe Teva with a statin if you are pregnant, are trying to get pregnant or think you may be pregnant. If you get pregnant while taking Ezetimibe Teva with a statin, stop taking both medicines **immediately** and tell your doctor.

There is no experience from the use of Ezetimibe Teva without a statin during pregnancy. Ask your doctor for advice before using Ezetimibe Teva if you are pregnant.

Do not take Ezetimibe Teva with a statin if you are breast-feeding, because it is not known if the medicine is passed into breast milk.

Ezetimibe Teva without a statin should not be used if you are breast-feeding. Ask your doctor for advice.

Ask your doctor or pharmacist for advice before taking this medicine.

## Driving and using machines

Ezetimibe Teva is not expected to interfere with your ability to drive or to use machinery. However, it should be taken into account that some people may get dizzy after taking Ezetimibe Teva.

## Ezetimibe Teva contains lactose

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

## Ezetimibe Teva contains sodium

This medicine contains less than 1 mmol sodium (23 mg) per tablet, that is to say essentially 'sodium-free'.

## 3 How to take Ezetimibe Teva

Always take this medicine exactly as your doctor has told you. Continue taking your other cholesterol-lowering medicines unless your doctor tells you to stop. Check with your doctor or pharmacist if you are not sure.

- Before starting Ezetimibe Teva, you should be on a diet to lower your cholesterol.
- You should keep on this cholesterol lowering diet while taking Ezetimibe Teva.

The recommended dose is one Ezetimibe Teva 10 mg tablet by mouth once a day.

Take Ezetimibe Teva at any time of the day. You can take it with or without food.

If your doctor has prescribed Ezetimibe Teva along with a statin, both medicines can be taken at the same time. In this case, please read the dosage instructions in the package leaflet of that particular medicine.

If your doctor has prescribed Ezetimibe Teva along with another medicine for lowering cholesterol containing the active

ingredient colestyramine or any other medicine containing bile acid sequestrant, you should take EzetimibeTeva at least 2 hours before or 4 hours after taking the bile acid sequestrant.

**If you take more EzetimibeTeva than you should:**

Please contact your doctor or pharmacist.

**If you forget to take EzetimibeTeva:**

Do not take a double dose to make up for a forgotten dose, just take your normal amount of EzetimibeTeva at the usual time the next day.

**If you stop taking EzetimibeTeva**

Talk to your doctor or pharmacist because your cholesterol may rise again.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

## 4 Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

The following terms are used to describe how often side effects have been reported:

- Very common (may affect more than 1 of 10 patients)
- Common (may affect up to 1 of 10 patients)
- Uncommon (may affect up to 1 of 100 patients)
- Rare (may affect up to 1 of 1,000 patients)
- Very rare (may affect up to 1 of 10,000 patients, including isolated reports).

**Contact your doctor immediately if you experience unexplained muscle pain, tenderness, or weakness. This is because on rare occasions, muscle problems, including muscle breakdown resulting in kidney damage, can be serious and may become a potentially life-threatening condition.**

Contact your doctor immediately if you experience allergic reactions, including swelling of the face, lips, tongue, and/or throat that may cause difficulty in breathing or swallowing. These have been reported in general use.

When used alone, the following side effects were reported:

- Common:** abdominal pain; diarrhoea; flatulence; feeling tired.
- Uncommon:** elevations in some laboratory blood tests of liver (transaminases) or muscle (CK) function; cough; indigestion; heartburn; nausea; joint pain; muscle spasms; neck pain; decreased appetite; pain; chest pain; hot flush; high blood pressure.

Additionally, when used with a statin, the following side effects were reported:

- Common:** elevations in some laboratory blood tests of liver function (transaminases); headache; muscle pain; tenderness or weakness.
- Uncommon:** tingling sensation; dry mouth; inflammation of the stomach; itching; rash; hives; back pain; muscle weakness, pain in arms and legs; unusual tiredness or weakness; swelling, especially in the hands and feet.

When used with fenofibrate, the following **common** side effect was reported: abdominal pain.

Additionally, the following side effects have been reported in general use: dizziness; muscle aches; liver problems; allergic reactions including rash and hives; raised red rash, sometimes with target shaped lesions (erythema multiforme); muscle pain, tenderness or weakness; muscle breakdown; gallstones or inflammation of the gallbladder (which may cause abdominal pain, nausea, vomiting); inflammation of the pancreas often with severe abdominal pain; constipation; reduction in blood cell counts, which may cause bruising/bleeding (thrombocytopenia); tingling sensation; depression; unusual tiredness or weakness; shortness of breath.

### Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via:

HPRA Pharmacovigilance

Website: [www.hpra.ie](http://www.hpra.ie)

By reporting side effects you can help provide more information on the safety of this medicine.

## 5 How to store EzetimibeTeva

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton, blister and bottle after EXP. The expiry date refers to the last day of that month.

This medicine does not require any special storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## 6 Contents of the pack and other information

### What EzetimibeTeva contains

- The active substance is ezetimibe.
- Each tablet contains 10 mg ezetimibe.
- The other ingredients are lactose monohydrate, maize starch pregelatinised, microcrystalline cellulose, croscarmellose sodium, povidone K 30, sodium lauryl sulfate, silica, colloidal anhydrous, stearic acid, poloxamer 407

### What EzetimibeTeva looks like and contents of the pack

EzetimibeTeva tablets are white, biconvex, capsule-shaped tablets debossed with '10' on one side.

### Pack sizes:

EzetimibeTeva tablets are packed in PVC/ACLAR/PVC-Al blisters of 14, 28, 28x1, 30, 30x1, 50, 90, 90x1, 98, 98x1, 100, 105 and 120 tablets or HDPE bottles with a PP child resistant closure with inner seal for induction sealing with silica gel desiccant canister containing 100 and 105 tablets.

Not all pack sizes may be marketed.

### Marketing Authorisation Holder and Manufacturers

#### Marketing Authorisation Holder

Teva B.V.  
Swensweg 5  
2031GA Haarlem  
Netherlands

#### Manufacturers

Merckle GmbH  
Ludwig-Merckle-Straße 3,  
Blaubeuren,  
Baden-Wuerttemberg  
89143  
Germany

PLIVA Hrvatska d.o.o. (PLIVA Croatia Ltd.)  
Prilaz baruna Filipovica 25, Zagreb  
10000  
Croatia

### This medicinal product is authorised in the Member States of the EEA under the following names:

Austria	Ezetimib ratiopharm 10 mg Tabletten
Belgium	EzetimibeTeva 10 mg Tabletten/comprimés
Croatia	Ezact 10 mg tablete
Czech Republic	EzetimibTeva 10 mg
Denmark	EzetimibeTeva
Finland	Ezetimibe ratiopharm 10 mg tabletti
France	EzetimibeTeva 10 mg comprimé
Germany	Ezetimib AbZ 10 mg Tabletten
Iceland	Ezetimibe ratiopharm 10 mg tafla
Ireland	EzetimibeTeva 10 mg Tablets
Italy	EzetimibeTeva
Malta	EzetimibeTeva 10 mg Tablets
Netherlands	EzetimibeTeva 10 mg, tabletten
Portugal	EzetimibaTeva
Slovakia	EzetimibTeva 10 mg
Spain	EzetimibaTeva 10 mg comprimidos EFG
Sweden	EzetimibeTeva
United Kingdom	Ezetimibe 10 mg Tablets

**This leaflet was last revised in March 2020.**