

Esmya® 5 mg tablets Patient alert card

What you need to know before use?

Esmya can cause side effects although not everybody gets them. One possible side effect is serious damage to your liver. Cases of liver failure have been reported in women taking Esmya; in a small number of these cases liver transplantation was required. This card provides information on blood tests you will need throughout treatment and on what you should do if liver side effects occur.

Do not take Esmya if you have liver problems. Tell your doctor if you know that you have problems with your liver or if you have any doubts about the condition of your liver.

What to do before, during and after your treatment?

Have regular blood tests

You need blood tests before starting each treatment course to find out how your liver is working. Depending on the result of these tests, the doctor will decide if treatment with Esmya is suitable for you.

During treatment with Esmya, your doctor will carry out regular blood tests to check your liver function. These tests need to happen every month, including a few weeks after you finish a course of treatment (see schedule below). These blood tests will inform the doctor of the functioning of your liver and are vital when monitoring your treatment.

The table below helps you to track your blood tests:

	DATE
1st TEST (before treatment start)	
Start of treatment	
2nd TEST (4 weeks after starting treatment)	
3rd TEST (8 weeks after starting treatment)	
4th TEST (12 weeks after starting treatment)	
5th TEST (2-4 weeks after stopping Esmya treatment)	





Signs and symptoms of possible liver problems

Stop treatment and contact a doctor right away if you observe any of the following signs or symptoms:

- fatigue, severe tiredness
- yellow skin/eyes
- o darkening of the urine
- pain in the upper right stomach
- itching
- o nausea (feeling sick)
- vomiting

The doctor should check your liver immediately and decide if you can continue the treatment.



