

**Patient Information Leaflet: Cocois Ointment**  
**Coal tar 12.0%, Sulphur for external use 4.0%, Salicylic Acid 2.0%**

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Read all of this leaflet carefully because it contains important information for you.

**This medicine is available without prescription. However, you still need to use Cocois carefully to get the best results from it.**

- Keep this leaflet. You may need to read it again
- Ask your pharmacist if you need more information or advice
- You must contact a doctor if your symptoms worsen or do not improve.

**In this leaflet:**

1. What Cocois is for
2. Before you use Cocois
3. How to use Cocois
4. Possible side effects
5. How to store Cocois
6. Further information.

**1. What Cocois is for**

Cocois contains coal tar, salicylic acid and sulphur for external use.

Coal tar and sulphur are mildly antiseptic and relieves itching. Sulphur also has an antifungal action. Coal tar, salicylic acid and sulphur help to reduce the excessive hardening, thickening and scaling of the skin.

Cocois acts by reducing the scaliness and irritation of the skin associated with dry scaly skin disorders.

Cocois is for the treatment of dry scaly skin disorders of the scalp such as psoriasis, eczema, dandruff and other inflammatory conditions causing irritation and scaliness.

**2. Before you use Cocois**

**Do not use Cocois if:**

- You are allergic to any of the ingredients in Cocois (see section 6)
- You have any acute infection of the skin
- You have broken or infected skin
- You suffer from any form of psoriasis which causes the appearance of blisters filled with pus (acute pustular psoriasis).
- You are a child under 6 years old.

If any of the above applies to you talk to your doctor or pharmacist.

**Warnings and precautions**

Talk to your doctor or pharmacist before using Cocois.

Do not smoke or go near naked flames – risk of severe burns. Fabric (clothing, bedding, dressings, etc) that has been in contact with this product burns more easily and is a serious fire hazard. Washing clothing and bedding may reduce product build-up but not totally remove it.

**Tell your doctor if you are taking any of the following medicines:**

- Any other medicine, including medicines obtained without a prescription.

**Pregnancy and breast-feeding**

If you are pregnant, trying to become pregnant or breast-feeding ask your doctor or pharmacist for advice before using Cocois.

## **Important information about some of the ingredients of Cociois**

**Cetostearyl alcohol** may cause local skin reactions (e.g. contact dermatitis).

### **3. How to use Cociois**

Follow these instructions about how to use your medicine. If you are unsure about anything, ask your pharmacist.

Remember:

- Avoid any contact with your eyes and mouth.
- Cociois may stain clothes and jewellery. Care should be taken to protect or remove these before application.
- Cociois should only be used under medical supervision in children aged 6-12 years.
- It is not recommended for use in children under the age of six years.
- Do not use Cociois if the tube membrane is broken.
- If this product comes into contact with dressings, clothing and bedding the fabric can be easily ignited with a naked flame. You should keep away from fire when using this product.

#### **Instructions for use**

- Pierce the tube membrane by inverting the cap.
- Attach the scalp applicator to the threaded portion of the tube.
- Part your hair and apply a thin ribbon of Cociois to the affected areas of your scalp.
- Take care to avoid contact with your eyes.
- Gently rub in the ointment and leave in contact with the scalp for approximately one hour.
- Wash your hands afterwards.
- After one hour, Cociois should be removed from the scalp by rinsing or showering using warm water and a shampoo.
- Take care to avoid getting the application in your eyes.
- Always wash your hands immediately after use.
- In severe scaly scalp conditions, if you experience psoriasis, eczema, seborrhoeic dermatitis and severe dandruff, it is usually necessary to apply Cociois daily for three to seven days until control has been obtained.
- With mild scaliness and mild dandruff, use intermittently as necessary, e.g., once a week.
- If, after the first week, the condition does not improve, or symptoms persist after four weeks, consult your doctor.

If you accidentally get Cociois in your eyes, wash it out immediately with plenty of cold water. If your eyes become irritated, talk to your doctor or pharmacist.

#### **If you use more Cociois than you should**

If you use more Cociois than you should it is unlikely to lead to any serious side effects. If you accidentally swallow any Cociois, immediately tell your doctor or contact your nearest hospital casualty department.

### **4. Possible side effects**

Like all medicines, Cociois can cause side effects, although not everybody gets them.

These include:

- Irritation of the skin
- Hypersensitivity reactions.
- Inflammation of the hair follicles
- Acne like eruptions
- Hair loss
- Discolouration of skin and hair
- A rash from sensitivity to sunlight. This is rare.
- If you have asthma or if anyone in your family is allergic to aspirin, Cociois may cause difficulty in breathing or tightness in your chest. This is very rare.

#### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, Website: [www.hpra.ie](http://www.hpra.ie) By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store Cociois**

Keep this medicine out of the sight and reach of children.

Do not use after the expiry date shown on the label. The expiry date refers to the last day of that month.

Do not store above 25°C. Do not refrigerate or freeze. Always replace cap after use and return tube to carton. Discard tube no later than 4 weeks after opening.

Medicines should not be disposed of via wastewater or household waste. Return all unused medicine to your pharmacist.

## **6. Further information**

### **What Cociois contains:**

The active ingredients are: Coal tar 12% w/w, Salicylic acid 2% w/w and sulphur for external use 4% w/w.

The other ingredients are: coconut oil, white soft paraffin, cetostearyl alcohol, glycerol, liquid paraffin, polyoxyethylene glycerol monostearate, hard paraffin

### **What Cociois looks like**

Cociois is packed into internally lacquered, membrane sealed, aluminium tubes fitted with a polyurethane cap. It is supplied in 40 g or 100 g tubes. Not all pack sizes may be marketed.

### **Marketing Authorisation Holder**

RPH Pharmaceuticals AB, Box 603, 101 32 Stockholm, Sweden.

### **Manufacturer**

Bioglan AB, PO Box 50310, S-202 13, Malmö, Sweden.

This leaflet was last revised in June 2021.

If this leaflet is difficult to read and you would like it in a different format, please contact RPH Pharmaceuticals AB, Box 603, 101 32 Stockholm, Sweden.