

# Training Checklist for Self-Administration

## Aranesp® (Darbepoetin alfa) Sureclick® (Pre-Filled Pen)

Please use this checklist to:

- Ensure the patient or caregiver has been trained to safely and appropriately self-administer/administer darbepoetin alfa using the pre-filled pen
- Guide and check understanding after re-training (e.g. if patients or caregivers report difficulties or incorrect use is detected)

### Train the Patient or Caregiver

- 1 Inform** patients or caregivers that administration will involve training, and that the patient's ability to self-administer will be assessed.
- 2 Use the training device** to show the patient or caregiver the preparation and administration steps they will perform at home. Follow the instructions in the Package Leaflet/Instructions for Use.
 

**Note:** 1. Prescribing Information can be found here: (<https://www.medicines.ie/medicines/aranesp-sureclick-31306/>)  
 2. Booklet Instructions for Use (IFU) for patients/caregivers with diminished eyesight are available.  
 3. Please order a new training device if parts become broken, lost, or there is a noticeable reduction in injection time. Replace the pen if the clicks can no longer be heard.  
 4. To order replacement training devices, instructions to reset the training device, additional copies of the training checklist and/or booklet IFUs suitable for patients/caregivers with diminished eyesight please contact Amgen UK/Ireland Medical Information on 1800 535160 or by email to [gbinfoline@amgen.com](mailto:gbinfoline@amgen.com)
- 3 Watch** the patient or caregiver use the training device to complete the preparation and administration steps.
- 4 Ensure** that the device is reset following completion of the preparation and administration steps.

Steps 2 through 4 may be performed more than once, until you and the patient or caregiver are confident in their ability to administer without additional assistance. The time required to learn how to prepare and administer darbepoetin alfa using a pre-filled pen may vary.

### Assess the Patient or Caregiver

Ensure that the patient or caregiver: (please tick skill has been assessed)



- 1** Can use the training device to successfully demonstrate self-administration of darbepoetin alfa using a prefilled pen. This includes competency in the following skills:



Pull the grey cap straight off (needle is inside the yellow safety guard)



Stretch or pinch their injection site to create a firm surface



Place the device at 90 degrees (straight down onto the skin) - the red start button should be facing upwards. **Do not touch the red start button yet.**



Firmly push the device down onto their skin until it stops moving **and the yellow safety guard is retracted.**



Press the red start button



Keep pushing the device down on their skin. The injection could take about 15 seconds



Inspect the device window to verify that it has turned yellow (indicating injection is complete)

- 2** Has the ability to confidently and competently prepare and administer darbepoetin alfa without the direct supervision of a healthcare professional.

Adverse reactions/events should be reported to the Health Products Regulatory Authority (HPRA) using the available methods via [www.hpra.ie](http://www.hpra.ie).

Adverse events should also be reported to Amgen Limited on 1800 535160