

Package leaflet: Information for the user

BISODOL® ANTACID CHEWABLE TABLETS

Calcium Carbonate 522 mg, Magnesium Carbonate, Light 68 mg, Sodium Hydrogen Carbonate 64 mg.

Read all of this leaflet carefully before you start using this medicine, because it contains important information for you.

This medicine is available without prescription. However, you still need to take Bisodol Antacid Chewable Tablets carefully to get the best results.

- Always use this medicine exactly as your doctor or pharmacist has told you.
- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.
- You must contact a doctor if your signs of illness worsen or do not improve.

What is in this leaflet:

1. What Bisodol Antacid Chewable Tablets are and what they are used for
2. What you need to know before you take Bisodol Antacid Chewable Tablets
3. How to take Bisodol Antacid Chewable Tablets
4. Possible side effects
5. How to store Bisodol Antacid Chewable Tablets
6. Contents of the pack and other information

1. What Bisodol Antacid Chewable Tablets are and what they are used for

Bisodol Antacid Chewable Tablets are chewable tablets. They work by neutralising excess stomach acid.

Bisodol Antacid Chewable Tablets treat the pain and discomfort of acid indigestion, heartburn and trapped wind.

2. What you need to know before you take Bisodol Antacid Chewable Tablets

Do not take Bisodol Antacid Chewable Tablets:

- If you are allergic to any of the ingredients of this medicine (listed in section 6).
- If you have been told the level of phosphate in your blood is low (hypophosphataemia).
- If you have kidney problems.
- If you have been told the level of calcium in your blood is high (hypercalcaemia) or the level of calcium in your urine is high (hypercalciuria).

Warnings and Precautions

Talk to your Doctor or Pharmacist before taking Bisodol:

Bisodol contains sodium and sucrose

- This medicinal product also contains sucrose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.
- May be harmful to the teeth.
- This medicinal product contains 18 mg of sodium per tablet. To be taken into consideration by patients on a controlled sodium diet.

Other medicines and Bisodol Antacid Chewable Tablets

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription.

As with other antacids, Bisodol Antacid Chewable Tablets may form complexes with certain medicines e.g. tetracyclines, digoxin and vitamins resulting in decreased absorption. Therefore this medicine should not be administered within two hours of taking such medicines.

Bisodol Antacid Chewable Tablets may also impede the absorption of phosphates. If you are taking iron tablets speak to your doctor or pharmacist before taking Bisodol Antacid Chewable Tablets.

Pregnancy and breast-feeding

Ask your doctor or pharmacist for advice before taking any medicine.

You should see your doctor if:

- You are aged over 55 years and experiencing heartburn for the first time.
- You have pain radiating to your chest and arms.
- You feel unwell.
- You have unintentional weight loss or loss of appetite.
- You have difficulty or pain swallowing.
- You are passing blood or have dark bowel motions.

3. How to take Bisodol Antacid Chewable Tablets

Always take this medicine as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is:

- **Adults, the elderly and children over 12 years**

Suck or chew one or two tablets, as required

- **Children under 12 years**

Not recommended.

Do not take more than 12 tablets in 24 hours. Prolonged use should be avoided. If the symptoms persist medical advice should be sought.

If you take more Bisodol Antacid Chewable Tablets than you should

It is unlikely that they will cause you any harm. However, you may experience constipation, diarrhoea or feel bloated. Consult your doctor if these symptoms do not go away.

If you stop taking Bisodol Antacid Chewable Tablets

If you stop taking this medicine after you have been taking them for a long time, you may suffer a temporary worsening of symptoms. This is called rebound hyperacidity. Consult your doctor if this symptom does not go away.

If you have any further questions on the use of this medicine, ask your pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. Some patients may experience side effects such as constipation or diarrhoea.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRC Pharmacovigilance Website: www.hpra.ie. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Bisodol Antacid Chewable Tablets

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date printed on the pack after the abbreviation 'EXP'. The expiry date refers to the last day of that month.

Do not store above 25°C. Do not throw away any medicine via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Bisodol Antacid Chewable Tablets contain

The active ingredients are calcium carbonate 522 mg, magnesium carbonate, light 68 mg and sodium hydrogen carbonate 64 mg.

The other ingredients are saccharin sodium, maize starch, sucrose, calcium stearate and peppermint oil flavouring.

What Bisodol Antacid Chewable Tablets look like and contents of the pack

Bisodol Antacid Tablets are chewable tablets. They are round, white tablets with Bisodol imprinted on both sides. Bisodol Antacid Chewable Tablets are available in packs of 20, 30 and 100 tablets.

Not all pack sizes may be marketed.

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