

5. How to store carbocisteine capsules

This medicinal product does not require any special storage conditions. Keep this medicine out of the sight and reach of children. Do not use this medicine after the expiry date which is stated on the carton and the blister after EXP. The expiry date refers to the last day of that month. Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What carbocisteine capsules contain:

- Each gelatin capsule contains 375mg of the active substance, carbocisteine
- The other ingredients are, lactose monohydrate, povidone, sodium lauril sulfate, magnesium stearate, gelatin, Iron oxide yellow and titanium dioxide (E171).

What carbocisteine 375mg capsules look like and the contents of the pack:

Carbocisteine 375 mg Capsules are yellow and printed "C" on cap and "375" on body. They are available in blister packs containing 6, 18, 30 or 120 capsules. Not all pack sizes may be marketed.

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Marketing Authorisation Holder

Key Pharmaceuticals Ltd,
Galen House, 83 High Street,
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Manufacturer:

Noumed Life Sciences Limited
Noumed House, Shoppenhangers Road,
Maidenhead, SL6 2RB, UK

This leaflet does not contain all the information about your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

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PACKAGE LEAFLET: INFORMATION FOR THE USER

Carbocisteine 375 mg Capsules, Hard Carbocisteine

Your medicine is called carbocisteine 375 mg capsules, hard, but it will be referred to as carbocisteine capsules throughout this leaflet.

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

1. What carbocisteine capsules are and what they are used for
2. What you need to know before you take carbocisteine capsules
3. How to take carbocisteine capsules
4. Possible side-effects
5. How to store carbocisteine capsules
6. Contents of the pack and other information

1. What carbocisteine capsules are and what they are used for

Carbocisteine capsules contain a medicine called carbocisteine. This belongs to a group of medicines called 'mucolytics'. It works by making mucus (phlegm) less sticky. This makes the mucus easier to cough up. Carbocisteine capsules are used for problems with the breathing passages (respiratory tract). These problems happen when too much mucus is made, or the mucus is too sticky.

2. What you need to know before you take carbocisteine capsules.

Do not take this medicine and tell your doctor if:

- you are allergic (hypersensitive) to carbocisteine or any of the other ingredients of this medicine (listed in section 6). Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue.
- you have an ulcer in your stomach or gut

Do not take this medicine if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking carbocisteine capsules

Warnings and precautions

Talk to your doctor or pharmacist before taking this medicine if:

- You are elderly.
- You have had an ulcer in your stomach or gut.
- You are taking other medicines known to cause bleeding in the stomach.
- Are pregnant or planning to become pregnant
- Are breastfeeding

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Children & Adults (including the elderly)

Children:

Carbocisteine capsules are not recommended for children.

Adults and elderly

Dosage is based upon an initial daily dosage of 2250 mg carbocisteine capsules in divided doses, reducing to 1500 mg daily in divided doses when a satisfactory response is obtained e.g. two capsules three times a day reducing to one capsule four times a day.

Other medicines and carbocisteine capsules

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription. Currently carbocisteine capsules are not known to effect or be affected by any other medicines you may be taking.

Pregnancy and breastfeeding

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby ask your doctor for advice before taking this medicine.

Carbocisteine capsules should not be taken during the first three months of pregnancy.

Ask your doctor or pharmacist for advice before taking any medicine if you are pregnant or breastfeeding.

Driving and using machines

Carbocisteine capsules are not known to affect the ability to drive or operate machinery.

Important information about some of the ingredients of carbocisteine capsules

Carbocisteine capsules contain:

- Lactose. This medicine contains lactose. This is a type of sugar. If you have been told by your doctor that you cannot tolerate some sugars, talk to your doctor before taking carbocisteine capsules.

3. How to take carbocisteine capsules

Always take carbocisteine capsules exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Taking this medicine

- Take this medicine by mouth
- If you feel that this medicine is too weak or too strong, do not change the dose yourself, but ask your doctor

How much to take

Adults (including the elderly)

- Usual dose is two capsules, 3 times each day
- If your symptoms improve, your dose should be lowered to one capsule, 4 times, each day

Children

Carbocisteine capsules are not recommended for children.

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If you take more carbocisteine capsules than you should

If you take more carbocisteine capsules than you should, tell a doctor or go to a hospital casualty department straight away. Take the medicine pack with you. This is so the doctor knows what you have taken. If you take too many carbocisteine capsules, it is likely that you will get an upset stomach (gastrointestinal disturbance).

If you forget to take carbocisteine capsules

If you forget a dose, do not worry. Just wait until the next dose is due. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

If you stop taking carbocisteine 375 mg capsules

Talk to your doctor or pharmacist before stopping this medicine. If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side-effects

Like all medicines, carbocisteine capsules can cause side effects, although not everybody gets them.

Stop taking carbocisteine capsules and see a doctor or go to a hospital straight away if:

- You have an allergic reaction. The signs may include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue
- You have blistering or bleeding of the skin, including around your lips, eyes, mouth, nose and genitals. You may also have flu-like symptoms and fever. This may be something called 'Stevens-Johnson syndrome'

Tell a doctor straight away if you notice any of the following serious side effects:

- Blood in your vomit or black tarry stools

Tell your doctor or pharmacist if any of the following side effects get serious or lasts longer than a few days:

- Vomiting

Reporting side-effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

You can also report side effects directly via:

United Kingdom:

You can report side effects directly via the Yellow Card Scheme Website: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the **Google Play** or **Apple App Store**.

Ireland

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By reporting side effects, you can help provide more information on the safety of this medicine.

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