

## Package leaflet: Information for the user

### Strepsils +Plus Anaesthetic Lozenges

Amylmetacresol 0.6 mg  
2,4-Dichlorobenzyl alcohol 1.2 mg  
Lidocaine hydrochloride 10 mg

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist or nurse has told you. Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after 3 days.
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#### **What is in this leaflet:**

1. What Strepsils +Plus Anaesthetic Lozenges are and what they are used for
2. What you need to know before you take Strepsils +Plus Anaesthetic Lozenges
3. How to use Strepsils +Plus Anaesthetic Lozenges
4. Possible side effects
5. How to store Strepsils +Plus Anaesthetic Lozenges
6. Further information

#### **1. What Strepsils +Plus Anaesthetic Lozenges are and what they are used for**

Strepsils +Plus Anaesthetic Lozenges contain the active ingredients amylmetacresol, 2,4-dichlorobenzyl alcohol and lidocaine hydrochloride 10mg. Amylmetacresol and 2,4-dichlorobenzyl alcohol have antiseptic properties to kill bacteria which cause mouth and throat infections. Lidocaine is a local anaesthetic to rapidly numb the pain of a painful sore throat.

Strepsils +Plus Anaesthetic Lozenges can be used in adults and children over 12 years of age for the symptomatic relief of throat infections, including severe sore throat.

#### **2. What you need to know before you take Strepsils +Plus Anaesthetic Lozenges**

##### **Do not use Strepsils +Plus Anaesthetic Lozenges**

- if you are allergic (hypersensitive) to any of the ingredients listed in section 6
- if you are under 12 years of age
- if you are pregnant or breastfeeding, unless under the supervision of your doctor
- if you have a history of allergy to local anaesthetics
- if you suffer from a blood disorder called methemoglobinemia (abnormal amounts of haemoglobin in the blood)

#### **Warnings and precautions:**

##### **Talk to your doctor or pharmacist or nurse before taking Strepsils +Plus Anaesthetic Lozenges**

- if you are pregnant or breastfeeding
- if you have been told by your doctor you have an intolerance to some sugars
- if you are asthmatic, consult your doctor before use
- consult your doctor if symptoms persist or are accompanied by high fever or headache, or if anything unusual happens

#### **Other medicines and Strepsils +Plus Anaesthetic Lozenges**

Please tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription.

### **Pregnancy and breast-feeding**

This product is not recommended during pregnancy and breast feeding except under medical supervision.

### **Important information about some of the ingredients in this medicine**

Contains 0.98 g glucose and 1.52 g sucrose per lozenge. This should be taken into account in patients with diabetes mellitus. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product. Patients with rare hereditary problems of fructose intolerance, glucose-galactose malabsorption or sucrase-isomaltase insufficiency should not take this medicine. This medicine contains less than 1 mmol sodium (23 mg) per lozenge, that is to say essentially 'sodium-free'. This medicine contains only very low levels of gluten (from wheat starch). It is regarded as 'gluten-free' and is very unlikely to cause problems if you have coeliac disease. One lozenge contains no more than 19.60 micrograms of gluten. If you have wheat allergy (different from coeliac disease) you should not take this medicine.

This medicine contains fragrance with Anisyl alcohol, d-limonene and linalool which may cause allergic reactions.

Also contains sulphites – Sulphur Dioxide (E220) which may rarely cause severe hypersensitivity reactions and bronchospasm.

### **3. How to take Strepsils +Plus Anaesthetic Lozenges**

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist or nurse has told you. Check with your doctor, pharmacist or nurse if you are not sure.

This medicine is for short term use only. You should take the lowest dose for the shortest time necessary to relieve your symptoms.

For oral use.

Adults and children over 12 years: One lozenge to be sucked in the mouth every 2 hours as required, up to a maximum of 8 in 24 hours.

Not recommended for children under 12 years.

Consult your doctor within 3 days of use if symptoms persist.

### **If you take more Strepsils +Plus Anaesthetic Lozenges than you should**

Contact your doctor or pharmacist.

### **If you forget to take Strepsils +Plus Anaesthetic Lozenges**

Take the next dose as soon as you remember, if needed. Do not double the dose. This product should only be taken when necessary. If you have any further questions on the use of this product, ask your pharmacist.

### **4. Possible side effects**

Like all medicines, Strepsils +Plus Anaesthetic Lozenges can cause side effects, although not everybody gets them.

### **Tell your doctor if you have any of the following side effects, they become serious or if you notice any other effects not listed**

- Signs of an allergic reaction such as rash or swelling underneath the skin
- Nausea
- Oral discomfort

Frequency is not known (cannot be estimated from the available data)

### **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance. Website: [www.hpra.ie](http://www.hpra.ie).

By reporting side effects you can help provide more information on the safety of this medicine.

### **5. How to store Strepsils +Plus Anaesthetic Lozenges**

Keep this medicine out of the sight and reach of children.

Do not use Strepsils +Plus Anaesthetic Lozenges after the expiry date which is stated on the blister foil and carton. The expiry date refers to the last day of that month.

Do not store above 25° C.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help protect the environment.

### **6. Contents of the pack and other information**

#### **What Strepsils +Plus Anaesthetic Lozenges contain**

Each lozenge contains the active ingredients amylmetacresol 0.6mg, 2,4-dichlorobenzyl alcohol 1.2 mg and lidocaine hydrochloride 10mg.

The other ingredients are tartaric acid, sodium saccharin, levomenthol, peppermint oil (d-limonene), star anise oil (anisyl alcohol, d-limonene, linalool), quinoline yellow (E104), indigo carmine (E132), liquid sucrose and liquid glucose (wheat starch and sulphur dioxide).

#### **What Strepsils +Plus Anaesthetic Lozenges look like and contents of the pack**

Pale blue/green circular lozenge with the Strepsils brand icon pressed on both sides.

Each pack contains 24 lozenges.

#### **Marketing Authorisation Holder:**

Reckitt Benckiser Ireland Ltd., 7 Riverwalk, Citywest Business Campus, Dublin 24, Ireland.

**Manufacturers:** Reckitt Benckiser Healthcare International Limited, 1 Thane Road, Nottingham, NG90 2DB, UK.

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For product queries please call: 01 6305429.

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