## Package Leaflet: Information for the user

# NeoMercazole® 5 mg Tablets NeoMercazole® 20 mg Tablets

carbimazole

# Read all of this leaflet carefully before you start taking your medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it onto others. It may harm them, even if their signs of illness are the same as yours.
- If any of the side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

# What is in this leaflet:

- 1. What NeoMercazole is and what it is used for
- 2. What you need to know before you take NeoMercazole
- 3. How to take NeoMercazole
- 4. Possible side effects
- 5. How to store NeoMercazole
- 6. Content of the pack and other information

#### 1. What Neomercazole is and what it is used for

The name of your medicine is NeoMercazole 5mg Tablets or Neomercazole 20mg Tablets (called NeoMercazole in this leaflet). NeoMercazole contains the active substance carbimazole. NeoMercazole belongs to a group of medicines called anti-thyroid agents. NeoMercazole is used to reduce the formation of thyroid hormones in adults and children with an overactive thyroid gland. The condition is called hyperthyroidism.

NeoMercazole is also used in more serious cases, for example, to restore the normal function of the thyroid before its partial removal by surgery. It may also be used together with other treatments for hyperthyroidism.

# 2. What you need to know before you take Neomercazole Do not take NeoMercazole

- If you are allergic to carbimazole or any of the ingredients of this medicine (listed in section 6)
- If you have had a serious allergy to other anti-thyroid medications such as thiamazole, methimazole or propylthiouracil.
- If you have a serious blood disorder.
- If you have a severe liver disorder.
- If you had inflammation of the pancreas (acute pancreatitis) after administration of carbimazole or thiamazole in the past.

## Warnings and precautions

Talk to your doctor or pharmacist before taking NeoMercazole

• If you have mild or moderate liver problems.

- If you have bone marrow depression. Bone marrow depression causes a reduction in the number of blood cells and reduces the ability to fight infection.
- If you are receving radio-iodine (for thyroid problems)
- If you are of child bearing potential.
- If you are allergic to thiamazole, methimazole or propylthiouracil (other thyroid medications)
- If you are unable to comply with the instructions for use or cannot be monitored regularly.
- Tell your doctor straight away if you develop fever or abdominal pain, which may be signs of inflammation of the pancreas (acute pancreatitis). NeoMercazole may need to be discontinued.
- NeoMercazole can cause harm to an unborn baby. If you could get pregnant, use reliable contraception from the time you start treatment and during treatment.

If you are not sure if the above applies to you, talk to your doctor or pharmacist before taking NeoMercazole.

#### Children

Do not give this medicine to children under the age of two years because it may not be safe or effective.

#### Other medicines and NeoMercazole

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

This includes medicines obtained without a prescription, including herbal medicines. This is because NeoMercazole can affect the way some medicines work. Also, some medicines can affect the way NeoMercazole works. In particular tell your doctor or pharmacist if you are taking any of the following:

- Theophylline used to treat asthma or breathing problems
- Medicines called anticoagulants, which are used to thin the blood e.g. warfarin
- Steroids such as prednisolone
- An antibiotic called erythromycin
- A medicine for heart failure called digitalis (digoxin)
- Medicines for high blood pressure called beta-blockers
- Any other medicine that could affect your white blood cell count.

## Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

#### **Pregnancy**

NeoMercazole can cause harm to an unborn baby. If you could get pregnant, use reliable contraception from the time you start treatment and during treatment. However, to reduce the possibility of any effects on your baby:

- Your doctor should prescribe the lowest dose possible.
- Your treatment may be discontinued three to four weeks before you are due to give birth.

Your treatment with NeoMercazole may need to be continued during pregnancy if the potential benefit outweighs the potential risk to you and your unborn baby.

## Breast-feeding

You should not breast-feed if you are using NeoMercazole. This is because small amounts may pass into the mother's milk.

#### **Driving and using machines**

You can drive when taking NeoMercazole, but do not drive until you know how it affects you.

#### NeoMercazole contains lactose and sucrose.

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

#### 3. How to take Neomercazole

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

- The tablets are to be taken by mouth.
- You can take the tablets before, after or during meals.
- The dosage will be decided by your doctor according to your individual needs, and may be changed at intervals during treatment.
- Your doctor may decide to add an additional tablet (l-thyroxine), to help control your condition.
- Each day's tablets may be divided into two (morning and evening) or three daily doses (morning, noon and night).
- **Do not** change the dosage without consulting your doctor first.
- Some improvement is usually felt within one to three weeks. However, full beneficial effects usually take four to eight weeks.
- If you take too many tablets or someone else accidentally takes your medicine, contact your doctor, pharmacist or the nearest hospital straight away.
- In order to maintain control of the thyroid gland, you may need to continue to take NeoMercazole tablets for several months. Your doctor will decide when treatment can be stopped. He may ask you to have occasional blood tests to help him determine how you are responding to treatment.
- Radio-iodine is another treatment for hyperthyroidism. If you need radio-iodine treatment, your doctor will tell you to stop taking NeoMercazole temporarily.

**Adults and the elderly:** the recommended starting dose is one to three 20 mg tablets, or four to twelve 5 mg tablets daily. Once control is achieved your doctor will gradually reduce your dose to one to three 5 mg tablets each day.

Use in Children: the recommended starting dose is three 5 mg tablets daily.

## If you take more NeoMercazole than you should

If you take more NeoMercazole than you should contact your doctor or nearest hospital emergency department immediately. Take the container and any remaining tablets with you.

## If you forget to take NeoMercazole

If you forget to take NeoMercazole take the next dose as soon as you remember. If your next dose is due, take both doses together.

If you have any further questions on the use of this medicine ask your doctor or pharmacist.

#### 4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

## **Allergic reactions**

If you have an allergic reaction, stop taking NeoMercazole and see a doctor straight away.

The signs may include: sudden rash, swelling or difficulty breathing.

Stop taking NeoMercazole and see a doctor straight away if you notice any of the following side effects:

- sore throat
- mouth ulcers
- high temperature or fever
- itching
- increased bruising or bleeding tendency
- you are feeling generally unwell or think that you may have an infection
- angioedema, a serious allergic reaction with symptoms that may include swollen tongue, lips, face or throat
- Stevens-Johnson syndrome, a serious illness with blistering of the skin, mouth, eyes and genitals

In addition, if you experience any of these symptoms while taking NeoMercazole you also contact your **doctor immediately:** 

- muscle pain or weakness
- nerve pain
- swelling of lymph nodes
- swelling of glands in your mouth
- feeling faint (low blood sugar)
- kidney problems, with symptoms that include a reduction of the amount of urine passed, fluid retention, blood in the urine and yellowing of your skin or whites of your eyes.

These could be signs of muscle problems, jaundice or inflammation of the liver and your doctor may want you to stop taking NeoMercazole and carry out some blood tests on you.

Some tests should be performed to check for bone marrow depression before restarting your treatment. Bone marrow depression causes a reduction in the number of blood cells and reduces the ability to fight infection. If it is not treated as soon a it is detected the condition can become life-threatening.

NeoMercazole can also affect the liver (causing jaundice and inflammation of the liver) or the muscles. If you experience muscle aches or pains or notice yellowing of your skin or the whites of your eyes **consult your doctor immediately** as, under medical supervision, the drug should be stopped and blood tests performed.

The following side effects are reported with a not known frequency (frequency cannot be estimated from the available data):

#### Other side effects include:

- feeling sick
- feeling unusually tired
- headache
- skin rashes, including urticaria (nettle rash)
- itching
- stomach upset
- painful joints.

## The following side effects have also been reported:

- hair thinning
- loss of taste
- inflammation of the pancreas (acute pancreatitis)
- lung problems, with symptoms that include shortness of breath or cough

## Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, Website: www.hpra.ie . By reporting side effects you can help provide more information on the safety of this medicine.

#### How to store Neomercazole

Keep this medicine out of the reach and sight of children.

Do not store your tablets above 25°C. Store in the original container.

Do not use after the expiry date which is printed on the carton after EXP. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## 6. Contents of the pack and other information

#### What NeoMercazole contains

- The active ingredient is carbimazole. Each tablet contains 5 mg or 20 mg of carbimazole
- The other ingredients are sucrose, lactose, acacia, talc, maize starch, magnesium stearate, gelatine and red iron oxide (E172). NeoMercazole 20 mg also contains microcrystalline cellulose.

## What NeoMercazole looks like and the contents of the pack

NeoMercazole 5 mg tablets are pink circular tablets with 'Neo 5' on one side and plain on the reverse.

NeoMercazole 20 mg tablets are pink circular tablets with 'Neo 20' on one side and plain on the reverse.

NeoMercazole is available in plastic containers of 100 tablets with a tamper evident ring.

## **Marketing Authorisation Holderand Manufacturer**

Amdipharm Limited, Temple Chambers, 3 Burlington Road, Dublin 4, Ireland.

# Manufacturer responsible for release is:

Delpharm L'Aigle, Zone Industrielle No.1 Route de Crulai, L'Aigle 61300, France

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This leaflet was last revised in January 2023