A. Before you start

Gather your supplies

Find a well-lit, clean surface and gather all the equipment you need.

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plunger</td>
<td>Use to draw up the medication into the syringe.</td>
</tr>
<tr>
<td>Finger grip</td>
<td>Helps hold the plunger while drawing up.</td>
</tr>
<tr>
<td>Needle cover</td>
<td>Protects your fingers from the needle.</td>
</tr>
<tr>
<td>Cotton ball or gauze pad</td>
<td>Wipe down the pre-filled syringe.</td>
</tr>
</tbody>
</table>

1. Inspect the pre-filled syringe:
   - Check the expiry date on the pre-filled syringe label. Do not use if it has passed the expiry date.
   - Check the expiry date on the needle cover if it has been dropped onto a hard surface. Do not use the pre-filled syringe if the needle cover is broken or not securely attached.

2. Inspect the solution:
   - Look at the medicine in the pre-filled syringe. Do not use if it is discoloured, cloudy, or if particles other than small white or almost transparent particles of protein are present.
   - Do not use the solution if it is a suspension, if the vial contains one or more foreign objects, or if the vial is damaged.

3. Allow the medicine to reach room temperature:
   - Remove one pre-filled syringe from the refrigerator and leave it at room temperature for at least 30 minutes before injecting. This is important to make the medicine easier and more comfortable to inject.

B. Injection steps

Step 1: Wash your hands with soap and water.

Step 2: Inspect the site of injection:
   - Make sure the site of injection is not inflamed, scarred, bruised, or tender. Do not inject into areas that are red, hard, bruised, or tender. Do not inject into scars or stretch marks. Do not inject into areas that are scaly skin patches (psoriasis skin lesions).

Step 3: Insert the needle:
   - Hold the pre-filled syringe at 45 degrees to the injection site. Slowly push down the plunger to inject into all of the Benepali® solution.

Step 4: Remove the needle:
   - Do not recap the needle. Recapping the needle could lead to a needle stick injury. Never recap the needle.

Step 5: Dispose of the used syringe:
   - Dispose of the used syringe in an approved sharps container. Check with your healthcare provider and package leaflet for local guidance on sharps disposal.

Disposal:

- Inspect the used syringe:
  - Check with your healthcare provider for instructions on how to properly dispose of a used sharps container. Do not throw the sharps container in the household bin.
- Inspect the site:
  - Do not recap:
  - Do not use the Benepali® pre-filled syringe if the needle is broken or if you suspect the needle is broken.
- Inspect the rubber stopper:
  - Check the rubber stopper after authorisation of the medicinal product. Healthcare professionals are asked to report any suspected adverse events or reactions.

C. Injection site care

- If there is bleeding at the injection site, press a gauze pad over the injection site.
- If needed, cover the injection site with an alcohol swab.
- If there is bleeding at the injection site, press a gauze pad over the injection site. If needed, cover the injection site with an alcohol swab.

Questions?

Ask your doctor or nurse.

Before you inject the drug:

- Refer to your instructions for the drug and package information for local guidance on sharps disposal.

Reporting of side effects

- Adverse events can be reported directly via: www.mhra.gov.uk/yellowcard (UK) Can also be found at: https://yellowcard.mhra.gov.uk/ can be found at: www.zcard.be

- Adverse events can be reported to the Medicines and Healthcare products Regulatory Agency (MHRA), Earlsfort Terrace, IRL - Dublin 2.
- Tel: +353 1 6764971
- E-mail: medsafety@hpra.ie
- Website: www.hpra.ie

Patients

- Ask your doctor or nurse.
- Before you inject the drug:
  - Refer to your instructions for the drug and package information for local guidance on sharps disposal.
Read the Instructions for Use before you start using Benepali® and each time you get a refill of your prescription. There may be new information. This Quick Reference Guide is not intended to replace those instructions.

Do not try to give yourself the injection unless your doctor or nurse has shown you how to give the injection.