

# Valproate ▼ (Epilim)

## Contraception and Pregnancy Prevention: Important information to know\*

- Valproate is an effective medicine for epilepsy and bipolar disorder.
- Valproate can seriously harm an unborn baby when taken during pregnancy.
- Always use effective contraception without interruption during the entire duration of treatment with valproate.
- It is important to visit your specialist at least once each year.

▼ This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you may get. See [www.hpra.ie](http://www.hpra.ie) for how to report side effects.

*\*This applies to all girls and women using valproate and who could become pregnant.  
Keep this card safe so you always know what to do.*

# Valproate ▼ (Epilim) Contraception and Pregnancy Prevention

## What you must do\*

- Read the package leaflet carefully before use.
- Never stop taking valproate unless your doctor tells you to as your condition may become worse.
- If you are thinking about having a baby, do not stop using valproate and contraception before you have talked to your doctor.
- If you think you are pregnant: Schedule an urgent appointment with your doctor.
- Ask your doctor or pharmacist to give you the Patient Guide for the valproate Pregnancy Prevention Programme.

**prevent**  
valproate pregnancy  
prevention programme

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