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## Direct Healthcare Professional Communication

**PLEASE READ**

**IMPORTANT MEDICINE  
SAFETY INFORMATION**

APPROVED  
BY THE

**HPRA**

An tÚdarás Rialála Táirgí Sláinte  
Health Products Regulatory Authority



21<sup>st</sup> March 2024

**PAXLOVID® ▼ (nirmatrelvir; ritonavir): reminder of life-threatening and fatal drug-drug interactions with certain immunosuppressants, including tacrolimus**

Dear Healthcare Professional,

Pfizer, in agreement with the European Medicines Agency and the Health Products Regulatory Authority (HPRA), would like to inform you of the following:

### Summary

- **Co-administration of Paxlovid with certain immunosuppressants with narrow therapeutic index such as calcineurin inhibitors (ciclosporin, tacrolimus) and mTOR inhibitors (everolimus, sirolimus) can result in life-threatening and fatal reactions due to pharmacokinetic interactions.**
- **Due to the risk of serious interactions, co-administration with these immunosuppressants should only be considered if close and regular monitoring of immunosuppressant serum concentrations is possible.**
- **Monitoring should be performed not only during co-administration with Paxlovid but also after treatment.**
- **Paxlovid is contraindicated in patients using medicines with highly CYP3A dependent clearance and for which elevated plasma concentrations can lead to serious and/or life-threatening reactions, including the calcineurin inhibitor voclosporin.**
- **Consultation with a multidisciplinary group of specialists is required to manage the complexity of co-administration.**
- **The potential benefit of treatment with Paxlovid should be carefully weighed against the serious risks if the drug-drug interactions are not appropriately managed.**

### Background on the safety concern:

Use of Paxlovid, a strong CYP3A inhibitor, in patients receiving concomitant medicines metabolised by CYP3A can increase the plasma concentrations of these medicines. Cases of serious adverse reactions, some of which were fatal, resulting from drug-drug interactions



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between Paxlovid and immunosuppressants including calcineurin inhibitors (voclosporin, ciclosporin and tacrolimus) and mTOR inhibitors (everolimus and sirolimus) have been reported. In several cases, immunosuppressant concentrations were observed to increase rapidly to toxic levels resulting in life-threatening conditions. For example, high tacrolimus levels can lead to acute kidney injury and increase susceptibility to severe infections due to excessive immunosuppression.

Paxlovid is contraindicated in patients taking the calcineurin inhibitor voclosporin. Consultation with a multidisciplinary group (e.g., involving physicians, specialists in immunosuppressive therapy, and/or specialists in clinical pharmacology) is required to manage the complexity of co-administration of Paxlovid with calcineurin inhibitors (ciclosporin and tacrolimus) and mTOR inhibitors (everolimus and sirolimus). Calcineurin inhibitors and mTOR inhibitors are medicines with a narrow therapeutic index, therefore, co-administration of Paxlovid with these immunosuppressants should only be considered with close and regular monitoring of immunosuppressant serum concentrations, to adjust immunosuppressant dose in accordance with the latest guidelines, in order to avoid over-exposure to the immunosuppressant and subsequent serious adverse reactions. It is important that monitoring is performed not only during co-administration with Paxlovid but is also pursued after the treatment.

To access further information regarding clinically significant drug-drug interactions, including medicinal products for which co-administration with Paxlovid is contraindicated due to serious interactions, consult the current SmPC or scan the QR code on the outer packaging of Paxlovid.

### **Call for reporting**

Paxlovid ▼ is subject to additional monitoring identified by the black triangle. This will allow quick identification of new safety information.

Healthcare professionals are asked to report any suspected adverse reactions via HPRA Pharmacovigilance, website: [www.hpra.ie](http://www.hpra.ie).

Suspected adverse drug reactions may also be reported to Pfizer Medical Information on 01304 616 161.

### **Company contact point**

For more information about Paxlovid, please contact Pfizer Medical Information at Pfizer Limited, Walton Oaks, Dorking Road, Tadworth, Surrey, KT20 7NS or Tel: 1800 633 363 and ask for Medical Information.

Pfizer Medical Information can also be found online at:  
<https://www.pfizer.com/products/product-contact-information>

Yours sincerely,

A handwritten signature in black ink that reads 'Nicola Meehan'.

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Nicola Meehan, Medical Lead