

IDACIO[®] ▼ (adalimumab) Patient Alert Card

This card outlines the important safety information that you need to be aware of prior to and throughout treatment with IDACIO[®].



Cover
Position

Patient Alert Card

- **Keep this card with you at all times whilst you are taking Idacio® and 4 months after your last injection**
- **Present this card to all healthcare professionals that you visit**
- **Not all possible adverse events are listed in this card. For a full list, please read the Package Leaflet or ask your doctor for more information about the side effects**

- **Speak to your doctor or nurse if you have any questions about the possible benefits and side effects of your treatment, and any other information concerning Idacio®**
- **Please make a note of any tuberculosis tests or treatments you have had inside this card**

Introduction

Idacio® is a therapy that aims to treat conditions that are related to the immune system, such as arthritis and psoriasis. Because your medicine targets parts of the immune system that lead to these conditions, some patients can experience one or more side effects.

This card will tell you about some of the side effects and associated symptoms that could affect you while taking Idacio®.

Some of the serious side effects that you could experience include infections, heart failure, cancer and nervous system problems.

Certain vaccines may cause infection and should not be given while receiving Idacio®, especially live vaccines. Please check with your doctor before you receive any vaccines.

For a complete list of these adverse reactions, please read the Package Leaflet.

Before treatment with Idacio®

Tell your doctor about any health problems that you may have and any medications that you may be taking. This includes whether you have:

- Have an infection including long-term or localised infection. It is important that you tell your doctor if you have symptoms of an infection (e.g. fever, wounds, feeling tired, dental problems).
- Reside or travel in regions where fungal infections such as histoplasmosis, coccidiomycosis or blastomycosis are endemic.
- Currently or previously had a serious heart condition, heart failure or cancer
- Numbness, tingling or a problem affecting your nervous system, such as multiple sclerosis

Your doctor should check you for signs and symptoms of tuberculosis before starting Idacio®. This will include a medical examination including your medical history and appropriate screening tests (e.g. chest X-ray and a tuberculin test). The conduct and results of these tests should be recorded on this card. It is important that you tell your doctor if you have ever had tuberculosis or if you have been in close contact with someone who has had tuberculosis.

If you receive Idacio® while you are pregnant, your baby maybe at higher risk for getting an infection for up to approximately five months after the last Idacio® dose you receive during pregnancy. Also, if the patient receives Idacio® while pregnant, the baby should not receive a 'live vaccine', such as BCG within 5 months following their last Idacio® injection during pregnancy. It is important that you tell your baby's doctor and other healthcare professionals about your Idacio® use during your pregnancy so they can decide when your baby should receive any vaccine.

During treatment

Keep your doctor notified about how your medicine is working for you.

It is important that you call your doctor as soon as you notice any unusual symptoms. This is to ensure that you get the right care immediately, lowering the risk of any side effects worsening.

If your doctor confirms that you have a side effect, he or she will decide whether or not to continue your treatment with Idacio®.

Since side effects can happen after your last dose of Idacio® tell your doctor about any problems you may have up to 4 months after your last injection of Idacio®.

We can get more valuable information on the safety of this medicine when you report any of the side effects you may experience as soon as you notice them.

Tell your doctor about any new conditions and medications that you may have, or any surgery or operations that you may have planned.

Side effects

If you get any of the following symptoms, call your doctor to get immediate medical care, as it may mean you are experiencing a serious side effect of Idacio®.

Infections

Idacio® helps people with certain inflammatory disease. It does this by blocking a part of the immune system. However, this part of the immune system also helps fight infection. This means Idacio® can make you more likely to get infections or make any infection that you may have worse. This risk may increase if you have problems with your lungs.

These infections may be serious and include tuberculosis infections caused by viruses, fungi, parasites or bacteria and severe infections in the blood (sepsis). In rare cases these infections may be life threatening.

Associated symptoms:

Fever; chills; unusual sweating; feeling unwell; fatigue; nausea or vomiting; diarrhoea; stomach pain; loss of appetite; weight loss; cough or coughing up blood or mucus; shortness of breath; urinary problems; skin sores; wounds; muscle aches; dental problems.

Back cover
Position

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