DRYNOL 20 MG TABLETS
Bilastine

Read all of this leaflet carefully before you start taking this medicine.

1. What DRYNOL 20 mg tablets are and what they are used for
DRYNOL tablets contain bilastine which is an antihistamine. DRYNOL 20 mg tablets are used to relieve the symptoms of hayfever (sneezing, itchy, runny, blocked-up nose and red and watery eyes) and other forms of allergic rhinitis. They may also be used to treat itchy skin rashes (hives or urticaria).

2. Before you take DRYNOL 20 mg tablets
Do not take DRYNOL 20 mg tablets if you:
- are allergic (hypersensitive) to bilastine or any of the other ingredients of DRYNOL 20 mg tablets (see section 6, Further information).

3. How to take DRYNOL 20 mg tablets
Adults, including the elderly and adolescents aged 12 years and over
- Take one tablet daily.
- The tablet must be taken on an empty stomach, for example in the morning prior to breakfast. You must not eat for 1 hour after taking bilastine.
- Swallow your tablet with a glass of water.
- The score line is not intended to divide the tablet into equal doses. It can be used to break the tablet and make swallowing easier.

Regarding the duration of treatment, your physician will determine the type of disease you are suffering from and will determine for how long you should take DRYNOL.

If you take more DRYNOL 20 mg tablets than you should
If you, or anyone else, have taken too many DRYNOL 20 mg tablets, contact your doctor or pharmacist immediately.

If you forget to take DRYNOL 20 mg tablets
Do not take a double dose to make up for a forgotten dose. If you forget to take your dose on time, take it as soon as possible, and then go back to your regular dosing schedule.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects
Like all medicines, DRYNOL 20 mg tablets can cause side effects, although not everybody gets them.

Side effects that may be experienced are:

- headache
- drowsiness
Uncommon: affects 1 to 10 users in 1,000
- abnormal ECG heart tracing
- blood tests which show changes in the way the liver is working
- dizziness
- stomach pain
- tiredness
- increased appetite
- irregular heartbeat
- increased weight
- nausea (the feeling of being sick)
- anxiety
- dry or uncomfortable nose
- impotence
- diarrhea
- vertigo (a feeling of dizziness or spinning)
- feeling of weakness
- thirst
- dyspnoea (difficulty in breathing)
- dry mouth
- indigestion
- itching
- cold sores (oral herpes)
- fever
- tinnitus (ringing in the ears)
- difficulty in sleeping
- blood tests which show changes in the way kidney is working
- blood fats increased

If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. HOW TO STORE DRYNOL 20 mg

Keep out of the reach and sight of children.

Do not use DRYNOL after the expiry date which is stated on the carton and the blisters after EXP. The expiry date refers to the last day of that month.

This medicinal product does not require any special storage conditions. Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATION

What DRYNOL 20 mg tablets contains:
- The active substance is bilastine. Each tablet contains 20 mg of bilastine.
- The other ingredients are cellulose microcrystalline, sodium starch glycolate type A (derived from potato), colloidal anhydrous silica, magnesium stearate.

What DRYNOL 20 mg tablets looks like and contents of the pack:
DRYNOL 20 mg tablets are white, oval, biconvex and scored.
The tablets are supplied in blister packs of 10, 20, 30, 40 or 50 tablets
Not all pack sizes may be marketed.

Marketing authorisation holder and manufacturer
Marketing Authorisation Holder
Menarini International Operations Luxembourg S.A.
1 Avenue de La Gare
L-1611 Luxembourg
Manufacturer
A.Menarini Manufacturing Logistics and Services S.r.l.
Campo di Pile
L’Aquila
Italy

Local Representative in Ireland Menarini Pharmaceuticals Ireland Ltd

This medicinal product is authorised in the Member States of the EEA under the following names:

Austria: Nasitop 20 mg Tabletten
Belgium: Bellozal 20 mg Tablet
Bulgaria: Fortecal 20 mg Tablet
Cyprus: Bilaz 20 mg Δισκίο
Czech Republic: Xados 20 mg Tablety
Denmark: Revitelle 20 mg Tablet
Estonia: Opexa
Finland: Revitelle 20 mg Tabletti
France: Bilaska 20 mg Comprimé
Germany: Bilaxten 20 mg Tabletten
Greece: Bilaz 20 mg Δισκίο
Hungary: Lendin 20 mg tabletták
Iceland: Bilaxten 20 mg Táfla
Ireland: Drynol 20 mg tablets
Italy: Olisir 20 mg Compresse
Latvia: Opexa 20 mg Tablettes
Lithuania: Opexa 20 mg Tabletis
Luxembourg: Bellozal 20 mg Tablet
Malta: Goscall 20 mg tablets
Norway: Zilas 20 mg Tablett
Poland: Citrat
Portugal: Lergonix 20 mg Comprimido
Romania: Bornear 20 mg Comprimate
Slovak Republic: Omarrit 20 mg Tableta
Slovenia: Bilador 20 mg tablete
Spain: Ibis 20 mg Comprimido
Sweden: Blaxten 20 mg Tablett
United Kingdom: Ixatzen 20 mg tablets

This leaflet was last approved in ..........