

- Your blood pressure becomes higher. This is very rare but if it happens you may get symptoms such as crushing chest pain, confusion, problems with your eyesight, tiredness and an uneven heartbeat
- You have problems passing water (urine)
- You have sharp pain or aching in your side in the area between the ribs and the hips. These could be signs of a swollen kidney
- You feel tired and your body is swollen. These could be signs of fluid build up in the tissues called lymphostasis
- You feel tired, lack energy; have shortness of breath and palpitations. These could be symptoms of anaemia, a decrease in the number of red blood cells. Due to testosterone suppression, GnRH agonist therapy may increase the risk of anaemia. Patients should be evaluated for this risk and managed accordingly.

Tell your doctor or pharmacist if any of the following side effects get serious or lasts longer than a few days:

- Loss of sex drive (libido)
- In women, painful sexual intercourse.
- In men, atrophy (shrinking) of the testes
- Bone or muscle discomfort such as shoulder pain or stiffness or muscle weakness. If Suprefact Injection is used for a long period of time, it may increase the risk of you getting a condition called 'osteoporosis'. This is when your bones are more likely to break
- Lowered tolerance to glucose which may lead to worsening of existing diabetes
- Changes in body weight, changes in appetite and increased thirst
- Mood changes such as depression (feeling depressed) or worsening of depression: long term use: common, short term use: uncommon and feeling anxious.
- Feeling nervous, dizzy, tired or drowsy
- Headache and disturbed sleep
- Problems with memory and concentration
- Pain or redness at the injection site
- Unusual skin sensations such as numbness, tingling, pricking, burning or creeping on the skin. This can feel like 'pins and needles' (usually in the arms and legs) and is called paraesthesia
- Dry eyes (possibly leading to eye irritation in people who wear contact lenses), blurred eyesight, feeling of pressure behind the eyes
- Hearing problems such as ringing in the ears (tinnitus)
- Very fast, uneven or forceful heartbeat (palpitations)
- Facial swelling (puffiness) due to water retention which may also cause swollen arms or legs
- Feeling or being sick, stomach ache, pain in the lower abdomen, diarrhoea.
- Constipation
- Menopausal like symptoms and bleeding
- Dry skin, acne, hot flushes or increased sweating
- Hair grows more than normal (including body and facial hair)
- Hair loss (including body or facial hair)
- Splitting of nails
- Vaginal discharge, change in breast size, breast tenderness or milk production
- In women with uterine fibroids you may have worsening of your condition
- Changes in the level of liver enzymes, fats (lipids) and a substance called 'bilirubin' in the blood shown up in blood tests
- Frequency not known: Changes in ECG (QT prolongation)

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2;
Tel: +353 1 6764971; Fax: +353 1 6762517.

Website:www.hpria.ie ; E-mail: medfsafety@hpria.ie
By reporting side effects you can help provide more information on the safety of this medicine..

5. How to store Suprefact Injection

Keep this medicine in a safe place where children cannot see or reach it.
Do not use Suprefact Injection after the expiry date which is stated on the label and carton after 'EXP'. The expiry date refers to the last day of that month. Do not store above 25°C. Do not freeze. Store in the original container in order to protect from light. Any material remaining after one week of first opening should be discarded
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Contents of the pack and other information

What Suprefact Injection contains

- Each 1 ml contains 1 milligram of the active substance, buserelin as buserelin acetate
- The other ingredients are sodium hydroxide, sodium chloride, sodium dihydrogen phosphate, benzyl alcohol and water for injections

What Suprefact Injection looks like and contents of the pack

Suprefact Injection a clear, colourless, solution for injection. Each vial contains 5.5 ml of solution. It is available in boxes containing two multidose vials.

Marketing Authorisation Holder and Manufacturer

Marketing Authorisation Holder
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Citywest Business Campus,
Dublin 24,
Ireland.

Tel: 01403 5600
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email: IMedinfo@sanofi.com

Manufacturer

Sanofi-Aventis Deutschland GmbH,
Industriepark Höchst,
D-65926 Frankfurt am Main,
Germany

This leaflet does not contain all the information about your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

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- Investigations: changes in blood lipids, increase in serum levels of liver enzymes (e.g. transaminases), increase in bilirubin, weight changes (increase or decrease)
- Cardiac disorders: palpitations
- Frequency unknown/rare/uncommon*: QT prolongation (see sections 4.4 and 4.5)
* frequency as derived from clinical trials/safety studies, if no data is available frequency should be labelled as "unknown".
- Blood and lymphatic system disorders: thrombopenia and leucopenia.
- Nervous system disorders: headache (in women in rare cases migraine-like), sleep disturbances, drowsiness, disturbances of memory and concentration, dizziness
- General disorders and administration site reactions: tiredness
- Ear and labyrinth disorders: tinnitus, hearing disorders
- Eye disorders: impaired vision (e.g. blurred vision), feeling of pressure behind the eyes.
- Gastrointestinal disorders: nausea, vomiting, diarrhoea, constipation
- Metabolic and nutrition disorders: increased thirst, changes in appetite, reduction in glucose tolerance. This may, in diabetic patients, lead to a deterioration of metabolic control.
- Neoplasm benign, malignant and unspecified (including cysts and polyps): Very rare cases of pituitary adenomas were reported during treatment with LHRH agonists, including buserelin.
- Musculoskeletal and connective tissue disorders: musculoskeletal discomfort and pain (including shoulder pain/stiffness in women). The use of LHRH-agonists may be associated with decreased bone density and may lead to osteoporosis and an increased risk of bone fracture. The risk of skeletal fracture increases with the duration of therapy.
- Psychiatric disorders: nervousness, emotional instability, feelings of anxiety. Mood changes and depression (long term use: common, short term use: uncommon, as observed with GnRH agonists). Depression may develop or existing depression may worsen.

Pain or local reactions at the injection site are possible.

Prostatic carcinoma: At the beginning of treatment, a transient rise in the serum testosterone level usually develops and may lead to temporary activation of the tumour with secondary reactions such as:

- occurrence or exacerbation of bone pain in patients with bone metastases.
 - signs of neurologic deficit due to tumour compression with e.g. muscle weakness in the legs.
 - impaired micturition, hydronephrosis or lymphostasis.
 - thrombosis with pulmonary embolism.
- Such reactions can largely be avoided when an anti-androgen is given concomitantly in the initial phase of buserelin treatment (see also under section 4.4 Special Warnings and Precautions for use) However, even with concomitant anti-androgen therapy, a mild but transient increase in tumour pain as well as a deterioration in general well-being may develop in some patients.

Additionally, hot flushes, atrophy of the testes and loss of potency and libido (in most patients; result of hormone deprivation), usually painless gynaecomastia (occasionally) as well as mild oedemas of the ankles and lower legs may occur.

Preparation for ovulation induction: Treatment with buserelin inhibits oestrogen production. In addition to the intended effects this may lead also to adverse effects (dose-dependent); i.e. where buserelin for preparation for ovulation induction is used at a low dosage, these effects occur less frequently and are less pronounced than in the treatment of endometriosis.

As additional manifestations of inhibited oestrogen production, in most cases uterine bleeding ("period") occurs during the first weeks of treatment. Uterine bleeding may also occur in the further course of treatment.

As additional manifestations of inhibited oestrogen production, menopausal-like symptoms may also occur, such as hot flushes, increased sweating, vaginal dryness, dyspareunia, decreased libido, and after several months' treatment – a decrease in bone mass. A decrease in bone mineral content, the magnitude of which relates to the duration of therapy, occurs in women during treatment with buserelin alone. The evidence available indicates that six months' treatment is associated with a decrease in bone mineral density of the spine of 3.5%. These changes

are similar to those seen with other agonists. Increased levels of serum alkaline phosphates may occur. These are reversible on discontinuing treatment. Very rare cases of pituitary adenomas were reported during treatment with LH RH agonists including buserelin.

Further adverse effects are not clearly attributable to hormone deprivation; increase or decrease in breast size with breast tenderness, splitting nails, acne, dry skin, vaginal discharge (occasional), oedema of the face and extremities (occasional). In addition, lactation, stomach ache, lower abdominal pain, paraesthesiae (especially in the arms and legs) may occur, as may dryness of the eyes, which may lead to eye irritation in wearers of contact lenses. It is recommended to stop Suprefact treatment at the start of hCG treatment.

In-vitro fertilisation/embryo transfer programs and similar assisted reproduction procedures carry inherent risks, e.g. increased occurrence of ectopic pregnancies, miscarriages or multiple pregnancies; this also applies where buserelin is used as adjunctive therapy. The fact that follicle recruitment may be increased under buserelin treatment (especially in the case of polycystic ovaries) may, however, in some patients also represent a desirable effect. In the initial phase of treatment with buserelin ovarian cysts may develop. For preparation of ovulation induction, however, no negative effect on the course of stimulation has been reported so far. Combined use of buserelin with gonadotrophins may carry a higher risk of ovarian hyperstimulation syndrome (OHS) than the use of gonadotrophins alone (see also under 4.4 Special warnings and Precautions for Use)
Degeneration of uterine fibroids in women with uterine fibroids.

4.9. Overdose

Overdose may lead to signs and symptoms such as asthenia, headache, nervousness, hot flushes, dizziness, nausea, abdominal pain, oedemas of the lower extremities and mastodynia, as well as local reactions at the injection site such as pain, haemorrhage and induration. Treatment should be symptomatic.

5. PHARMACOLOGICAL PROPERTIES

5.1. Pharmacodynamic Properties

Buserelin is an analogue of the natural gonadotrophin-releasing hormone (gonadorelin; GnRH) with enhanced biological activity.

After repeated administration of buserelin, the secretion of gonadotrophins and gonadal steroids is significantly inhibited.

The pharmacological effect is attributable to the down-regulation of pituitary LH-RH receptors.

In male individuals the elimination of gonadotrophin release results in a lasting reduction in the synthesis and secretion of testosterone.

In female individuals the elimination of pulsatile gonadotrophin release reliably inhibits the secretion of oestrogen.

The suppressive effect of buserelin on the secretion of gonadal steroids depends on the daily dose, the frequency of application and the duration of treatment. Even when the serum level of buserelin is below the detection limit, gonadotrophin release is preserved because of sustained binding to the receptors of the anterior lobe of the pituitary gland (approx. 3 hours).

While gonadotrophin release is inhibited during long-term treatment with buserelin, the secretion of the other pituitary hormones (growth hormone, prolactin, ACTH, TSH) is not directly influenced. However, oestrogen deficiency may lead to decreased secretion of growth hormone and prolactin. The secretion of adrenal steroids remains unchanged.

In terms of the complete inhibition of testicular testosterone synthesis, buserelin is equally effective as orchietomy in the treatment of prostatic carcinoma. Compared with orchietomy, buserelin offers the advantage of reversibility and reduced psychological stress for the patient.

5.2. Pharmacokinetic Properties

Buserelin is water-soluble; when administered by subcutaneous injection it is reliably absorbed.

If administered correctly by the nasal route, it is absorbed via the nasal mucosa in such a way that sufficiently high plasma levels are guaranteed. The biological activity of buserelin was not impaired even after the induction of histamine rhinitis in test subjects. The nasal absorption of buserelin from buserelin nasal solution is 1 to 3%. After subcutaneous injection of 200 micrograms buserelin is 70% bioavailable; in contrast, after oral administration, buserelin is ineffective.

Buserelin accumulates preferentially in the liver and kidneys as well as in the anterior pituitary lobe, the biological target organ.

The elimination half-life is approx. 50 to 80 minutes following intravenous administration, 80 to 120 minutes after subcutaneous administration and approx. 1 to 2 hours after intranasal administration. Buserelin circulates in serum predominantly in intact active form. Protein binding is approx. 15%. Buserelin and inactive buserelin metabolites are excreted via the renal and biliary route. The serum concentration and the excretion of buserelin in the urine show the same time profile. In man approx. 50% of buserelin excreted in the urine is intact.

Buserelin is metabolised by peptidases (pyroglutamyl peptidase and chymotrypsin-like endopeptidases) in the liver and kidneys as well as in the gastrointestinal tract and by this means inactivated. In the pituitary gland, receptor-bound buserelin is inactivated by membrane-located enzymes.

A small proportion of the dose of buserelin is secreted into the breast milk. According to present clinical experience these amounts have no hormonal effect on the infant.

5.3. Preclinical Safety Data

None of clinical relevance.

6. PHARMACEUTICAL PARTICULARS

6.1. List of Excipients

Sodium hydroxide
Sodium chloride
Sodium dihydrogen phosphate
Benzyl alcohol
Water for injections.

6.2. Incompatibilities

In the absence of compatibility studies, this medicinal product must not be mixed with other medicinal products

6.3. Shelf Life

Unopened: 2 years.
Opened: 7 days.

6.4. Special Precautions for Storage

Do not store above 25°C. Do not freeze. Store in the original carton in order to protect from light.

6.5. Nature and Contents of Container

Box of 1 x 5.5ml multidose vial.
Each vial consists of clear, colourless, Type I (PhEur) glass with a grey chlorobutyl rubber and an aluminium/polypropylene combination seal.
Pack size: 2 individual cardboard boxes are wrapped together in a clear plastic outer.

6.6. Special precautions for disposal of a used medicinal product or waste materials derived from such medicinal product and other handling of the product

No special requirements.

7. MARKETING AUTHORISATION HOLDER

sanofi-aventis Ireland Ltd T/A SANOFI,
Citywest Business Campus,
Dublin 24.

8. MARKETING AUTHORISATION NUMBER

PA 540/74/1

9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

Date of first authorisation: 28th August 1986
Date of last renewal: 16th August 2009

10. DATE OF REVISION OF TEXT

July 2015.