

**Modrasone® Cream 0.05% w/w**  
Alclometasone Dipropionate

**PACKAGE LEAFLET: INFORMATION FOR THE USER**

**Read all of this leaflet carefully before you start using this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

**In this leaflet:**

1. What Modrasone Cream is and what it is used for
2. What you need to know before you use Modrasone Cream
3. How to use Modrasone Cream
4. Possible side effects
5. How to store Modrasone Cream
6. Contents of the pack and other information

**1. WHAT MODRASONE CREAM IS AND WHAT IT IS USED FOR**

Modrasone Cream contains an active ingredient called alclometasone dipropionate which belongs to a group of medicines called topical corticosteroids. These medicines are used on the surface of the skin to reduce the redness and itchiness caused by certain skin problems.

In adults and children, Modrasone Cream is used to reduce redness and itchiness caused by certain skin problems including eczema.

Eczema is a common skin disease, which causes the skin to become red and itchy.

**2. WHAT YOU NEED TO KNOW BEFORE YOU USE MODRASONE CREAM**

**Do not use Modrasone Cream**

- if you are allergic to alclometasone dipropionate or any of the other ingredients of this medicine (listed in section 6).
- for any other skin problems as it could make them worse, especially rosacea (a skin condition affecting the face), acne, dermatitis (skin inflammation) around the mouth, cold sores, chickenpox, or skin infections.

**Warnings and precautions**

Talk to your doctor or pharmacist before using Modrasone cream if you are concerned about any of the following:

- This medicine should not be used under nappies, bandages or plasters.
- Do not apply to the area around the eye as this may cause glaucoma.
- Use of topical corticosteroids in children and adults can cause Cushing's syndrome (fatigue, muscle weakness, weight gain, high blood pressure, rounded face with a reddish complexion).
- HPA axis suppression in children and adults (fatigue, depression, anxiety, and suppressed immune system) can occur with large doses of corticosteroids, recovery is usually prompt on stopping treatment.
- If irritation develops, stop treatment.

- Antifungal or antibacterial medicines should be used if a skin infection is present.
- Corticosteroids may cause cataract development.
- Modrasone cream is not for use in the eye.

### **Children**

If the cream is used more often than it should, or more than prescribed, it can affect some of your child's hormones. This may affect their growth and development.

- Do not use on children for longer than 2 weeks.
- High pressure in the skull (bulging fontanelle, headaches, swelling of the eyes) has been reported in children using corticosteroids.
- Children may be more likely to develop side effects.

### **Pregnancy and breast-feeding**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

### **Modrasone Cream contains cetostearyl alcohol and chlorocresol**

Modrasone Cream contains cetostearyl alcohol which may cause local skin reactions (e.g. contact dermatitis) and propylene glycol which may cause skin irritation. Modrasone Cream also contains chlorocresol which may cause allergic reactions.

## **3. HOW TO USE MODRASONE CREAM**

**Always use Modrasone Cream exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.**

- Usually, for adults and children, a thin layer of Modrasone Cream gently massaged into the affected area two or three times a day. Gently massage the cream until it disappears.
- Your doctor may tell you to use Modrasone Cream in a different way. If so, follow your doctor's instructions carefully. If the cream is for your child, do not use it under a nappy, as this makes it easier for the active ingredient to pass through the skin and possibly cause some unwanted effects.
- You must not use a large amount of Modrasone Cream in the same area for a long time (for example every day for many weeks or months).
- Do not put Modrasone Cream under a dressing, such as a plaster or bandage, as this makes it easier for the active ingredient to pass through the skin and possibly cause some unwanted effects.

### **If you use more Modrasone Cream than you should**

If you (or somebody else) accidentally swallow the cream, it should not produce any undesirable effects. However, if you are worried, you should speak to your doctor.

Tell your doctor if;

- You use the cream more often than you should, or on large areas of your body as it can affect some of your hormones.
- You have not followed the dosage instructions, or your doctors advice and have used the cream too frequently or for a longer time than prescribed.

### **If you forget to use Modrasone Cream**

If you forget to use your cream at the right time, use it as soon as you remember then carry on as before. Do not double the amount of cream used to make up for a forgotten dose.

## **4. POSSIBLE SIDE EFFECTS**

Most people find that when the cream is used correctly, it does not cause any problems. However, if you use more cream more than you should, particularly on your face, it can cause:

- Thinning of the skin, stinging, blistering, peeling, swelling, itching, burning, skin rash, dryness of the skin and you may notice red marks. This can happen more easily in infants and children.
- Inflammation of the hair follicles, excessive hair growth, reduced skin pigmentation and allergic skin reactions.
- Dermatitis (skin inflammation), a condition brought on by the skin reacting to outside agent e.g. detergents, causing the skin to become red and itchy.

### **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517. Website: [www.hpra.ie](http://www.hpra.ie); e-mail: [medsafety@hpra.ie](mailto:medsafety@hpra.ie). By reporting side effects you can help provide more information on the safety of this medicine.

## **5. HOW TO STORE MODRASONE CREAM**

Keep out of the reach and sight of children.

Do not use Modrasone Cream after the expiry date which is stated on the label and carton after 'EXP'. The expiry date refers to the last day of that month.

Modrasone Cream should not be stored above 25°C.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## **6. FURTHER INFORMATION**

### **What Modrasone Cream contains**

The active substance is alclometasone dipropionate 0.05% w/w. The other ingredients are: propylene glycol; white soft paraffin; cetostearyl alcohol; glyceryl stearate PEG 100 stearate; macrogol cetostearyl ether; sodium dihydrogen phosphate dihydrate; chlorocresol; phosphoric acid; purified water.

### **What Modrasone Cream looks like and contents of the pack**

Modrasone Cream is a smooth, white to off white cream. It is available in tubes containing 50 g.

### **Marketing Authorisation Holder and Manufacturer**

The holder of the Marketing Authorisation is:

Aspire Pharma Ltd  
Unit 4 Rotherbrook Court, Bedford Road, Petersfield,  
Hampshire, GU32 3QG, United Kingdom.

The manufacturer is:

Schering-Plough Labo NV, Heist-op-den Berg, Belgium.

**This leaflet was last revised in September 2016.**