Ferrograd C is an iron supplement used to prevent and treat deficiency anaemia and vitamin C deficiency when the blood is low in iron and vitamin C. Its use is described below.

1. What Ferrograd C are and what they are used for
The name of your tablets is Ferrograd C Prolonged release Tablets. Ferrograd C are prolonged release, film coated tablets. The active ingredients in Ferrograd C are: Dried Ferrous Sulphate and Vitamin C (Ascorbic Acid), as sodium ascorbate.

Ferrograd C is a combined iron and vitamin C supplement. Its use is described below.

What is Ferrograd C used for?
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Important information about some of the ingredients of Ferrograd C
This product contains the colour Ponceau 4R red (E124), which may cause allergic reactions including asthma; allergy is more common in those people who are allergic to aspirin.

3. How to take Ferrograd C
Take one tablet daily before a meal. Although iron preparations are best absorbed on an empty stomach, they may also be taken with food to reduce gastrointestinal side effects. Swallow the tablet whole with water. Do not suck, chew or keep the tablet in your mouth. Ferrograd C should not be given to children under 12 years old.

If your symptoms do not improve after 4 weeks of taking Ferrograd C, consult your doctor for further advice.

If you take more Ferrograd C than you should
If you accidentally take more than one tablet in one day or if a child has taken the tablets, you should seek medical advice urgently.

If you forget to take Ferrograd C
If you forget to take your tablet for one or more days, carry on taking one each day. Do not take more than one tablet a day.

4. Possible side effects
Like all medicines Ferrograd C can cause side effects, although not everybody gets them. You may experience some of the following effects:

- Your stools may turn black whilst taking Ferrograd C. If you have a test for the detection of blood in your stools, tell your doctor you are taking Ferrograd C as black stools may cause an incorrect result to the test.
• Allergic reaction (itchy skin and in rare cases swelling of the face and oral mucosa and difficulty in breathing or fainting). If you develop any of these symptoms stop taking the tablets and contact your doctor.

• Feeling sick

• Vomiting

• Stomach Pain

• Diarrhoea

• Constipation

• Haematemesis (blood in vomiting) and ileus (intestinal obstruction) have been reported.

Not known (Frequency cannot be estimated from the available data)

- Mouth ulceration (in case of incorrect use, when tablets are chewed, sucked or left in the mouth)
- Elderly patients and patients with difficulty swallowing may also be at risk of ulceration of the throat, oesophagus (the tube that connects your mouth with your stomach) or bronchus (the major air passages of the lungs) if the tablet enters the airways.

The honeycomb part of the tablet may cause problems in the elderly or in people with constipation. Consult your doctor if you think this may be a problem for you.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly (see details below). By reporting side effects you can help provide more information on the safety of this medicine.

HPRA Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2.
Tel: +353 1 6764971, Fax: +353 1 6762517.
Website: www.hpra.ie e-mail: medsafety@hpra.ie

5. How to store Ferrograd C

Keep this medicine out of the sight and reach of children as an overdose may be fatal. Do not use this medicine after the expiry date which is stated on the outer package and blisters after EXP. The expiry date refers to the last day of that month. If the tablets are out of date, return them to your pharmacist and, if necessary, obtain some more tablets. Do not store above 25°C. Store in the original package in order to protect from light and moisture. IMPORTANT WARNING - contains iron. Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Ferrograd C contain

The active substances are dried ferrous sulphate and vitamin C.

Each Ferrograd C tablet contains dried ferrous sulphate 325 mg (equivalent to 105 mg elemental iron) in a controlled release gradumet form and vitamin C 500 mg (ascorbic acid) as sodium ascorbate.

The other ingredients are: methylacrylate methymethacrylate copolymer, magnesium stearate, povidone, macrogol 400 & 8000, maize starch, purified talc, ethylcellulose, hypromellose, titanium dioxide (E171) and dye Red Ponceau 4R Lake (E124).

What Ferrograd C look like and the contents of the pack

Ferrograd C are ovoid, biconvex, red film-coated tablets.

Your medicine is available in blister packs containing 30 tablets in a cardboard outer.

Manufacturer

Manufactured by: TEOFARMA S.r.l., Viale Certosa, 8/A, 27100 Pavia, Italy.

Procured from within the EU and repackaged by:

Doncaster Pharmaceuticals Group Ltd, Kirk Sandall, Doncaster, DN3 1QR, UK.


Distributed by: Eurodrug Ltd., Unit L2, North Ring Business Park, Santry, Dublin 9.

PPA1151/141/001

Remember:

This leaflet provides a summary of the information available on your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

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