

## **Package leaflet: Information for the patient**

### **Anastrozole Teva 1 mg film-coated tablets** anastrozole

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4

#### **What is in this leaflet:**

- 1. What Anastrozole Teva is and what it is used for**
- 2. What you need to know before you take Anastrozole Teva**
- 3. How to take Anastrozole Teva**
- 4. Possible side effects**
- 5. How to store Anastrozole Teva**
- 6. Contents of the pack and other information**

#### **1. What Anastrozole Teva is and what it is used for**

Anastrozole Teva contains a substance called anastrozole. This belongs to a group of medicines called 'aromatase inhibitors'. Anastrozole Teva is used to treat breast cancer in women who have gone through the menopause.

Anastrozole Teva works by cutting down the amount of the hormone called estrogen that your body makes. It does this by blocking a natural substance (an enzyme) in your body called 'aromatase'.

#### **2. What you need to know before you take Anastrozole Teva**

##### **Do not take Anastrozole Teva**

- if you are allergic to anastrozole or any of the other ingredients of this medicine (listed in section 6)
- if you are pregnant or breast-feeding (see the section called 'Pregnancy and breast-feeding')

Do not take Anastrozole Teva if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking Anastrozole Teva.

##### **Warnings and precautions**

Talk to your doctor or pharmacist before taking Anastrozole Teva

- if you still have menstrual periods and have not yet gone through the menopause.
- if you are taking a medicine that contains tamoxifen or medicines that contain estrogen (see the section called 'Other medicines and Anastrozole Teva').
- if you have ever had a condition that affects the strength of your bones (osteoporosis).
- if you have problems with your liver or kidneys.

If you are not sure if any of the above applies to you, talk to your doctor or pharmacist before taking Anastrozole Teva.

If you go into the hospital, let the medical staff know you are taking Anastrozole Teva.

### **Children and adolescents**

Anastrozole Teva should not be given to children and adolescents.

### **Other medicines and Anastrozole Teva**

Tell your doctor or pharmacist if you are taking/using, have recently taken/used, or might take/use any other medicines. This includes medicines that you buy without a prescription and herbal medicines. This is because Anastrozole Teva can affect the way some medicines work and some medicines can have an effect on Anastrozole Teva.

Do not take Anastrozole Teva if you are already taking any of the following medicines:

- Certain medicines used to treat breast cancer (selective estrogen receptor modulators), e.g., medicines that contain tamoxifen. This is because these medicines may stop Anastrozole Teva from working properly.
- Medicines that contain estrogen, such as hormone replacement therapy (HRT)

If this applies to you, ask your doctor or pharmacist for advice.

Tell your doctor or pharmacist if you are taking the following:

- A medicine known as an 'LHRH analogue'. This includes gonadorelin, buserelin, goserelin, leuprorelin and triptorelin. These medicines are used to treat breast cancer, certain female health (gynaecological) conditions, and infertility.

### **Pregnancy and breast-feeding**

Do not take Anastrozole Teva if you are pregnant or breast-feeding. Stop taking Anastrozole Teva if you become pregnant and talk to your doctor.

### **Driving and using machines**

Anastrozole Teva is not likely to affect your ability to drive or use any tools or machines. However, some people may occasionally feel weak or sleepy while taking Anastrozole Teva. If this happens to you, ask your doctor or pharmacist for advice.

### **Anastrozole Teva contains lactose**

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

### **Anastrozole Teva contains sodium**

This medicine contains less than 1 mmol sodium (23 mg) per film-coated tablet, that is to say essentially 'sodium-free'.

## **3. How to take Anastrozole Teva**

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

- The recommended dose is one tablet once a day.
- Try to take your tablet at the same time each day.
- Swallow the tablet whole with a drink of water.
- It does not matter if you take Anastrozole Teva before, with or after food.

Keep taking Anastrozole Teva for as long as your doctor tells you to. It is a long-term treatment and you may need to take it for several years.

### **If you take more Anastrozole Teva than you should**

If you take more Anastrozole Teva than you should, talk to a doctor straight away.

### **If you forget to take Anastrozole Teva**

If you forget to take a dose, just take your next dose as normal. Do not take a double dose (two doses at the same time) to make up for a forgotten dose.

### **If you stop taking Anastrozole Teva**

Do not stop taking your tablets unless your doctor tells you.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

## **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

### **Stop taking Anastrozole Teva and seek urgent medical treatment, if you experience any of the following serious but very rare side effects:**

- An extremely severe skin reaction with ulcers or blisters on the skin. This is known as ‘Stevens-Johnson syndrome’.
- Allergic (hypersensitivity) reactions with swelling of the throat that may cause difficulty in swallowing or breathing. This is known as ‘angioedema’.

Other side effects:

#### **Very common side effects (may affect more than 1 in 10 people)**

- Depression
- Headache
- Hot flushes
- Feeling sick (nausea)
- Skin rash
- Pain or stiffness in your joints
- Inflammation of the joints (arthritis)
- Feeling weak
- Bone loss (osteoporosis)

#### **Common side effects (may affect up to 1 in 10 people)**

- Loss of appetite
- Raised or high levels of a fatty substance known as cholesterol in your blood. This would be seen in a blood test
- Feeling sleepy
- Carpal tunnel syndrome (tingling, pain, coldness, weakness in parts of the hand)
- Tickling, tingling or numbness of skin, loss/lack of taste
- Diarrhoea
- Being sick (vomiting)
- Changes in blood tests that show how well your liver is working
- Thinning of your hair (hair loss)
- Allergic (hypersensitivity) reactions involving the face, lips or tongue
- Bone pain
- Vaginal dryness
- Bleeding from the vagina (usually in the first few weeks of treatment – if the bleeding continues, talk to your doctor)
- Muscle pain

**Uncommon side effects (may affect up to 1 in 100 people)**

- Changes in special blood tests that show how your liver is working (gamma-GT and bilirubin)
- Inflammation of the liver (hepatitis)
- Hives or nettle rash
- Trigger finger (a condition in which your finger or thumb catches in a bent position)
- Increased amounts of calcium in your blood. If you experience nausea, vomiting and thirst, you should tell your doctor or pharmacist as you may need to have blood tests

**Rare side effects (may affect up to 1 in 1,000 people)**

- Rare inflammation of your skin that may include red patches or blisters
- Skin rash caused by hypersensitivity (this can be from allergic or anaphylactoid reaction)
- Inflammation of the small blood vessels causing red or purple colouring of the skin. Very rarely symptoms of joint, stomach, and kidney pain may occur; this is known as ‘Henoch-Schönlein purpura’.

**Effects on your bones**

Anastrozole Teva lowers the amount of the hormone called estrogen that is in your body. This may lower the mineral content of your bones. Your bones may be less strong and may be more likely to fracture. Your doctor will manage these risks according to treatment guidelines for managing bone health in women who have gone through the menopause. You should talk to your doctor about the risks and treatment options.

**Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, Website: [www.hpra.ie](http://www.hpra.ie). By reporting side effects you can help provide more information on the safety of this medicine.

**5. How to store Anastrozole Teva**

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the outer packaging after ‘EXP’. The expiry date refers to the last day of that month.

This medicinal product does not require any special storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

**6. Contents of the pack and other information****What Anastrozole Teva contains**

- The active substance is anastrozole. Each film-coated tablet contains 1 mg anastrozole.
- The other ingredients are:  
Tablet core: lactose monohydrate, magnesium stearate (E572), povidone K-30, sodium starch glycolate type A  
Film-coating: hypromellose (E464), macrogol 400 and 6000 and titanium dioxide (E171).

### **What Anastrozole Teva looks like and contents of the pack**

- Anastrozole Teva 1 mg film-coated tablets are white to off-white, round tablets. One side of the tablet is marked with the number “93” and the other side with “A10”.
- Anastrozole Teva 1 mg film-coated tablets are available in pack sizes of 1, 14, 20, 28, 30 (3 x 10), 56, 60, 84, 90, 98, 100 and 300 tablets. Hospital packs of 84 tablets and hospital unit dose packs of 10 (10 x 1) and 50 (50 x 1) film-coated tablets are also available.  
Not all pack sizes may be marketed.

### **Marketing Authorisation Holder**

Teva Pharma B.V.  
Swensweg 5  
2031GA Haarlem  
The Netherlands

### **Manufacturers:**

Pharmachemie B.V., Swensweg 5, Postbus 552, 2003 RN Haarlem, The Netherlands

TEVA Pharmaceutical Works Private Limited Company, Pallagi út 13, 4042 Debrecen, Hungary

Teva Czech Industries s.r.o., Ostravská 29, c.p. 305, 747 70 Opava Komarov, Czech Republic

Merckle GmbH, Ludwig-Merckle-Straße 3, 89143 Blaubeuren, Germany

**This leaflet was last revised in May 2021.**