

**Package leaflet: Information for the user****NUROFEN<sup>®</sup> Rapid Relief Maximum Strength 400mg Liquid Capsules**

Ibuprofen

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you. Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist or nurse have told you.**

Keep this leaflet. You may need to read it again.

- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to your doctor if you do not feel better or if you feel worse after 3 days.

**In this leaflet:**

- 1 What Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules are and what they are used for
- 2 Before you take Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules
- 3 How to take Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules
- 4 Possible side-effects
- 5 How to store Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules
- 6 Further Information

**1 WHAT NUROFEN RAPID RELIEF Maximum Strength 400mg LIQUID CAPSULES ARE AND WHAT THEY ARE USED FOR?**

Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules contain ibuprofen which belongs to a group of medicines known as non-steroidal anti-inflammatory drugs (NSAIDs). NSAIDs provide relief by changing the body's response to pain, swelling and high temperature. Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules are for the relief of **headaches, migraine, backache, period pain, dental pain, neuralgia, muscular pain, rheumatic pain, cold and flu symptoms and fever.**

**2 BEFORE YOU TAKE NUROFEN RAPID RELIEF Maximum Strength 400mg LIQUID CAPSULES:****Do not take Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules if you:**

- are allergic (hypersensitive) to ibuprofen, aspirin, or any of the ingredients listed in Section 6.
- have experienced shortness of breath, worsening of asthma, allergic rash or an itchy, runny nose when taking ibuprofen, aspirin or other similar medicines
- have ever had stomach bleeding or perforation after taking ibuprofen, aspirin or other similar medicines
- have or have ever had a stomach ulcer, perforation or bleeding
- suffer from severe kidney or liver problems
- have severe heart failure
- are in the last 3 months of pregnancy
- are under 12 years of age

**Consult your doctor or pharmacist before taking Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules if you:**

- have an infection – please see heading 'Infections' below
- have asthma or have suffered from asthma
- have kidney or liver problems
- have heart problems including heart failure, angina (chest pain), or if you have had a heart attack, bypass surgery, peripheral artery disease (poor circulation in the legs or feet due to narrow or blocked arteries), or any kind of stroke (including "mini-stroke" or transient ischaemic attack "TIA")
- are already taking non-steroidal anti-inflammatory medication (NSAIDs)
- have high blood pressure, diabetes, high cholesterol, have a family history of heart disease or stroke, or if you are a smoker
- suffer from a connective tissue disease such as Systemic Lupus Erythematosus (SLE) (Lupus)
- have problems with bleeding or blood clotting
- have been told by your doctor that you have an intolerance to some sugars
- are elderly
- have a history of inflammatory bowel disease such as ulcerative colitis or Crohn's disease.
- are receiving regular treatment from your doctor (see section "Taking other medicines" below)
- have chicken pox as it is advisable to avoid the use of Nurofen Rapid Relief Maximum Strength 400mg Liquid capsules

**Adolescents**

There is a risk of renal impairment in dehydrated adolescents

**Other warnings**

Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules may make it more difficult to become pregnant. You should inform your doctor if you are planning to become pregnant or if you have problems becoming pregnant.

Tell your doctor if you notice any unusual symptoms - especially dark bowel motions, vomiting blood or stomach pains – particularly soon after you have taken this medicine.

Shortness of breath can occur if you suffer from or have a history of allergic diseases.

Serious skin reactions have been reported in association with Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules treatment. You should stop taking Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules and seek medical attention immediately, if you develop any skin rash, lesions of the mucosal membranes, blisters or other signs of allergy since this can be the first signs of a very serious skin reaction. See section 4.

**Infections:** Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules may hide signs of infections such as fever and pain. It is therefore possible that Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules may delay appropriate treatment of infection which may lead to an increased risk of complications. This has been observed in pneumonia caused by bacteria and bacterial skin infections related to chicken pox. If you take this medicine while you have an infection and the symptoms of the infection persist or worsen, consult a doctor without delay.

There is increased risk of GI bleeding, ulceration or perforation with increasing NSAID doses, in patients with a history of ulcers, and the elderly. It is recommended to commence treatment at the lowest dose. The option of adding a protective agent should also be discussed with your doctor. Anti-inflammatory/pain-killer medicines like ibuprofen may be associated with a small increased risk of heart attack or stroke, particularly when used at high doses. Do not exceed the recommended dose or duration of treatment (3 days).

**Do not exceed the recommended dose or duration of treatment [3 days].** Prolonged use of any type of painkiller for headaches can make them worse. If your headache or other symptoms persist or if your pain or fever worsens, or if new symptoms occur talk to your doctor or pharmacist.

**Taking other medicines**

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines. In particular discuss with your doctor or pharmacist if you are taking any of the following:

- other pain relievers or anti-inflammatory medicines such as aspirin, ibuprofen or other NSAIDs
- corticosteroids (such as prednisolone) since these may increase the risk of gastrointestinal ulceration or bleeding
- water tablets (diuretics) since NSAIDs may diminish the effect of this drug
- selective serotonin-reuptake inhibitors (SSRIs, medicine for depression) since these may increase the risk of gastrointestinal side effects
- Cardiac glycosides such as digoxin since the effect of these may be enhanced
- lithium (a medicine for depression) since the effect of lithium may be enhanced
- methotrexate (a medicine for cancer or rheumatism) since the effect of methotrexate may be enhanced
- cyclosporin (a medicine to suppress the immune reaction) since there is evidence of an increased risk of kidney toxicity
- Aminoglycosides (a type of antibiotic) since there is evidence of an increased risk of kidney toxicity
- Probenecid (a medicine for gout) since it may enhance the effect of the Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules
- Oral hypoglycemic agents (tablets for diabetes) since the effects of these may be enhanced
- Zidovudine (a medicine for HIV) since there is evidence of an increased risk of bleeding in HIV+ haemophiliacs who take zidovudine and ibuprofen together
- Mifepristone (used in pregnancy terminations)
- medicines that are anti-coagulants (i.e. thin blood/prevent clotting e.g. aspirin/acetysalicylic acid, warfarin, ticlopidine)
- medicines that reduce high blood pressure (ACE-inhibitors such as captopril, beta-blockers such as atenolol medicines, angiotensin-II receptor antagonists such as losartan)

Some other medicines may also affect or be affected by the treatment of Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules. You should therefore always seek the advice of your doctor or pharmacist before you use Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules with other medicines.

**Package leaflet: Information for the user (continued)****NUROFEN<sup>®</sup> Rapid Relief Maximum Strength 400mg Liquid Capsules**

Ibuprofen

**Pregnancy and breastfeeding.**

Consult your doctor before use if you are in the first 6 months of pregnancy. Do not use Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules during the last 3 months of pregnancy. Ibuprofen can pass in very small concentration into breast milk with no harmful effects to the infant. It is not necessary to interrupt breast feeding for short term treatment at the recommended dose.

**Important information about some of the ingredients of Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules**

This product contains 67.24mg of sorbitol per capsule. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product. This product also contains Ponceau 4R (E124) which may cause allergic reactions.

**3 HOW TO TAKE NUROFEN RAPID RELIEF Maximum Strength 400mg LIQUID CAPSULES:**

**Adults and children over 12 years:** The lowest effective dose should be used for the shortest duration necessary to relieve symptoms. If you have an infection, consult a doctor without delay if symptoms (such as fever and pain) persist or worsen (see Section 2). Take 1 capsule with water and subsequently, if necessary, one capsule every 4 hours. Do not take more than 3 capsules in any 24 hour period. Do not chew the capsules. If in adolescents this medicinal product is required for more than 3 days, or if symptoms worsen a doctor should be consulted.

**Elderly:** NSAIDs should be used with particular caution in elderly patients who are more prone to side-effects. This product is intended for short term use only.

You should take the lowest dose for the shortest time necessary to relieve your symptoms. You should not take Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules for longer than 3 days unless your doctor tells you to do so.

**If you take more Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules than you should:**

If you have taken more Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules than you should, or if children have taken this medicine by accident always contact a doctor or nearest hospital to get an opinion of the risk and advise on action to be taken. The symptoms can include nausea, stomach pain, vomiting (may be blood streaked), headache, ringing in the ears, confusion and shaky eye movement. At high doses, drowsiness, chest pain, palpitations, loss of consciousness, convulsions (mainly in children), weakness and dizziness, blood in urine, cold body feeling, and breathing problems have been reported.

**If you forget to take Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules**

Take your tablets as usual. Do not take a double dose to make up for forgotten tablets. If you have any further questions on the use of this product ask your doctor or pharmacist.

**4 POSSIBLE SIDE EFFECTS:**

Like all medicines, Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules can cause side-effects, although not everyone gets them. If you experience any of the following or any other unusual symptoms, stop taking the capsules and tell your doctor or pharmacist:

- stomach problems such as unexplained stomach pain, indigestion, feeling sick and/or vomiting, diarrhoea or constipation, flatulence.
- worsening of colitis or Crohn's disease
- Stomach ulcers or any sign of bleeding from the stomach or bowels (vomiting blood and/or passing black stools). These symptoms may not necessarily be preceded by warning signals, may occur in people who have not experienced stomach problems before and in rare cases can be fatal. When bleeding occurs, the treatment should be stopped immediately.
- liver or kidney problems
- severe sore throat with a high fever and flu-like symptoms, severe exhaustion, nose or skin bleeding, mouth ulcers
- severe skin reactions such as skin peeling
- a severe headache, stiff neck, nausea, vomiting, fever or confusion.
- allergic reactions such as unexplained wheezing, shortness of breath, swelling of the face, tongue or throat, palpitations, skin rash or itching ('nettle rash').
- asthma, aggravation of asthma or wheezing
- swelling, increased blood pressure or heart failure
- severe skin infections and soft tissue complications during chicken pox (varicella) infection.

- A severe skin reaction known as DRESS syndrome can occur. Symptoms of DRESS include: skin rash, fever, swelling of lymph nodes and an increase of eosinophils (a type of white blood cells)
- A red, scaly widespread rash with bumps under the skin and blisters mainly localized on the skin folds, trunk and upper extremities accompanied by fever at the initiation of treatment (acute generalised exanthematous pustulosis). Stop using Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules if you develop these symptoms and seek medical attention immediately. See also section 2.
- Skin becomes sensitive to light.

Medicines such as Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules may be associated with a small increased risk of heart attack ("myocardial infarction") or stroke.

**Reporting of side effects**

If you get any side effects talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRC Pharmacovigilance, Website: [www.hpra.ie](http://www.hpra.ie).

By reporting side effects you can help provide more information on the safety of this medicine.

**5 HOW TO STORE NUROFEN RAPID RELIEF MAXIMUM STRENGTH 400mg LIQUID CAPSULES?****KEEP OUT OF THE REACH AND SIGHT OF CHILDREN**

Do not use Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules after the expiry date which is stated on the carton and blister packaging after "Exp:". The expiry date refers to the last day of that month.

Do not store above 25°C and keep in the original package.

Medicines should not be disposed of via waste water or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help protect the environment.

**6 Further Information****What Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules contain:**

The active substance is ibuprofen 400mg. The other ingredients are Polyethylene Glycol 600, Potassium Hydroxide, Sorbitol Liquid, partially dehydrated, Gelatin, Purified Water, Ponceau 4R (E124), Lecithin, medium chain triglycerides, Titanium Dioxide, Propylene Glycol, isopropyl alcohol and HPMC 2910/Hypromellose 3cP.

**What Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules look like and contents of the pack**

Nurofen Rapid Relief Maximum Strength 400mg Liquid Capsules are clear capsules with a translucent red gelatin shell, containing a clear liquid, printed with 'NUROFEN' in white. They are available in packs of 20 capsules.

**Marketing Authorization Holder and Manufacturers**

PA Holder: Reckitt Benckiser Ireland Ltd., 7 Riverwalk, Citywest Business Campus, Dublin 24. Manufacturer: RB NL Brands B.V. Schiphol Blvd 207, 1118 BH Schiphol, NL.

For product enquiries, please telephone (01) 6305429 or contact Reckitt Benckiser Ireland Ltd., 7 Riverwalk, Citywest Business Campus, Dublin 24.

**Parallel distributed by:** Lexon Pharmaceuticals (Ireland) Limited, Block 3, Harcourt Centre, Harcourt Road, Dublin 2, Ireland.

**Repackaged by:** Lexon Pharmaceuticals (Ireland) Limited, Units 22 & 25, Block 4, Port Tunnel Business Park, Clonsaugh, Dublin 17, Ireland.

**The manufacturer is:** Ferring GmbH, Wittland 11, 24109 Kiel, Germany

PPA23176/050/001

Revision date: 10/10/2022

Nurofen is a registered trademark of the Reckitt Benckiser Healthcare (UK) Limited.

**Blind or partially sighted?**

**Is this leaflet hard to see or read?**

**Phone Lexon Pharmaceuticals (Ireland) Limited,**

**Tel: +35318710550 for help.**