

PACKAGE LEAFLET: INFORMATION FOR THE USER

Asacolón 400 mg and 800 mg Gastro-resistant Tablets

Mesalazine

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, please ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

1. What Asacolón is and what it is used for
2. What you need to know before you take Asacolón
3. How to take Asacolón
4. Possible side effects
5. How to store Asacolón
6. Contents of the pack and other information

1. What Asacolón is and what it is used for

The name of your medicine is Asacolón 400 mg Gastro-resistant Tablets / Asacolón 800 mg Gastro-resistant Tablets. The tablets are called gastro-resistant tablets because they are covered with a coating which allows the tablets to pass through the stomach without dissolving. The tablet coating will break down in the bowel where the active mesalazine is released.

Asacolón Gastro-resistant Tablets contain the active substance mesalazine. This is an anti-inflammatory medicine used to treat ulcerative colitis and to prevent further episodes of Crohn's disease.

- Ulcerative colitis is a disease in which the lining of the large bowel (colon) or back passage (rectum) becomes inflamed (red and swollen). Asacolón acts locally at the inflamed sites to reduce the inflammation. It can also be used to prevent further attacks of ulcerative colitis.
- Crohn's disease is a disease in which the lining of the small and large bowel is affected and becomes inflamed. If you have been treated by surgery for Crohn's disease and it is under control, Asacolón act to prevent further episodes of Crohn's disease.

2. What you need to know before you take Asacolon

DO NOT take Asacolon

- If you are allergic to mesalazine or any of the other ingredients of this medicine (listed in section 6).
- If you are allergic to salicylates (e.g. aspirin).
- If you have severe kidney impairment.
- If you have severe liver impairment.

This medicine is not indicated in children under the age of 2 years.

Warnings and precautions

Talk to your doctor before taking Asacolon if you have any medical conditions or illnesses, particularly if you have:

- any lung disease problems, e.g. asthma.
- liver disease.
- kidney disease.
- suffered an allergy to sulphasalazine in the past.
- ever had allergic reactions of your heart such as inflammation of the heart muscle or heart sac. If you have had previous suspected mesalazine-induced allergic reactions of your heart, then Asacolon must not be taken. Asacolon can be taken with care if you have had a previous allergic reaction of the heart not caused by mesalazine.
- Blood dyscrasia, a condition in which different constituents of blood, such as white blood or red blood cells and platelets, are either high or too low in counts.
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If you have an ulcer of the stomach or intestine, you should take Asacolon with care.

Test for your liver, kidney and blood

As a guideline, follow-up tests are recommended 14 days after commencement of treatment and then every 4 weeks for the following 12 weeks. If the findings are normal, follow-up tests should be carried out every three months. If additional signs appear, these tests should be performed immediately.

There have been a few reports of intact tablets in the stool. What appear to be intact tablets may sometimes be the remains of the tablet coating. If you often observe tablets or tablet shells in the stool, you should consult your doctor.

Children and adolescents

Asacolon is only recommended for use in children 6 years and older.

Other medicines and Asacolon

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines such as:

- Medicines that reduce the activity of the immune system (e.g. azathioprine, or 6-mercaptopurine, or thioguanine)
- Medicines that prevent the formation of blood clots (anticoagulants, e.g. warfarin).

Asacolon with food, drink and alcohol

The consumption of food, drink and alcohol does not interfere with the use of Asacolon.

Pregnancy, breast-feeding and fertility

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines

Asacolon has no or negligible influence on the ability to drive and use machines. However, if you are affected in any way do not drive or operate machinery.

Intolerance to carbohydrates

Asacolon contains milk sugar (e.g. lactose) and therefore patients who are intolerant to **lactose** should contact their doctor before taking this medicine. Patients with galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicine.

3. How to take Asacolon

Always take this medicine exactly as your doctor has told you. Check with your doctor if you are not sure.

Asacolon should be taken before meals. This medicine must be swallowed whole preferably with some liquid. Do not chew, crush or break the tablets before swallowing them.

The recommended dose is:

Adults (including older people)

To treat ulcerative colitis:

2400 mg mesalazine per day once daily or in divided doses. If required this can be increased to 4800 mg per day in divided doses. Above 2.4g: Take only in divided doses.

To prevent an episode of ulcerative colitis:

1200–2400 mg mesalazine per day, once daily or in divided doses.

To prevent an episode of Crohn's disease:

2400 mg per day, once daily or in divided doses.

These can be taken as various combinations of tablets, for example:

1200 mg = 3 x 400 mg tablets

1600 mg = 4 x 400 mg tablets or 2 x 800 mg tablets

2400 mg = 6 x 400 mg tablets or 3 x 800 mg tablets

4000 mg = 10 x 400 mg tablets or 5 x 800 mg tablets

4800 mg = 12 x 400 mg tablets or 6 x 800 mg tablets

Use in children and adolescents:

Asacolon is only recommended for children aged 6 years and older. The actual dose will vary depending on the child's weight in kilograms.

Asacolon is only recommended for children aged 6 years and older. The actual dose will vary depending on the disease phase and the child's weight. Please talk to your doctor.

If you take more Asacolon

If you take more Asacolon than recommended, speak to your doctor immediately with your doctor.

If more medicine was consumed by a child, speak to your doctor immediately.

If you forget to take Asacolon

If you forget to take a dose, take it as soon as you remember. Do not take a double dose.

Take your next dose as normal. Do not take a double dose.

If you stop taking Asacolon

Do not stop taking Asacolon unless your doctor tells you to. If you have any further questions, speak to your doctor.

Do not stop taking Asacolon unless your doctor tells you to. If you have any further questions, speak to your doctor or pharmacist.

4. Possible side-effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. Organ specific side effects affecting the heart, lungs, liver, kidneys, pancreas, skin and subcutaneous tissue have been reported.

Stop taking Asacolon immediately and seek urgent medical advice

If you develop unexplained bruising (without injury), bleeding under your skin, purple spots or patches under your skin, anaemia (feeling tired, weak and looking pale, especially on lips, nails and inside of eyelids), fever (high temperature), sore throat or unusual bleeding (e.g. nose bleeds).

The following side effects have been reported at the approximate frequencies shown:

Common (may affect up to 1 in 10 people):

- rash.
- indigestion.

Uncommon (may affect up to 1 in 100 people):

- fever
- high number of white blood cells called eosinophil granulocytes.
- sensation of tingling, pricking and numbness.
- hives, itching skin.
- chest pain.

Rare (may affect up to 1 in 1000 people):

- headache.
- dizziness.
- inflammation of the heart with signs like chest pains or palpitations.
- diarrhoea, stomach pain, wind (flatulence), feeling of unease and discomfort in the stomach with an urge to vomit and vomiting.
- increased sensitivity of your skin to sun and ultraviolet light (photosensitivity).

Very rare (may affect up to 1 in 10'000 people):

- severe reduction in blood cells which can cause weakness, bruising or make infections

more likely, low blood cell counts; reduction in blood platelets which increases the risk of bleeding .

- allergic reactions such as rash or skin eruption.
- fever that occurs while taking the medicine and which disappears when the medicine is stopped (drug fever).
- immune system disease that can involve organs and joints .
- ulcerative colitis involving the entire large intestine.
- abnormal or damaged nerves giving a sensation of numbness or tingling.
- lung disease (scarring of lung tissue, allergic reaction) resulting in difficulty in breathing, cough, wheezing and collection of fluid in the lungs, pneumonia.
- inflamed pancreas (associated with pain in upper abdomen and back and feeling sick).
- abnormal liver function tests, hepatitis (inflammation of the liver giving rise to flu-like symptoms and jaundice) .
- muscle or joint pain
- hair loss.
- kidney problems (such as inflammation and scarring of the kidney), kidney failure, which may be reversible if treatment is stopped early.
- reversible decrease in sperm production.

Not known (frequency cannot be estimated from the available data):

- disorder of the immune system (lupus-like syndrome) which can cause inflammation of the heart sac or membranes around the lungs and heart, rash and /or joint pain.
- inflammation of the membranes of the pleural cavity surrounding the lungs (pleurisy)
- intolerance to mesalazine sometimes with worsening symptoms of underlying disease
- weight loss.
- laboratory test results out of normal range.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, Earlsfort Terrace, IRL – Dublin 2; Tel: +353 1 6764971;

Fax: +353 1 6762517. Website: www.hpra.ie; E-mail: medsafety@hpra.ie. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Asacolon

Keep this medicine out of the sight and reach of children. Store in the original package to protect from moisture and do not store above 25°C.

Do not take this medicine after the expiry date which is stated on the blister and carton after “Expiry date:” or "Exp" in the form of MM.YYYY (month - year). The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

6. **Contents of the pack and other information**

What Asacolone contains

- The active substance is mesalazine.
Each tablet contains 400 mg or 800 mg mesalazine.

- The other ingredients are:
Tablet core
 - lactose monohydrate
 - sodium starch glycolate (Type A)
 - magnesium stearate
 - talc E553b
 - povidone E1201

- Tablet coat
 - methacrylic acid – methylmethacrylate copolymer (1:2)
 - talc E553b
 - triethyl citrate
 - yellow and red iron oxides E172
 - macrogol 6000.

What Asacolone looks like and contents of the pack

Asacolone 400 mg Gastro-resistant Tablets / Asacolone 800 mg Gastro-resistant Tablets are reddish to brownish oblong tablets with a glossy to matt finish.

Asacolone 400 mg Gastro-resistant Tablets come in blister strips of ten tablets, which are packed as 100 tablets per carton.

Asacolone 800 mg Gastro-resistant Tablets come in blister strips of ten tablets, which are packed as 90 tablets per carton.

Marketing Authorisation Holder and Manufacturer

The marketing authorisation holder is:

Tillotts Pharma GmbH
Warmbacher Str. 80
79618 Rheinfeldern
Germany

The manufacturers are:

Haupt Pharma Wülfing GmbH
Bethelner Landstrasse 18
31028 Gronau/Leine
Germany

In addition you may wish to contact the National Association for Colitis and Crohn's Disease which offers information, advice and local support groups.

Irish Society for Colitis and Crohn's Disease
Carmichael House, North Brunswick Street, DUBLIN 7

'Asacolon' is a registered trade mark.

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