Talk to your doctor before using Fastum Gel:

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1. What Fastum Gel is and what it is used for

Fastum Gel contains a medicine called ketoprofen. Fastum Gel belongs to a group of medicines called Non-Steroidal Anti-Inflammatory Drugs (NSAIDs). These reduce inflammation and relieve pain.

Fastum Gel is used to relieve the pain of soft tissue injuries, and acute strains and sprains. Fastum Gel should only be used by adults and children over 12 years of age.

2. What you need to know before you use Fastum Gel

Do not use Fastum Gel:

• If you have heart, kidney, liver, stomach or bowel problems, or a tendency to bleed easily.
• If you have had wheezing (asthma), runny nose (rhinitis) or an itchy rash (hives) after taking aspirin or other NSAIDs (such as ibuprofen).
• If you have previously had any photosensitivity reactions (such as skin reactions (photosensitisation)) after applying Fastum Gel.
• If you are allergic to ketoprofen which is the active constituent of Fastum Gel.
• If you have had photosensitivity reactions, such as skin reactions (photosensitisation) after application of Fastum Gel.
• If you have asthma, a persistent runny nose, chronic sinusitis and/or nasal polyps, aspirin or similar medicines such as tiaprofenic acid containing products may increase the risk of allergy (to aspirin), or to similar anti-inflammatory medicines such as ketoprofen which is the active constituent of Fastum Gel.
• If you are allergic to any of the other ingredients listed in Section 6.
• If you have had photosensitivity reactions, such as skin reactions (photosensitisation) after application of Fastum Gel.

Warnings and precautions

Talk to your doctor before using Fastum Gel:

• If you have heart, kidney, liver, stomach or bowel problems, or a tendency to bleed easily.

• The duration of treatment should be kept as short as possible as the risk of skin reactions increases over time. Treatment should be discontinued immediately upon development of any skin reaction after application of Fastum Gel.

• Do not allow the gel to come into contact with mucous membranes or the eyes.

• If you have asthma, a persistent runny nose, chronic sinusitis and/or nasal polyps, aspirin or similar medicines such as tiaprofenic acid (such as ketoprofen) may increase the risk of allergy (to aspirin), or to similar anti-inflammatory medicines such as ketoprofen which is the active constituent of Fastum Gel.

• If you have had photosensitivity reactions, such as skin reactions (photosensitisation) after application of Fastum Gel.

• Do not use Fastum Gel:

• If the area to be treated is near the eyes.
• If you are pregnant (see pregnancy and breast-feeding section).

Stop using Fastum Gel immediately if you experience any skin reaction including reactions after co-application with octocrylene containing products (octocrylene is an ingredient used in several cosmetic and hygiene products such as shampoo, after-shave, shower and bath gels, skin creams, lipsticks, anti-ageing creams, make-up removers and hair sprays in order to delay product breakdown due to sunlight).

Do not expose the skin that has been treated with Fastum Gel to direct (even hazy) sunlight or sunbeds during treatment or for the following 2 weeks.

Other medicines and Fastum Gel

Tell your doctor or pharmacist if you are taking or have recently taken any other medicines, e.g. oral anticoagulants (blood thinning medicines) or methotrexate (used for rheumatoid arthritis, malignant disease or psoriasis).

Fastum Gel with food, drink and alcohol

No known effects.

Pregnancy and breast-feeding

Do not use if you are pregnant or breast-feeding. It may harm them, even if their signs of illness are the same as yours.

Driving and using machines

Fastum Gel should not affect your ability to drive and use machinery.

3. How to use Fastum Gel

Always use this medicine exactly as your doctor has told you. Check with your doctor if you are not sure.

The recommended dose is a length of gel 5-10 cm (2-4 inches) long (3-6 pushes of the pump dispenser) applied to the skin of the affected area two or three times daily.

How to apply Fastum Gel

Fastum Gel is important to use Fastum Gel as directed:

• Tube: unscrew the cap and pierce the aluminum seal with the point in the top of the cap.
• Pump dispenser: when using the pump dispenser for the first time, press the top of the dispenser several times or push the bottom until the gel is released. Keep the dispenser in a horizontal position during use (see the pictures below).

If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
How and where to use Fastum Gel

- Fastum Gel is for external use only.
- Gently massage the gel on the area you need to treat.
- Wash your hands immediately after use.
- Do not apply Fastum Gel to scars, broken or infected skin.
- Do not use Fastum Gel near the eyes, mouth, nostrils, and genital regions.
- Stop using Fastum Gel if you get a rash, itchy or sensitive skin after use.
- Do not use with an air-light or water-light dressing (i.e. do not bandage, wrap, or cover the area with a plastic dressing).
- Do not use more than 25g of Fastum Gel per day. The use of large amounts of Fastum Gel may give rise to side effects such as hypersensitivity and asthma.

Protection from the sun and sunburns

- Do not expose the skin that has been treated with Fastum Gel to direct (even lazy) sunlight or sunburns during treatment or for the following 2 weeks.

Use in children and adolescents

- Do not use in children under 12 years of age.
- How long should you use Fastum Gel for?
  - Do not use Fastum Gel for more than 10 days in a row.
  - If your symptoms persist after 10 days, tell your doctor.
  - Do not use Fastum Gel for longer than recommended due to the risk of skin reactions (contact dermatitis and photosensitivity).

If you use more Fastum Gel than you should

When Fastum Gel is externally applied (on the skin), very little reaches the blood. For this reason overdose effects are most unlikely.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, Fastum Gel can cause side effects, although not everybody gets them.

Stop using Fastum Gel and tell your doctor if you notice any of the following side-effects:

- Uncommon side effects (may affect up to 1 in 100 people) are:
  - Livedo reticularis: Hypersensitive skin reactions such as redness, swelling, itching and blisters: in some severe cases, these might also spread beyond the area of application.
  - Burning sensation
  - Rare side effects (may affect up to 1 in 1,000 people) are:
    - Increased sensitivity of your skin to sunlight
    - Severe skin reactions (similar to severe sunburn) during exposure to sunlight
    - Blistering on the skin
    - Itchy skin rash
    - Cases of more severe forms of eczema which may spread or become generalized.

Very rare side effects (may affect less than 1 in 10,000 people) are:

- Signs of hypersensitivity/allergy may include one or more of the following symptoms: hives, itching, swelling, difficulty in breathing
- In rare cases, skin causes skin changes resembling eczema may develop as a delayed reaction to sunlight.
- Blisters on the lips, eyes or tongue which may swell rapidly causing swallowing or breathing problems. If this occurs, stop taking your medicine and go to a hospital straight away.

Other very rare side effects, which depend on the amount of gel applied, the extent of the area that is treated, skin thickness, length of treatment, and the use of an air-light or water-light dressing are the following:

- Stomach ulcer, which may be bleeding, and diarrhoea
- Kidney problems (e.g. pre-existing kidney problems)
- Allergic reactions, which may lead to difficulty breathing and/or may be very severe (anaphylaxis).

If this occurs, seek medical aid immediately.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517; Website: www.hpra.ie; E-mail: medsafety@hpra.ie. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Fastum Gel

- Keep out of the sight and reach of children.
- Store below 25°C.
- Keep the gel away from naked flames.
- Do not use Fastum Gel after the expiry date which is stated on the carton.
- Replace the cap after use.
- Do not use Fastum Gel for more than 10 days in a row.
- Do not use Fastum Gel for longer than recommended due to the risk of skin reactions (contact dermatitis and photosensitivity).

6. Contents of the pack and other information

What Fastum Gel contains

- The active substance is ketoprofen.
- The other ingredients are carbomer 940, ethanol, neroli essence, lavender essence, trolamine and purified water.

What Fastum Gel looks like and contents of the pack

Fastum Gel is a colourless, almost clear gel. Fastum Gel is available in the following pack sizes - 30 g, 50g, 100g, or 2x50g twinpack tube or in a 50g or 100g pump dispenser.

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517; Website: www.hpra.ie; E-mail: medsafety@hpra.ie. By reporting side effects you can help provide more information on the safety of this medicine.

Marketing Authorisation Holder and Manufacturer

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