

# Summary of Product Characteristics

## 1 NAME OF THE MEDICINAL PRODUCT

Robitussin Chesty Cough 100mg/5ml Oral Solution

## 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each 5 ml contains 100 mg Guaifenesin.

Excipients with known effect

Ethanol (96%): 114.9 mg

Liquid Maltitol (Lycasin 80/55) (E965): 242 mg

Propylene glycol (E1520): 7.59 mg

Sodium benzoate (E211): 6.0 mg

Sodium: 11.9 mg

Liquid Sorbitol Non-Crystallising (E420): 1338 mg

For a full list of excipients, see section 6.1.

## 3 PHARMACEUTICAL FORM

Oral solution

A deep wine-russet coloured oral solution with a raspberry odour and taste.

## 4 CLINICAL PARTICULARS

### 4.1 Therapeutic Indications

Expectorant used as an adjunct in the treatment of productive cough.

### 4.2 Posology and method of administration

**Adults and children over 12 years:** The usual daily dose is 10ml four times daily

**Children** under 12 years: Do not use

### 4.3 Contraindications

Use in children under 12 years of age.

Hypersensitivity to the active substance or to any of the excipients.

### 4.4 Special warnings and precautions for use

Caution should be exercised in patients with chronic cough as occurs with smoking or chronic lung disease such as asthma or emphysema.

A doctor or healthcare professional should be sought if cough lasts more than 5 days, comes back, or is accompanied by fever, rash, or persistent headache. These could be signs of a serious condition.

Not more than 4 doses should be given in any 24 hours. Do not exceed the stated dose.

This product should not be taken with any other cough and cold medicine.

Excipient warnings:

- This medicine contains 230 mg of alcohol (ethanol 96%) in each 10 ml dose which is equivalent to 23 mg/ml (2.30% w/v). The amount in 10 ml of this medicine is equivalent to less than 6 ml beer or 3 ml wine. The small amount of alcohol in this medicine will not have any noticeable effects.

- Patients with rare hereditary problems of fructose intolerance should not take this medicine because this product contains liquid sorbitol non-crystallising and maltitol.
- This medicine contains 2675 mg liquid sorbitol non-crystallising per 10 ml dose which is equivalent to 267.5 mg/ml. Sorbitol may cause gastrointestinal discomfort and mild laxative effect.
- This medicine contains 12.0 mg sodium benzoate in each 10 ml dose which is equivalent to 1.2 mg/ml.
- This medicine contains 15.2 mg propylene glycol in each 10 ml which is equivalent to 1.5 mg/ml.
- This medicinal product contains 23.9 mg sodium per 10 ml, equivalent to 1 % of the WHO recommended maximum daily intake of 2 g sodium for an adult.

#### 4.5 Interaction with other medicinal products and other forms of interactions

None stated.

#### 4.6 Fertility, pregnancy and lactation

Consult a doctor before use.

#### 4.7 Effects on ability to drive and use machines

None stated.

#### 4.8 Undesirable effects

<u>Immune system disorders</u>	Hypersensitivity
<u>Gastrointestinal disorders</u>	Nausea, vomiting

#### **Reporting of suspected adverse reactions**

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via HPRA Pharmacovigilance, Website: [www.hpra.ie](http://www.hpra.ie);

#### 4.9 Overdose

In case of accidental overdose, discontinue use and seek professional assistance immediately.

The following signs and symptoms may be associated with an overdose of Guaifenesin:

##### *Nervous system disorders:*

Dizziness

##### *Skin and subcutaneous tissue disorders:*

Rash

##### *Gastrointestinal disorders*

Nausea, vomiting

Treatment is by gastric lavage together with appropriate supportive therapy dependent upon individual response to the various constituents of the preparation.

## 5 PHARMACOLOGICAL PROPERTIES

### 5.1 Pharmacodynamic properties

Guaifenesin is a proven expectorant which loosens mucous in the chest and make it easier to bring out.

### 5.2 Pharmacokinetic properties

Guaifenesin is absorbed from the GI tract. It undergoes metabolism and is excreted in the urine.

### **5.3 Preclinical safety data**

None stated.

## **6 PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

Carmellose sodium  
Sodium Benzoate (E211)  
Ethanol (96%)  
Levomenthol  
Citric Acid Anhydrous  
Liquid Maltitol (Lycasin 80/55) (E965)  
Caramel (E150d)  
Natural Cherry Flavour\*  
Liquid Sorbitol Non-Crystallising (E420)  
Sodium Cyclamate  
Acesulfame Potassium Salt  
Purified Water

\* contains: ethanol (96%), propylene glycol and natural flavourings

\*\* does not contain sucrose

### **6.2 Incompatibilities**

Not applicable.

### **6.3 Shelf life**

27 months.

### **6.4 Special precautions for storage**

Do not store above 25°C.

### **6.5 Nature and contents of container**

PET bottles containing 100ml or 250ml with PET-lined PP/HDPE child resistant screw caps.

A clear polypropylene measuring cup is also included.

### **6.6 Special precautions for disposal of a used medicinal product or waste materials derived from such medicinal product and other handling of the product**

No special requirements.

## **7 MARKETING AUTHORISATION HOLDER**

GlaxoSmithKline Consumer Healthcare (Ireland) Limited  
12 Riverwalk  
Citywest Business Campus  
Dublin 24  
Ireland

## **8 MARKETING AUTHORISATION NUMBER**

PA0678/153/001

**9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

Date of first authorisation: 01 April 1983

Date of last renewal: 01 April 2008

**10 DATE OF REVISION OF THE TEXT**

February 2021