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Reference	<b>OTRIV DRPS 0.1% F5 10 ML IE_317378_PIL</b>
Format	<b>145 x 210 mm</b> – PN-Notice-V11 – P08 – <b>Recto/Verso</b>
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**Otrivine**

**Adult 0.1% w/v Nasal Drops**  
Xylometazoline hydrochloride

**Read all of this leaflet carefully because it contains important information for you.**  
This medicine is available without a prescription. However, you still need to use Otrivine Adult Nasal Drops carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if the symptoms worsen or do not improve after 7 days.
- If any of the side effects gets serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.

**In this leaflet:**

1. What Otrivine Adult Nasal Drops are and what they are used for
2. Before you use Otrivine Adult Nasal Drops
3. How to use Otrivine Adult Nasal Drops
4. Possible side effects
5. How to store Otrivine Adult Nasal Drops
6. Further information

**1. WHAT OTRIVINE ADULT NASAL DROPS ARE AND WHAT THEY ARE USED FOR**

Otrivine Adult Nasal Drops are for application in the nose to give relief from:

- nasal congestion (blocked nose, including colds);
- perennial and allergic rhinitis (recurring inflammation of the nasal mucous membranes, including hay fever);
- sinusitis.

Otrivine Adult Nasal Drops contain the active ingredient xylometazoline hydrochloride which helps to open up and clear the nasal passages by reducing the excessive nasal secretions and returning the swollen blood vessels to their normal size.

**2. BEFORE YOU USE OTRIVINE ADULT NASAL DROPS**

**DO NOT use the drops if you:**

- Are allergic to xylometazoline hydrochloride or any of the other ingredients in the drops (see Section 6).

Symptoms include: rash, swelling of the face and throat, difficulty breathing.

- are taking, or have taken in the last two weeks, drugs for depression known as monoamine Oxidase Inhibitors (MAOIs).
- have an overactive thyroid gland (hyperthyroidism)
- have acute heart disease
- have undergone recent trans-nasal surgery (brain surgery where the operation was carried out through the nose or mouth)
- have narrow angle glaucoma (increased pressure in eyes)
- have chronic nasal inflammation with very dry nasal passages (rhinitis sicca or atrophic rhinitis).

Tell your doctor or pharmacist if any of the above apply.

**Take special care with Otrivine Adult Nasal Drops**  
Before using the drops tell your doctor if

- you have high blood pressure
- you suffer from heart disease
- you suffer from diabetes mellitus
- you have an enlarged prostate gland (prostatic hypertrophy)
- you have a benign tumour of the adrenal gland that produces high amounts of adrenaline and noradrenaline (phaeochromocytoma).

Like other products for the relief of blocked nose, this product can give rise to sleep disturbances, dizziness and tremor in very sensitive individuals. Consult your doctor if these symptoms have proven troublesome to you.

**Keep away from the eyes and mouth.**

**Do not use these drops for children under 12 years old.**

**Do not take decongestants for more than 7 days in a row. Prolonged or excessive use may cause the stuffiness in the nose to return or worsen.**

**Using other medicines**  
Please tell your doctor or pharmacist before using this product if you are taking or have recently taken any medicines (especially monoamine oxidase inhibitors or other antidepressants) including those obtained without a prescription.

**Pregnancy or breast-feeding**  
If you are pregnant or breast-feeding, consult your doctor before using Otrivine.

**Driving and using machines**  
Otrivine has very little or no effect on your ability to drive or use machines.  
If you have blurred vision then do not drive or operate machines.

**Important information about some of the ingredients of Otrivine Adult Nasal Drops**  
Otrivine Adult Nasal Drops contains benzalkonium chloride which may cause nasal irritation, difficulty in breathing or wheezing.

