



Order – AWF	AWF 25670 - OTDC 420699
Reference	LAM CRM 7.5G IE_937169Z_PIL
Format	145 x 210 mm - PN-Notice-V11 - P08 - Recto/Verso
Pharma code	1442
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Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. However, you still need to use Lamisil AT Cream carefully to get the best results from it.

- Please keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve.
- If any of the side effects get serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What Lamisil AT Cream is and what it is used for
2. Before you use Lamisil AT Cream
3. How to use Lamisil AT Cream
4. Possible side effects
5. How to store Lamisil AT Cream
6. Further information.

1. What Lamisil AT Cream is and what it is used for

Lamisil AT Cream contains the active ingredient terbinafine hydrochloride which is an antifungal used to treat fungal skin infection such as:

- **Athlete's foot (tinea pedis)**
Athlete's foot appears only on the feet (usually both, but not always), usually in between the toes. It can also appear on the instep, soles, or other areas of the feet.

The most common type of athlete's foot causes cracking or scaling of the skin, but you may also have mild swelling, blisters, or weeping ulcers. Lamisil AT Cream is recommended for athlete's foot when it occurs between the toes. If you have a fungal nail infection (fungus inside and under the nail) with discolouration of the nails and changes in nail texture (thick or flaky), you should consult your doctor because Lamisil AT Cream is not appropriate for this type of infection.

- **Dhobie itch/jock itch (tinea cruris)**
Dhobie itch appears in the groin and inner thigh area, usually on both sides but often with one side more than the other, where it can spread further between the legs to the buttocks, or up towards the stomach. Dhobie itch looks like a clearly bordered rash, which may have blisters.

2. Before you use Lamisil AT Cream

Do NOT use Lamisil AT Cream if you:

- are allergic (hypersensitive) to any of the ingredients in the product (see Section 6)

Take special care with Lamisil AT Cream

The cream is for external use only. Do not use on the face. Avoid contact with eyes. In case of accidental contact with the eyes, rinse thoroughly with running water.

Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including those obtained without a prescription.

Pregnancy and breast-feeding

Do not use the cream if you are pregnant or breast-feeding, unless advised to by your doctor. Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines

Lamisil AT Cream is not expected to affect your ability to drive or operate machinery.

Important information about some of the ingredients of Lamisil AT Cream

The cream contains some ingredients which you may need to be aware of:

- **cetyl alcohol** and **stearyl alcohol:** may cause local skin reactions (e.g. contact dermatitis). For other ingredients see Section 6.

3. How to use Lamisil AT Cream

Always use Lamisil AT Cream exactly as your doctor or pharmacist has told you; you should check with him/her if you are not sure.

This medicine is for external use only.

Usual dose for adults

Athlete's Foot: apply the cream once a day for one week.

Dhobie Itch: apply the cream once a day for one week.

Directions for use:

- Cleanse and dry the affected areas thoroughly and wash your hands. Treatment can be helped by keeping the affected areas clean by regular washing and careful drying with your own clean towels and clothes, and not rubbing or scratching the skin.
- Unscrew the cap then gently squeeze out a small amount of the cream onto your finger.
- Apply just enough cream to form a thin layer on the affected skin and surrounding areas.
- Rub in gently. When used between the toes, buttocks or on the groin, the treated area may be covered with a light, fresh gauze strip, especially at night.

Pharma code 1442

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