

Package leaflet: Information for the user

Lamberts® Devils Claw Tablets

Devils Claw Root Extract

8003 EI

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor, pharmacist or nurse has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after 4 weeks.

What is in this leaflet

1. What this traditional herbal medicine is and what it is used for
2. What you need to know before you take this traditional herbal medicine
3. How to take this traditional herbal medicine
4. Possible side effects
5. How to store this traditional herbal medicine
6. Contents of the pack and other information

1. What this traditional herbal medicine is and what it is used for

This is a traditional herbal medicine containing Devils Claw root extract.

Lamberts® Devils Claw Tablets is a traditional herbal medicinal product for the relief of minor joint pain in adults over 18 years of age, exclusively based upon long-standing use.

2. What you need to know before you take this traditional herbal medicine

Do not take this traditional herbal medicine if you:

- have ever had or have a stomach ulcer or duodenal ulcer
- are pregnant or breastfeeding.
- are under 18 years of age.
- are allergic to Devil's Claw or any of the other ingredients (see section 6)

Warnings and precautions

Talk to a qualified healthcare professional, e.g. your doctor or pharmacist, before taking this traditional herbal medicine:

- If your symptoms worsen or do not improve after 4 weeks
- If your joint pain is accompanied by swelling of the joint, redness or fever
- If you have heart problems and want to take this traditional herbal medicine
- If you have a gallstone and want to take this traditional herbal medicine.

Children and adolescents:

Do not give this traditional herbal medicine to children or adolescents under the age of 18 years.

Other medicines and Lamberts Devils Claw Tablets:

There is no evidence from limited interaction studies that Devil's Claw root extract will interact with other medicinal products.

Always remember to tell your doctor or pharmacist about any medication you are taking including herbal medicines such as this one or other medicines that didn't require a prescription.

Pregnancy and breastfeeding and fertility:

Do not take this Traditional Herbal Medicine if you are pregnant, planning a pregnancy or breastfeeding.

Driving and using machines:

Some patients may experience dizziness or drowsiness while taking this traditional herbal medicine, which may affect your ability to drive and use machines. If affected, do not drive or use machines.

3. How to take this traditional herbal medicine

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

For oral short term use only**Adults and the elderly:**

Take one tablet twice a day (in the morning and in the evening).
Swallow the tablets whole with some water or other liquid.

Do not exceed the stated dose.**Use in children and adolescents**

This traditional herbal medicine is not recommended for children and adolescents as the safety of Lamberts Devils Claw Tablets in children and adolescents under the age of 18 years has not been established as no data are available.

If you take more of this traditional herbal medicine than you should

If you take more than the recommended dose, speak to your doctor, pharmacist or nurse and take this leaflet with you.

If you forget to take this traditional herbal medicine

Continue to take your usual dose at the usual time, it does not matter if you have missed a dose. Do not take a double dose to make up for a forgotten tablet.

4. Possible side effects

Like all medicines, this traditional herbal medicine can have side effects, although not everybody gets them. These are listed below:

- Diarrhoea, nausea (feeling sick), vomiting, abdominal pains
- Headache, dizziness
- Allergic skin reactions such as rash and itching

The frequency of the listed side effects is not known.

If any of the side effects get serious or if you notice any side effects not listed in the leaflet, please tell your doctor or pharmacist.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRAs Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517. Website: www.hpra.ie; E-mail: medsafety@hpra.ie. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store this traditional herbal medicine

Keep the tablets out of the sight and reach of children.

Keep your tablet in the packaging until it is time to take them.

Do not store above 25°C.

Do not use Lamberts Devils Claw Tablets after the expiry date which is stated on the box and blister pack. The expiry date refers to the last day of that month.

Return any out-of-date tablets to your pharmacist who will dispose of them for you.

6. Contents of the pack and other information

What Lamberts Echinacea Cold and Flu Relief Tablets contains

- The active ingredient is:

Each film-coated tablet contains 450mg of extract (as dry extract) from Devil's Claw root (*Harpagophytum procumbens* D.C. and /or *H. zeyheri* L. Decne, radix) (Equivalent to 1575mg-2250mg of Devil's Claw root). Extraction solvent: Ethanol 60% v/v

- The other ingredients are:

Excipients in the extract: Maltodextrin, colloidal anhydrous silica.

Tablet Core: Maltodextrin, microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, colloidal anhydrous silica.

Tablet Coating: Hypromellose, titanium dioxide, copper chlorophyllin, glycerin.

What Lamberts Devils Claw Tablets looks like and contents of the pack

The tablets are green coated and oval shaped.

Each pack contains 30 or 60 film coated tablets.

Not all pack sizes may be marketed.

Registration holder for this traditional herbal medicine: Lamberts Healthcare Ltd, 1 Lamberts Road, Tunbridge Wells, Kent TN2 3EH, United Kingdom.

Manufacturer of this traditional herbal medicine: Thompson & Capper Ltd, Hardwick Road, Astmoor, Runcorn, Cheshire WA7 1PH, United Kingdom.

Traditional Herbal Registration Number: TR2029/3/1

If you would like further information about this traditional herbal medicine or a version of this leaflet in large print, Braille or audio format, please contact:
Lamberts Healthcare Ltd, 1 Lamberts Road, Tunbridge Wells, Kent TN2 3EH. Tel: 01892 554312. Email: technical@lambertshealthcare.co.uk

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