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210 mm


11.5 mm

9 mm

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9 mm

72 mm



LAMISIL[®]

1% w/w Cream

Terbinafine hydrochloride

Read all of this leaflet carefully before you start taking this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What Lamisil 1% Cream is and what it is used for
2. Before you use Lamisil 1% Cream
3. How to use Lamisil 1% Cream
4. Possible side effects
5. How to store Lamisil 1% Cream
6. Further information.

1. What Lamisil 1% Cream is and what it is used for

Lamisil 1% Cream is used to treat Athlete's foot (Tinea pedis), Dhobie itch (Tinea cruris), a fungal infection of the skin known as Pityriasis versicolour and certain yeast infections of the skin (those caused by the genus Candida). It attacks and kills the fungus or yeast which is causing your infection.

2. Before you use Lamisil 1% Cream

Do NOT use Lamisil 1% Cream if you:

- are allergic (hypersensitive) to any of the ingredients in the product (see Section 6)

The cream is NOT recommended for use on children.

Take special care with Lamisil 1% Cream

The cream is for external use only. Do not use on the face. Avoid contact with the eyes. In case of accidental contact with the eyes, rinse thoroughly with running water.

Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including those obtained without a prescription.

Pregnancy and breast-feeding

Do not use the cream if you are pregnant or breastfeeding, unless advised to by your doctor. Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines

Lamisil 1% Cream is not expected to affect your ability to drive or operate machinery.

Important information about some of the ingredients of Lamisil 1% Cream

The cream contains some ingredients which you may need to be aware of:

- **cetyl alcohol** and **stearyl alcohol**: May cause local skin reactions (e.g. contact dermatitis).

For other ingredients see Section 6.

3. How to use Lamisil 1% Cream

Always use Lamisil 1% Cream exactly as your doctor or pharmacist has told you; you should check with him/her if you are not sure.

This medicine is for external use only.

Usual dose for adults

Your doctor will decide the right amount of Lamisil 1% Cream for you to use and will tell you for how long to use your medication.


Apply the cream once or twice a day, for one to two weeks, but this will depend upon the type and area of infection.

The likely durations of treatment are as follows:
Athlete's Foot: Once a day for 1 week
Ringworm, Dhobie itch: Once a day for 1 week
Cutaneous candidiasis: Once or twice a day for 1 to 2 weeks
Pityriasis versicolor: Once or twice a day for 2 weeks

Infections usually appear to improve within a few days of starting to use Lamisil 1% Cream, but may reappear if the cream is not applied regularly or is stopped too early.

Directions for use:

- Cleanse and dry the affected areas thoroughly and wash your hands. Treatment can be helped by keeping the affected areas clean by regular washing and careful drying with your own clean towels and clothes, and not rubbing or scratching the skin.
- Unscrew the cap then gently squeeze out a small amount of the cream onto your finger.
- Apply just enough cream to form a thin layer on the affected skin and surrounding areas.



Pharma code 1326

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Page 5 of 6

