

## 1. NAME OF THE VETERINARY MEDICINAL PRODUCT

Thyrotab 200 microgram Tablets for dogs and cats

## 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each tablet contains:

### Active substance:

Levothyroxine sodium 200 micrograms ( $\mu\text{g}$ )  
(equivalent to levothyroxine 194  $\mu\text{g}$ )

### Excipients:

Qualitative composition of excipients and other constituents
Calcium hydrogen phosphate dihydrate
Croscarmellose sodium
Cellulose, microcrystalline
Magnesium stearate

White to off-white, round and convex tablet with a cross-shaped break line on one side.

The tablet has an approximately diameter of 7 mm.

The tablets can be divided into 2 or 4 equal parts.

## 3. CLINICAL INFORMATION

### 3.1 Target species

Dog and cat.

### 3.2 Indications for use for each target species

Treatment of primary and secondary hypothyroidism.

### 3.3 Contraindications

Do not use in dogs and cats suffering from uncorrected adrenal insufficiency.

Do not use in cases of hypersensitivity to the active substance or to any of the excipients.

### 3.4 Special warnings

The diagnosis of hypothyroidism should be confirmed with appropriate tests.

### 3.5 Special precautions for use

Special precautions for safe use in the target species:

A sudden increase in demand for oxygen delivery to peripheral tissues, plus the chronotropic effects of levothyroxine sodium, may place undue stress on a poorly functioning heart, causing decompensation and signs of congestive heart failure. Hypothyroid animals with concurrent hypoadrenocorticism have

a decreased ability to metabolise levothyroxine sodium and therefore an increased risk of thyrotoxicosis. These animals should be stabilised with glucocorticoid and mineralocorticoid treatment prior to treatment with levothyroxine sodium to avoid precipitating a hypoadrenocortical crisis. After this, thyroid tests should be repeated, then gradual introduction of levothyroxine is recommended (starting with 25% of the normal dose and increasing by 25% increments every fortnight until optimal stabilisation is achieved). Gradual introduction of therapy is also recommended for animals with other concurrent illnesses; particularly in animals with cardiac disease, diabetes mellitus and renal or hepatic dysfunction.

Owing to limitations in size and divisibility of the tablets, it may not be possible to optimally dose animals weighing less than 2.5 kg.

Therefore use of the veterinary medicinal product in these animals should be based on a careful benefit/risk assessment by the responsible veterinarian.

Special precautions to be taken by the person administering the veterinary medicinal product to animals:

This veterinary medicinal product contains a high concentration of L-thyroxine sodium and may be harmful when ingested, particularly for children. Oral ingestion including hand-to-mouth contact with the veterinary medicinal product should be avoided.

Any unused tablet portion(s) should be returned to the open blister and carton, and carefully kept away from children, stored out of the sight and reach of children and always be used at the next administration.

In the case of accidental ingestion, seek medical advice immediately and show the package leaflet or the label to the physician.

Wash hands after handling the tablets.

Pregnant women should handle this veterinary medicinal product with caution.

The active substance levothyroxine may cause hypersensitivity (allergy) reactions. People with known hypersensitivity to levothyroxine should avoid contact with the product. If contact occurs, wash hands and seek medical advice in case of hypersensitivity reactions.

Special precautions for the protection of the environment:

Not applicable.

**3.6 Adverse events**

Dogs, cats:

Undetermined frequency (cannot be estimated from the available data):	Weight loss*, Polydipsia*, Polyphagia*; Polyuria*; Hyperactivity*; Tachycardia*; Vomiting*, Diarrhoea*; Skin disorder**, Pruritus**
---	--

\*Adverse reactions associated with treatment with levothyroxine sodium are primarily those of hyperthyroidism due to therapeutic overdose.

\*\*Initially an exacerbation of skin can occur with increased pruritus by shedding of the old epithelial cells.

Reporting adverse events is important. It allows continuous safety monitoring of a veterinary medicinal product. Reports should be sent, preferably via a veterinarian, to either the marketing

authorisation holder or its local representative or the national competent authority via the national reporting system. See the package leaflet for respective contact details.

### **3.7 Use during pregnancy and lactation or lay**

#### Pregnancy and lactation:

The safety of the veterinary medicinal product has not been established in pregnant or lactating bitches and queens. Use only according to the benefit-risk assessment by the responsible veterinarian. However, levothyroxine is an endogenous substance and thyroid hormones are essential for the developing foetus, especially during the first period of gestation. Hypothyroidism during pregnancy may result in major complications such as foetal death and a poor perinatal outcome. Maintenance dose of levothyroxine sodium may need adjustment during pregnancy. Pregnant bitches and queens should therefore be monitored on a regular basis from conception until several weeks after delivery.

### **3.8 Interaction with other medicinal products and other forms of interaction**

A variety of drugs may impair plasma or tissue binding of the thyroid hormones or alter thyroid hormone metabolism (eg. corticosteroids, barbiturates, antacids, anabolic steroids, diazepam, furosemide, mitotane, 4 phenylbutazone, phenytoin, propranolol, large doses of salicylates and sulphonamides). When treating animals that are receiving concurrent medication the properties of these drugs should be taken into consideration. Oestrogens may increase thyroid requirements. Ketamine may cause tachycardia and hypertension when used in patients receiving thyroid hormones. The effect of catecholamines and sympathomimetics is increased by levothyroxine. An increase in the dosage of digitalis may be necessary in a patient that had previously compensated congestive heart failure and that is placed on thyroid hormone supplementation. Following treatment of hypothyroidism in patients with concurrent diabetes, careful monitoring of diabetic control is recommended. Most patients on chronic high-dose, daily glucocorticoid therapy will have very low or undetectable serum T4 concentrations, as well as subnormal T3 values.

### **3.9 Administration routes and dosage**

Oral use.

The recommended starting dose for dogs and cats is 20 µg levothyroxine sodium per kg body weight per day given as a single daily dose or in two equally divided doses. Because of variability in absorption and metabolism, the dosage may require alterations before a complete clinical response is observed. The initial dosage and frequency of administration are merely a starting point. Therapy has to be highly individualised and tailored to the requirements of the individual animal especially for cats and small dogs.

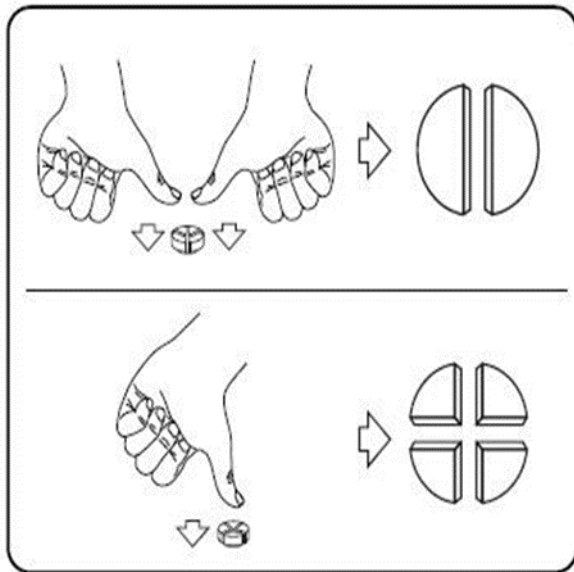
#### *Therapeutic monitoring*

The dose should be adjusted based on clinical response and plasma thyroxine levels.

In the dog and cat, absorption of levothyroxine sodium may be affected by the presence of food. The timing of treatment and its relation to feeding should therefore be kept consistent from day to day. To adequately monitor therapy, trough values (just prior to treatment) and peak values (about four hours after dosing) of plasma T4 can be measured. In adequately dosed animals peak plasma concentration of T4 should be in the high-normal range (approximately 30 to 47 nmol/l) and trough values should be above approximately 19 nmol/l. If T4 levels are outside this range the levothyroxine sodium dose can be adjusted in appropriate increments until the patient is clinically euthyroid and serum T4 is within the reference range.

Plasma T4 levels can be retested two weeks after change of dosage, but clinical improvement is an equally important factor in determining individual dosage and this will take 4 to 8 weeks. When the optimum replacement dose has been attained, clinical and biochemical monitoring may be performed every 6 – 12 months.

Tablets can be divided into 2 or 4 equal parts to ensure accurate dosing. Place the tablet on a flat surface, with its scored side facing up and the convex (rounded) side facing the surface.



Halves: press down with your thumbs on both sides of the tablet.

Quarters: press down with your thumb in the middle of the tablet.

### **3.10 Symptoms of overdose (and where applicable, emergency procedures and antidotes)**

Following administration of overdoses thyrotoxicosis could occur. Thyrotoxicosis as a side effect of mild over-supplementation is uncommon in dogs and cats, owing to the ability of these species to catabolise and excrete thyroid hormones. In case of accidental intake of large amounts of the veterinary medicinal product absorption can be decreased by induction of vomiting and oral administration of both activated charcoal and magnesium sulphate once.

In an acute overdose situation in dogs and cats, the clinical signs are extensions of the hormone's physiological effects. Acute overdose of L-thyroxine may produce vomiting, diarrhoea, hyperactivity, hypertension, lethargy, tachycardia, tachypnoea, dyspnoea, and abnormal pupillary light reflexes. Following chronic over-supplementation in dogs and cats, clinical signs of hyperthyroidism such as polydipsia, polyuria, panting, weight loss without anorexia, and either or both tachycardia and nervousness may theoretically occur. The presence of these signs should result in evaluation of T4 serum concentrations to confirm the diagnosis, and immediate discontinuance of the supplementation. Once the signs have abated (days to weeks), the thyroid dosage has been reviewed, and the animal has fully recovered, a lower dosage may be instituted, with the animal being monitored closely.

### **3.11 Special restrictions for use and special conditions for use, including restrictions on the use of antimicrobial and antiparasitic veterinary medicinal products in order to limit the risk of development of resistance**

Not applicable.

### **3.12 Withdrawal periods**

Not applicable.

## **4. PHARMACOLOGICAL INFORMATION**

### **4.1 ATCvet code:**

## **4.2 Pharmacodynamics**

Levothyroxine is a synthetic homologue of the naturally occurring thyroid hormone, thyroxine (T4). It is converted to the more biologically active triiodothyronine (T3). T3 binds via specific receptors within the plasma membrane, mitochondria and chromatin resulting in changes in DNA transcription and protein synthesis. Onset of action is therefore slow. Levothyroxine sodium affects the metabolism of carbohydrates, proteins, fats, vitamins, nucleic acids and ions. Levothyroxine sodium stimulates the use of oxygen and causes increased metabolic activity by increasing the number of mitochondria. The protein synthesis is stimulated and the consumption of carbohydrates increases. The fat metabolism is stimulated. Levothyroxine sodium ensures proper functioning of the heart and the central nervous system.

## **4.3 Pharmacokinetics**

After oral intake the gastrointestinal absorption is 10 to 50 % in dogs  $C_{max}$  is reached in 4-12 hours after administration in dogs. After administration of 20 micrograms per kg of active ingredient to 57 hypothyroid dogs, the plasma thyroxine (T4) levels increased in the majority of cases to normal values (20-46 nmol/l). Too low or too high values were usually the result of the non-delivery or non-regular administration of this veterinary medicinal product or overdosing related to adiposity. After absorption, T4 is deiodinated to T3 in the peripheral tissues. Subsequently the largest part is conjugated and excreted with the faeces.

The serum half-life in normal dogs is 10 to 16 hours. In hypothyroid dogs this takes longer. Despite this short half-life, one dose per day is usually sufficient. The reason of this is probably the ability of the cell to store T3 and T4. The pharmacokinetics of levothyroxine have not been fully investigated in cats.

## **5. PHARMACEUTICAL PARTICULARS**

### **5.1 Major incompatibilities**

Not applicable.

### **5.2 Shelf life**

Shelf life of the veterinary medicinal product as packaged for sale: 2 years

### **5.3 Special precautions for storage**

Do not store above 25°C.

Protect from light.

### **5.4 Nature and composition of immediate packaging**

Aluminium-PVC/Alu/oPA blister containing 10 tablets each and packed in cardboard box.

Package sizes:

Cardboard box with 30 tablets (3 blisters of 10 tablets)

Cardboard box with 100 tablets (10 blisters of 10 tablets)

Cardboard box with 250 tablets (25 blisters of 10 tablets)

Not all pack sizes may be marketed.

**5.5 Special precautions for the disposal of unused veterinary medicinal products or waste materials derived from the use of such products**

Medicines should not be disposed of via wastewater or household waste.  
Use take-back schemes for the disposal of any unused veterinary medicinal product or waste materials derived thereof in accordance with local requirements and with any national collection systems applicable to the veterinary medicinal product concerned.

**6. NAME OF THE MARKETING AUTHORISATION HOLDER**

CP-Pharma Handelsgesellschaft mbH

**7. MARKETING AUTHORISATION NUMBER(S)**

VPA10810/029/001

**8. DATE OF FIRST AUTHORISATION**

**9. DATE OF THE LAST REVISION OF THE SUMMARY OF THE PRODUCT CHARACTERISTICS**

**10. CLASSIFICATION OF VETERINARY MEDICINAL PRODUCTS**

Veterinary medicinal product subject to prescription.

Detailed information on this veterinary medicinal product is available in the Union Product Database (<https://medicines.health.europa.eu/veterinary>).