

## Package leaflet: Information for the patient

**Rosuvastatin Teva Pharma 5 mg film-coated tablets**  
**Rosuvastatin Teva Pharma 10 mg film-coated tablets**  
**Rosuvastatin Teva Pharma 20 mg film-coated tablets**  
**Rosuvastatin Teva Pharma 40 mg film-coated tablets**

rosuvastatin

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- **This medicine has been prescribed for you only.** Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

### What is in this leaflet

1. What Rosuvastatin Teva Pharma film-coated tablets is and what it is used for
2. What you need to know before you take Rosuvastatin Teva Pharma film-coated tablets
3. How to take Rosuvastatin Teva Pharma film-coated tablets
4. Possible side effects
5. How to store Rosuvastatin Teva Pharma film-coated tablets
6. Contents of the pack and other information

### 1. What Rosuvastatin Teva Pharma film-coated tablets is and what it is used for

Rosuvastatin Teva Pharma film-coated tablets belongs to a group of medicines called statins.

#### You have been prescribed Rosuvastatin Teva Pharma film-coated tablets because:

- You have a high cholesterol level. This means you are at risk from a heart attack or stroke. Rosuvastatin Teva Pharma film-coated tablets is used in adults, adolescents and children 6 years or older to treat high cholesterol.

You have been advised to take a statin, because changing your diet and doing more exercise were not enough to correct your cholesterol levels. You should continue with your cholesterol-lowering diet and exercise while you are taking Rosuvastatin Teva Pharma film-coated tablets.

Or

- You have other factors that increase your risk of having a heart attack, stroke or related health problems.

Heart attack, stroke and other problems can be caused by a disease called atherosclerosis. Atherosclerosis is due to build up of fatty deposits in your arteries.

#### Why it is important to keep taking Rosuvastatin Teva Pharma film-coated tablets?

Rosuvastatin Teva Pharma film-coated tablets is used to correct the levels of fatty substances in the blood called lipids, the most common of which is cholesterol.

There are different types of cholesterol found in the blood – ‘bad’ cholesterol (LDL-C) and ‘good’ cholesterol (HDL-C).

- Rosuvastatin can reduce the “bad” cholesterol and increase the “good” cholesterol.
- It works by helping to block your body’s production of ‘bad’ cholesterol. It also improves your body’s ability to remove it from your blood.

For most people, high cholesterol does not affect the way they feel because it does not produce any symptoms. However, if it is left untreated, fatty deposits can build up in the walls of your blood vessels causing them to narrow.

Sometimes, these narrowed blood vessels can get blocked which can cut off the blood supply to the heart or brain leading to a heart attack or a stroke. By lowering your cholesterol levels, you can reduce your risk of having a heart attack, a stroke or related health problems.

You need to **keep taking Rosuvastatin Teva Pharma film-coated tablets**, even if it has got your cholesterol to the right level, because **it prevents your cholesterol levels from creeping up again** and causing build up of fatty deposits. However, you should stop if your doctor tells you to do so, or you have become pregnant.

## **2. What you need to know before you take Rosuvastatin Teva Pharma film-coated tablets**

### **Do not take Rosuvastatin Teva Pharma film-coated tablets**

- if you are **allergic to rosuvastatin** or any of the other ingredients of this medicine (listed in section 6)
- If you have ever developed a severe skin rash or skin peeling, blistering and/or mouth sores after taking rosuvastatin or other related medicines **If you are pregnant or breast-feeding**. If you become pregnant while taking Rosuvastatin Teva Pharma film-coated tablets **stop taking it immediately and tell your doctor**. Women should avoid becoming pregnant while taking Rosuvastatin Teva Pharma film-coated tablets by using suitable contraception.
- **If you have liver disease**
- **If you have severe kidney problems**
- **If you have repeated or unexplained muscle aches or pains**
- **If you take a drug combination of sofosbuvir/velpatasvir/voxilaprevir** (used for viral infection of the liver called hepatitis C)
- **If you take a drug called ciclosporin** (used, for example, after organ transplants).

If any of the above applies to you (or you are in doubt), **please go back and see your doctor**.

### **In addition, do not take Rosuvastatin Teva Pharma 40 mg film-coated tablets (the highest dose):**

- **If you have moderate kidney problems** (if in doubt, please ask your doctor)
- **If your thyroid gland** is not working properly
- **If you have had any repeated or unexplained muscle aches or pains**, a personal or family history of muscle problems, or a previous history of muscle problems when taking other cholesterol-lowering medicines
- **If you regularly drink large amounts of alcohol**
- **If you are of Asian origin** (Japanese, Chinese, Filipino, Vietnamese, Korean and Indian)
- **If you take other medicines called fibrates** to lower your cholesterol.

If any of the above applies to you (or you are in doubt), **please go back and see your doctor**.

### **Warnings and precautions**

Talk to your doctor or pharmacist before taking Rosuvastatin Teva Pharma film-coated tablets.

- **If you have problems with your kidneys**
- **If you have problems with your liver**
- **If you have had repeated or unexplained muscle aches or pains**, a personal or family history of muscle problems, or a previous history of muscle problems when taking other cholesterol-lowering medicines. Tell your doctor immediately if you have unexplained muscle aches or pains especially if you feel unwell or have a fever. Also tell your doctor or pharmacist if you have a muscle weakness that is constant.
- **If you regularly drink large amounts of alcohol**
- **If your thyroid gland** is not working properly
- **If you take other medicines called fibrates** to lower your cholesterol. Please read this leaflet carefully, even if you have taken other medicines for high cholesterol before
- **If you take medicines used to treat the HIV infection** e.g. ritonavir with lopinavir and/or atazanavir, please see **Other medicines and Rosuvastatin Teva Pharma film-coated tablets**
- **If you are taking or have taken in the last 7 days a medicine called fusidic acid**, (a medicine for bacterial infection) orally or by injection. The combination of fusidic acid and Rosuvastatin Teva Pharma film-coated tablets can lead to serious muscle problems (rhabdomyolysis), please see "Other medicines and Rosuvastatin Teva Pharma film-coated tablets."

- **If you are over 70** (as your doctor needs to choose the right start dose of Rosuvastatin Teva Pharma film-coated tablets to suit you)
- **If you have severe respiratory failure**
- **If you are of Asian origin** - that is Japanese, Chinese, Filipino, Vietnamese, Korean and Indian. Your doctor needs to choose the right start dose of Rosuvastatin Teva Pharma film-coated tablets to suit you.

If any of the above applies to you (or if you are not sure):

- **Do not take Rosuvastatin Teva Pharma 40 mg film-coated tablets (the highest dose) and check with your doctor or pharmacist before you actually start taking any dose of Rosuvastatin Teva Pharma film-coated tablets.**

In a small number of people, statins can affect the liver. This is identified by a simple test which looks for increased levels of liver enzymes in the blood. For this reason, your doctor will usually carry out this blood test (liver function test) before and during treatment with Rosuvastatin Teva Pharma film-coated tablets.

Serious skin reactions including Stevens-Johnson syndrome and drug reaction with eosinophilia and systemic symptoms (DRESS) have been reported in association with rosuvastatin treatment. Stop using Rosuvastatin film-coated tablets and seek medical attention immediately if you notice any of the symptoms described in section 4.

While you are on this medicine your doctor will monitor you closely if you have diabetes or are at risk of developing diabetes. You are likely to be at risk of developing diabetes if you have high levels of sugars and fats in your blood, are overweight and have high blood pressure.

#### **Children and adolescents**

- **If the patient is under 6 years old:** Rosuvastatin film-coated tablets should not be given to children younger than 6 years.
- **If the patient is below 18 years of age:** The Rosuvastatin 40 mg tablet is not suitable for use in children and adolescents below 18 years of age.

#### **Other medicines and Rosuvastatin Teva Pharma film-coated tablets**

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

Tell your doctor if you are taking any of the following:

- ciclosporin (used for example, after organ transplants)
- warfarin, clopidogrel, ticagrelor (or any other drug used for thinning the blood)
- fibrates (such as gemfibrozil, fenofibrate) or any other medicine used to lower cholesterol (such as ezetimibe)
- indigestion remedies (used to neutralise acid in your stomach)
- erythromycin (an antibiotic)
- fusidic acid (an antibiotic). **If you need to take oral fusidic acid to treat a bacterial infection you will need to temporarily stop using this medicine. Your doctor will tell you when it is safe to restart Rosuvastatin Teva Pharma film-coated tablets. Taking Rosuvastatin Teva Pharma film-coated tablets with fusidic acid may rarely lead to muscle weakness, tenderness or pain (rhabdomyolysis). See more information regarding rhabdomyolysis in section 4.**
- an oral contraceptive (the pill)
- hormone replacement therapy
- regorafenib (used to treat cancer)
- darolutamide (used to treat cancer)
- any of the following drugs used to treat viral infections, including HIV or hepatitis C infection, alone or in combination (please see Warnings and precautions): ritonavir, lopinavir, atazanavir, sofosbuvir, voxilaprevir, ombitasvir, paritaprevir, dasabuvir, velpatasvir, grazoprevir, elbasvir, glecaprevir, pibrentasvir.

The effects of these medicines could be changed by Rosuvastatin Teva Pharma film-coated tablets or they could change the effect of Rosuvastatin Teva Pharma film-coated tablets.

### **Pregnancy and breast-feeding**

**Do not take Rosuvastatin Teva Pharma film-coated tablets** if you are pregnant or breast-feeding. If you become pregnant while taking Rosuvastatin Teva Pharma film-coated tablets **stop taking it immediately** and tell your doctor. Women should avoid becoming pregnant while taking Rosuvastatin Teva Pharma film-coated tablets by using suitable contraception.

Ask your doctor or pharmacist for advice before taking any medicine.

### **Driving and using machines**

Most people can drive a car and operate machinery while using Rosuvastatin Teva Pharma film-coated tablets – it will not affect their ability. However, some people feel dizzy during treatment with Rosuvastatin Teva Pharma film-coated tablets. If you feel dizzy, consult your doctor before attempting to drive or use machines.

### **Rosuvastatin Teva Pharma film-coated tablets contains lactose and sodium.**

#### **Lactose**

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

#### **Sodium**

This medicine contains less than 1 mmol sodium (23 mg) per film-coated tablet, that is to say essentially 'sodium-free'.

## **3. How to take Rosuvastatin Teva Pharma film-coated tablets**

Always take this medicine as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

### **Usual doses in adults**

#### **If you are taking Rosuvastatin Teva Pharma film-coated tablets for high cholesterol:**

##### **Starting dose**

Your treatment with Rosuvastatin Teva Pharma film-coated tablets must start with the **5 mg or the 10 mg dose**, even if you have taken a higher dose of a different statin before. The choice of your start dose will depend upon:

- Your cholesterol levels
- The level of risk you have of experiencing a heart attack or stroke
- Whether you have a factor that may make you more sensitive to possible side effects.

Please check with your doctor or pharmacist which start dose of Rosuvastatin Teva Pharma film-coated tablets will best suit you.

Your doctor may decide to give you the lowest dose (5 mg) if:

- You are of **Asian origin** (Japanese, Chinese, Filipino, Vietnamese, Korean and Indian)
- You are **over 70 years** of age
- You have moderate kidney problems
- You are at risk of muscle aches and pains (myopathy).

### **Increasing the dose and maximum daily dose**

Your doctor may decide to increase your dose. This is so that you are taking the amount of Rosuvastatin Teva Pharma film-coated tablets that is right for you. If you started with a 5 mg dose, your doctor may decide to double this to 10 mg, then 20 mg and then 40 mg if necessary. If you started on 10 mg, your doctor may decide to double this to 20 mg and then 40 mg if necessary. There will be a gap of four weeks between every dose adjustment.

The maximum daily dose of Rosuvastatin Teva Pharma film-coated tablets is 40 mg. It is only for patients with high cholesterol levels and a high risk of heart attacks or stroke whose cholesterol levels are not lowered enough with 20 mg.

**If you are taking Rosuvastatin Teva Pharma film-coated tablets to reduce your risk of having a heart attack, stroke or related health problems:**

The recommended dose is 20 mg daily. However, your doctor may decide to use a lower dose if you have any of the factors mentioned above.

**Use in children and adolescents aged 6-17 years**

The dose range in children and adolescents aged 6 to 17 years is 5 to 20 mg once daily. The usual start dose is 5 mg per day and your doctor may gradually increase your dose to find the right amount of Rosuvastatin Teva Pharma film-coated tablets for you. The maximum daily dose of Rosuvastatin Teva Pharma film-coated tablets is 10 mg or 20 mg for children aged 6 to 17 years depending on your underlying condition being treated. Take your dose once a day. Rosuvastatin Teva Pharma **40 mg** film-coated tablets should **not** be used by children.

**Taking your tablets**

Swallow each tablet whole with a drink of water.

**Take Rosuvastatin Teva Pharma film-coated tablets once daily.** You can take it at any time of the day with or without food.

Try to take your tablet at the same time every day to help you to remember it.

**Regular cholesterol checks**

It is important to go back to your doctor for regular cholesterol checks to make sure your cholesterol has reached and is staying at the correct level.

Your doctor may decide to increase your dose so that you are taking the amount of Rosuvastatin Teva Pharma film-coated tablets that is right for you.

**If you take more Rosuvastatin Teva Pharma film-coated tablets than you should**

Contact your doctor or nearest hospital for advice.

If you go into hospital or receive treatment for another condition, tell the medical staff that you are taking Rosuvastatin Teva Pharma film-coated tablets.

**If you forget to take Rosuvastatin Teva Pharma film-coated tablets**

Do not worry, just take your next scheduled dose at the correct time. Do not take a double dose to make up for a forgotten dose.

**If you stop taking Rosuvastatin Teva Pharma film-coated tablets**

Talk to your doctor if you want to stop taking Rosuvastatin Teva Pharma film-coated tablets. Your cholesterol levels might increase again if you stop taking Rosuvastatin Teva Pharma film-coated tablets.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

**4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

It is important that you are aware of what these side effects may be. They are usually mild and disappear after a short time.

**Stop taking Rosuvastatin Teva Pharma film-coated tablets and seek medical help immediately** if you have any of the following allergic reactions:

- Difficulty in breathing, with or without swelling of the face, lips, tongue and/or throat
- Swelling of the face, lips, tongue and/or throat, which may cause difficulty in swallowing
- Severe itching of the skin (with raised lumps)
- Reddish non-elevated, target-like or circular patches on the trunk, often with central blisters, skin peeling, ulcers of mouth, throat, nose, genitals and eyes. These serious skin rashes can be preceded by fever and flu-like symptoms (Stevens-Johnson syndrome)

- Widespread rash, high body temperature and enlarged lymph nodes (DRESS syndrome or drug hypersensitivity syndrome).

**Also, stop taking Rosuvastatin Teva Pharma film-coated tablets and talk to your doctor immediately:**

- **If you have any unusual aches or pains in your muscles** which go on for longer than you might expect. Muscle symptoms are more common in children and adolescents than in adults. As with other statins, a very small number of people have experienced unpleasant muscle effects and rarely these have gone on to become a potentially life threatening muscle damage known as *rhabdomyolysis*
- **If you experience muscle rupture**
- **If you have** lupus-like disease syndrome (including rash, joint disorders and effects on blood cells).

**Common possible side effects (may affect up to 1 in 10 people):**

- Headache
- Stomach pain
- Constipation
- Feeling sick
- Muscle pain
- Feeling weak
- Dizziness
- An increase in the amount of protein in the urine - this usually returns to normal on its own without having to stop taking your Rosuvastatin Teva Pharma film-coated tablets (only Rosuvastatin Teva Pharma film-coated tablets 40 mg).
- Diabetes. This is more likely if you have high levels of sugars and fats in your blood, are overweight and have high blood pressure. Your doctor will monitor you while you are taking this medicine.

**Uncommon possible side effects (may affect up to 1 in 100 people):**

- Rash, itching or other skin reactions
- An increase in the amount of protein in the urine - this usually returns to normal on its own without having to stop taking your Rosuvastatin Teva Pharma film-coated tablets (only Rosuvastatin Teva Pharma film-coated tablets 5 mg, 10 mg and 20 mg).

**Rare possible side effects (may affect up to 1 in 1,000 people):**

- Severe allergic reaction - signs include swelling of the face, lips, tongue and/or throat, difficulty in swallowing and breathing, a severe itching of the skin (with raised lumps). **If you think you are having an allergic reaction, then stop taking Rosuvastatin Teva Pharma film-coated tablets** and seek medical help immediately
- Muscle damage in adults- as a precaution, **stop taking Rosuvastatin Teva Pharma film-coated tablets and talk to your doctor immediately if you have any unusual aches or pains in your muscles** which go on for longer than expected
- A severe stomach pain (inflamed pancreas)
- Increase in liver enzymes in the blood
- Bleeding or bruising more easily than normal due to low level of blood platelets.
- Lupus-like disease syndrome (including rash, joint disorders and effects on blood cells).

**Very rare possible side effects (may affect up to 1 in 10,000 people):**

- Jaundice (yellowing of the skin and eyes)
- Hepatitis (an inflamed liver)
- Traces of blood in your urine
- Damage to the nerves of your legs and arms (such as numbness)
- Joint pain
- Memory loss
- Breast enlargement in men (gynaecomastia)

**Side effects of unknown frequency may include:**

- Diarrhoea (loose stools)
- Cough
- Shortness of breath
- Oedema (swelling)

- Sleep disturbances including insomnia and nightmares.
- Sexual difficulties
- Depression
- Breathing problems including persistent cough and/or shortness of breath or fever
- Tendon injury
- Muscle weakness that is constant

### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRA Pharmacovigilance Website: [www.hpra.ie](http://www.hpra.ie). By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store Rosuvastatin Teva Pharma film-coated tablets**

**Keep this medicine out of the sight and reach of children.**

Do not use this medicine after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month.

### For blisters:

Do not store above 30 °C.

### For bottles:

This medicinal product does not require any special storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. Contents of the pack and other information**

### **What Rosuvastatin Teva Pharma film-coated tablets contains**

The active substance is rosuvastatin.

Rosuvastatin Teva Pharma 5, 10, 20 40 mg film-coated tablets contain rosuvastatin calcium equivalent to 5 mg, 10 mg, 20 mg or 40 mg of rosuvastatin.

The other ingredients are

#### *Tablet core:*

Microcrystalline cellulose  
Lactose monohydrate  
Crospovidone (type B)  
Hydroxypropylcellulose  
Sodium hydrogen carbonate  
Magnesium stearate

#### *Film-coating:*

Lactose monohydrate  
Hypromellose 6 Cp  
Titanium dioxide (E 171)  
Triacetin  
Iron oxide yellow (E 172) in Rosuvastatin Teva Pharma 5 mg film-coated tablets  
Iron oxide red (E 172) in Rosuvastatin Teva Pharma 10 mg, 20 mg and 40 mg film-coated tablets

### **What Rosuvastatin Teva Pharma film-coated tablets looks like and contents of the pack**

Rosuvastatin Teva Pharma 5 mg film-coated tablets: round, biconvex, yellow tablet, around 5.5 mm in diameter.

Rosuvastatin Teva Pharma 10 mg film-coated tablets: round, biconvex, pink tablet with a score line, around 7 mm in diameter.

Rosuvastatin Teva Pharma 20 mg film-coated tablets: round, biconvex, pink tablet with a score line, around 9 mm in diameter.

Rosuvastatin Teva Pharma 40 mg film-coated tablets: oval, biconvex, pink tablet with a score line, dimensions of around 11.5 x 7 mm.

Rosuvastatin Teva Pharma 10, 20, 40 mg film-coated tablets:  
The tablets can be divided into equal halves.

Rosuvastatin Teva Pharma film-coated tablets come in blister packs containing 7, 14, 15, 20, 28, 28 (calendar pack), 30, 30 x 1, 42, 50, 50 x 1, 56, 60, 84, 90, 90 x 1, 98, 100 and 100 x 1 film-coated tablets and HDPE bottles containing 28, 30, 100 and 250 film-coated tablets.

Not all pack sizes may be marketed.

### **Marketing Authorisation Holder**

Teva B.V.  
Swensweg 5  
2031GA Haarlem  
The Netherlands

### **Manufacturer**

Merckle GmbH  
Ludwig-Merckle-Straße 3,  
Blaubeuren 89143  
Germany

PLIVA Hrvatska d.o.o. (PLIVA Croatia Ltd.)  
Prilaz baruna Filipovića 25,  
Zagreb, 10000  
Croatia

Teva Pharma B.V.  
Swensweg 5  
Haarlem 2031 GA  
Netherlands

TEVA PHARMA S.L.U.  
C/ C, n° 4  
Poligono Industrial Malpica  
50016 Zaragoza  
Spain

HBM Pharma s.r.o.  
Sklabinská 30,  
Martin 036 80  
Slovakia

### **This medicinal product is authorised in the Member States of the EEA under the following names:**

Austria	Rosuvastatin Actavis Group 5 mg, 10 mg, 20 mg, 40 mg Filmtabletten
Belgium	Rosuvastatine Teva 5 mg, 10 mg, 20 mg, 40 mg, filmomhulde tabletten/comprimés pelliculés/Filmtabletten
Croatia	Epri 5 mg, 10 mg, 20 mg, 40 mg filmom obložene tablete
Czech Republic	Rosuvastatin Teva Pharma 40 mg, potahované tablety
Denmark	Rosuvastatin Teva
Estonia	Rosuvastatin Teva Pharma
Finland	Rosuvastatin Actavis 5 mg, 10 mg, 20 mg, 40 mg tabletti, kalvopäällysteinen
France	ROSUVASTATINE TEVA 5 mg, 10 mg, 20 mg, comprimé pelliculé



Hungary	Rozuva-Teva 5 mg, 10 mg, 20 mg, 40 mg filmtabletta
Ireland	Rosuvastatin Teva Pharma 5 mg, 10 mg, 20 mg, 40 mg Film-coated Tablets
Italy	ROSUVASTATINA TEVA
Latvia	Rosuvastatin Teva Pharma 10 mg, 20 mg, 40 mg apvalkotās tabletes
Lithuania	Rosuvastatin Teva Pharma 5 mg, 10 mg, 20 mg plėvele dengtos tabletės
Netherlands	Rosuvastatine Teva 5 mg, 10mg, 20 mg, 40 mg, filmomhulde tabletten
Portugal	Rosuvastatina Teva
Romania	ROSUVASTATINĂ TEVA 10 mg, 20 mg comprimate filmate
Slovenia	Rustavo 5 mg, 10 mg, 20 mg, 40 mg filmsko obložene tablete
Spain	Rosuvastatina Teva 5 mg, 10 mg, 20 mg comprimidos recubiertos con película EFG
Sweden	Rosuvastatin Teva
United Kingdom (Northern Ireland)	Rosuvastatin 5 mg, 10 mg, 20 mg, 40 mg Film-coated Tablets

**This leaflet was last revised in September 2022**